



NCDPI School Counseling Updates

North Carolina Department of Public Instruction

October 2017

Division of K-12
Standards, Curriculum
& Instruction -
K-12 Program Areas

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NC Alcohol Law Enforcement Cautions School Personnel and Parents on Teen Use of Flavored Vapors and THC Candy

The following message is from [North Carolina Alcohol Law Enforcement \(ALE\)](#)

Many teens today are using vapors instead of smoking cigarettes, according to Israel Morrow, an assistant special agent in charge for Alcohol Law Enforcement who oversees the state's tobacco program.

"Vapor juice infused with marijuana is appealing to teens who get a euphoric high from ingesting the vapors," Morrow said.

Also, candy made with CBD (Cannabidiol) is being sold along with e-cigarettes at vape shops and some convenience stores. The packaging may claim, "No THC," (Tetrahydrocannabinol), but ALE special agents have taken samples to the North Carolina crime lab for testing and chemists have found THC regardless of the advertising. Foods, candy and a wax substance similar to Butane Hash Oil (BHO) mimic marijuana and are being marketed as a dietary supplement containing CBD. When a CBD liquid or CBD wax content is heated and used inside a vapor, the product intensifies the "high" and the smell is almost undetectable.

One convenience store owner in Pitt County said that school kids are beating a path to his door every day during school hours for vapors, and the CBD candy is flying off his shelves. The Food and Drug Administration does not regulate e-cigarettes or CBD candy.

Lollipops come in orange, lemon, black cherry, caramel and other flavors and cost about \$5

each. One advertisement says, "You'll be happily floating throughout your day," and another claims, "They look like traditional lollipops and no one will know the difference."

Morrow cautions, "With Halloween approaching, parents should be aware of the CBD-laced lollipops, hard candy and gummy bears and keep them out of the hands of young children. School kids inhaling toxic vapors is new to North Carolina and gaining popularity. We just don't know what these kids are ingesting."

You-tube videos show teens inhaling vapors in classrooms, undetected by their teachers. Morrow said a Halifax student was hospitalized after smoking a marijuana-infused vape.

Teens can easily make a home-made pipe using soda cans, key chains, highlighters, or anything cylindrical to camouflage the vaping device.

"We want law enforcement, teachers and parents to be aware of this," Morrow said. "If you see something out of the norm, report it back to us so we know what we're dealing with."

"The State Crime Lab has been fantastic in helping us test some of these products."

North Carolina law (GS 14-313), makes it illegal for anyone under the age of 18 to use tobacco or any noncombustible product that contains nicotine, whether chewed, absorbed, dissolved or ingested. The law also applies to

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Countdown to National School Counseling Week!

February 5—9, 2018

"School Counselors: Helping Students Reach for the Stars"

For resources, visit

[ASCA's National School Counseling Week web page.](#)

If this newsletter was forwarded to you and you would like to receive it directly, just go to the NCDPI School Counseling Wiki at <http://schoolcounseling.ncdpi.wikispaces.net/> for instructions on signing up for the listserv

The guiding mission of the North Carolina State Board of Education is that every public school student will graduate from high school globally competitive for work and postsecondary education and prepared for life in the 21st century.

School Counselor November MTSS Update

MTSS is designed to be a team approach to supporting student and school success, shared appropriately across the school staff. The NCDPI Integrated Academic and Behavior System (IABS) Division is supporting school counselors with their understanding of MTSS through monthly updates in the NCDPI School Counseling listserve newsletter. Below is the update for this month.

MTSS is School Improvement for ALL

In addition to examining implementation, academic and behavioral data, building a Multi-Tiered System of Support involves dissecting attendance data, noting any trends and patterns across districts, schools, or grade levels. One characteristic of MTSS is triangulation of data sources with whole school, group, and individual student problem-solving. What does this mean? Pairing attendance, outcome, and implementation data to provide a robust

data evaluation system.

Once teams identify students or student groups with chronic absenteeism, school teams can design strategies to help students get to class, on time, every day. With last month recognized as Attendance Awareness month, NC DPI MTSS Social Media was brimming with posts and resources to promote strong school attendance. Consider exploring the resources found at <http://awareness.attendanceworks.org/>. These may be helpful in order to intentionally address this area of your system of support. Too often, parents, students and sometimes educators don't realize how quickly absences can add up to academic trouble. Thank you for how you, as a School Counselor support examina-



MULTI-TIERED SYSTEM OF SUPPORT
NC Department of Public Instruction

tion of data to promote strong outcomes for every North Carolina student.

Follow-up Resource - While responsiveness to instruction is imbedded in an MTSS, RtI primarily focuses on how the individual student is responding to instruction. The MTSS Critical Components outline how all students are included in this school improvement framework which rests in creating a strong school environment that responds to students academic, behavior and social emotional learning.

