

Exceptional Children Information for Parents



August 3, 2022

Preparing for the Beginning of the Year

For many, August begins the preparations for another school year. Please consider these tips to help create a smooth and enjoyable start to the 2022-2023 school year.

- Attend open houses or orientations offered by the school
- Make sure to get a list of teachers and contact information
- Consider sending an introduction letter/email (check out [samples](#) from Understood.com)
- Review current IEP and compare to class schedule
- Talk with your child about the support they should expect in class
- Discuss accommodations/modifications with your child
- Practice self-advocacy with your child so they can speak up if needed
- Ask questions as you have them, don't wait!

As a reminder, there must be a meeting to review and revise the IEP at least once a year but that does not mean you can't request a meeting at another time. If you have concerns about something, don't wait, ask the special education teacher to set up a meeting.



You can find previous newsletters in the Parent Newsletter google folder at this link: <https://tinyurl.com/ECParentNewsletters>

Important Links

- [Centers for Disease Control and Prevention](#)
- [U.S. Department of Education](#)
- [N.C. Department of Health & Human Services](#)
 - [Strong Schools NC Public Health Toolkit \(K-12\)](#)
- [N.C. Department of Public Instruction](#)
 - [Lighting Our Way Forward \(Summary\)](#)
- [No Kid Hungry](#)
- [NCDPI-COVID-19 Responses & Resources](#)

Upcoming Events

- Arc of the Triangle [Events](#)
- Autism Society [Workshops](#)
- Autism Speaks [Information Topics](#)
- CADRE [Parent Resources](#)
- ECAC [Events](#) & [Recorded Webinars](#)
- National Alliance on Mental Illness [Courses](#)
- NC Down Syndrome Alliance [Events](#)
- Special Olympics NC [Events](#)

2022 Annual Burnett Seminar

This year's topic of the 19th Annual Timothy B. and Jane A. Burnett Seminar for Academic Achievement is *We're Not Broken - Changing the Autism Conversation: A Conversation about Academic Success*, featuring journalist and author Eric Garcia '14. For more information and to register, visit UNC General Alumni Association [webpage](#).

- Tuesday, October 4, 2022 from 1 – 3 p.m.
- George Watts Hill Alumni Center, Chapel Hill (livestream option available)

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