



Division of Services for the Deaf and Hard of Hearing

DeafBlind Awareness SPIRIT WEEK

June 21 – 27, 2021

Participate in the day's activity and share/post on your social media.

You can do these activities anywhere and with anyone!

#NCDBSpiritWeek

Tag us!

@NC DHHS Division of Services for the Deaf and Hard of Hearing

@Helen Keller National Center for Deaf-Blind Youths and Adults

@North Carolina Deaf-Blind Project

@North Carolina Deaf-Blind Associates

@RHA Health Services



Scan here for the ASL/captioned video!

NC DSDHH and the DeafBlind Interagency Team (DBIT) are collaborating to celebrate DeafBlind Awareness Week, June 21 – 27, 2021. Each day will be dedicated to participating in an activity promoting DeafBlind awareness.

Join us by sharing your contributions (pictures, comments, & videos) with others through social media, or email. To post through email, send to Nicole.Alleman@dhhs.nc.gov by noon on that day. It will be compiled with others and shared via Facebook.

DeafBlind Awareness SPIRIT WEEK Schedule:

Monday, June 21: DeafBlind Awareness Spirit Week Kick-off Day

- Share the SPIRIT WEEK schedule and introduce yourself and your involvement with the DeafBlind community.

Tuesday, June 22: DeafBlind Taco Tuesday Simulation Day

- Build a taco while wearing a blindfold or support a DeafBlind person with building their taco and share your experience.

Wednesday, June 23: DeafBlind Wellness Day

- Participate in a wellness activity and share with others. (walk a mile, swim laps, drink more water, run 30 minutes, etc.)

Thursday, June 24: DeafBlind Technology Day

- Share with others about DeafBlind assistive technology.

Friday, June 25: DeafBlind Favorites Day

- Show and share your DeafBlind favorites. (Favorite DeafBlind related book, movie, person, attire, tips, tool, etc.)

Saturday, June 26: DeafBlind Say "YES" Day

- Recruit or say "YES": We need more Support Service Providers (SSPs)! Sign-up or volunteer today and SHARE!

Sunday, June 27: Helen's Birthday

- Share anything about Helen Keller. (quotes, trivia, tributes, facts)

