

Exceptional Children Information for Parents



August 3, 2022

Preparing for the Beginning of the Year

For many, August begins the preparations for another school year. Please consider these tips to help create a smooth and enjoyable start to the 2023-2024 school year.

- Attend open houses or orientations offered by the school
- Make sure to get a list of teachers and contact information
- Consider sending an introduction letter/email (check out [samples](#) from Understood.com)
- Review current IEP and compare to class schedule
- Talk with your child about the support they should expect in class
- Discuss accommodations/modifications with your child
- Practice self-advocacy with your child so they can speak up if needed
- Ask questions as you have them, don't wait!

As a reminder, there must be a meeting to review and revise the IEP at least once a year but that does not mean you can't request a meeting at another time. If you have concerns about something, don't wait, ask the special education teacher to set up a meeting.



You can find previous newsletters in the [Parent Newsletter google folder](#) on our website.

Important Links

- [Office of Special Education Programs](#) (U.S. Dept. of Ed.)
- [N.C. Department of Public Instruction](#)
- [Office of Exceptional Children](#) (NC)
- [No Kid Hungry](#)

Upcoming Events

- Arc of the Triangle [Events](#)
- Autism Society [Workshops](#)
- Autism Speaks [Information Topics](#)
- CADRE [Parent Resources](#)
- ECAC [Events](#) & [Recorded Webinars](#)
- Family Support Network [Events](#)
- National Alliance on Mental Illness [Courses](#)
- NC Down Syndrome Alliance [Events](#)
- Special Olympics NC [Events](#)
- NC ABLE [Events](#)

Do you have an upcoming event you'd like to share with the community? Please email with information.

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