

# WHITNEY SENIOR CENTER

5712 E. Missouri Ave 89122

702-455-7560

## Summer 2021

### Weekly Activities Registration required

#### SIT AND STRETCH

This low-impact class consists of exercises and stretches to enhance your strength to start your day off energized!

Monday - Friday 9:30 am - 10:15 am



#### BINGO

Come on down and test your luck with friends in great games of BINGO!

Monday, Wednesday, Friday 11:00 pm - 12:00 pm

#### PINOCHLE DOUBLE DECK

The stakes are higher with our double deck pinochle. Get in with the big dogs with some competitive fun and friends.

Tuesday, Thursday, & Friday 12:00 pm - 3:00 pm

#### WII BOWLING

Enjoy a virtual bowling game and compete with others to see who the champion is each week.

Tuesday, Wednesday 10:30 am - 11:30 am

#### SENIOR PAINTERS

Bring your creativity and supplies to paint with friends in this open paint time to create your very own masterpiece and express yourself.

Thursday 10:00 am - 12:00 pm



### Seniors on the Go!

### Meet me for an adventure!

Bird Preserve 6/15 @ 7:30 am  
Lake Las Vegas 7/13 @ 5:00 pm



### INFECTION PROTECTION! IT'S EVERYONES JOB!

- Wash your Hands
- Don't touch your Face
- Cover coughs and sneezes
- Clean Surfaces

### Upcoming Events

Red, White, and BBQ - 7/1 @12:00PM



Clark County Board of Commissioners  
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JUSTIN JONES • ROSS MILLER  
WILLIAM MCCURDY II • MICHAEL NAFT • TICK SEGERBLOM  
YOLANDA T. KING, County Manager



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