# CHILDREN'S BEHAVIORAL HEALTH CONFERENCE



#### **CONFERENCE OVERVIEW**

The 2020 Children's Behavioral Health Conference for the first time ever will be held in a virtual setting. ODMHSAS strives to bring together local, state and national leaders to discuss best practices in the areas of behavioral health and substance use disorder treatment, recovery and overall wellness by offering the conference online. This three-day event is expanding by offering not only three days of live online sessions but more than 50 prerecorded sessions that you will be able to access throughout the duration of this event. Participants will be provided with practical tools they can utilize in their agencies and communities to assist with facilitating treatment, recovery and wellness. The prerecorded sessions will be available June 8th while the live portion of the conference will kick off June 10<sup>th</sup> - 12<sup>th</sup>. All sessions available to be recorded, will be available through June 26th. Note not all sessions will be recorded; some sessions will only be available during the live broadcast and are noted below.

The goal of the conference is to improve knowledge of behavioral health and wellness and to expand the possibilities of hope, recovery, and resilience for infants, children, youth and young adults.

Who should attend? Those who work with children, youth, young adults and families will benefit from attending this conference. The conference will focus on the concerns of families, youth, behavioral health workers, counselors, school counselors, educators, child welfare professionals, juvenile justice professionals, social workers, foster care providers, direct care providers, physicians, psychologists, healthcare professionals, public health workers, administrators, faith-based organizations, law enforcement and members of the judicial system.

#### **CALL FOR EXHIBITORS**

Is your organization one you want others to know about? An exhibit at the Children's Behavioral Health Conference will introduce your organization to behavioral health treatment professionals from Oklahoma and surrounding states. To discuss becoming an exhibitor, call or email Jessup Thomas at ODMHSAS Training Institute (phone) 405-248-9191, (email) Jessup.Thomas@odmhsas.org.

#### **REGISTRATION AND FEES**

Please complete your electronic registration in order to receive entrance to the 2020 Virtual Children's Behavioral Health Conference. The set rate of \$180 will give participants full access to the live broadcasts and prerecorded sessions. We will not offer any discounts for this conference due to the online platform and the 3 weeks it will be available.

**Registration:** Click below to register for this year's 2020 Virtual Children's Behavioral Health Conference.

**REGISTER HERE** 

### REFUND AND CANCELLATION POLICY

ODMHSAS has a **NO REFUND POLICY**.

#### **Non-Emergency Cancellations**

If you cannot attend the Conference or Training, you may transfer your registration to another attendee or transfer your registration fees back to your account to be used toward another Conference or Training at a later date. All fees must be applied no later than one year from the date of cancellation. You must contact the ODMHSAS Training Institute to apply these cancellation fees on your account towards the Conference or Training for which you want to register.

#### **Emergency Cancellations**

Refunds may be granted at the discretion of ODMHSAS Training Institute staff if unable to attend the Conference or Training due to family death or extraordinary circumstances, such as inclement weather, natural disasters, or if the Conference or Training is canceled by ODMHSAS.

#### For more information:

Call the ODMHSAS Human Resources Development Office at 405-248-9191.

## **CONFERENCE AT A GLANCE**

#### June 8, 2020

All pre-recorded sessions can be accessed via the conference website and will available through June 26<sup>th</sup>.

#### Day 1 of Live Broadcast, June 10, 2020

8:00–9:00 a.m.	Keynote Speakers
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9:00–9:30 a.m. Break

9:30–10:30 a.m. 1st set of Live Online Sessions

10:30–11:00 a.m. 2<sup>nd</sup> set of Live Online Sessions

12:00–2:00 p.m. Lunch Break

2:00–3:00 p.m. 3<sup>rd</sup> set of Live Online Sessions

#### Day 2 of Live Broadcast, June 11, 2020

8:00–9:00 a.m.	Keynote Speakers
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9:00–9:30 a.m. Break

9:30–10:30 a.m. 1st set of Live Online Sessions

10:30–11:00 a.m. 2<sup>nd</sup> set of Live Online Sessions

12:00–2:00 p.m. Lunch Break

2:00–3:00 p.m. 3<sup>rd</sup> set of Live Online Sessions

#### Day 3 of Live Broadcast, June 11, 2020

8:00-9:00 a.m.	Keynote Speakers

9:00–9:30 a.m. Break

9:30–10:30 a.m. 1st set of Live Online Sessions

10:30–11:00 a.m. 2<sup>nd</sup> set of Live Online Sessions

12:00–2:00 p.m. Lunch Break

2:00–3:00 p.m. 3<sup>rd</sup> set of Live Online Sessions

#### **MOBILE APP**

**ODMHSAS** understands that not all participants will have access to a desktop or laptop. We will have all sessions that are live broadcast and pre-recorded available on our mobile app.

You need to know that if you download and access the app for the upcoming conference you will be entered into a drawing to win free registration to next year's Children's Behavioral Health Conference.

Instructions for how to download and access the app and the online content will be sent to anyone registered for the conference.

