

Food Item: _____

Serving Size/ Contribution	Calories	Sat Fat (g)	Sodium (mg)	Added Sugar (g)
K-5:				
6-8:				
9-12:				

Food Item: _____

Serving Size/ Contribution	Calories	Sat Fat (g)	Sodium (mg)	Added Sugar (g)
K-5:				
6-8:				
9-12:				

Food Item: _____

Serving Size/ Contribution	Calories	Sat Fat (g)	Sodium (mg)	Added Sugar (g)
K-5:				
6-8:				
9-12:				