

EMPLOYEE ASSISTANCE PROGRAM

June 2025

"Authenticity in the Workplace"

Atrium Health's Employee Assistance Program is designed to help employees and their families overcome personal concerns and other issues in the workplace and at home to achieve a healthy work-life balance.

We believe healthy, engaged employees are the foundation of a successful organization.

Our free prevention and wellness seminars are designed to help ensure our teammates have access to the resources they need for a happy workplace and a healthy home life.

Goals of the **Pride: "Authenticity in the Workplace** "webinar include:

- Participants will explore authenticity and what it adds to personal wellbeing.
- Participants will acknowledge 3 new ways to reflect personal identity and values without disregard for the values of others.
- Participants will identify and discuss ways to encourage Value, Morale, and Connection workplace

For your convenience this webinar will be held on varying days and times during the month.

Dates	Times
June 9 th 2025	10:00am – 11:00am
June 17 th 2025	Noon – 1:00pm
June 26 th 2025	Noon - 1:00pm

Advance registration is required. To register, click on the link below and complete the required fields:

<https://forms.office.com/r/FiM4kRUDZP>

Atrium Health's Employee Assistance Program is designed to help you and members of your family with a variety of personal issues including marital conflicts, job stress, emotional, alcohol and drug problems and difficulties with children. If you or a family member needs help, contact the Atrium Health Employee Assistance Program at **704-355-5021** or **800-384-1097**.