#### CONTINUING EDUCATION

This Conference provides Continuing Education Units (CEU) hours approved through the Oklahoma State Board of Licensed Social Workers, the Oklahoma Board of Examiners of Psychologists, the Oklahoma Board of Licensed Alcohol and Drug Counselors, the Licensed Professional Counselors Committee, and the Licensed Marital and Family Therapist Committee, Case Managers and Peer Recovery Support Specialists. Also CEU's have been applied for through the Council on Law Enforcement Education and Training (CLEET). Continuing education has been requested for Certified Prevention Specialists. You must complete the online registration in order to receive any CEU credit for attending the online virtual Conference.

**Please refer all questions regarding** Continuing Education Units by calling ODMHSAS Training Institute at 405-248-9191.

<sup>\*</sup>Note not all Live Broadcast Sessions will be recorded; some sessions will only be available during the scheduled time.

# June 8 - 26, 2020 - PRE-RECORDED SESSIONS

- Clinical Supervision for Cognitive Behavioral Therapy, Part 1 Leslie Sokol, Ph.D.
- Clinical Supervision for Cognitive Behavioral Therapy, Part 2 Leslie Sokol, Ph.D.
- Cognitive Behavioral Therapy for Transition Age Youth/Young Adults, Part 1 Leslie Sokol, Ph.D.
- Cognitive Behavioral Therapy for Transition Age Youth/Young Adults, Part 2 Leslie Sokol, Ph.D.
- How Trauma Relates to Youth Gang Involvement and Strategies to Improve Youth Outcomes Darryl Fields, Sgt.
- Relate, Release, Resolve: Techniques for Helping Youth to Resolve Their Anger Quinche Tucker
- Ethics in Behavioral Health Work Fields, Part 1 Robin Moore, Hannah Hawkins, Christina Green
- Ethics in Behavioral Health Work Fields, Part 2 Robin Moore, Hannah Hawkins, Christina Green
- Ethics in Behavioral Health Work Fields, Part 3 Robin Moore, Hannah Hawkins, Christina Green
- The Importance and Impact of Peer Support on Youth Centered Wellness and Recovery Jae Jackson McConnell and Bayley Rhoades
- The Youth Vaping Epidemic Jae Jackson McConnell MS, CTTS and Bayley Rhoades
- How to talk to your kids about bodily autonomy Rachele Eskridge
- Understanding and Serving Adult and Child Victims of Domestic Violence Lauren Garder
- Juvenile Justice and Trauma Bart Trentham, Ph.D. and Haleigh Edwards
- You Have Their Hearts in Your Hands John Cocke
- You're never too Young to Change the World John Cocke
- Loneliness: The Fast Track to Adolescent Substance Use Disorder, Part 1 Cardwell C. Nuckols, Ph.D.
- Loneliness: The Fast Track to Adolescent Substance Use Disorder, Part 2 Cardwell C. Nuckols, Ph.D.
- Child and Adolescent Disruptive Disorders with Co-Occurring Substance Use Disorder, Part 1 Cardwell C. Nuckols, Ph.D.
- Child and Adolescent Disruptive Disorders with Co-Occurring Substance Use Disorder, Part 2 Cardwell C. Nuckols, Ph.D

# June 8 - 26, 2020 - PRE-RECORDED SESSIONS CONTINUED

- Managing Secondary Traumatic Stress Through a Skill-Based Model (CE-CERT), PT 1 Susan Schmidt, PhD, Elizabeth Risch, PhD, and Amanda Mitten, LPC
- Managing Secondary Traumatic Stress Through a Skill-Based Model (CE-CERT), PT 2 Susan Schmidt, PhD, Elizabeth Risch, PhD, and Amanda Mitten, LPC
- Struggle to Strategy, Part 1 Cristin Mullen, LPC: ADHD
- Struggle to Strategy, Part 2 Cristin Mullen, LPC: ADHD
- School Work at Home Strategies for Struggling Students, Part. 1 Cristin Mullen, LPC
- School Work at Home Strategies for Struggling Students, Part. 2 Cristin Mullen, LPC
- Parents Helping Parents Panel: Why Can't You Just Quit? Becky O'Dell, Ann Benson, Youth, and Leslie Hebert
- The impact of Mental Health within the Juvenile Justice System Shelley Waller and Rachel Holt
- Self-care and Communication: It's Not What You Say, It's How You Say It Lanette Long, LPC
- Meditative Journey to Ancestral Healing Andrew Ecker
- Heartbeats United Andrew Ecker

# **KEYNOTE SPEAKERS**

June 10, 2020



Alton Carter
Turning Nothing into Something



Seth Scott

How to Motivate Even
Your Toughest Parents
and Engage the Whole
Family Virtually

June 11, 2020



Horacio Sanchez
The Foundation
of Resiliency

June 12, 2020



Understanding Me,
Finding My Voice and
Being My Best Advocate



Chan Hellman, Ph.D.
The Power of Hope

## 1st Set of Live Online Sessions 9:30 a.m. - 10:30 a.m.

- Heart of a Champion Alton Carter
- Circle of Security-Parenting™ In The Classroom (COSP-C): Attending Attachment with Early Childhood Educators, Part 1 - Deborah Harris \*
- Treating the Traumatized Family: A Step-by-Step Approach Scott Sells, Ph.D.

