

YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL RESULTS



2025 COMPARATIVE TABLES FOR:
- GRADES 7-8
- AMERICAN INDIAN STUDENTS ON OR NEAR A RESERVATION
- AMERICAN INDIAN STUDENTS IN URBAN SCHOOLS
- NONPUBLIC ACCREDITED SCHOOLS
- STUDENTS WITH DISABILITIES

The 2025 Youth Risk Behavior Survey (YRBS) report continues the surveillance and reporting system for adolescent risk behaviors developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, U.S. Centers for Disease Control and Prevention (CDC). YRBS debuted in Montana in 1991. It's a vital tool for researchers tracking health behaviors among youth for over 30 years. It provides valuable insights into youth attitudes and behaviors, making it an excellent resource for addressing health issues affecting young people today. Superintendent Elsie Arntzen and the Montana Office of Public Instruction acknowledge the participation, support, and cooperation of those persons who made the 2025 Montana Youth Risk Behavior Survey possible.

We express our sincere appreciation to:

- the U.S. Centers for Disease Control and Prevention, Division of Adolescent and School Health, Surveillance Research Section, and WESTAT Technical Assistance Project,
- The support from the Montana State Elected Officials, Community Leaders, and Executives who rely on this information for policy, rule development, and law-making,
- The cosponsors of the YRBS are – the Montana Department of Public Health and Human Services, the Montana Board of Crime Control, the Montana Department of Transportation – State Highway Traffic Safety Section, and the Montana Department of Justice Special Services Bureau,
- The district superintendents, school principals, YRBS coordinators, and teachers who cooperated with and supported the survey, and, most importantly,
- Montana students can share their valuable insights and experiences by participating in the survey every two years.

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**Youth Risk Behavior Survey Program
Montana Office of Public Instruction**

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Preface

Montana is proud to have completed over three decades of participation in the Youth Risk Behavior Survey (YRBS). These results are valuable to educators, school boards, and communities, including parents and students, in understanding the health risks of our Montana students; enabling districts to design local health and physical education curriculum to address local needs. In addition, these results drive state collaboration as well as program and policy decisions. The Montana Office of Public Instruction uses these results to establish benchmarks for reducing adolescent risk behaviors and increasing pro-social behaviors, designing state priorities for health programs, and evaluating the effectiveness of many health-related programs across the health and education systems.

The Office of Public Instruction believes in making data-driven decisions and uses the Youth Risk Behavior Survey as the platform to make program and policy decisions within the agency regarding the health of Montana students. We encourage all of our schools to use this plan to focus on suicide prevention, school safety, and support for students to address substance abuse and mental health topics within their own school plans. Thank you to all the schools who continue to administer this survey, providing Montana with this critical data.

The 2025 YRBS results offer a vital “snapshot in time,” capturing the lived experiences and evolving stories of Montana’s students.

- We are encouraged to see improving trends in most categories of unintentional injury and violence. However, distracted driving remains a critical concern, with over half of students (57%) reporting texting or emailing while behind the wheel.
- A decrease in students reported feelings of sadness or hopelessness (29.2%) shows the impact of our schools and community support to increase student wellness. Suicide ideation rates also decreased to the lowest in 30 years.
- We continue to see a steady, long-term decline in youth substance use. Current tobacco use has fallen across all categories—including electronic vapor products (17%), cigarettes (6%), and smokeless tobacco (3%). Marijuana use also continues its downward trajectory, falling to 13% from a high of 37% two decades ago.
- While the percentage of sexually active students has decreased to 24%, protective behaviors remain a challenge; only 52% of active students reported using a condom.
- Student health habits show a mix of progress and opportunity. While vegetable consumption has risen to 68% and daily physical activity has increased to 34%, we must address nutritional gaps—18% of students skip breakfast entirely. Additionally, the digital landscape is a major factor in student life, with 77% of youth engaging with social media multiple times a day.

I remain committed to centering the Montana Office of Public Instruction’s initiatives on the safety and whole health well-being of every student. Creating safe schools and supporting healthy students is foundational to academic success. Students cannot learn effectively unless they feel secure, supported, and valued. I am sincerely grateful to the school and community partners whose dedication makes this important work possible.

Susie Hedalen

Susie Hedalen
State Superintendent





INTRODUCTION AND METHODS

The Youth Risk Behavior Survey (YRBS) is an epidemiologic surveillance system that was established by the U.S. Centers for Disease Control and Prevention (CDC) to help monitor the prevalence of behaviors that not only influence youth health but also put youth at risk for the most significant health and social problems that can occur during adolescence and adulthood.

In 2022, in the United States, 3.8 percent of all adolescents ages 12-17 were in fair or poor health; in that age group, 9.9 percent missed 11 or more days of school because of illness, injury, or disability. The percentage of students aged 12-19 years with obesity is 22.2 percent, according to health outcomes from 2017-2020. The number of deaths per 100,000 population for ages 15-19 is 62.2 percent, as reported in 2021 by the CDC, with the leading causes being Unintentional injuries, Homicide, and Suicide. Among persons aged 15-19, there were 13.9 births per 1,000 females, down 7% from 2020 (15.0). The birth rate for females 10-14 was at 0.2 births per 1,000, the same as the prior year (National Vital Statistics, 2023). Nationally, 1,808,703 cases of chlamydia, 616,392 gonorrhea, 129,813 syphilis, and 36,398 diagnoses of the human immunodeficiency virus (HIV) were reported in 2019. Among persons aged 25 years or more, 54% of all deaths in the United States resulted from cardiovascular disease (31%) and cancer (23%). These leading causes of morbidity and mortality among youth and adults in the United States are related to six categories of priority health-risk behaviors: behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection; unhealthy dietary behaviors; and physical inactivity. These behaviors frequently are interrelated and are established during childhood and adolescence and extend into adulthood.

To monitor priority health-risk behaviors in each of these six categories, as well as obesity and asthma among youth and young adults, the CDC developed the YRBS. Since 1991, the YRBS has been administered biennially by the Montana Office of Public Instruction.

*National Vital Statistics Reports, Volume 72, Number 1, January 31, 2023

Survey results are presented in the following parts:

- Introduction
- Survey Methods
- Frequency Distributions
- Point of Interest (POI) Graphs - Gender, Grade Level and Race
- Trend Analysis Tables (2009 - 2025)

SURVEY METHODS

DESCRIPTION OF YRBS

The YRBS was developed cooperatively by the CDC, 19 other federal agencies, and state and local education departments to measure the extent adolescents engage in health-risk behaviors. The 2025 survey instrument consisted of 91 questions that assessed six priority health-risk behaviors resulting in the most significant morbidity, mortality, and social problems among youth. These behaviors include behaviors that result in unintentional injuries and violence, tobacco use, alcohol and other drug use, sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection, unhealthy dietary behaviors, and physical inactivity.

SAMPLE SELECTION PROCESS

All public schools in Montana with students in grades 9 through 12 were eligible to be selected for inclusion in the sample. Fifty schools were randomly selected with a probability proportional to enrollment. The 2025 Montana YRBS was completed by 2,941 students in 42 public high schools during the spring of 2025. The school response rate was 84%, the student response rate was 94.7%, and the overall response rate was 79.5%. The results represent all students in grades 9-12 in Montana.

The school district Superintendents were contacted in November 2024 to obtain approval to administer the YRBS. Sufficient time was allowed to gain the school boards' and parents' approval and answer any questions about the survey. Each participating school submitted a list of classes, and a random set of these classes were selected and surveyed. In smaller schools, a census of students was



provided. School administrators assigned survey coordinators for each school, and emails with survey information were sent to the schools, including instructions, survey booklets, and a unique code for each student, sent to each school at the beginning of January through March, 2025. Surveys were administered during the school day online and gathered in the online Qualtrics database by the Office of Public Instruction (OPI) for processing.

data since respondents in self-reported surveys may tend to underreport behaviors that are socially undesirable, unhealthy, or illegal (alcohol consumption, drug use, seat belt non-usage, etc.) and overreport socially desirable behaviors (amount of exercise, etc.).

The teachers who administered the survey to students were provided detailed written instructions to ensure uniform survey administration across sites. To encourage accurate responses to sensitive questions, a strict protocol was implemented to protect the privacy and confidentiality of all participating students.

Students completed a self-administered, anonymous, 91-item questionnaire. Survey procedures were designed to protect students' privacy by allowing anonymous and voluntary participation. Students could decline to participate, turn in blank or incomplete survey forms, or stop completing the survey at any time.

Local parental permission procedures were followed before survey administration. The protocols used in the YRBS ensure that participating schools are not violating any federal laws protecting students' rights and privacy, including the Protection of Pupil Rights Amendment and the Family Educational Rights and Privacy Act (FERPA).

SURVEY VALIDITY AND LIMITATIONS

A weighting procedure was performed to reduce bias by compensating for differing patterns of nonresponse at the school and student levels and to reflect the likelihood of sampling each student. The weighted results in this report can be used to make inferences about the priority health-risk behaviors of all high school students in grades 9 through 12 in all schools in Montana.

The approximate error rate is plus or minus 3 percent using a normal approximation. However, users should be careful when using the



2025 MONTANA YOUTH RISK BEHAVIOR SURVEY

DEMOGRAPHICS

The 2025 YRBS results represent all grades 9-12 students. The weighted demographic characteristics of the sample are as follows:

Female	48.5%	9 th grade	25.9%	Asian [^]	0.7%
Male	51.5%	10 th grade	25.9%	Black [^]	0.9%
		11 th grade	24.9%	Hispanic/Latino	6.2%
		12 th grade	23.0%	Native American [^]	9.7%
		Other	0.3%	White [^]	77.6%
				All other races	0.2%
				Multiple races [^]	4.8%

[^]non-Hispanic



Point of Interest Graphs

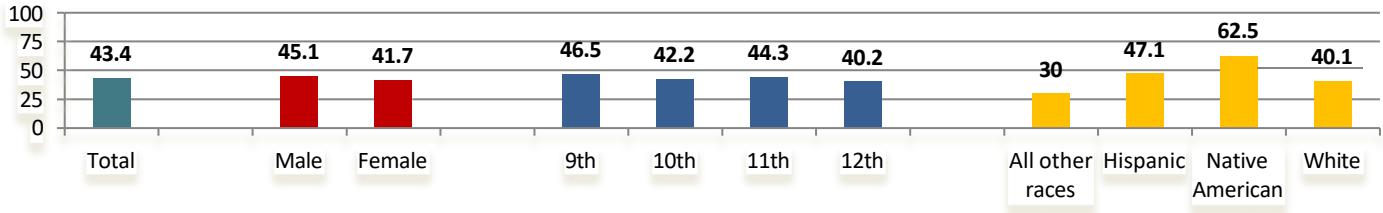
NOTE: A missing bar indicates fewer than 30 students in this subgroup



Unintentional Injuries

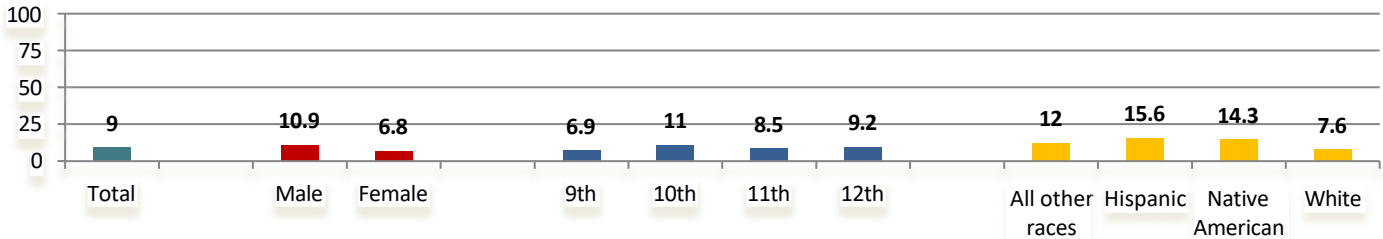
SEAT BELT USE – RIDER

Statewide, 43.4 percent of Montana students did not always wear a seat belt when riding in a car driven by someone else.



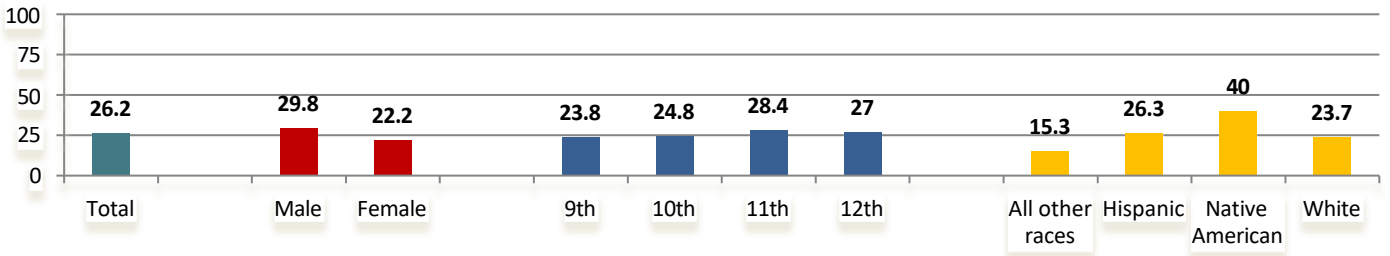
SEAT BELT USE – RIDER

Statewide, 9 percent of Montana students never or rarely wore a seat belt when riding in a car driven by someone else.



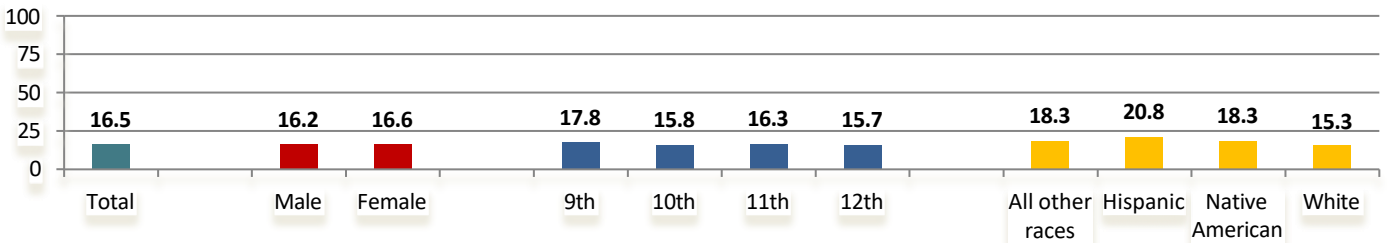
SEAT BELT USE – DRIVER

Among Montana students who drive a car, 26.2 percent did not always wear a seat belt in the act.



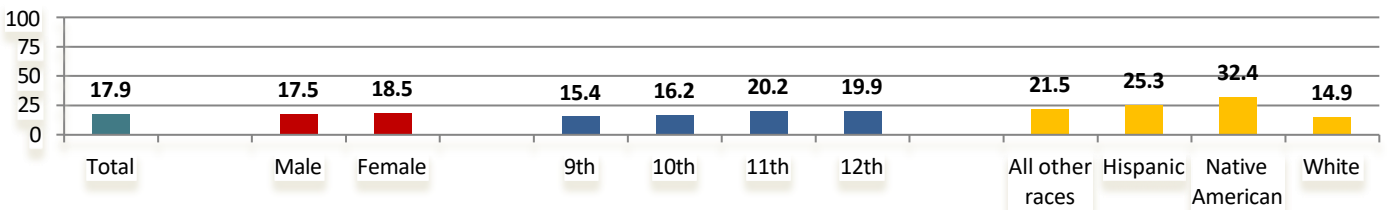
RODE WITH A DRIVER WHO HAD BEEN DRINKING ALCOHOL

During the past 30 days, 16.5 percent of students rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



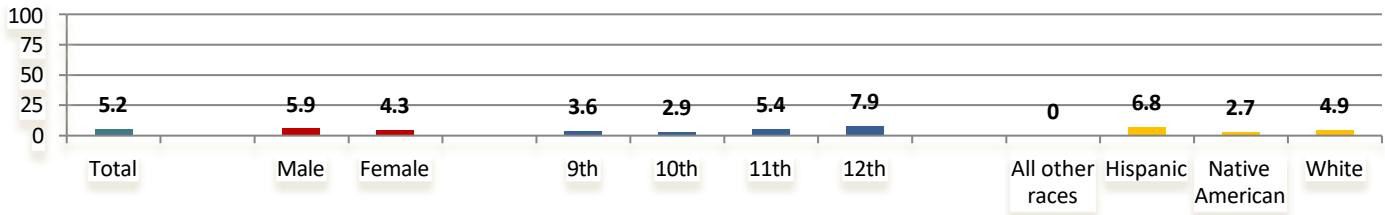
RODE WITH A DRIVER WHO HAD BEEN USING MARIJUANA

During the past 30 days, 17.9 percent of students rode one or more times in a car or other vehicle driven by someone who had been using THC.



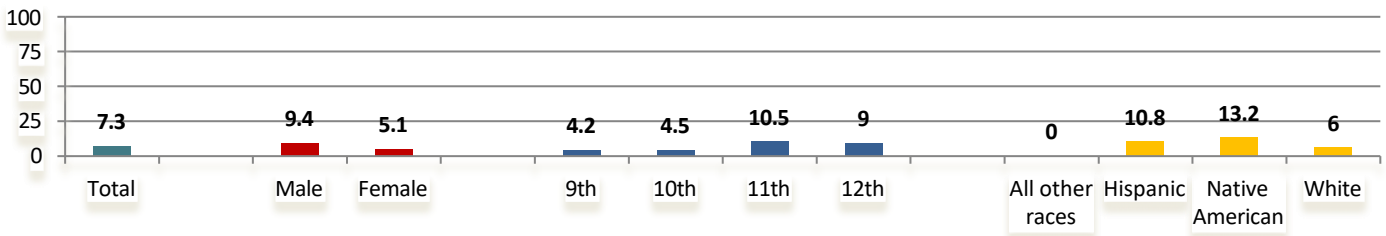
DROVE WHEN DRINKING ALCOHOL

Among students who drove a car or other vehicle during the past 30 days, 5.2 percent drove when they had been drinking alcohol during the past 30 days.



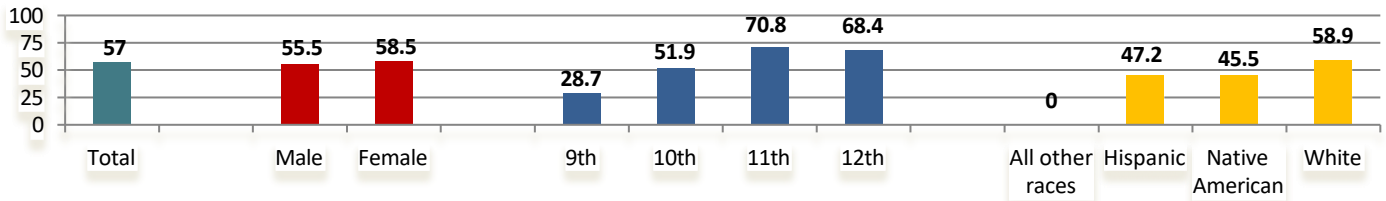
DROVE WHEN USING MARIJUANA

Among students who drove a car or other vehicle during the past 30 days, 7.3 percent drove when they had been using THC during the past 30 days.



TEXTING AND DRIVING

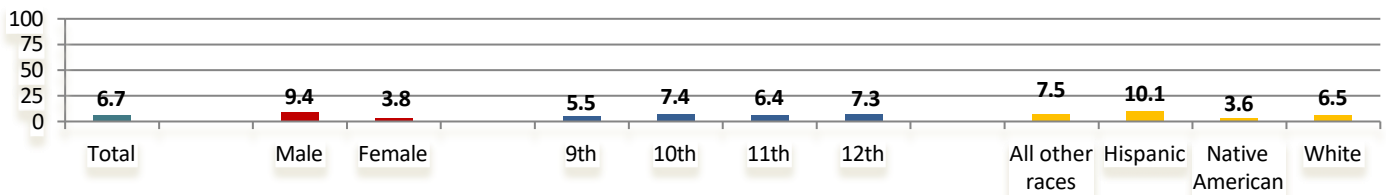
Among Montana students who drove a car or other vehicle during the past 30 days, 57.0 percent texted or e-mailed while driving.



Violence

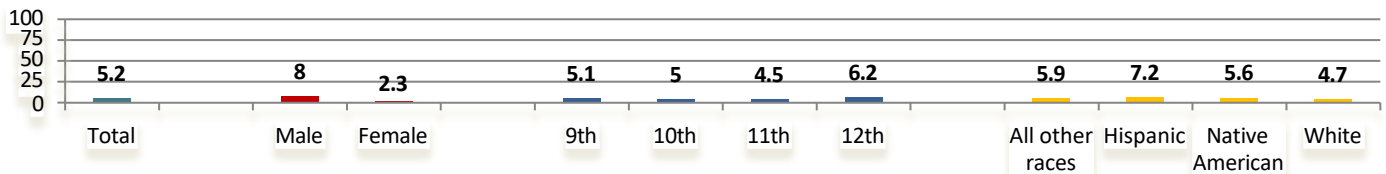
CARRIED A WEAPON ON SCHOOL PROPERTY

Statewide, 6.7 percent of Montana students carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days.



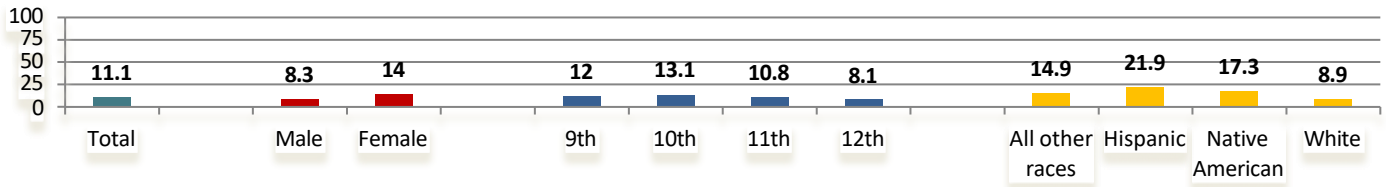
CARRIED A GUN

During the past 12 months, 5.2 percent of Montana students carried a gun on one or more days (not counting for hunting or a sport such as target shooting).



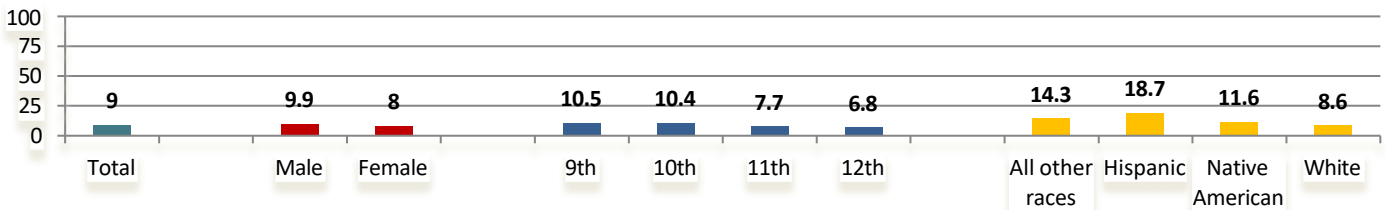
DID NOT GO TO SCHOOL BECAUSE OF SAFETY CONCERNS

During the past 30 days, 11.1 percent of Montana students did not go to school on one or more days because they felt unsafe on or on their way to or from school.



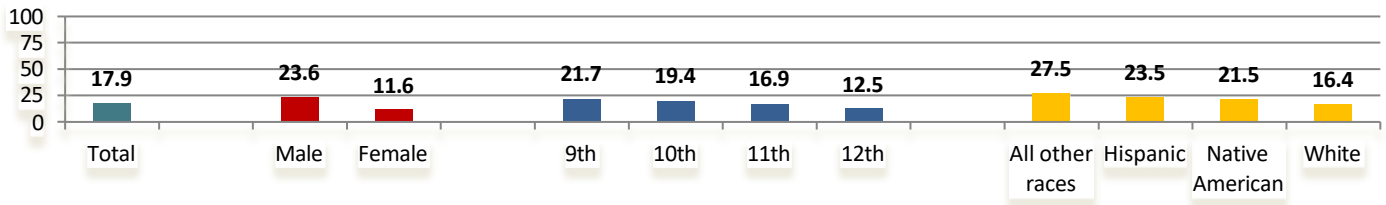
THREATENED OR INJURED WITH A WEAPON ON SCHOOL PROPERTY

During the past 12 months, 9.0 percent of students had been threatened or injured, one or more times, with a weapon such as a gun, knife, or club on school property.



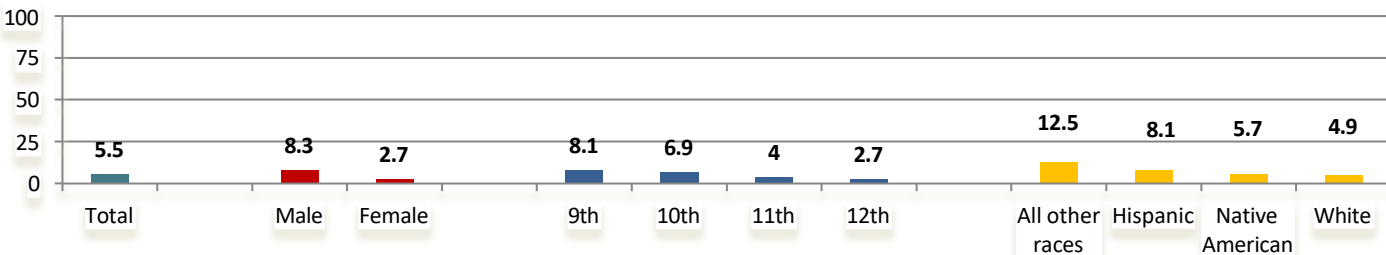
IN A PHYSICAL FIGHT

Statewide, 17.9 percent of Montana students were in a physical fight one or more times during the past 12 months.



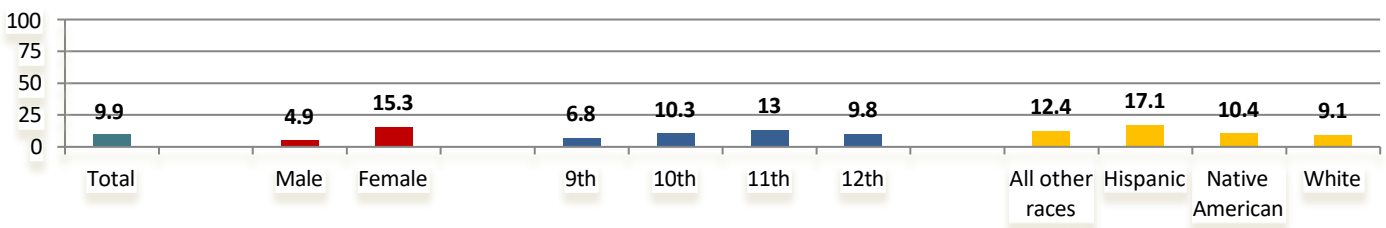
IN A PHYSICAL FIGHT ON SCHOOL PROPERTY

Statewide, 5.5 percent of students were in a physical fight on school property one or more times during the past 12 months.



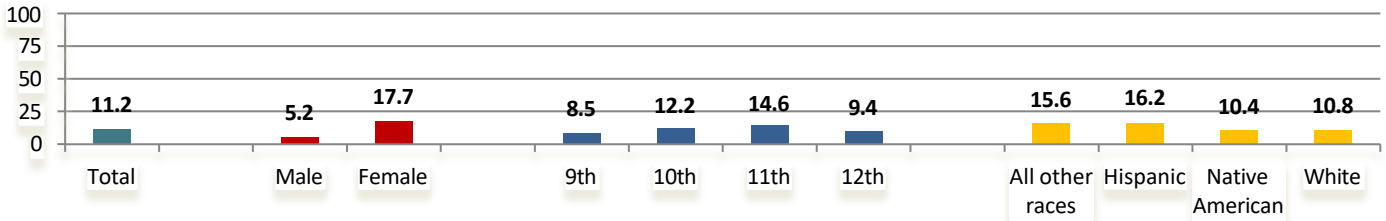
FORCED SEXUAL INTERCOURSE

Statewide, 9.9 percent of Montana students had ever been physically forced to have sexual intercourse when they did not want to.



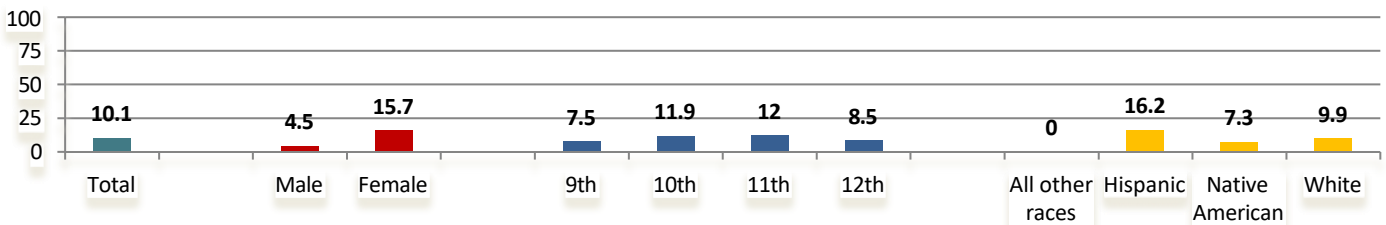
EXPERIENCED SEXUAL VIOLENCE

Statewide, 11.2 percent of Montana students had experienced sexual violence during the past 12 months (being forced by anyone to do sexual things that they did not want to do, such as kissing, touching, or being physically forced to have sexual intercourse).



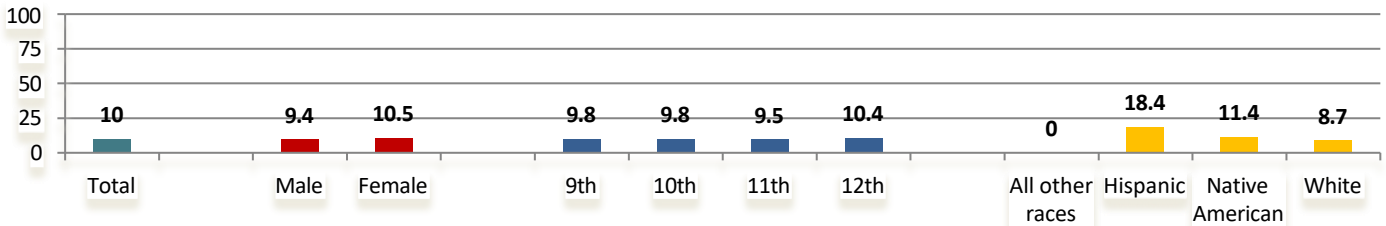
SEXUAL DATING VIOLENCE

Among students who dated or went out with someone during the past 12 months, 10.1 percent of Montana students had been forced by someone they were dating or going out with to do sexual things they did not want to do.



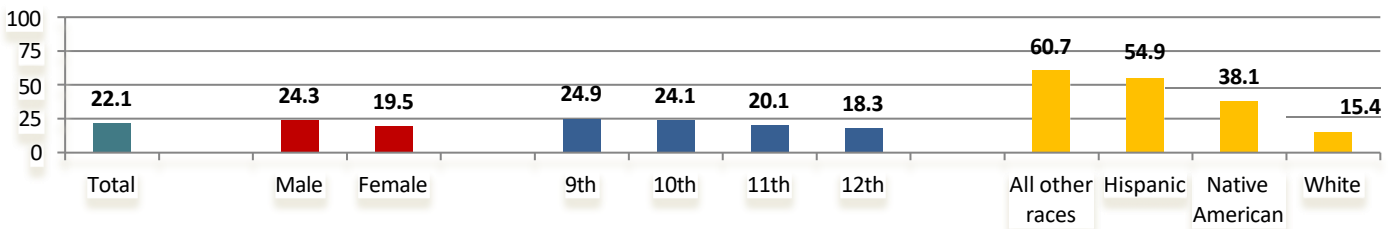
PHYSICAL DATING VIOLENCE

Among students who dated or went out with someone during the past 12 months, 10.0 percent had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months.



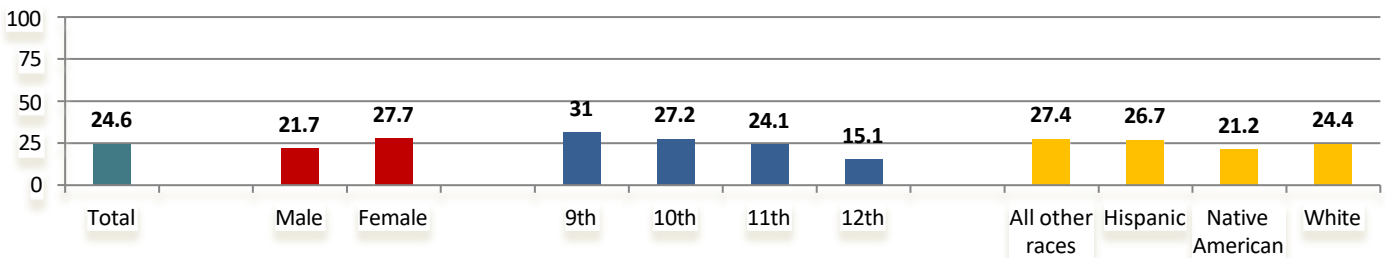
BULLYING AND ETHNICITY

During their life, 22.1 percent of students had been treated badly or unfairly because of their race or ethnicity.



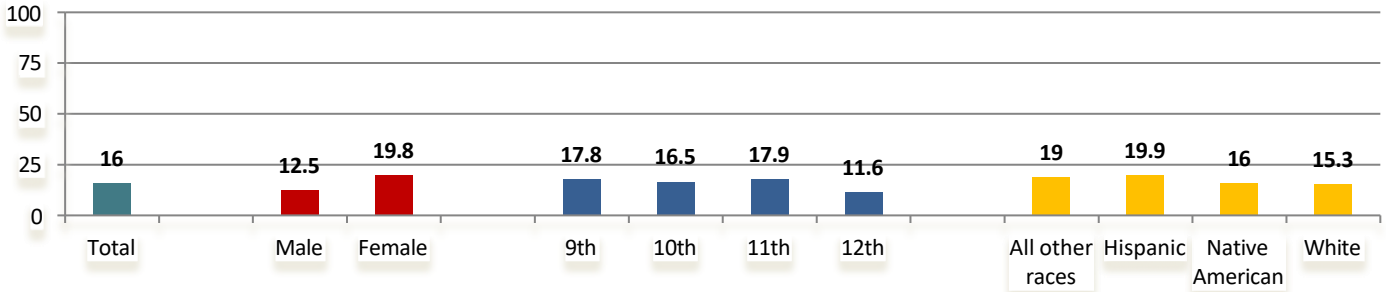
BULLIED ON SCHOOL PROPERTY

During the past 12 months, 24.6 percent of students had been bullied on school property.



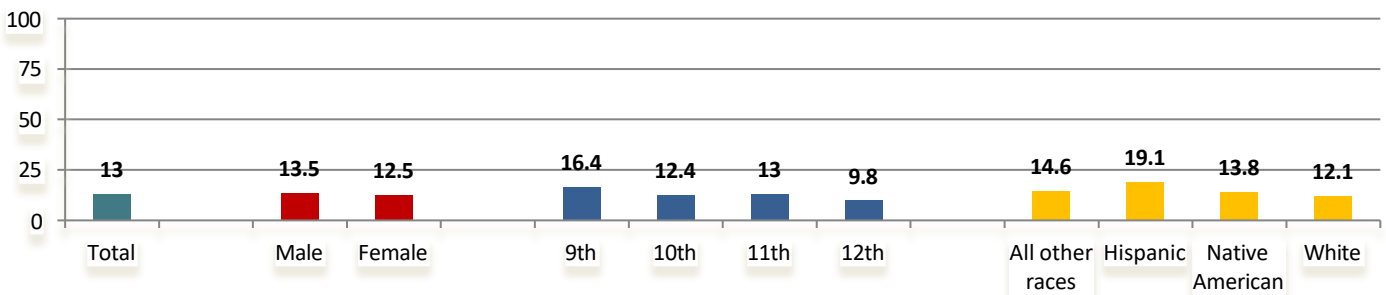
ELECTRONIC BULLYING

Statewide, 16.0 percent of Montana students had been electronically bullied during the past 12 months.



BULLYING NOT ON SCHOOL PROPERTY

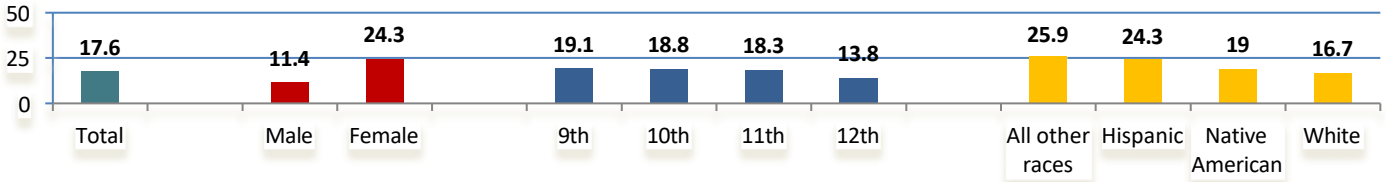
Statewide, 13.0 percent of Montana students who had bullied someone when not on school property in the past 12 months



Mental Health

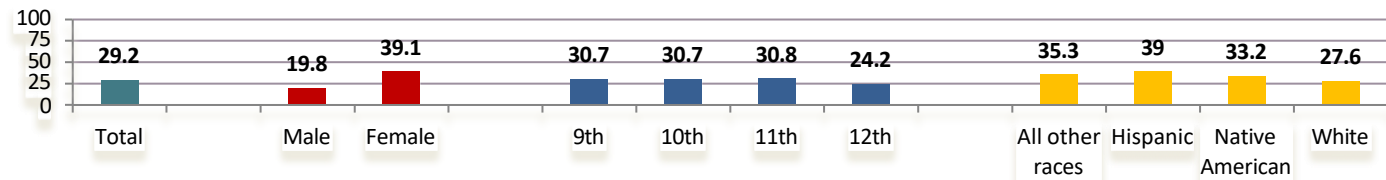
SELF-HARM

During the past 12 months, 17.6 percent of students did something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose.



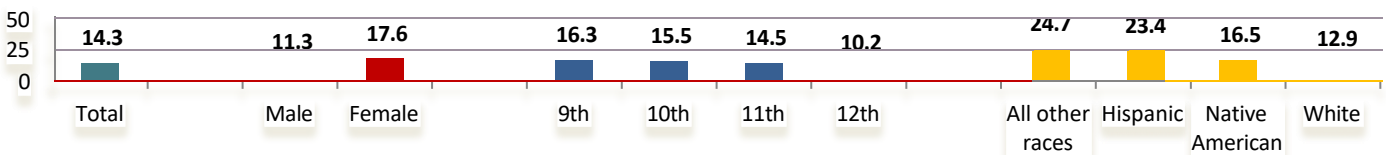
FELT SAD OR HOPELESS

During the past 12 months, 29.2 percent of students felt so sad or hopeless almost every day for two weeks or more that they stopped doing some usual activities.



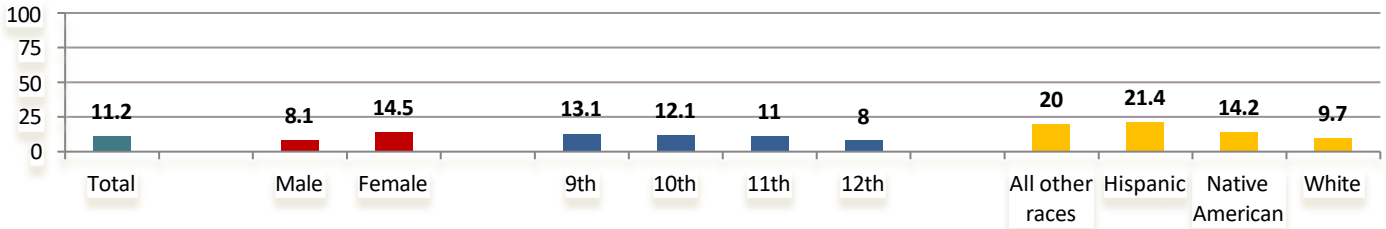
SERIOUSLY CONSIDERED SUICIDE

During the past 12 months, 14.3 percent of students seriously considered attempting suicide.



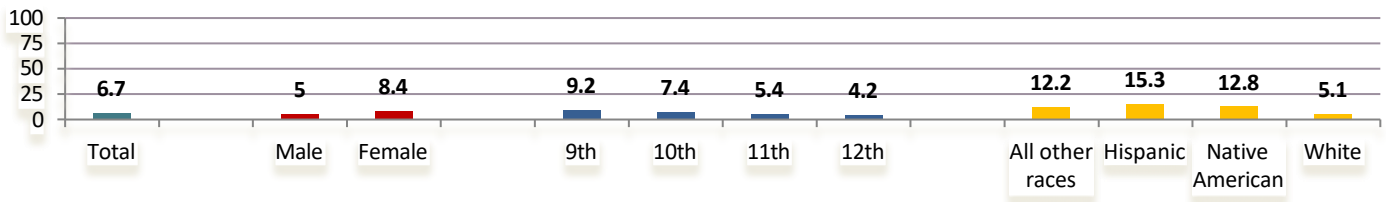
MADE A SUICIDE PLAN

During the past 12 months, 11.2 percent of students made a plan about how they would attempt suicide.



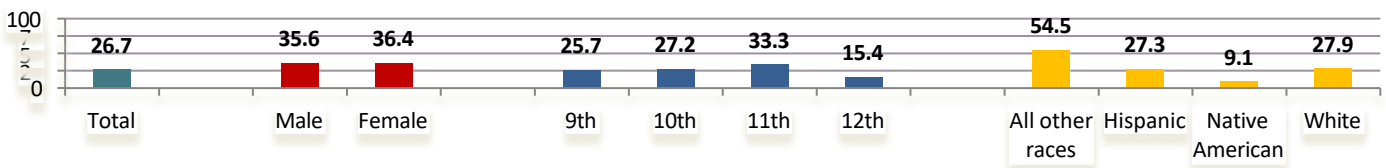
ATTEMPTED SUICIDE

During the past 12 months, 6.7 percent of students attempted suicide one or more times.



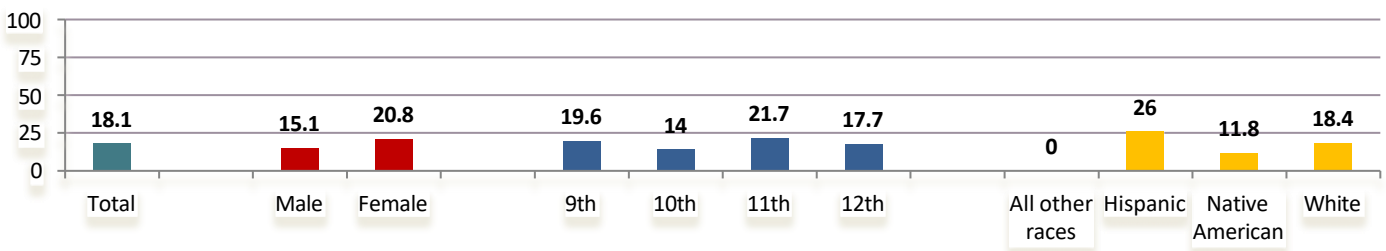
SUICIDE ATTEMPT TREATED BY A DOCTOR OR NURSE

Among students who attempted suicide during the past 12 months, 26.7 percent had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.



SUICIDE ATTEMPT FOLLOWING REQUEST FOR HELP

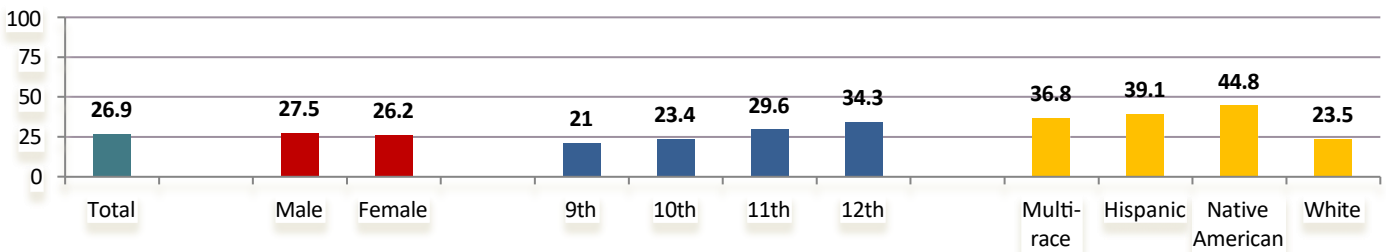
Among students who attempted suicide during the past 12 months, 18.1 percent had asked for help from someone before their suicide attempt during the 12 months prior the survey.



Tobacco Use

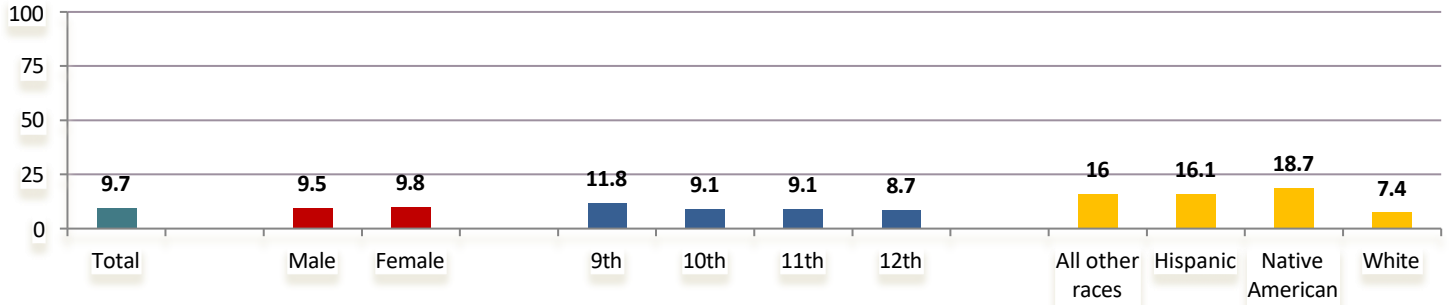
LIFETIME CIGARETTE USE

Statewide, 26.9 percent of students had ever tried cigarette smoking (even one or two puffs).



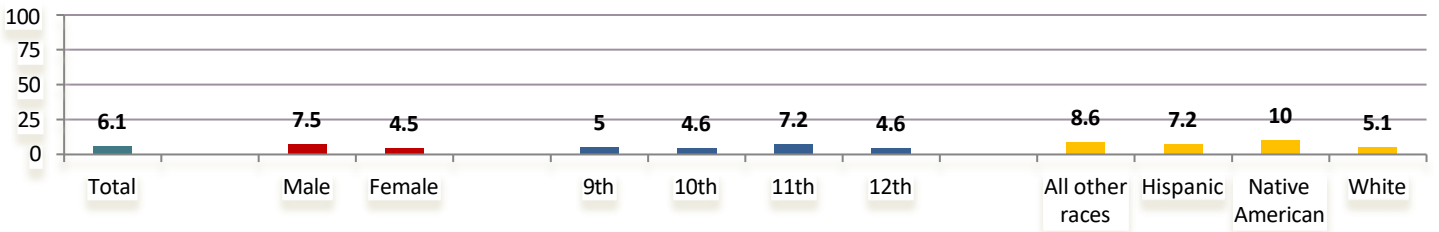
FIRST TRIED CIGARETTE SMOKING BEFORE AGE 13 YEARS

Statewide, 9.7 percent of students had first tried cigarette smoking before the age of 13 years.



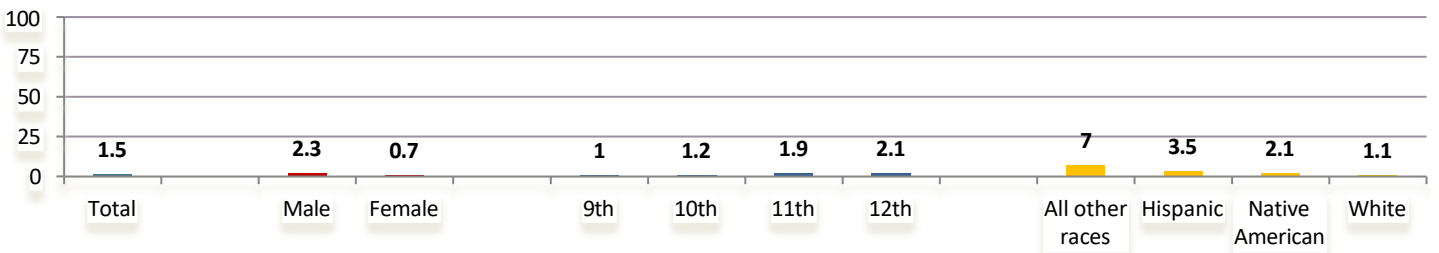
CURRENT SMOKER

Statewide, 6.1 percent of students smoked cigarettes on one or more of the past 30 days.



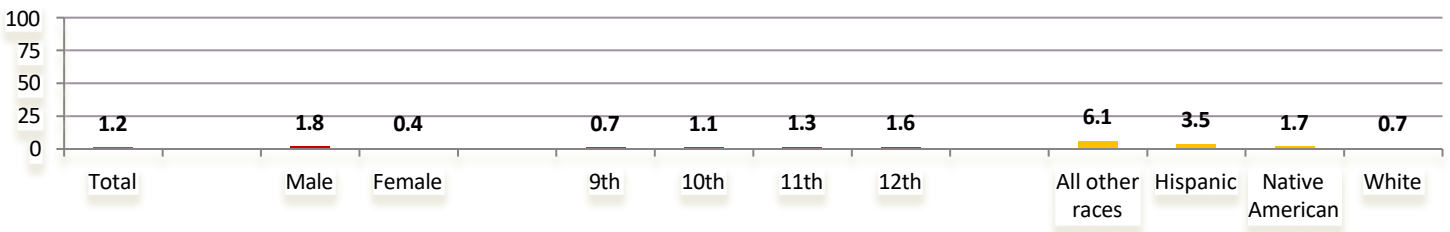
CURRENTLY SMOKED CIGARETTES FREQUENTLY

Statewide, 1.5 percent of students had smoked cigarettes in 20 or more of the past 30 days.



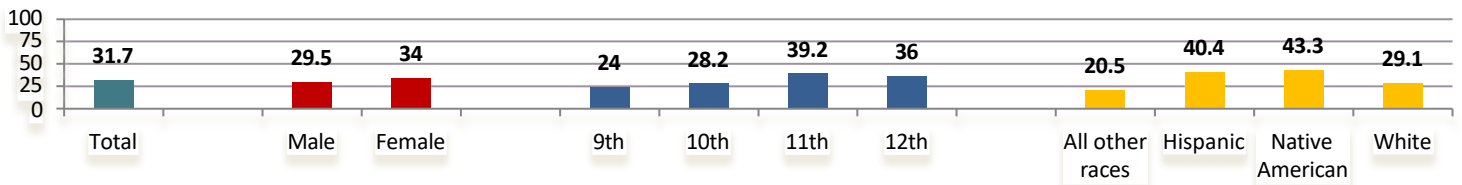
CURRENTLY SMOKED CIGARETTES DAILY

Statewide, 1.2 percent of students had smoked a cigarette each of the past 30 days.



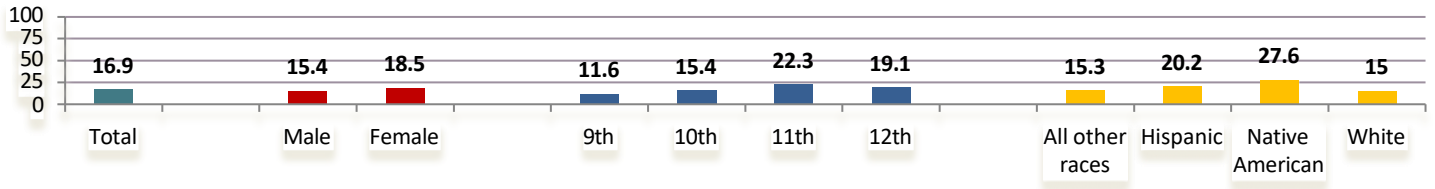
LIFETIME ELECTRONIC VAPOR PRODUCT USE

Statewide, 31.7 percent of students had ever used electronic vapor products (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu]).



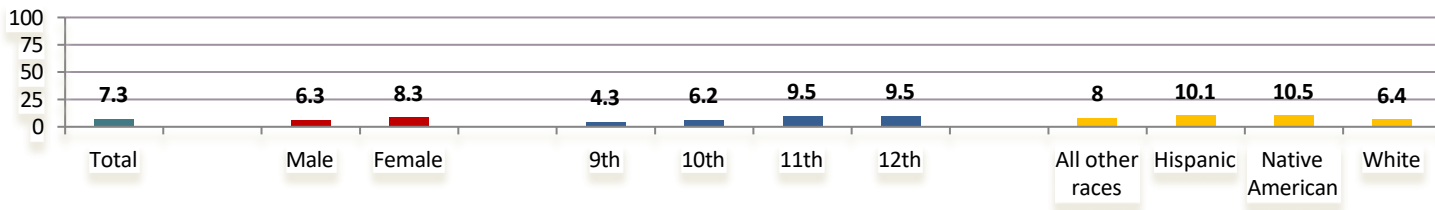
CURRENT ELECTRONIC VAPOR PRODUCT USE

Statewide, 16.9 percent of students used an electronic vapor product in one or more of the past 30 days.



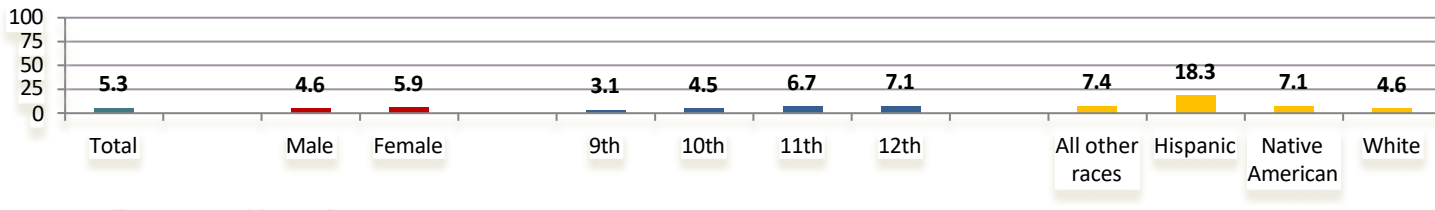
FREQUENT ELECTRONIC VAPOR PRODUCT USE

Statewide, 7.3 percent of students used electronic vapor products in 20 or more of the past 30 days.



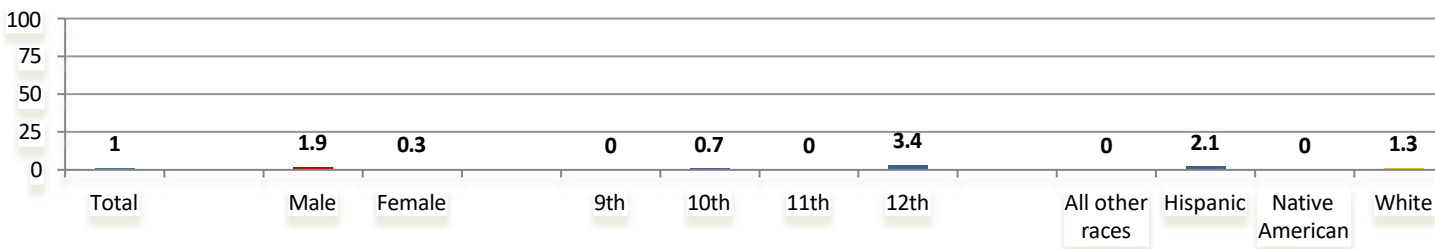
DAILY ELECTRONIC VAPOR PRODUCT USE

Statewide, 5.3 percent of students have used electronic vapor products all past 30 days.



