



MINIMIZE RISK MAXIMIZE LIFE

A low-risk drinking course for adults

Envision Partnerships is hosting a **Minimize Risk ~ Maximize Life facilitator training** and invite you to apply!

Minimize Risk ~ Maximize Life (MRML) is an evidence-based program authored by Envision Partnerships for adults of all ages to learn about the low-risk drinking guidelines, to help improve personal wellness, and to effectively share these lessons with others.

Trained facilitators use a workbook, PowerPoint presentation and guided discussion to help adults learn how to minimize their risk for alcohol problems while maximizing the quality of their lives.

Two upcoming training dates available: **April 7 or June 23**

Location: Prevention Action Alliance, Columbus, Ohio from 9 AM – 4 PM.

Facilitators will be provided with 6.25 hours of Prevention CEUs, all course materials, access to the facilitator's login on the www.LowRiskDrinking.com site, and ongoing technical assistance.

Complete the application by March 31, 2025.

Make sure to hold the dates that you say you are available until email confirmation of acceptance.

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WEBSITE: www.LowRiskDrinking.com

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Register using this QR code:

