



NEW HAMPSHIRE
DHHS
DEPARTMENT OF
HEALTH & HUMAN SERVICES

Community Support Services

Service Options Waiver Training

Applicable to:

- **Developmental Disability Waiver**
- **Acquired Brain Disorder Waiver**

DD/ABD Waiver Services: Community Support Services

2

Waiver Definition



Community Support Services are intended for an individual who has developed, or is trying to develop, skills to live independently within the community.

Community Support Services consist of assistance provided to an individual to improve or maintain their skills in basic daily living, transportation and community integration; to enhance their personal development and wellbeing in accordance with goals outlined in the individual's service agreement.

How Does This Help Me Achieve My Goals?



Community Support Services help people live independently by teaching them daily skills, providing transportation, and encouraging community involvement. These services aim to improve personal growth and wellbeing based on each person's needs.

DD/ABD Waiver Services: Community Support Services

3

Community Support Services Scenario



Background

Jane is a 28-year-old woman with a developmental disability who recently moved into her own apartment. Previously living with her parents, Jane now seeks to gain independence and become more integrated into her community. To achieve this, she enrolls in a Community Support Services program designed to help individuals develop the skills needed for independent living.



Accessing and Using the Service

Jane's service agreement focuses on three key areas to help her achieve greater independence and personal growth. First, she aims to improve her daily living skills, which includes managing household tasks like cooking, cleaning, and budgeting. Second, she is learning to use public transportation to travel to work, grocery stores, and social activities. Lastly, Jane is participating in community events to build a social network, enhancing her personal development and wellbeing.



Outcome of the Service

After six months in the Community Support Services program, Jane has made significant progress. She can now prepare meals independently, manage her household tasks, and travel using public transportation without assistance. Additionally, she has built a supportive social network and feels more connected to her community. Jane's confidence and independence have improved, aligning with the goals outlined in her service agreement.

Service Limits and ISA Requirements

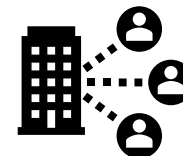
4

Service Limit

- 30 hours per week
 - 24 months for individuals residing with family
- Available Remotely – Yes
- Acute Care - Yes

ISA Requirement(s)

Identifies the desired goals and outcomes for the individual over the coming year.



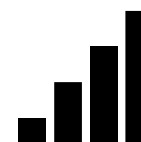
Remote Services

When a service can be offered **remotely**, it means you don't have to be **physically present** at a specific location to use it.



Acute Care

When services can be accessed in **acute care**, it means that individuals who are in a **hospital** or **another urgent care facility** can still **receive these important services**.



Service Limits

When waived services have limits, it means there are **specific restrictions or caps** on the types, amounts, or costs of services that can be provided under a waiver program.