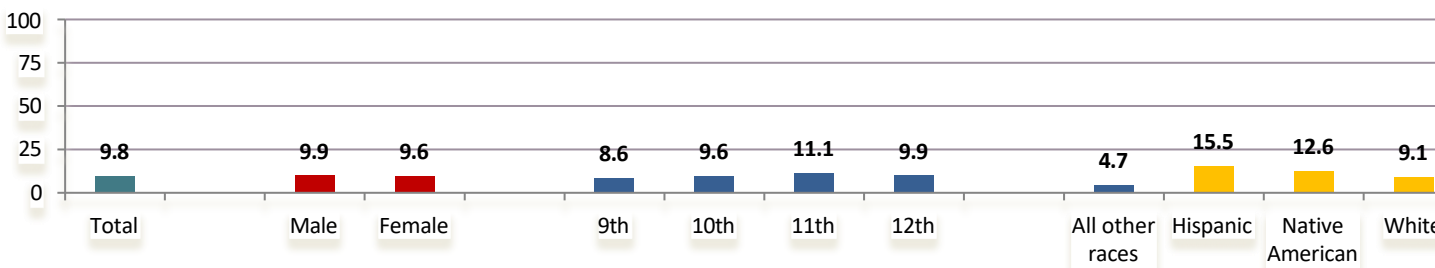
ACCESS TO ELECTRONIC VAPOR PRODUCTS

Among students who used electronic vapor products during the past 30 days, 1.0 percent usually got their own electronic vapor products by buying them in a convenience store, supermarket, discount store, or gas station.



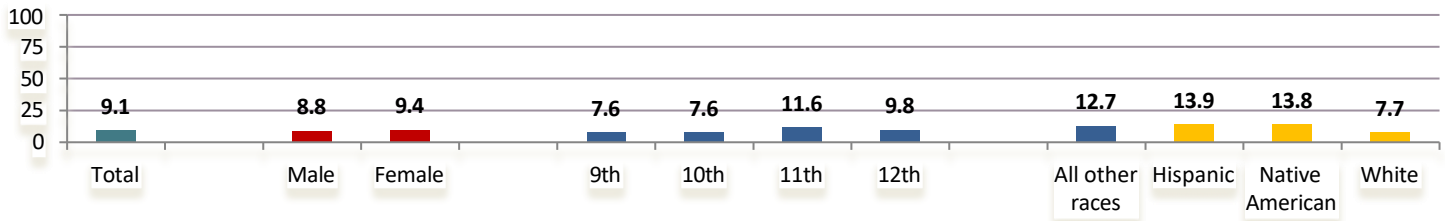
REASON WHY STUDENTS USED VAPOR PRODUCTS

Among students who used electronic vapor products during the past 30 days, 9.8 percent reported used electronic vapor products mainly because they were curious about them.



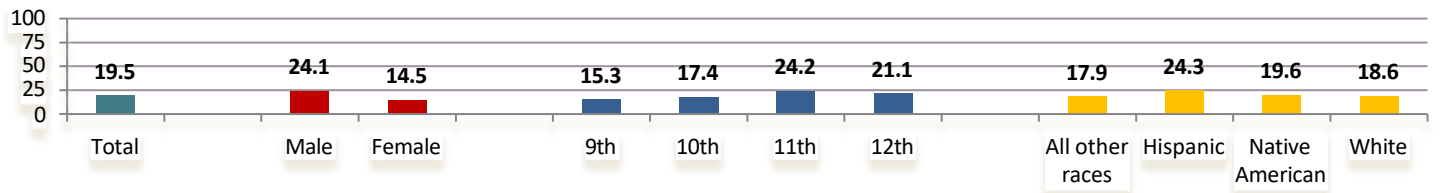
USE OF ELECTRONIC VAPOR PRODUCT FOR MARIJUANA

Among students who used electronic vapor products during the past 30 days, 9.1 percent reported using electronic vapor product to vape marijuana.



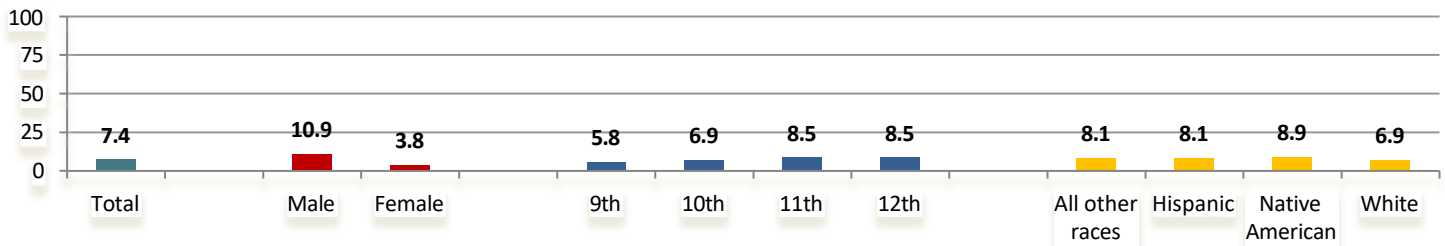
NICOTINE POUCH PRODUCT USE

Statewide, 19.5 percent of students used a nicotine pouch during the past 30 days.



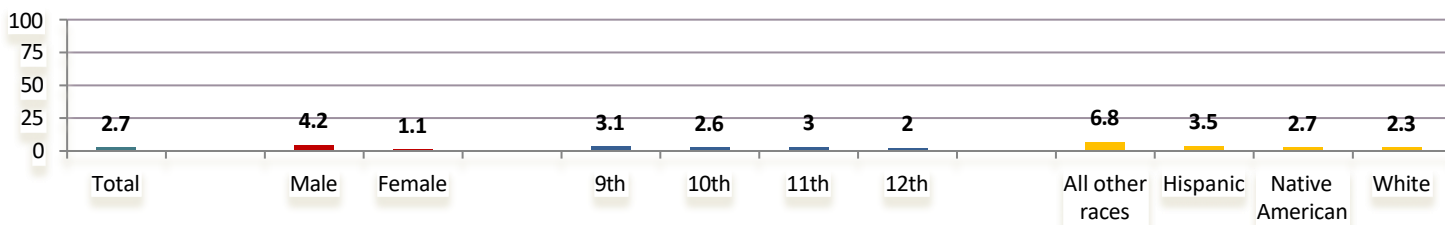
CURRENT NICOTINE POUCH USE

Statewide, 7.4 percent of high school students used nicotine pouches during the past 30 days.



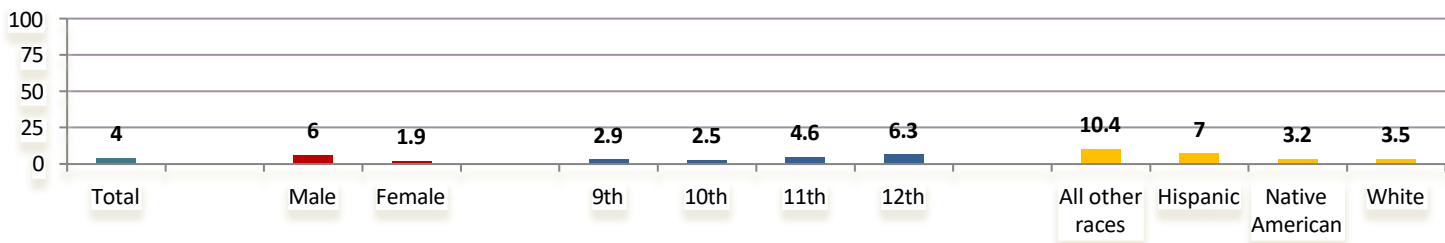
CURRENT SMOKELESS TOBACCO USE

Statewide, 2.7 percent of high school students used chewing tobacco, snuff, dip, snus, or dissolvable tobacco products (such as Copenhagen, Grizzly, Skoal, or Camel Snus) during the past 30 days.



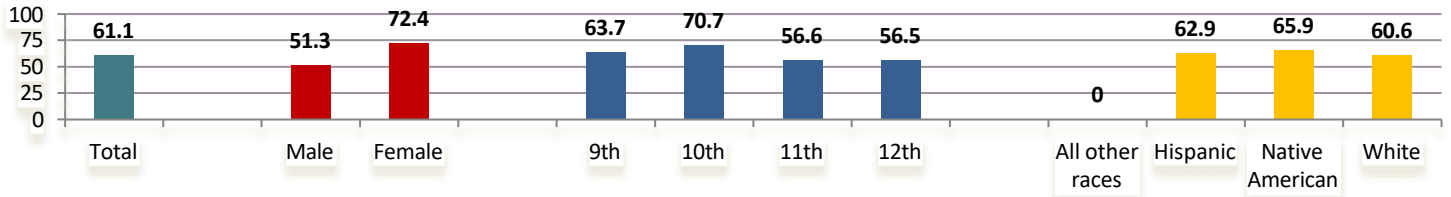
CURRENT CIGAR USE

During the past 30 days, 4.0 percent of Montana high school students smoked cigars, cigarillos, or little cigars.



TOBACCO PRODUCT CESSATION

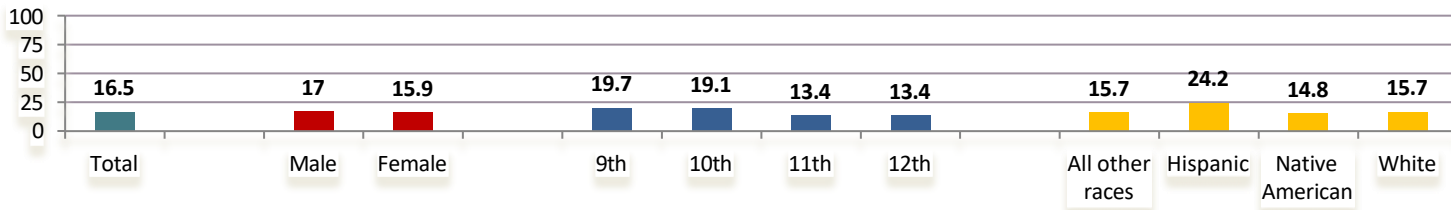
Among users of tobacco products during the past 12 months, 61.1 percent of students tried to quit using all products, including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco.



Alcohol and Other Drug Use

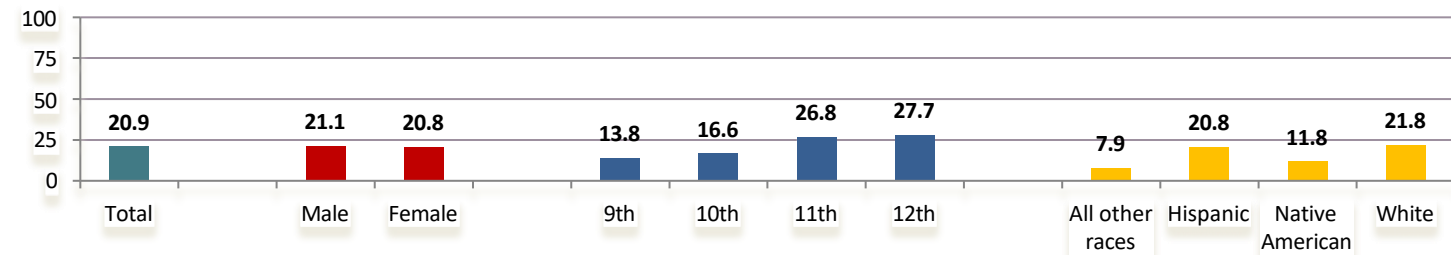
DRANK ALCOHOL BEFORE AGE 13 YEARS

Statewide, 16.5 percent of students had their first drink of alcohol other than a few sips before age 13 years.



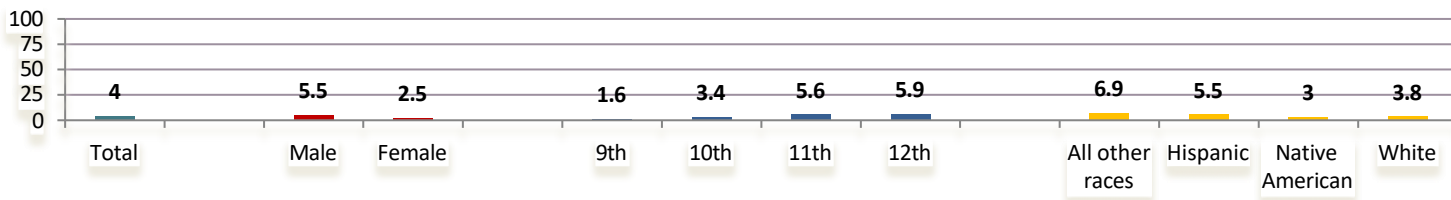
CURRENT ALCOHOL USE

Statewide, 20.9 percent of students had at least one drink of alcohol on one or more of the past 30 days.



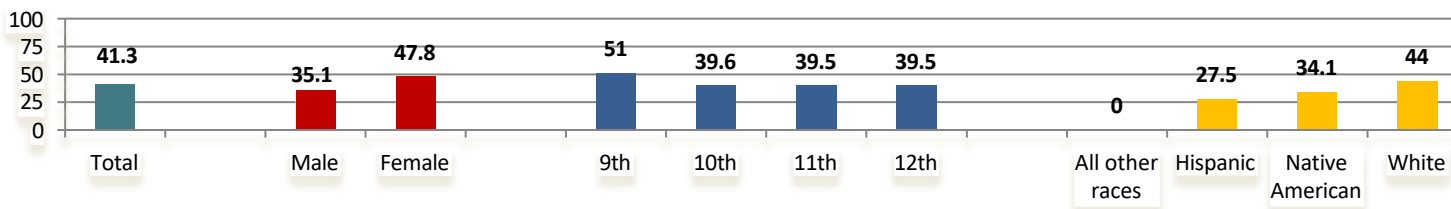
TEN OR MORE DRINKS OF ALCOHOL

Statewide, 4.0 percent of students had ten or more drinks of alcohol in a row, that is, within a couple of hours during the past 30 days.



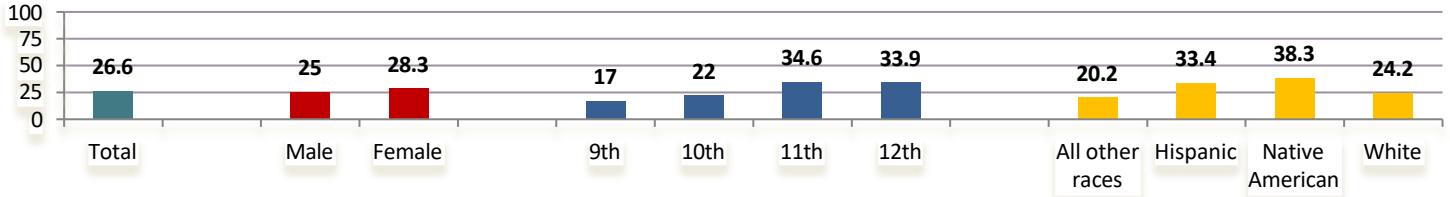
OBTAINED ALCOHOL FROM SOMEONE

Among students who reported current alcohol use, 41.3 percent usually got the alcohol they drank from someone who gave it to them during the past 30 days.



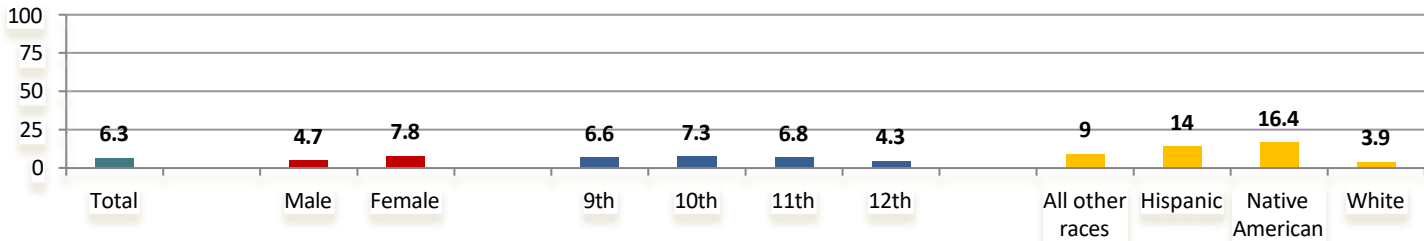
LIFETIME MARIJUANA USE

Statewide, 26.6 percent of students had used marijuana one or more times during their life.



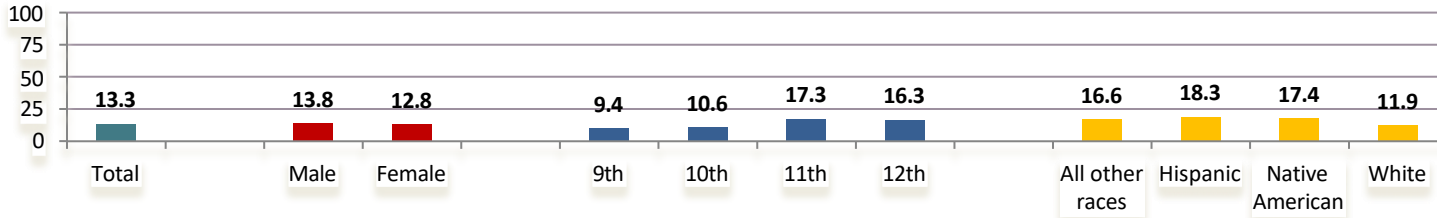
TRIED MARIJUANA BEFORE AGE 13 YEARS

Statewide, 6.3 percent of students had tried marijuana for the first time before age 13 years.



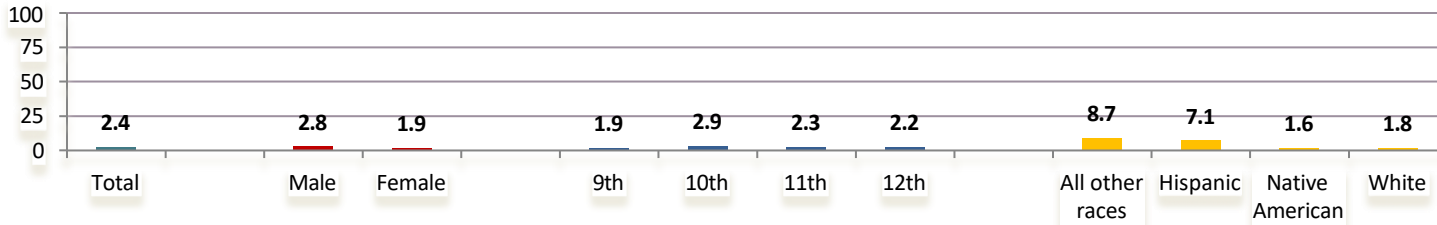
CURRENT MARIJUANA USE

During the past 30 days, 13.3 percent of Montana high school students used marijuana one or more times.



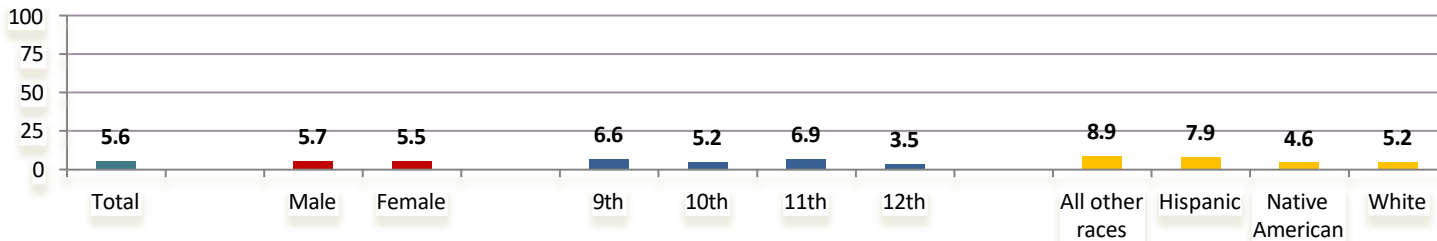
LIFETIME COCAINE USE

Statewide, 2.4 percent of students used any form of cocaine, including powder, crack, or freebase, one or more times during their lives.



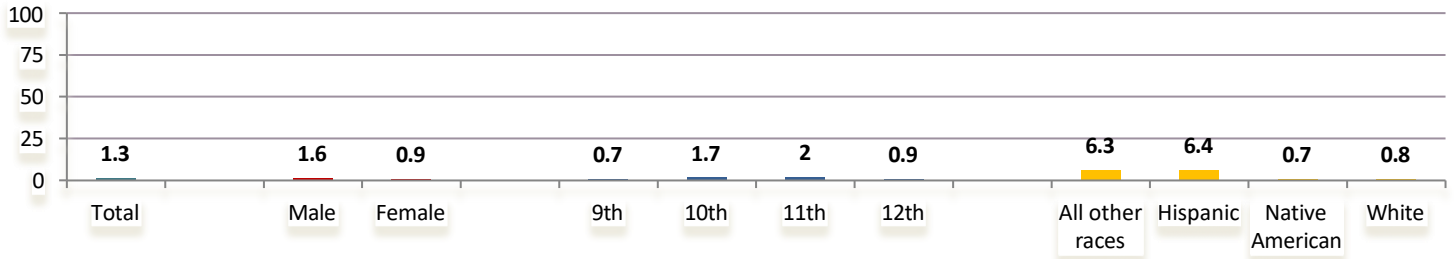
LIFETIME INHALANT USE

Statewide, 5.6 percent of students sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their lives.



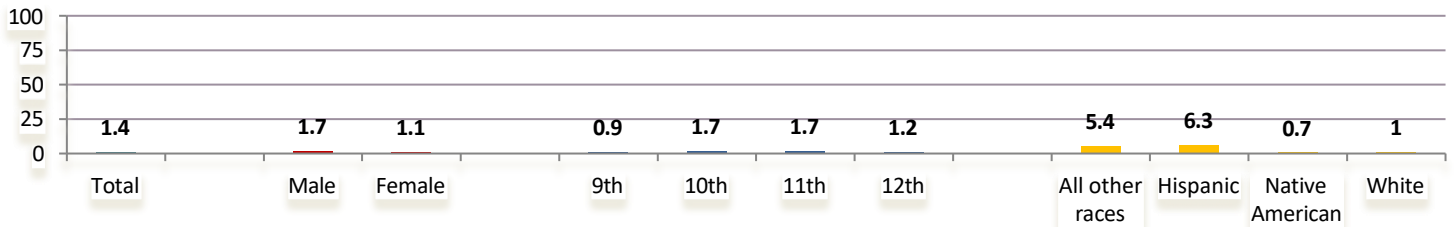
LIFETIME HEROIN USE

Statewide, 1.3 percent of students used heroin one or more times during their life.



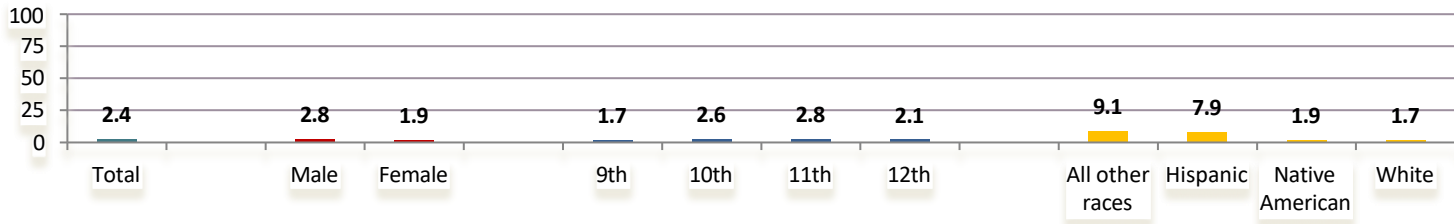
LIFETIME METHAMPHETAMINE USE

Statewide, 1.4 percent of students had used methamphetamines one or more times during their life.



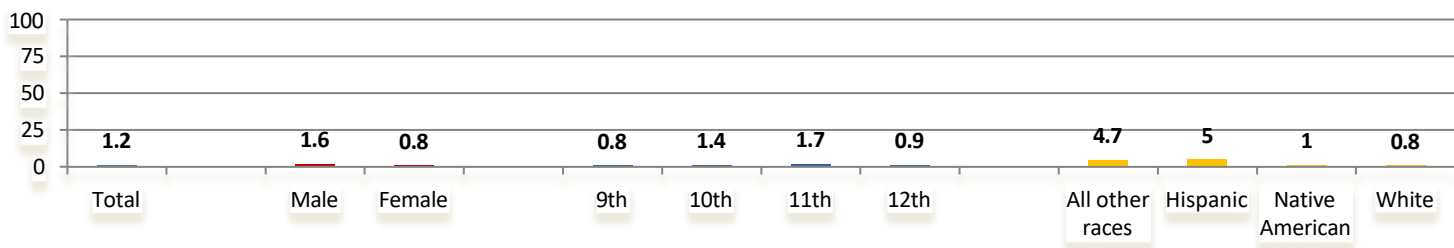
LIFETIME ECSTASY USE

Statewide, 2.4 percent of students used ecstasy, also called "MDMA," one or more times during their lives.



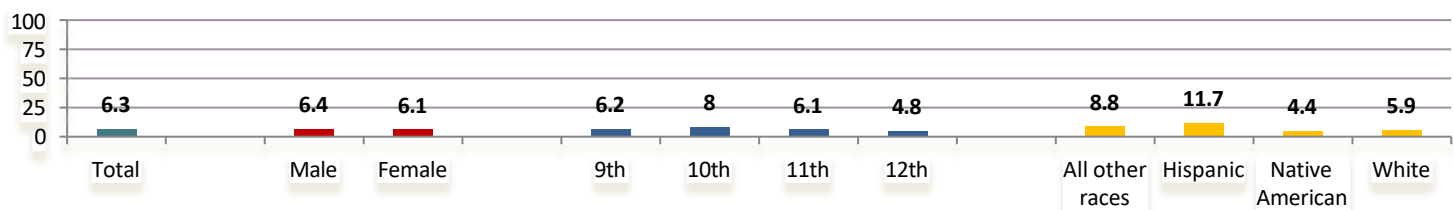
LIFETIME INJECTING DRUG USE

Statewide, 1.2 percent of students used a needle to inject any illegal drug into their body during their lifetime.



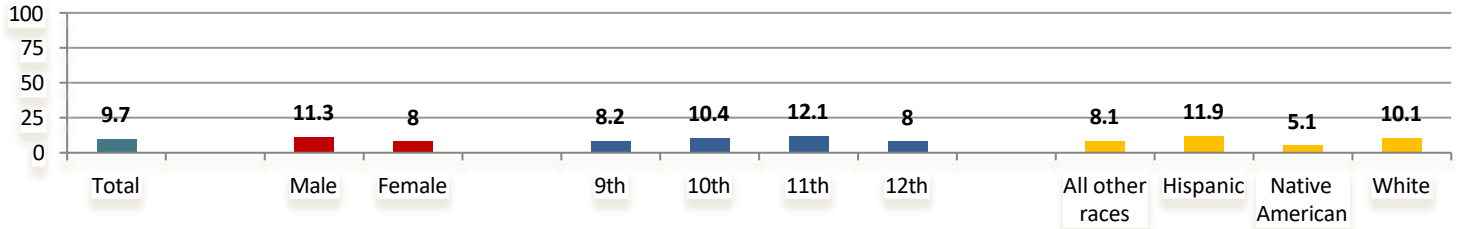
LIFETIME PRESCRIPTION PAIN MEDICINE

Statewide, 6.3 percent of students took prescription pain medicine (such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet) without a doctor's prescription or differently than how a doctor told them to use it during their life.