# 2<sup>nd</sup> Set of Live Online Sessions 11:00 a.m. – 12:00 p.m.

- Healing from the Inside OUT Alton Carter
- Circle of Security-Parenting™ In The Classroom (COSP-C): Attending Attachment with Early Childhood Educators, Part 2 - Deborah Harris \*
- COVID Families in Crisis: A Child's Love Language and Being Unpredictable to Heal Trauma through Online Counseling, Pt. 1 Scott Sells, Ph.D.

# 3<sup>rd</sup> Set of Live Online Sessions 2:00 p.m. – 3:00 p.m.

- Helping Families Communicate with Schools Effectively Jo Anne Pool Blades, J.D.
- Circle of Security-Parenting™ In The Classroom (COSP-C): Attending Attachment with Early Childhood Educators, Part 3 - Deborah Harris \*
- COVID Families in Crisis: A Child's Love Language and Being Unpredictable to Heal Trauma through Online Counseling, Pt. 2 Scott Sells, Ph.D.

# June 11, 2020

## 1st Set of Live Online Sessions 9:30 a.m. – 10:30 a.m.

- Nurturing Healthy Attachment Through Relational Health, Trauma and Workforce Lens, Pt. 1 Sherri Alderman, MD
- The Impact of poverty on the brain and the behavioral outcomes and Unlocking the Secrets of Human Interaction Horacio Sanchez
- Unintended Consequences in Youth when Marijuana is Legalized Libby Stuyt, M.D.

# 2<sup>nd</sup> Set of Live Online Sessions 11:00 a.m. - 12:00 p.m.

- Nurturing Healthy Attachment Through Relational Health, Trauma and Workforce Lens, Pt. 2 Sherri Alderman, MD
- Strategies for Obtaining Educational Success Lillian Miller, M.Ed.
- PLL Treatment Model: Evidence-Based Practice in a Virtual Reality John Burek and Ellen Souder \*

<sup>\*</sup> Only available via live broadcast, will not be recorded.

# June 11, 2020 CONTINUED

# 3<sup>rd</sup> Set of Live Online Sessions 12:30 a.m. - 1:30 p.m.

- Nurturing Healthy Attachment Through Relational Health, Trauma and Workforce Lens, Pt. 3 Sherri Alderman, MD
- Promoting Resilience in the Family Utilizing Spirituality and Effective Communication Malcom Cosby, Ph.D.
- Minding the Couple in Infant Mental Health Treatment Glade Topham, Ph.D.

# 4<sup>th</sup> Set of Live Online Sessions 2:00 p.m. – 3:00 p.m.

- Youth Panel The Struggle is Real Clifford Sipes and Christine Cao\*
- Understanding Victimology in Child Sexual Exploitation Victims Paula Royce
- Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) Model Eboni Lanier Jones, LCSW \*

# June 12, 2020

## 1st Set of Live Online Sessions 9:30 a.m. - 10:30 a.m.

- Youth Engagement for Helping Professionals, Part 1 Jarred Vermillion
- Ethics in Social Media Use: A Discussion of Boundaries Between the Client and Clinician, Part 1 Lisa DeMarni Cromer, Ph.D.
- What Every Provider Should Know About First Episode Psychosis? Part 1 Piper S. Meyer-Kalos, Ph.D.

# 2<sup>nd</sup> Set of Live Online Sessions 11:00 a.m. – 12:00 p.m.

- Youth Engagement for Helping Professionals, Part 2- Jarred Vermillion
- Ethics in Social Media Use: A discussion of boundaries between the client and clinician, Part 2 Lisa DeMarni Cromer, Ph.D.
- What Every Provider Should Know About First Episode Psychosis? Part 2 Piper S. Meyer-Kalos, Ph.D.

# 3<sup>rd</sup> Set of Live Online Sessions 2:00 p.m. – 3:00 p.m.

- How to Influence a Child's Brain Development Joni Samples, Ph.D.
- Ethics in Social Media Use: A Discussion of Boundaries Between the Client and Clinician, Part 3 Lisa DeMarni Cromer, Ph.D.
- My Therapist Ghosted Me Susan Rex, LADC

<sup>\*</sup> Only available via live broadcast, will not be recorded.

# June 12, 2020 CONTINUED

# 4<sup>th</sup> Set of Live Online Sessions 2:00 p.m. – 3:00 p.m.

- Understanding the Clinician's Role in Court through the Lens of Infant Mental Health Tessa Chesher, D.O. and Jaime Vogt, MS, LPC
- Engaging Communities to Promote Early Childhood Social, Emotional, and Behavioral Wellness Misty Boyd, Ph.D. and Jennifer Jesse, RN
- Detection of and Support for Recent Onset Bipolar Disorder: A Primer- Piper Meyer-Kalos, Ph.D. and Dan Fulford, Ph.D.

<sup>\*</sup> Only available via live broadcast, will not be recorded.