



MULTIETHNIC ADVOCATES
FOR CULTURAL COMPETENCE

2 CEUs offered!

Supervising Self-Management in the Field of Behavioral Health

PRESENTER LAURA HINDS, MSW, LCSW

Chairperson Emeritus of Pennsylvania's state professional licensing board for Social Workers, Marriage and Family Therapists and Professional Counselors.



This DYNAMIC session explores strategies for supervising self-management in the field of behavioral health. Participants will learn how to support clients and staff, while also caring for themselves, by developing the skills needed to regulate emotions, thoughts, and behaviors—especially when managing chronic conditions, mental health challenges, or the demands of working in the behavioral health field.

[REGISTER HERE!](#)

THURSDAY, SEPTEMBER 18TH
10:00 AM VIA ZOOM

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