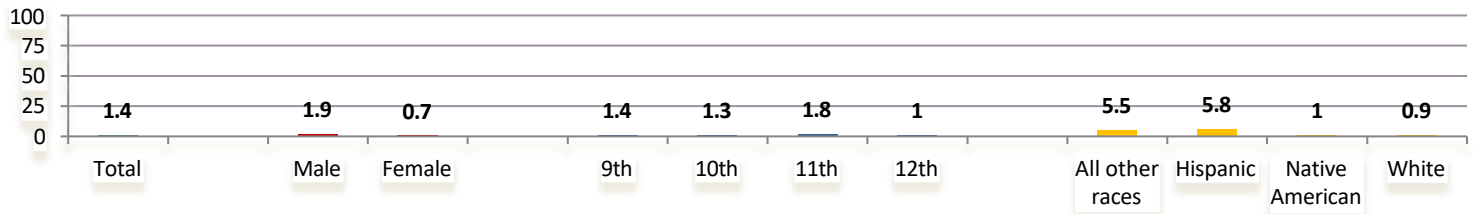
WERE OFFERED, SOLD, OR GIVEN AN ILLEGAL DRUG ON SCHOOL PROPERTY

Statewide, 9.7 percent of students were offered, sold, or given an illegal drug by someone on school property during the past 12 months.



LIFETIME FENTANYL USE

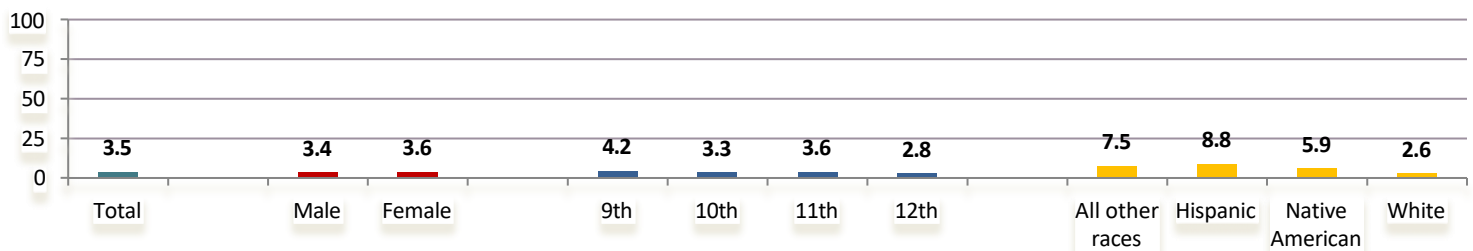
Statewide, 1.4 percent of students used fentanyl, one or more times without a doctor's prescription during their lives



Sexual Behaviors

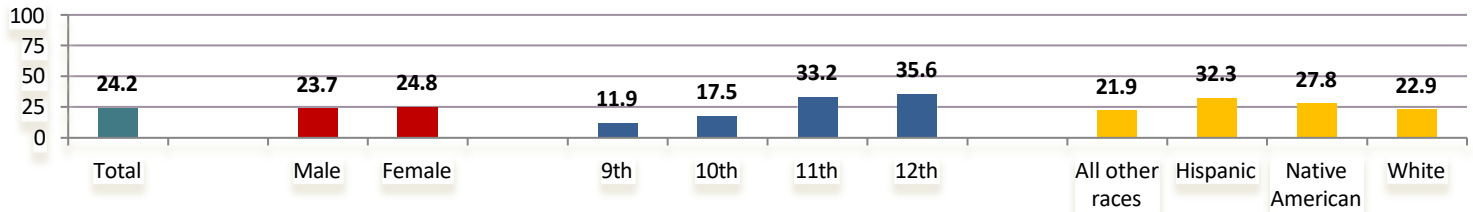
SEXUAL INTERCOURSE BEFORE AGE 13 YEARS

Statewide, 3.5 percent of students had sexual intercourse for the first time before age 13 years.



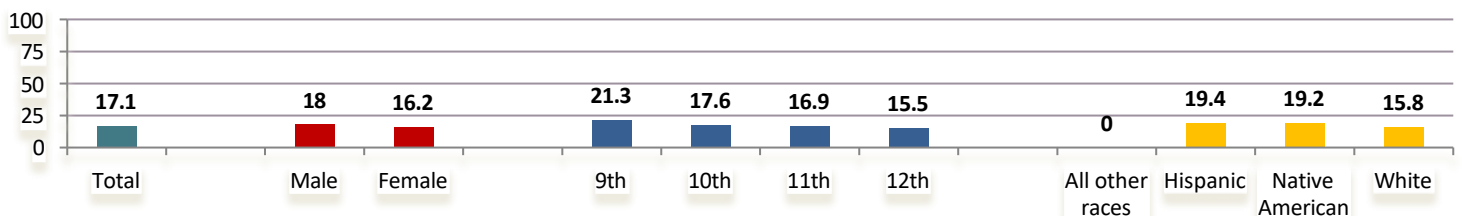
CURRENTLY SEXUALLY ACTIVE

During the past three months, 24.2 percent of students had sexual intercourse with one or more people.



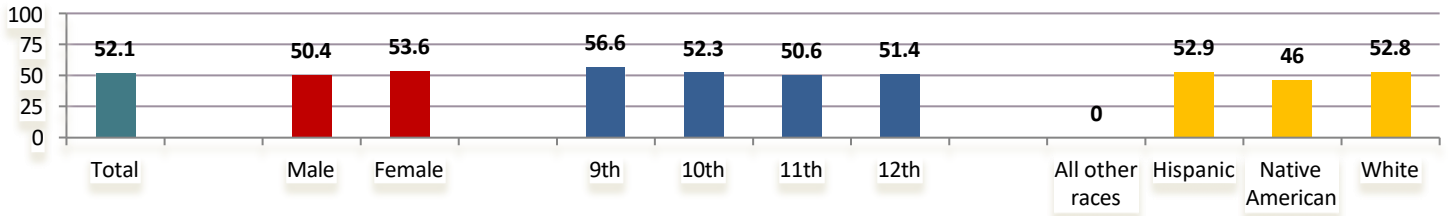
DRANK ALCOHOL OR USED DRUGS BEFORE LAST SEXUAL INTERCOURSE

Among students who had sexual intercourse during the past three months, 17.1 percent drank alcohol or used drugs before the last sexual intercourse.



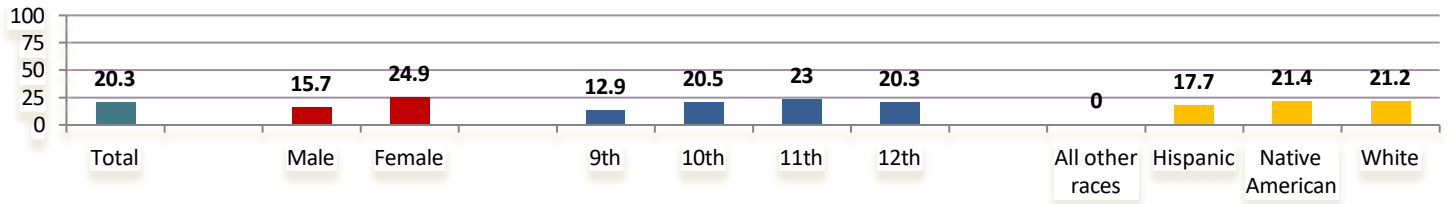
CONDOM USE

Among currently sexually active students, 52.1 percent used a condom during their last sexual intercourse.



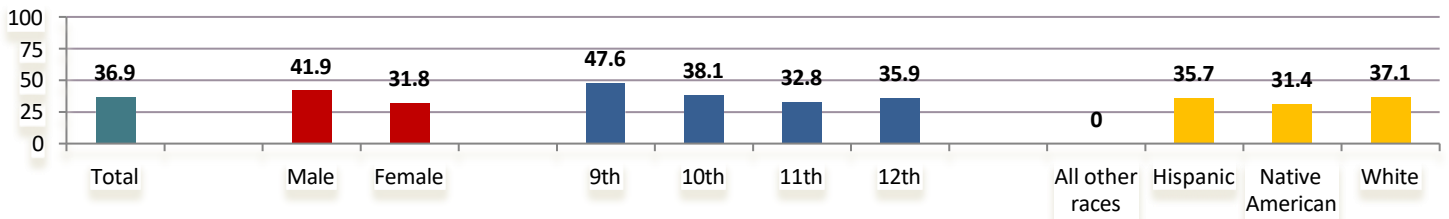
BIRTH CONTROL PILL USE

Among currently sexually active students, 20.3 percent used birth control pills to prevent pregnancy before the last sexual intercourse.



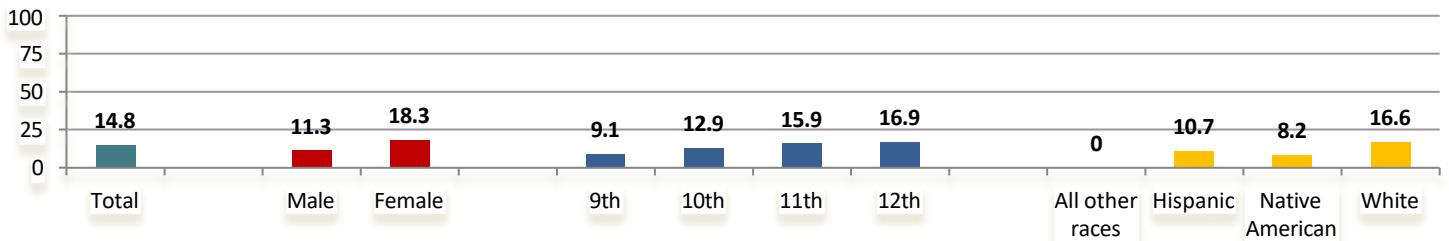
Primarily Use Condoms

Among currently sexually active students, 36.9 percent primarily used condoms to prevent pregnancy before the last sexual intercourse with opposite sex partner.



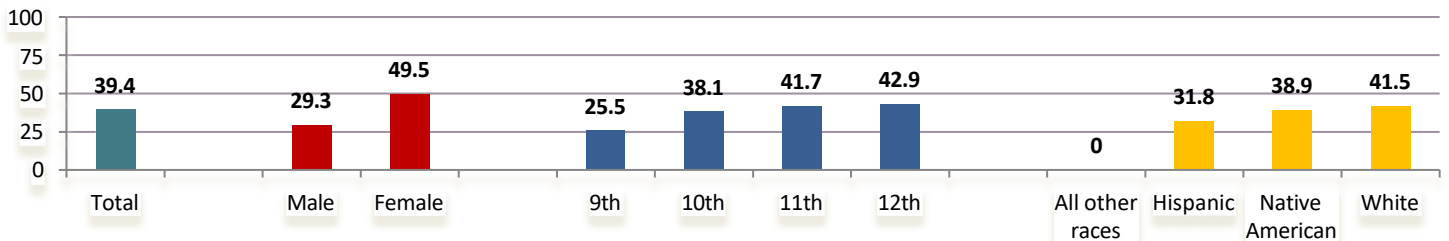
CONTRACEPTIVE USE

Among currently sexually active students, 14.8 percent used an IUD or implant to prevent pregnancy before the last sexual intercourse.



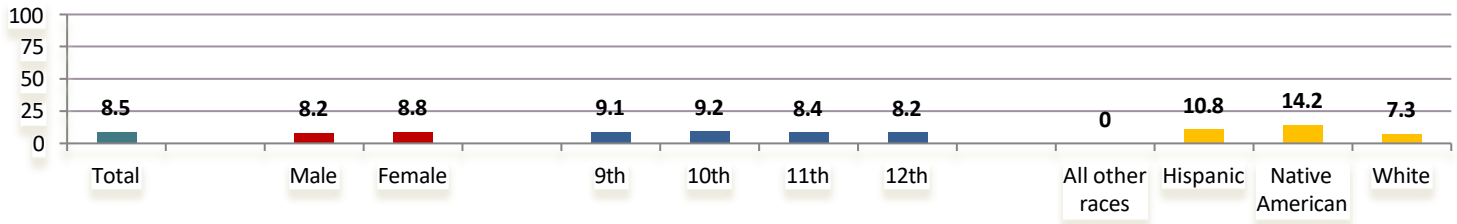
CONTRACEPTIVE USE

Among currently sexually active students, 39.4 percent used birth control pills; IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before the last sexual intercourse.



NO METHOD USED TO PREVENT PREGNANCY

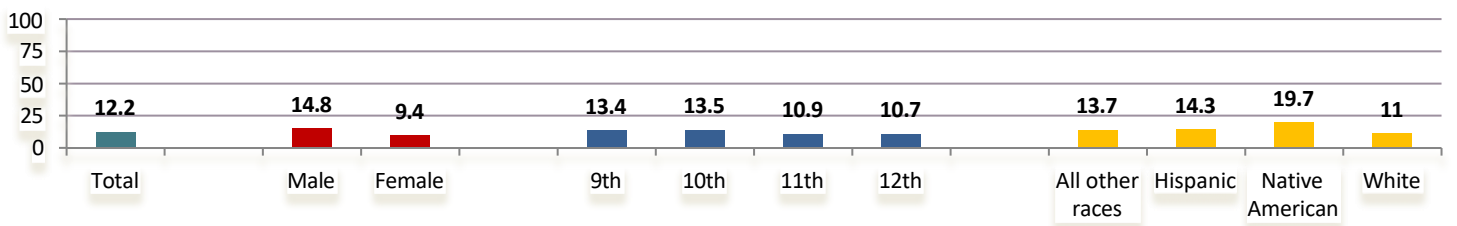
Among currently sexually active students, 8.5 percent used no method of birth control to prevent pregnancy before the last sexual intercourse.



Dietary Behaviors and Nutrition

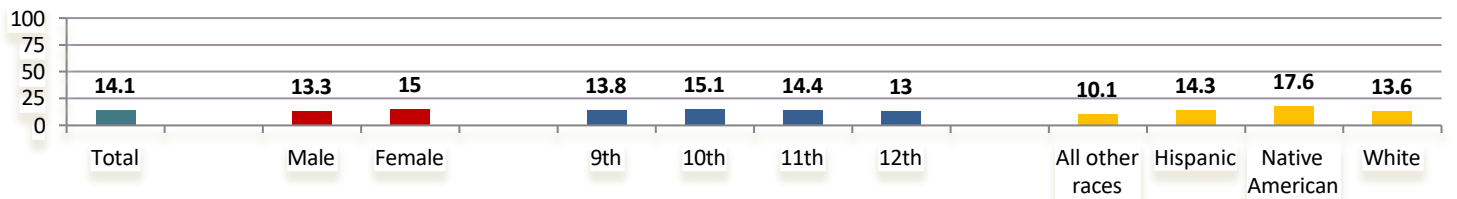
OBESITY

Statewide, 12.2 percent of students were obese (i.e., at or above the 95th percentile for body mass index, by age and sex).