If you have additional questions, please contact, Amy Jablonski, Director of Integrated and Academic Behavior Systems at amy.jablonski@dpi.nc.gov.

Great Opportunity for High School Young Ladies Interested in Careers in Medicine

The Perry Outreach Program is a free, one-day, hands-on experience for high school women who are interested in pursuing careers in medicine and engineering. Students are given the opportunity to hear from women leaders in these fields and try it for themselves by performing mock orthopaedic surgeries and biome-

chanics experiments.

The Perry Outreach Program is open to young women in grades 10 and up with an expressed interest in science, medicine and/or engineering. The 2018 program will be Saturday, February 3, 2018 at Wake Forest School of Medicine in Winston-Salem, NC. Applicants should be directed to fill

out the [online application](#) in advance of the January 3, 2018 application deadline. Additional information can be found at www.perryinitiative.org. A printable flyer for this event can be found [here](#). If you have questions, contact Hannah Heuschneider at hannah@perryinitiative.org.



NC Alcohol Law Enforcement Cautions School Personnel and Parents ...continued

“vapor products that can be used to heat a liquid nicotine solution contained in a vapor cartridge.”

The law’s intent is to protect teens from nicotine addiction which the U.S. Surgeon General says is a gate-

way to alcohol and drugs, and that developing teen brains are more susceptible to addiction, mood disorders and lower impulse control.

The [Centers for Disease Control and Prevention](#) states that nearly all to-

bacco use begins during youth and young adulthood and that it is the leading cause of preventable disease and death in the United States. The 2017 CDCP report shows a decline in cigarette smoking among teens.

NC School Counseling Strategic Leadership Team

Those of you who have been on the NCDPI School Counseling Listserv for a while may remember the NC School Counseling Strategic Leadership Team (SCSLT) being mentioned before. This team began with four representatives of the NC Department of Public Instruction (NCDPI), the NC School Counselor Association, and UNC General Administration College Foundation of NC (CFNC) office collaboratively attending a White House Convening for Strengthening School Counseling and College Advising in late 2014. Afterwards, a 25-member state leadership team was formed with representation from practicing school counselors, district administrators, college counselor educators, college administrator educators, the community college system, the business community, college access programs, and NCDPI in order to determine effective strategies for systemic growth in student career and college guidance and advising.

The SCSLT has been working diligently since that time to identify barriers to implementing comprehensive school counseling programs and other school techniques that are inclusive of strong career and college readiness strategies. What they found in studying this was a need to enhance the capacity of school personnel, especially school counselors, CDCs and school administrators, in fostering K-12 college-going cultures. This led to their focusing on the following key goals:

Pre-Service—

- School counselors will graduate from NC higher education programs with knowledge and skills to effectively promote student career and college readiness.

- School administrators will graduate from NC higher education programs with knowledge and understanding of supporting college-going cultures with high expectations for all students, and of the effective, appropriate roles of school counselors and career development coordinators.

In-Service—

- School counselors and career development coordinators will have increased access and opportunities for training to enhance skills to effectively promote student career and college readiness such as the SREB Go Alliance Academy online modules.
- School administrators will have increased opportunities and participation in professional development on the effective utilization and professional roles of school counselors and career development coordinators and supporting college-going cultures with high expectations for all students.

Metrics for Measuring Outcomes—

- North Carolina will identify and utilize processes for analyzing student outcome metrics indicative of career and college readiness competencies impacted by initiatives and strategies implemented by school counselors and career development coordinators.

After two years of research and planning, the SCSLT developed a report, [Preparing Educators to Support Career and College Readiness](#), that documented the needs related to student career and college readiness and presented recommendations for addressing those needs. This report was presented to the State Board of Education in October of this year. The SCSLT plans to return to the State Board of Education to present more details of the individual sections of the report and recommendations. Additionally, the team will continue to work on implementation strategies to support the recommendations.

To view the report and PowerPoint that was presented to the State Board of Education in October 2017, visit the NCDPI School Counseling Wiki [NC School Preparing Educators for Career and College Readiness page](#) or the State Board of Education's Preparing Educators to Support Career and College Readiness [agenda item for October 4th, 2017](#). You can also find the list of members of the NC School Counseling Strategic Leadership Team on the Wiki page.





Professional Development Resource Reminder

The short module “Administrator Guide to Effective School Counseling and Evaluation” is available in Home Base.

ASCA Role of the School Counselor Resources

For resources that explain the essential roles of elementary, middle, high school counselors and others, visit [ASCA's Careers/ Roles web page](#) for downloadable documents and more. These would also be great for National School Counseling Week.

