

Transition Academy



Mission: to mentor, model, motivate, and prepare individuals with developmental disabilities and autism for independent living, competitive workforce wages, and belonging to the community in which they work, live, and grow.



The Transition Academy is a two-year comprehensive college-style program for people with developmental disabilities and autism who are seeking a healthy, happy, independent life.

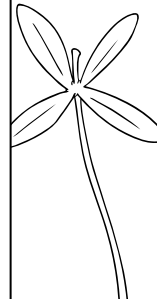
29,000 people in the Tulsa metro have developmental disabilities or autism, and **85% are unemployed**



For some of them, living independently in the community is a possibility, but additional supports are necessary to do so successfully.

The Transition Academy provides people with the skills they need to live, learn, and work with the level of support needed on an individual basis

20
courses
year 1
20
courses
year 2



Living Standards
Creating a Positive Environment
Dealing with Change
Respecting Diversity
Communication
Managing Emotions
Relationships
Money Matters
Critical Thinking
Responsibility
Independent Living
Workforce Skills

Course Offerings

PARTICIPANTS RECEIVE

3 healthy meals a day
access to afterhours self-served meals
weekend recreation activities
social communication consultations



is the Academy right for you?

- Must be 18 years of age or older.
- Must have been diagnosed as an individual with a developmental disability (I/DD and/or autism).
- Must be able to function without attendant care; specifically, must meet the following requirements:
 - a. Can dress and bathe without physical prompting
 - b. Can perform personal hygiene without physical prompting (i.e., brushing teeth, combing hair, applying deodorant) Can
 - c. feed themselves without physical prompting
 - d. Has independent lavatory skills and no nighttime enuresis
 - e. No sleepwalking
 - f. Can manage self-medication
- Has completed high school (HSD)/GED or has a certificate from an accredited learning resource program.
- No current or chronic history of arrest or probation, aggressive or threatening behaviors, or history of inflicting harm to themselves or others within the past 12 months
- No current or chronic history of addiction or serious mental illness



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Together, we will create a more inclusive Tulsa MSA!

