



Join a Regional Network Meeting to Discuss Important Issues



Learn More About Student Assistance Programs and Staff Wellness



Join a Community of Practice to Discuss Topics of Interest



Receive Mental Health Resources for Your Community

OMHNSS:
Communities of Practice
January - May 2024

OMHNSS

Community of Practice Opportunities: January - May 2024



A Community of Practice (CoP) is a group of people who share a common interest or professional domain and come together to learn from one another, exchange knowledge, and collaborate. CoPs provide a platform for individuals to engage in ongoing discussions, share experiences, and develop a collective understanding as a professional learning group. CoPs foster a sense of community, encourage learning through interaction, and enable the growth of expertise within the group.

**See Virtual Community of Practice Session Descriptions
and Registration Links Below!**

~ Certificate of Attendance with attended contact hours provided after last session ~

Mental Health Considerations: Before, During, and After Critical Incidents

2nd Tuesday of the Month, 10am - 11am

January 9, 2024

Overview and Discussion



Join Host Meri Skilliter
OMHNSS Northwest
Regional Lead,
Wellness Facilitator, CISM Trainer

[Watch Video](#)

For questions, please contact
Meri Skilliter at
meriskilliter@gmail.com

February 13, 2024

Before a Critical Incident

March 12, 2024

During a Critical Incident

April 19, 2024

After a Critical Incident

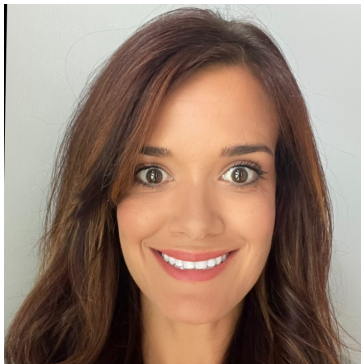
May 14, 2024

*Lived Experience and Lessons
Learned*

[Click Here to Register](#)

PAX Ohio: Sustaining Ohio's Nurturing Environment

2nd Wednesday of the Month, 3pm- 4pm



Join Host Frances Witt
OMHNSS Southwest
Regional Lead,
National PAX Trainer

[Watch Video](#)

For questions, please contact
Frances Witt at

January 10, 2024

*PAX Good Behavior Game
and Tiered Systems of Support*

February 14, 2024

*Utilizing PAX Partners to
Support and Sustain PAX GBG*

March 13, 2024

*PAX Partners: Consultation
and Skill Development
Resources*

April 10, 2024

*Nationwide Children's Hospital
Evaluation & Infrastructure
Grant*

May 8, 2024

What Comes Next

[Click Here to Register](#)

Empowering Rural and Appalachian Ohio: The Conversations We Need to Have

2nd Thursday of the Month (except March), 9:30am- 10:30am



Join Host Brenda Savage
OMHNSS Southeast
Regional Lead

[Watch Video](#)

January 11, 2024

*Building a Stronger Future:
Addressing Workforce
Shortages in Rural Ohio
Schools and Communities*

February 8, 2024

*Innovative Solutions:
Spearheading Change in Rural
Ohio*

March 21, 2024

*Navigating Life in Rural Ohio:
Challenges and Solutions for
Families*

April 11, 2024

*Expanding Support Systems:
Telehealth's Impact on Rural
Communities*

May 9, 2024

*"No Place Like Home": Tackling
Homelessness in Rural Ohio*

For questions, please contact
Brenda Savage at
burslf108@gmail.com

[Click Here to Register](#)

Organizational Wellness to Increase Student Wellbeing

2nd Tuesday of the Month 2:30pm- 3:30pm

January 9, 2024

*The Organizational Wellness
Roadmap: Prioritizing*



**Join Host Sabrina A. Petrelli
Scott, J.D., M.Ed., M.Ed.**
OMHNSS Northeast Regional Lead,
Statewide Wellness Facilitator

[Watch Video](#)

Realistically
February 13, 2024
*Wellness Assessment: Options,
Examples, Ideas*
March 12, 2024
*Creating the Wellness Plan:
Organizational to Individual*
April 9, 2024
*Organizational Wellness: Begin
with the End in Mind - The
Student!*
May 14, 2024
*Wellness Sustainability: The
Summer and Next Year*

[Click Here to Register](#)

For questions, please contact
Sabrina Scott at
spetrelliscott@gmail.com

Prevention: Substance Misuse and Mental Health

2nd Wednesday of the Month, 3pm- 4pm



**Join Host Mary Francis,
MAED, OCPC, LICDC, LSW**
OMHNSS West Regional Lead,
Certified Prevention Consultant

[Watch Video](#)

January 12, 2024
*Where to Start
and What to Grow*
February 14, 2024
*What are Prevention
Professionals Saying?*
March 13, 2024
Proven Frameworks
April 10, 2024
*Behavioral Health Providers
and Student Success*
May 8, 2024
*Mental Health Screening
and Resources*
June 12, 2024
*Funding and Sustainability +
Network Needs*

For questions, please contact
Mary Francis at
Mary.L.T.Francis@gmail.com

[Click Here to Register](#)

Media Impacts

4th Thursday of the Month, 2:30pm- 3:30pm



Join Host Amanda Hampton
OMHNSS Central Ohio
Regional Lead,
Certified Prevention Specialist

[Watch Video](#)

For questions, please contact
Amanda Hampton at
amandatmcfbh@gmail.com

January 25, 2024

*Media Overview
- Setting the Stage*

February 22, 2024

*Focus on Social Media: Mental
Health and Cyberbullying*

March 21, 2024

*Focus on Social Media: ATOD,
Dating Violence and Other
Safety Topics*

April 25, 2024

What Can We Do?

May 23, 2024

*Social Media Messaging
- Let's Flip It*

[Click Here to Register](#)

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