

Reminders for those Participating in the Afterschool Snack Program

Afterschool snacks give children a nutritional boost and draw them into supervised activities that are safe, fun and filled with learning opportunities. Most programs have started with the beginning of the new school year, so here are a few reminders that must be completed for participation in Afterschool Snacks to be reimbursable:

1. Afterschool Snack program staff should be trained in the **civil rights** for school meal programs. This is not an option for the supervisor of this program however any other staff helping students with their snack should also have this training. There is a two page sheet in the front of the red-covered Afterschool Snack Program Production record book that can be reviewed for that training. Quick and Easy!
2. **Onsite monitoring** needs to be completed **TWICE** during the program year. There are two copies of the monitoring worksheet also in the front of the red-covered Afterschool Snack Program Production record book that can be used. Fill out the first one during the first four weeks at the beginning of the program and the second one anytime before the end of the program. Leave them in the Record book for easy access.
3. Snacks must contain **two components** from the four food groups in specific portion sizes:
 - a. Milk – 8 ounces – skim or 1%, flavored or unflavored
 - b. Protein – at least 1 ounce
 - c. Grain – at least 1 ounce
 - d. Fruit/Vegetable – at least $\frac{3}{4}$ cup. This can be one item or multiple items such as $\frac{1}{2}$ cup of juice and $\frac{1}{4}$ cup of carrots. Multiple items though will only count as 1 component of the two required.
4. There is **no offer vs serve** in the snack program: To claim a snack for reimbursement, the child must select at least two food groups.
5. Schools that are not area eligible must keep track of snacks using a roster and then **submit a claim using each child's eligibility of free, reduced-price, or paid.**
6. Snacks can only be counted when **served after school**. Snacks may not be claimed if they were served before or during the school day, on a weekend, holiday, or vacation day.

We hope you have a fun and rewarding year with this program. As always, please contact our office if you have any questions about program requirements. Email: dpicnfd@nd.gov or 701- 328-2294.