Legislative Updates from the State Board of Education Office

After each legislative session, the State Board of Education (SBE) develops a report detailing and analyzing the education legislation passed by the General Assembly that session. This report is intended to be a one-stop reference material for information on legislation impacting North Carolina's K-12 public schools. This year's report, the 2017 Report on Education Legislation, is now available online. Click [here](#) to access the report on SBE's website.

Youth Leadership Conference for High School Students

Triangle Youth Leadership Conference brings students across the state together to engage challenges facing North Carolina communities. For years, dozens of student volunteers at North Carolina State University have been paired with hundreds of high school students from across the state in this annual conference. This year's two-day curriculum will take place January 26th-27th and will encompass real-life problem-solving challenges, informed by distinguished guest speakers and workshops designed to hone students' creative potential.

For more information, email triangleleadershipservices@gmail.com or visit <http://triangleleadership.com/tylc9> (a letter you can share with students is linked at the bottom of the page).

NC Division of Veterans Affairs Scholarships for Children of NC War Veterans

Children of deceased or disabled combat veterans face many challenges; paying for college doesn't have to be one of them.

In appreciation for the service and sacrifices of North Carolina's war veterans, a four-year scholarship program to North Carolina approved schools has been established for the qualifying children of many deceased, disabled, combat, or POW/ MIA veterans. Deadline for receipt in the North Carolina Division of Veterans Affairs (NCDVA) Director's office for Class II and Class III scholarship applications is on/before February 14. Deadline for receipt of Class I-A, I-B and IV is on/ before June 1 to be awarded July 1 or December 1 to be awarded January 1.

Click [here](#) for the NC Division of Veterans Affairs Scholarship Synopsis information sheet and [here](#) for the scholarship instruction sheet. You can also [contact ncdva.scholarships@doa.nc.gov](mailto:ncdva.scholarships@doa.nc.gov) or 984-204-2981 for information.

Whole Child Monthly Webinar Series from NCDPI Healthy Schools Continues

The webinars are held the fourth Tuesday of each month at 10:00 am. All webinars are one hour and recorded to be archived on the [Healthy Schools Wiki](#) for those unable to attend. The 2017-2018 schedule and registration information can also be found on the [Healthy Schools Wiki](#).

For questions, contact Kelly Langston at Kelly.Langston@dpi.nc.gov.

For topic descriptions and to register, click on the titles below.

November 28th at 10:00 am – [Family Engagement and Community Involvement](#)

January 23rd at 10:00 am - [Health Education and Physical Education Physical Activity](#)

February 27th at 10:00 am - [Nutrition Environment and Services Health Services](#)

April 24th at 10:00 am - [Counseling, Psychological and Social Services Social and Emotional Climate](#)

May 22nd at 10:00 am - [Physical Environment Employee Wellness](#)



Professional Development Opportunities

Celebrating our Past...Inspiring the Future



NC School Counselor Association Annual Fall Conference
November 8-10, 2017, Koury Convention Ctr, Greensboro, NC.

Features timely information on the topics specific to NC school counselors, administrators and counselor educators via breakout sessions, keynote speakers, half-day pre-conference sessions and core skills building workshops. You will also be a part of the 50th anniversary celebration of the NC School Counselor Association. Click [here](#) for more information.

Note that the professional development activities listed below are usually not organized by the NCDPI school counseling consultant; therefore, questions should be directed to the contacts at the links provided.

ACT College and Career Readiness Workshops—Regionally September-November, 2017

“Preparing Students for Success: A Multifaceted Approach.” Free half-day workshop on career and college readiness, utilizing test scores to guide students, etc. [Register](#) .

Youth Mental Health First Aid Instructor Training—November 6-10, 2017, Winston-Salem, NC

This is a nationally-standardized five-day training that certifies individuals to be instructors of the one-day Youth Mental Health First Aid training. Click [here](#) for more information or email MHFA-NC@listserv.unc.edu.

NC Center for Safer Schools Regional RISE training—November 7-8, 2017, Holiday Inn, Greenville, NC

Free, two-day training with a variety of informational sessions on bullying, suicide, opioid and substance use, critical incident and other vital information about trauma and victimization among children and adolescents, and how the various dynamics impact school climate and school safety. Click [here](#) for more information

NC School Counselor Association Fall Conference—November 8-10, 2017—*More information in text box above*

NC Counseling Association Conference — January 31-February 2, 2018, Durham, NC

Speakers and break out sessions for all counseling disciplines to help meet the mental health and behavioral needs of children and adults. Click [here](#) for more information.

NCDPI Connecting Communities of Education Stakeholders Conference — March 11-15, 2018, Koury, Greensboro.

(Formerly the Collaborative Conference for Student Achievement (CCSA) and the Home Base Symposium.) Keynote speakers and breakout sessions aimed at providing strategies and resources for innovative preK-12 practices that fostering student success. Click [here](#) for more information.

