



**Deer Park Jr/Sr High School
Counselors' Corner
Week of February 3rd, 2020**



WHAT'S NEW?

Attention 7th Graders: West Point has announced its 2020 Middle School STEM Workshop to be held at West Point, NY Tuesday-Friday, May 26 – 29, 2020. The workshop provides an opportunity for students interested in STEM to live and learn with their peers from across the United States in a campus setting. The application deadline is February 21, 2020. Complete information is available [HERE](#). Applicants must be 6th or 7th grade students during the current academic year (2019-20) and must have demonstrated **strong academic performance**, an interest in STEM, and an eagerness to learn. The application process is competitive and provides each student with what is likely their first experience with what the college application may be like for them only a few years from now. Please see Mr. Spelic if you are interested.

High School Level Scheduling: Parents, please know that scheduling for next year's courses will be starting next week. This process includes presentations by the counselors, opportunities to meet and ask questions, acquiring signatures for honors and AP level courses, and completing an online course selection. A final individual meeting takes place later in the spring to go over open bells, courses that didn't schedule, etc. Students will receive their official forms the week of February 3rd and will need to have these completed by Feb. 12th. Please be on the lookout for further information.

Freshmen: Field trip letters and permission slips have been sent out! Please see below for more info!

KNOW! This month's article can provide helpful information for parents when the family is going through a divorce. Please click [HERE](#) to read this article from the [Prevention Action Alliance](#).

IN CASE YOU MISSED IT

Important Information for Students

For Freshmen

The 9th graders will soon be receiving a letter regarding an upcoming field trip. On March 11th, the freshmen students will travel to Cincinnati State to visit the Clifton Campus. Students will also travel to the Duke Energy Convention Center for the [Junior Achievement INSPIRE](#) career fair. At INSPIRE, our students will be on the floor of the convention center interacting with employers from the Cincinnati area and taking part in hands-on activities related to these fields. Please be on the lookout for this letter as it will have the permission slip on the back!



Deer Park Jr/Sr High School
Counselors' Corner
Week of February 3rd, 2020



Important Information for Seniors

Cap and Gown packets were sent home with students in October. Students can obtain extra copies in the CCR office or they can be accessed electronically at <https://www.herffjones.com/product/graduation>.

Q: When should I order my cap and gown?

A: ASAP because cost increases and to ensure appropriate sizing.

Q: How can I order my cap and gown?

A: Orders can be placed on-line at www.graduateserviceinc.com or by phone at 513-272-5890. Graduates Services will accept cash, check or credit card.

Q: What if I cannot afford a cap and gown?

A: Please contact Ms. Madden at 513-936-4684

If you have not already completed your FAFSA, please do so ASAP (please remember that funding is given to those who apply early first). Fantastic information is located at: <https://studentaid.ed.gov/sa/fafsa>. If you have additional questions feel free to reach out to Ms. Madden at madden.c@dpcsd.org. **Many colleges have deadlines on December 1st.**

Important Information for Sophomores

Sophomores interested in applying to Scarlet can do so starting November 18th. Applications are completed on-line at <https://application.greatoaks.com/>. The deadline for applications is 2/10. Interested students can also attend Open House at Scarlet Oaks on January 30th from 5:30-7:30.

Students interested in attending a shadow day on January 24th should obtain a permission slip from Mrs. Beck and turn it into Mrs. Vickrey no later than January 17th.

Social-Emotional Learning and Supports

KNOW! If you're not familiar, the Wildcat Weekly Counselor's Corner will occasionally showcase an article from **Know!** from the Prevention Action Alliance. From their website: *"Know! gives the parents and caregivers of middle and high school-age kids the education, tools, strategies, and empowerment they need to raise children who are alcohol, tobacco, and drug-free. It's a personal, at-home program that's incredibly accessible."* Click [HERE](#) to read more and find out how to sign up for their automatic newsletters



**Deer Park Jr/Sr High School
Counselors' Corner
Week of February 3rd, 2020**



Teen Depression: Please check out [this article](#) from the *Prevention Action Alliance Know!* regarding identifying the symptoms of teen depression.

Teen Anxiety

[Here is a link](#) to an interesting article from Psychology Today regarding the reasons teens may be experiencing anxiety.

Suicide Prevention/Community Resources: It is always good to have resource numbers available. As always, please contact 911 if you feel like someone is truly a danger to themselves or others. The information below is from SERA (Suicide, Education, Research and Advocacy):

*National Crisis Hotline: 1-800-273-TALK (8255) or say "Suicide Resources" to Siri on Apple Products
Crisis Hotline By County:*

Butler County: 844-427-4747

Clermont County: 513-528-SAVE (7283)

Clinton County: 877-695-NEED (6333)

Hamilton County: 513-281-CARE (2273)

Hamilton County Text Line: 839863 and text 4hope

Northern Kentucky: 859-331-3292

Warren County: 877-695-NEED (6333)

If you feel that you or a friend is in a crisis situation and/or fearful of hurting yourself or others and there isn't a caring adult you can reach right away, please contact 1-800-273-TALK (8255) or text 4hope to 741 741.