Addressing Challenging Behaviors in Early Childhood

A live, interactive training series for early childhood professionals and community members.

Monthly Zoom Trainings for the 2024-2025 School Year.

- All are 1 hour in length, One Thursday Evening a Month, All via Zoom
- All training courses are from 7:00-8:00 pm Central Standard Time.
- Each training focuses on Birth to age Five and is appropriate for anyone working in programs serving infants through preschool age.
- Are you seeking Growing Futures? Create an account at ND Growing Futures. Each monthly training is worth 1 Growing Future Credit.
- Are you seeking college credit? Create an account in the ND Educational Hub. Look for this course in: Specially Designed Services (SPED). Contact Alison Miller at NDDPI, for questions regarding credit fee and requirements. almiller@nd.gov 701-328-4687.

September 26th - Introduction to Addressing Challenging Behaviors in Early Childhood

Registration Link: https://buytickets.at/dhhs. Registration helps me (Kelli Odden) ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will be able to define Social Development in children.
2. Participants will be able to define Emotional Development in children.
3. Participants will be able to describe the importance of intentional practices to promote healthy social and emotional development.

Description:

Are you interested in learning more about challenging behaviors in early childhood? We will spend an hour exploring ways to address behaviors using a framework of evidence-based practices designed to promote healthy social and emotional development in infants, toddlers, and young children. These healthy social and emotional practices help young children develop skills to support them as they become citizens. Implementing these evidence-based practices prevents challenging behaviors and focuses on building

adults' skills to support children's social and emotional health, helping to reduce inappropriate discipline practices, promoting family engagement, and using data to make decisions to support children's development.

October 24th –Nurturing the Core: Foundations of Effective Guidance

Registration Link: https://buytickets.at/dhhs, registering helps ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will be able to define Self-Awareness
2. Participants will be able to define Emotional Intelligence
3. Participants will be able to examine their self-awareness, emotional intelligence, and social and emotional skills in supporting children's development in these areas.

Description:

An early childhood professional's understanding of their own self-awareness, emotional intelligence, and social and emotional learning is crucial to supporting a deeper understanding of emotions. Being a reflective early childhood professional allows one to be knowledgeable about emotional development and more effectively scaffold children's ability to label emotions and empathize with their complex emotional experiences. Understanding emotions is essential for creating a positive learning environment and supporting children's development effectively.

November 21st- Building Meaningful Relationships with Children

Registration Link: https://buytickets.at/dhhs, registering helps ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will recall key principles of building relationships with children who exhibit challenging behavior.
2. Participants will list practical techniques for positive communication and modeling interactions to support trust-building.
3. Participants will summarize strategies for building relationships with children in their care.

Description:

Participants will explore practical strategies for building strong and meaningful relationships with children who exhibit challenging behavior. We will explore practical techniques that promote positive interactions, foster trust, and enhance communication. Through reflective discussions, we will explore insights into understanding the underlying causes of challenging behavior, discuss how to respond empathetically and

teach skills so children can best describe their feelings, frustrations, and solutions. Join us to create a supportive environment where every child feels valued and understood.

December 12th- Putting Words to Emotions

Registration Link: https://buytickets.at/dhhs, registering helps ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will list emotion words.
2. Participants will describe the importance of emotional literacy for children's well-being.
3. Participants will summarize how labeling emotions enhances children's communication skills.

Descriptions:

We will explore practical strategies to help children recognize and describe their emotions. Labeling emotions gives children the vocabulary and awareness needed to communicate and manage their feelings effectively. We will discuss activities and real-life examples to create an emotionally supportive environment and help children develop the vocabulary to describe their emotions.

January 23rd- Promoting Children's Self-Regulation

Registration Link: https://buytickets.at/dhhs, registering helps ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will explain how emotional, cognitive, and linguistic factors influence children's self-regulation.
2. Participants will identify the developmental processes that impact self-regulation- emotional, cognitive, and linguistic.

Description:

We will explore the multifaceted nature of children's self-regulation and discuss the developmental processes that impact it, including emotional, cognitive, and linguistic factors. We will also discuss practical examples and strategies to promote healthy emotional, cognitive, and linguistic development, ultimately supporting children's self-regulation abilities.

February 20th- Becoming a Behavior Detective

Registration Link: https://buytickets.at/dhhs, registering helps ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will discuss reflective practices used in early childhood settings.
2. Participants will explain why a developmental lens is essential when interpreting children's behavior.

Description:

Understanding and responding to children's behavior is a daily task for caregivers and families in early childhood settings. Like detectives, we can sharpen our skills by using reflective practices and applying our knowledge of child development. We will look at reflective practices such as observing, collecting data, applying developmental knowledge, and exploring underlying factors that support or hinder a child's behavior and development.

March 20th- Instead of Discipline, Use Guidance

Registration Link: https://buytickets.at/dhhs, registering helps ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will define Punishment.
2. Participants will define Guidance.
3. Participants will describe the difference between Punishment and Guidance.
4. Participants will summarize how guidance techniques can enhance children's ability to label emotions and communication skills.

Description:

We will discuss practical strategies for supporting young children's social-emotional development. We will recognize the difference between punishment and guidance. Punishing children for challenging behavior is counterproductive. Instead, we will focus on fostering essential skills for getting along with others. We will discuss practical techniques to promote empathy, conflict resolution, and positive interactions. A nurturing environment is where children begin to develop these lifelong skills.

April 17th- All Behavior Has a Story

Registration Link: https://buytickets.at/dhhs, registering helps ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will discuss strategies to interpret and respond to specific behavior cues.
2. Participants will describe ways to address challenging behavior.

Description:

We will explore a holistic approach to understanding and addressing challenging behavior in children. Behavior is a form of communication, and every behavior conveys a message. We will learn to consider the underlying causes or connections when deciding how to respond to a child's behavior. We will look at behavior as communication and discuss teaching and modeling skills using appropriate guidance techniques.

May 8th- Supporting Effective Transitions throughout the Day.

Registration Link: https://buytickets.at/dhhs, registering helps ensure credit is given to the appropriate person.

Zoom Link needed to Attend the Event: https://mayvillestate.zoom.us/j/82236047763

Objectives:

1. Participants will describe the significance of transitions in a child's day.
2. Participants will describe why transitions can be challenging for children, families, and caregivers.
3. Participants will discuss ways to incorporate transition strategies that support the child, supportive environment, and caregiver.

Descriptions:

Transitions are pivotal moments in a child's day. A child has to move from one activity to another, from home to school, or within daily routines, often at the expectation of the child versus the choice of the child. As early childhood professionals, we recognize that these transitions can be challenging for children, families, and caregivers alike. We will discuss effective strategies to support children, families, and caregivers during these critical moments.