Southeastern School Behavioral Health Conference — April 19-20, 2017, Myrtle Beach, SC

Speakers and sessions to promote student academic and personal success by reducing barriers to learning and supporting the social, emotional, and behavioral needs of youth and families. Click [here](#) for more information.

American School Counseling Association Conference — July 14–17, 2018, Los Angeles California

National conference specifically for school counseling with keynote sessions, informative breakout sessions, in-depth looks at hot topics in the school counseling profession and networking opportunities. Click [here](#) for more information.

Always Free, Always Available in Home Base! The “NC School Professional Counselor Standards and Evaluation” module is available in Home Base to assist you in the implementation of a comprehensive school counseling program aligned with The ASCA National Model and NC School Counseling Standards and Evaluation. This self-paced module is very extensive, thus should take approximately 30 hours to complete and will earn 3 CEUs on completion. For a more information, go to the Home Base NC Educator Effectiveness Professional Development suite, <http://www.rt3nc.org/>, or the [July 2016 School Counseling Updates newsletter](#).

If you have an item that you would like to share, please email the information to cynthia.floyd@dpi.nc.gov. Submissions should include the name and brief description of the opportunity with either a link or contact information for interested parties to obtain additional information. We are unable to include flyers, attachments, or for-profit information. The submission should be limited to 100 words or less. Items received after the monthly newsletter has been distributed will not be sent via a separate email on the listserv. NCDPI reserves the right to not include submissions deemed inappropriate for this newsletter.

New Addition to the Resource List—Suicide Prevention Resource Center

The Suicide Prevention Resource Center web site has numerous web pages with a multitude of resources on suicide prevention, from effective prevention to training events to a searchable data base of hundreds of articles, tools, videos, etc. Programs with evidence of effectiveness are indicated by the  icon. You can also subscribe to the Weekly Spark online newsletter to receive brief news articles, research summaries, announcements, and funding opportunities related to suicide prevention. SPARK Talks provides short, provoking, action-oriented, realistic, and knowledgeable videos of information on current issues in the field from leaders in the suicide prevention field.

Resources

NC School Counselor Association

<http://ncschoolcounselor.org/>

NC State Board of Education

<http://stateboard.ncpublicschools.gov/>

NC Department of Public Instruction (NCDPI)

<http://www.ncpublicschools.org/>

NCDPI School Counseling Web Pages

<http://www.ncpublicschools.org/studentssupport/counseling/>

NCDPI School Counseling Wiki Pages

<http://schoolcounseling.ncdpi.wikispaces.net/>

NCDPI School Counseling FaceBook Page

<https://www.facebook.com/ncdpi.schoolcounseling>

NCDPI School Counselor Evaluation Documents

<http://ncees.ncdpi.wikispaces.net/Support+Staff>

NCDPI Guidance Essential Standards

<http://www.ncpublicschools.org/curriculum/guidance/>

NCDPI School Counseling PLC Google + Community

<https://plus.google.com/u/0/communities/106752114909041161445>

NC Graduation Requirements

<http://www.ncpublicschools.org/gradrequirements/>

NC Student Information System (PowerSchool)

<http://www.nc-sis.org/>

NCDPI Online Professional Development

<https://rt3nc.org/>

NC Center for Safer Schools

<http://www.ncpublicschools.org/cfss/>

College Foundation of NC

<http://www.cfnc.org/>

NC Counseling Association

<http://nccounselingassociation.org/>

American School Counselor Association

<http://www.schoolcounselor.org/>

Center for School Counseling Outcome Research and

Evaluation <http://www.umass.edu/schoolcounseling/>

ACT

<http://www.act.org/>

College Board

<https://www.collegeboard.org/>

Donors Chose

<http://www.donorschoose.org/>

Elementary School Counselor

<http://www.elementaryschoolcounselor.org/>

Middle School Counselor

<http://www.themiddleschoolcounselor.com/>

School Counselor.Com

<http://www.schoolcounselor.com/>

Best in School Counseling: Our Favorite Web Sites <http://www.ncpublicschools.org/studentssupport/egroup/>

<http://www.ncpublicschools.org/studentssupport/egroup/>

The Counseling Geek

<http://www.thecounselinggeek.com/>

National Consortium for School Counseling and

Postsecondary Success <http://www.ncscps.org/>

Aunt Bertha (social services search engine)

<https://www.auntbertha.com/>

Suicide Prevention Resource Center

<http://www.sprc.org/resources-programs>

The school counseling consultant at the NC Department of Public Instruction makes every effort to provide relevant, timely information to stakeholders, collected from numerous state and national sources. The inclusion of items in this update does not imply the endorsement or verification of accuracy by this agency. NC Public Schools administers all state-operated educational programs, employment activities and admissions without discrimination because of race, religion, national or ethnic origin, color, age, military service, disability, or gender, except where exemption is appropriate and allowed by law.