

EMDR Therapy Training & Consultation — Knox County

Led by Amber Stiles-Bodnar, MEd, LPCC-S, LCDC III – EMDRIA Approved Consultant, Therapist, and Trainer

Training Session Dates

Part I — Feb. 19-21, 2026

Part II — May 28-30, 2026

8:30 a.m.-5 p.m. each day

Trainees will have an hour lunch break to enjoy on their own.

What is EMDR?

Eye Movement Desensitization and Reprocessing (EMDR) therapy is a specialized approach that requires supervised training for full therapeutic effectiveness and client safety. The training consists of lectures, live and video demonstrations, and supervised practice. The training program adheres to the ethical standards of APA, social work, nursing, and mental health boards.

This experiential training will familiarize participants with a broad spectrum of EMDR therapy applications sufficient for comfortable and efficient use with a wide range of patients and situations.

Ten hours of required group consultation will be provided to each participant to be completed after Part I and before Sept. 30, 2026.



Training Eligibility

These trainings are specifically for behavioral health clinicians. Although it is not required, it is strongly preferred that participants are active in clinical practice and working with clients.

Eligible participants include licensed behavioral health clinicians. Eligible licenses include LPC, LPCC, LPCC-S, LISW, LISW-S, MFT, IMFT, IMFT-S, LICDC, LICDC-CS. Eligible participants must have a minimum of a master's degree.

Register online before Jan. 9, 2026!

amberstilesbodnarconsulting.com/trainings

Include code “OhioDBH” at check out.

Classes are capped at 30 applicants.

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Location:

Ramser 4-H Activity Center
700 Perimeter Dr.
Mount Vernon, Ohio 43050

Continuing Education Credits

- Part I is approved for 21 CEs (OCSWMFT Board, APA, NBCC approvals)
- Part II is approved for 21 CEs (OCSWMFT Board, APA, NBCC approvals)

The 10 hours of required group consultation do not qualify for CEs. This course is APPROVED by the EMDR International Association (EMDRIA #10002).

Accommodations

The Ohio Department of Behavioral Health and Amber Stiles-Bodnar Consulting follow the standards of the Americans with Disabilities Act. If you need any special accommodations, please email us with any special requests thirty days before the scheduled training and/or in your registration application.

Training Preparedness

Throughout the training, you will be expected to participate in a working practicum experience in the role of therapist, client, and observer. This means that you will be expected to do a small piece of your own authentic clinical work.

Additional Reading Recommendations

EMDRIA requires you purchase and read Francine Shapiro's *Eye Movement Desensitization and Reprocessing Therapy, Third Edition: Basic Principles, Protocols, and Procedures*. This book is recommended to be completed over the training length of Part I, Part II, and 10 hours of group consultation.



Questions?

Contact: Elizabeth.Poprocki@dbh.ohio.gov