



**CRIMINAL JUSTICE
COORDINATING CENTER
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A NEOMED CCoE

What Helps People Move Forward? Building Recovery Capital in Deflection

Monday, July 13rd, 2026

11am-12:30pm

Click [HERE](#) to register via Zoom!

As communities work to improve responses to substance use, there is growing recognition that recovery is shaped by more than treatment alone. Access to basic needs, social support, and opportunities to make meaningful connections, often described as recovery capital, play a central role in long-term, sustainable outcomes. Join us for a 90-minute session featuring Ph.D. Alex Elswick of the University of Kentucky and learn how harm reduction and recovery capital can be used together to better support individuals at different stages of change.

Topics Include:

- The role of harm reduction as both a practice and philosophy of care
- Discussion of common gaps in acute, treatment-only approaches
- Examples of low-barrier strategies that improve connection and trust with clients
- Real world perspectives from community based, peer led settings

Our Speaker:



Alexander Elswick, PhD, is an Assistant Professor & Extension Professor of Substance Use Prevention & Recovery at the University of Kentucky. Much of his research focuses on recovery capital, an assets-based approach to understanding addiction recovery. As co-founder of a Lexington-based non-profit organization called Voices of Hope, Dr. Elswick is a tireless advocate for people with substance use disorder. He works to promote long-term recovery by providing education in the community, reducing stigma, and studying the effectiveness of recovery support services.

[Register now!](#)



For any questions, please reach out to Imari McGowan: imcgowan@neomed.edu