



**Do you care for someone living with psychosis?**  
Psychosis REACH can help

### What is Psychosis Recovery by Enabling Adult Carers at Home (Psychosis REACH)?

Psychosis REACH is a program designed by University of Washington to teach **care partners** the same skills and strategies used by clinicians in order to care for loved ones living with psychosis. The **FREE** training consists of an online course, completed at your own pace, followed by a live training.

You will then have the option to connect with a Psychosis REACH Family Ambassador - a family member with lived experience trained in the Psychosis REACH model - for support and to practice Psychosis REACH skills.

The Best Practices in Schizophrenia Treatment Center, in partnership with NAMI Ohio and Courage to Caregivers, is bringing Psychosis REACH to Ohio to support care partners of those living with psychosis.



#### Evidence-Based

Use evidence-based coping strategies



#### Key Principles

Develop key caring principles



#### Communication

Communicate effectively with your loved one



#### Understanding Treatment

Make sense of medications and treatment



#### Prevention Strategies

Implement relapse prevention strategies

For questions about Psychosis REACH, contact the BeST Center.

 **330-325-6776**

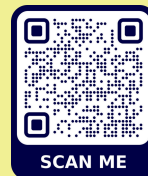
 **bestcenter@neomed.edu**

### Ohio's FREE Psychosis REACH Training

1. Complete a **self-paced online course (5 hours)**, teaching you the fundamentals about psychotic symptoms, the role of caregivers in psychosis recovery and cognitive behavioral techniques for psychosis.
2. Come together on March 20, 2026 for a **live, virtual 3-hour workshop** over Zoom to see these skills in action.
3. **Connect** with certified Family Ambassadors for small group or one-on-one skills practice and support.

*Attend an optional Informational Session.*

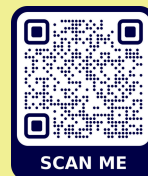
[tinyurl/moreaboutP-REACH](https://tinyurl.com/moreaboutP-REACH)



SCAN ME

*Sign up for the FREE training.*

[tinyurl/OhioPsychosisREACH](https://tinyurl.com/OhioPsychosisREACH)



SCAN ME



Best Practices in Schizophrenia Treatment (BeST) Center programs

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**BEST PRACTICES IN SCHIZOPHRENIA TREATMENT CENTER**  
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