



SAVE THE DATE

2020 Oklahoma Caregivers Conference

Celebrating Family Caregivers!

JOIN US VIRTUALLY

DAY 1

Thursday, November 5, 2020 10:00 - 12:00
Caregivers in the Workforce

Thursday, November 5, 2020 1:00 - 3:00
Caregivers of Older Adults

REGISTER HERE FOR DAY 1:

https://zoom.us/webinar/register/WN_3FX13UIUQSaQ6OZUYKqgmw

DAY 2

Thursday, November 12, 2020 10:00 - 12:00
Caregivers of Children with Special Needs

Thursday, November 12, 2020 1:00 - 3:00
Caregivers of Individuals 16 - 59 years old

REGISTER HERE FOR DAY 2:

https://zoom.us/webinar/register/WN_RPvI9aUWR2OqRbbicA7voA

TOPICS COVERED

- Resources for Employed Caregivers
- Learn about Respite Programs
- Learn how to improve your health & wellness
- Learn about ways to recharge
- Connect with other caregivers
- Supports across the Lifespan from children to older adults

LIMITED AVAILABILITY

EDUCATIONAL VOUCHERS

You may be eligible to receive a respite voucher to pay for your loved one's care while you attend the conference.

email: respite@ouhsc.edu

phone: 405-271-2710



S20008 DHS Issued 09/2020

This publication is authorized by Oklahoma Department of Human Services Director Justin Brown and printed by DHS in accordance with state and federal regulations at a cost of \$74.85 for 434 copies. Copies have been deposited with the Publications Clearinghouse of the Oklahoma Department of Libraries.