



# Hands-On Healing: An Expressive Arts Experience



**The University of Findlay  
Counseling Services invites you  
to a FREE Experiential Expressive  
Arts Training.**

**May 13<sup>th</sup>, 2026  
9:45 am-4:15 pm  
University  
of Findlay**

Featuring a curated group of creative community partners, participants will engage in hands-on experiences exploring music, movement, art, and creative self-expression. This training is open to anyone seeking practical, creative approaches to enhance wellbeing for themselves or those they support.



**Spaces are limited!  
For more information and to  
reserve your spot please scan:**

