

# RAISING THE BAR OF TRAUMA-INFORMED CARE: EVOLVING FROM THEORY TO PRACTICE

This two-part series is designed for professionals and community members who support trauma-informed care for children and adolescents. Participants from diverse fields—behavioral health, education, faith-based organizations, and other youth-serving roles—will learn how to move beyond theory and apply practical, trauma-informed strategies in everyday settings.

## 🎯 What You'll Learn:

- ✓ *Practical, trauma-informed strategies you can use immediately*
- ✓ *Real-world case studies & hands-on activities*
- ✓ *How to foster safety and trust in your daily interactions with youth and families*
- ✓ *Tools to support resilience in young people*

\*This workshop is funded through a grant provided by the Ohio Department of Mental Health & Addiction Services.



**Department of  
Mental Health &  
Addiction Services**



***From Understanding to Impact: Advanced Strategies to Support Youth from Trauma-Informed Lens***

### **Monday**

September 8, 2025

8:30 am-12:00 pm

Educational Service Center of Northeast Ohio, 6393 Oak Tree Blvd., Independence, OH 44131

***Trauma-Informed Strategies for Educators and Providers***

### **Friday**

September 19, 2025

12:30 pm-4:30 pm

Parma-Powers Library Branch, 6996 Powers Blvd, Parma, OH 44129

### **CEUs will be offered for:**

Social Workers, Counselors,  
Chemical Dependency Professionals, and  
Prevention Specialists

# FROM UNDERSTANDING TO IMPACT:

## ADVANCED STRATEGIES TO SUPPORT YOUTH FROM A TRAUMA-INFORMED LENS

This 3-hour advanced-level workshop is designed for individuals who already have a foundational understanding of trauma-informed care and are ready to move from theory to action. Participants will engage in hands-on learning, reflective practice, and applied strategies to deepen their trauma-responsive approach when working with children and adolescents.

### 🎯 What You'll Learn:

- *Trauma-informed practices for youth, focusing on emotional regulation, repairing relationships, and creating a sense of safety.*
- *Recognize and disrupt re-traumatization in everyday interactions, systems, and environments.*
- *Strengths-based strategies to empower youth facing adversity*
- *Advanced regulation and co-regulation tools to help youth manage emotions, build trust, and develop resilience.*
- *Engage in peer collaboration to strengthen a trauma-responsive network.*

## PRESENTER



Dr. Dakota King-White



### MONDAY

September 8, 2025



### TIME

8:30 am-12:00 pm  
Registration begins at 8:00 am



### LOCATION

Educational Service Center of  
Northeast Ohio  
6383 Oak Tree Blvd South  
Independence, Oh 44131



**Light refreshments will be served**

REGISTER HERE

<https://tinyurl.com/5ezarukd>

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# TRAUMA-INFORMED STRATEGIES FOR EDUCATORS & PROVIDERS

This workshop will help educators, mental health providers, and youth-serving professionals turn trauma-informed theory into sustainable, practical strategies. Participants will explore how aligning intentions with actions leads to safer, more resilient environments—for both those they serve and themselves.

Through reflective practice and guided nervous system exercises, attendees will build tools for regulation, renewal, and resilience—leaving the session feeling grounded, connected, and ready to lead with greater clarity and impact.

## 🎯 What You'll Learn:

- 6 Trauma-informed Leadership (TIL) strategies
- How to align professional intentions and actions through a trauma-informed lens
- TIL strategies application to professional roles and environments
- Tools to regulate the nervous system

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## PRESENTERS



Katie Kurtz,  
MSW LISW-S



Jadine Murray,  
M.S.Ed, CYT-200



### FRIDAY

September 19, 2025



### TIME

12:30 pm-4:30 pm

Registration begins at 12:00 pm



### LOCATION

Parma-Powers Library Branch  
[Meeting Room A/B], 6996 Powers  
Blvd, Parma, OH 44129

REGISTER HERE

<https://tinyurl.com/5b6nsh3x>