



## EMPLOYEE ASSISTANCE PROGRAM September 2025

### Suicide Prevention

Atrium Health's Employee Assistance Program is designed to help employees and their families overcome personal concerns and other issues in the workplace and at home to achieve a healthy work-life balance.

We believe healthy, engaged employees are the foundation of a successful organization.

Our free prevention and wellness seminars are designed to help ensure our teammates have access to the resources they need for a happy workplace and a healthy home life.

Goals of the **Suicide Prevention** webinar include:

- Recognizing your role in suicide prevention
- Knowing the Signs of suicidality
- Knowing what to do with someone who is suicidal

For your convenience this webinar will be held on varying days and times during the month.

Dates	Times
September 15 <sup>th</sup> , 2025	12:00 - 1:00pm
September 23 <sup>rd</sup> , 2025	10:00 - 11:00am
September 29 <sup>th</sup> , 2025	1:00 - 2:00pm

Advance registration is required. To register, please call 704.355.5021 or click on the link below and complete the required fields:

<https://forms.office.com/r/FiM4kRUDZP>

**Classes may be cancelled without adequate registration.  
These dates and topics are subject to change based on demand.**

Atrium Health's Employee Assistance Program is designed to help you and members of your family with a variety of personal issues including marital conflicts, job stress, emotional, alcohol and drug problems and difficulties with children. If you or a family member needs help, contact the Atrium Health Employee Assistance Program at **704-355-5021** or **800-384-1097**.