



NEW HAMPSHIRE  
**DHHS**  
DEPARTMENT OF  
**HEALTH & HUMAN SERVICES**

## **Residential Habilitation**

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### **Service Options Waiver Training**

#### **Applicable to:**

- **Developmental Disability Waiver**
- **Acquired Brain Disorder Waiver**



# DD/ABD Waiver Services: Residential Habilitation

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## Waiver Definition



**Residential Habilitation services include a range of individually tailored supports to assist with the acquisition, retention, or improvement of community living skills to assist the individual to reside in the setting most appropriate to their needs.**

## How Does This Help Me Achieve My Goals?



**Residential Habilitation services provide personalized support to help individuals develop, improve, and maintain skills needed for daily living and community participation. This could include:**

- Preparing meals
- Eating
- Bathing
- Dressing
- Personal hygiene
- Managing medications
- Participating in community activities
- Transportation
- Social and leisure activities
- Developing adaptive skills



# DD/ABD Waiver Services: Residential Habilitation

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## Residential Habilitation Scenario



### Background

Miguel is a 25-year-old man with a developmental disability living in an Enhanced Family Care (EFC) home in New Hampshire. The EFC home provides a family-like environment with specialized support services tailored to his needs. Miguel has been accessing Residential Habilitation services through the Developmental Disabilities (DD) Waiver program, which helps him develop daily living skills and achieve greater independence.



### Accessing and Using the Service

Miguel's daily routine is organized to promote daily living skill development and independence. In the morning, his Home Care Provider (HCP) assists him with shaving and brushing his teeth, getting dressed, and preparing his breakfast. During the day, Miguel attends a program in the community where he participates in activities to improve his communication and job readiness skills, including community outings to places like the grocery store and library. In the afternoon, he receives occupational and speech therapy sessions and participates in recreational activities such as art classes and sports. In the evening, Miguel helps prepare dinner, completes chores around the house, and relaxes with activities like watching TV or reading before his HCP assists him with his nighttime routine.



### Outcome of the Service

Through the combination of Residential Habilitation services and the supportive environment of his Enhanced Family Care home, Miguel has made progress in developing his daily living skills, increasing his independence or interdependence, and becoming more involved in his community. His service agreement and the support of his HCP and family have been important in helping him achieve his good life.

\*All examples are illustrative and not based on individuals supported.



# Service Limits and ISA Requirements

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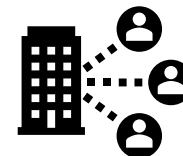
## Service Limit

### No Service Limit

- Available Remotely – Yes
- Acute Care - Yes

## ISA Requirement(s)

Identifies the desired goals and outcomes for the individual over the coming year.



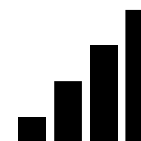
### Remote Services

When a service can be offered **remotely**, it means you don't have to be **physically present** at a specific location to use it.



### Acute Care

When services can be accessed in **acute care**, it means that individuals who are in a **hospital or another urgent care facility** can still **receive these important services**.



### Service Limits

When waived services have limits, it means there are **specific restrictions or caps** on the types, amounts, or costs of services that can be provided under a waiver program.

# Thank you!

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For additional questions please email – [BDS@dhhs.nh.gov](mailto:BDS@dhhs.nh.gov)

