

October ADHD Awareness Month

Symptoms include:

- Difficulty maintaining attention
- Struggles with directions
- Easily distracted
- Careless mistakes
- Loses items
- Organization is a challenge

Three Presentation Types:

Inattentive

- Difficulty staying seated
- Fidgets or squirms in seat
- Difficulty participating quietly
- Blurts
- Difficulty waiting or taking turns
- Interrupts

Hyperactive-impulsive

- Presents with symptoms of both inattentive and hyperactive-impulsive presentations.

Combined

Possible Coexisting Conditions

- Learning Disability
- Conduct disorder
- Anxiety
- Depression
- Mood disorder
- Sleep disorder

Did You Know?

- Approximately 9% of children and 4% of adults are affected
- Symptoms can continue into adulthood
- Symptoms may present differently over time
- ADHD can be diagnosed as "mild", "moderate", or "severe".
- It can affect home, academic, social and work settings.

INFORMATION SOURCE

CHILDREN AND ADULTS WITH ATTENTION-DEFICIT/HYPERACTIVITY DISORDER (CHADD)
[HTTPS://CHADD.ORG/](https://chadd.org/)