



EMPLOYEE ASSISTANCE PROGRAM October 2023

“Grief and Loss”

Atrium Health’s Employee Assistance Program

is designed to help employees and their families overcome personal concerns and other issues in the workplace and at home to achieve a healthy work-life balance.

We believe healthy, engaged employees are the foundation of a successful organization.

Our free prevention and wellness seminars are designed to help ensure our teammates have access to the resources they need for a happy workplace and a healthy home life.

Goals of the ***“Grief and Loss”*** webinar include:

- Understanding the complexities to grief and loss
- How to support co-workers who are grieving
- How to cope with grief

For your convenience this webinar will be held on varying days and times during the month.

Dates
October 10, 2023,
October 18, 2023,
October 25, 2023,

Times
10:00 –11:00 am
Noon - 1:00 pm
1:00 - 2:00 pm

Advance registration is required. To register, please call 704.355.5021 or click on the link below and complete the required fields:
<https://forms.office.com/r/pY6ZVFkdCg>

Atrium Health’s Employee Assistance Program is designed to help you and members of your family with a variety of personal issues including marital conflicts, job stress, emotional, alcohol and drug problems and difficulties with children. If you or a family member needs help, contact the Atrium Health Employee Assistance Program at **704-355-5021** or **800-384-1097**.