



# Discover Your Purpose

## A Curated Book List for Inspiration

### Finding Purpose in Early Childhood

- Maybe by Kodi Yamada
- I Am Enough by Grace Byers
- Tiny Troubles: Nelli's Purpose by Sophie Diao
- Petra by Marianna Coppo
- Not Quite Narwhal by Jessie Sima
- Red: A Crayon's Story by Michael Hall

### Finding Purpose Early in Life

- Fish in a Tree by Lynda Mullaly Hunt
- Inside Out and Back Again by Thanhha Lai
- The Boy Who Harnessed the Wind by William Kamwamba and Bryan Mealer
- The Crossover by Kwame Alexander
- The Secret Garden by Frances Hodgson Burnett
- Wonder by R.J. Palacio

### Parenting with Purpose

- Simplicity Parenting: Using the Extraordinary Power of Less to Raise Calmer, Happier, and More Secure Kids by Kim John Payne and Lisa M. Ross
- The Conscious Parent: Transforming Ourselves, Empowering Our Children by Shefali Tsabary
- The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed by Jessica Lahey
- The Whole Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind by Daniel Siegel and Tina Payne Bryson

### Purpose at Any Age

- Daring Greatly by Brené Brown
- Ikigai: The Japanese Secret to a Long and Happy Life by Hector Garcia and Francesc Miralles
- Life of Pi by Yann Martel
- Looking for Alaska by John Green
- Man's Search For Meaning by Victor Frankl
- Start with Why by Simon Sinek
- The Alchemist by Paulo Coelho
- The Art of Happiness by Dalai Lama and Howard Cutler
- The Catcher in the Rye by J.D. Salinger
- The Four Agreements by Don Miguel Ruiz
- The Gifts of Imperfection by Brené Brown
- The Little Prince by Antoine de Saint-Exupéry
- The Power of Now by Eckhart Tolle
- The Purpose Driven Life by Rick Warren
- The Pursuit of Happiness by Chris Gardner
- The Second Mountain: The Quest for a Moral Life by David Brooks
- To Kill A Mockingbird by Harper Lee
- Tuesdays with Morrie by Mitch Albom
- Turtles All the Way Down by John Green
- What is the What: The autobiography of Valentino Achak Deng: A Novel by Dave Eggers
- You Are Here: Discovering the Magic of the Present Moment by Thich Nhat Hanh

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