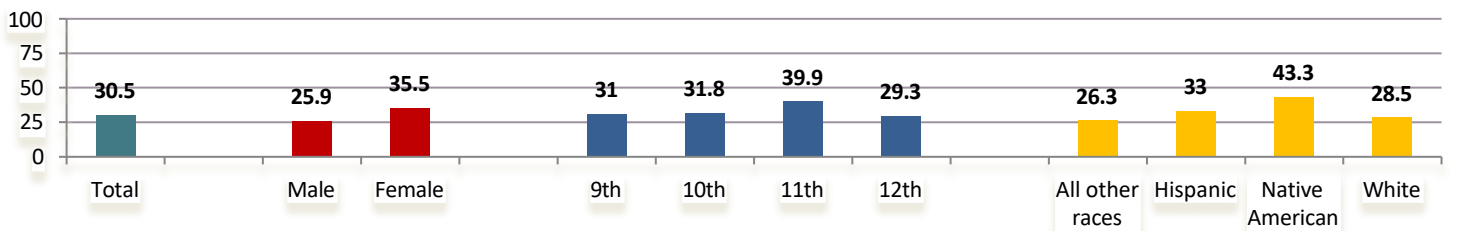
OVERWEIGHT

Statewide, 14.1 percent of students were overweight (i.e., at or between the 85th and the 95th percentile for body mass index, by age and sex).



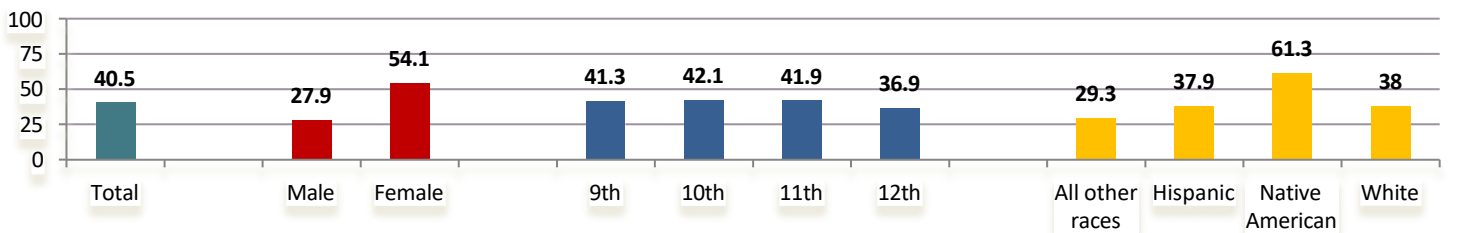
DESCRIBED THEMSELVES AS OVERWEIGHT

Statewide, 30.5 percent of students described themselves as slightly or very overweight.



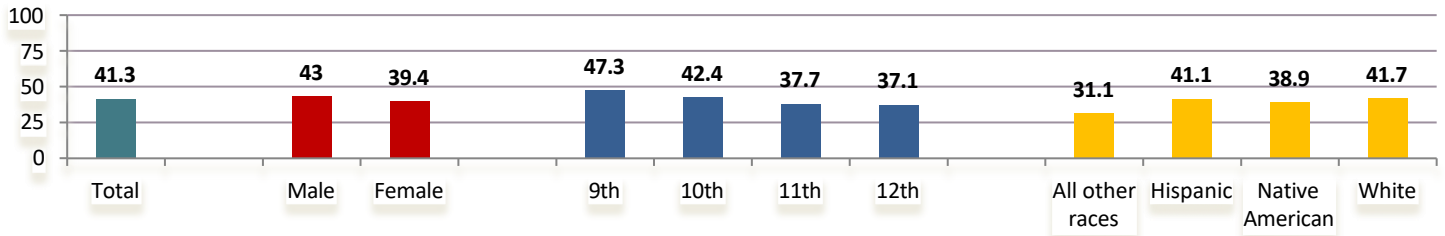
TRYING TO LOSE WEIGHT

Statewide, 40.5 percent of students were trying to lose weight.

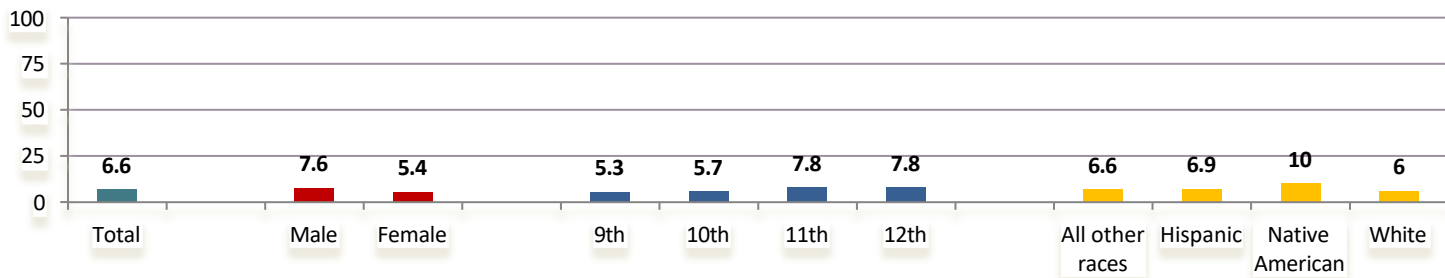


FRUIT CONSUMPTION

Statewide, 41.3 percent of students ate fruit 1 to 3 times during the past seven days.

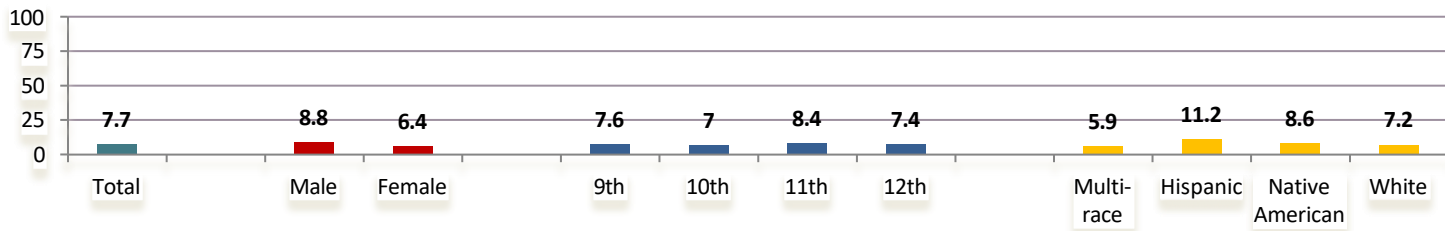


Statewide, 6.6 percent of students did not eat fruit during the past seven days.



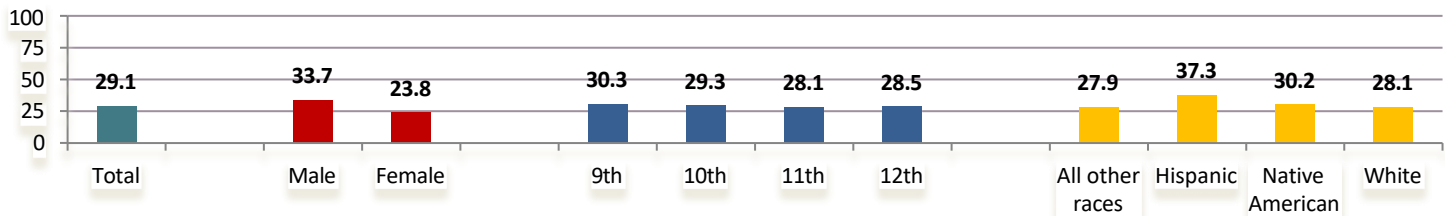
FRUIT OR FRUIT JUICES

Statewide, 7.7 percent of students did not eat fruit or drink 100% fruit juice on any of the past seven days.



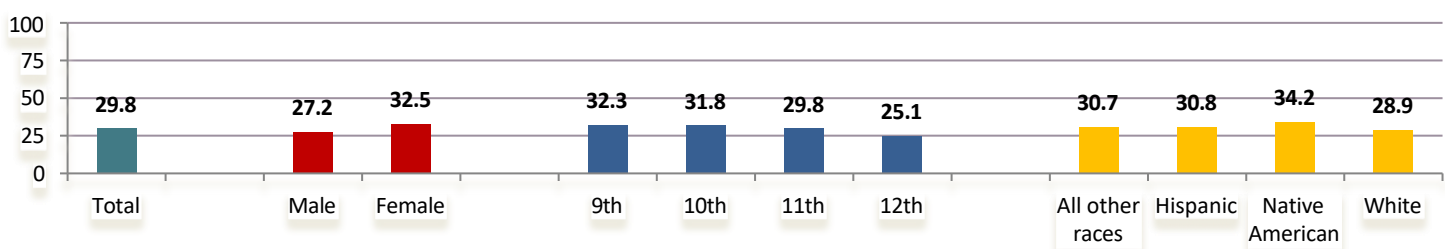
GREEN SALAD

Statewide, 29.1 percent of students did not eat a green salad in the past seven days.



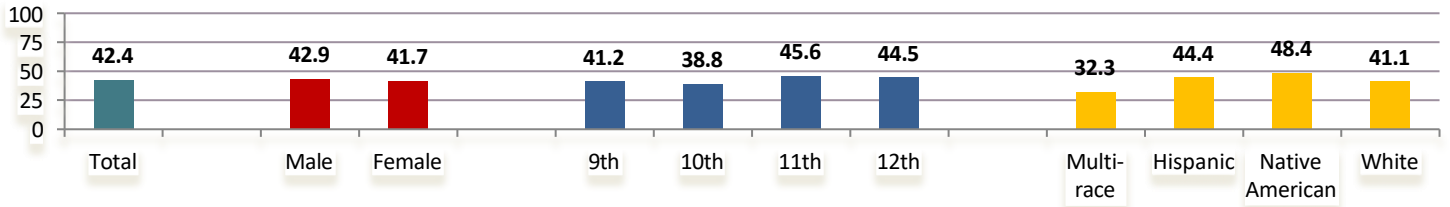
POTATOES

Statewide, 29.8 percent of students did not eat potatoes in the past seven days.



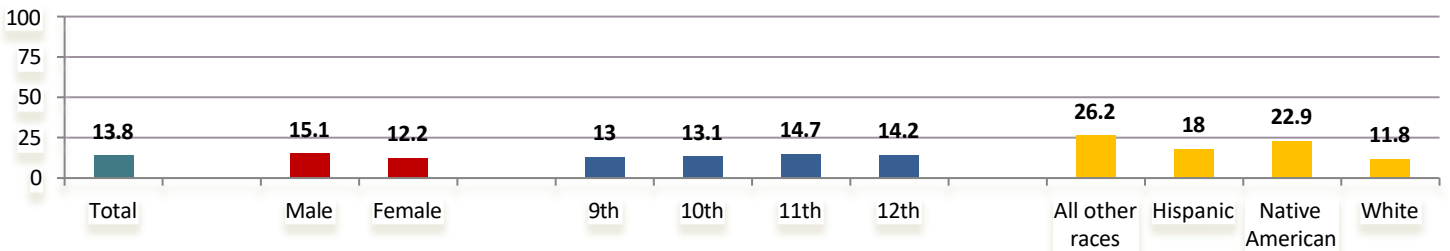
CARROTS

Statewide, 42.4 percent of students did not eat carrots in the past seven days.



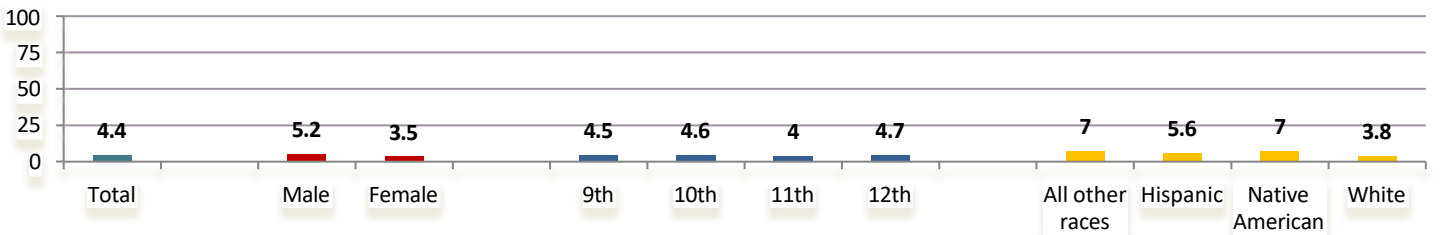
OTHER VEGETABLES

Statewide, 13.8 percent of students did not eat other vegetables during the past seven days.



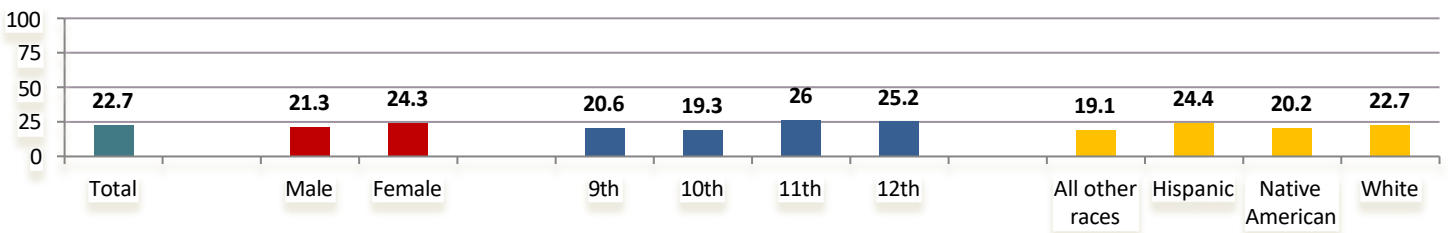
OTHER VEGETABLES

Statewide, 4.4 percent of students did not eat (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the seven days before the survey).



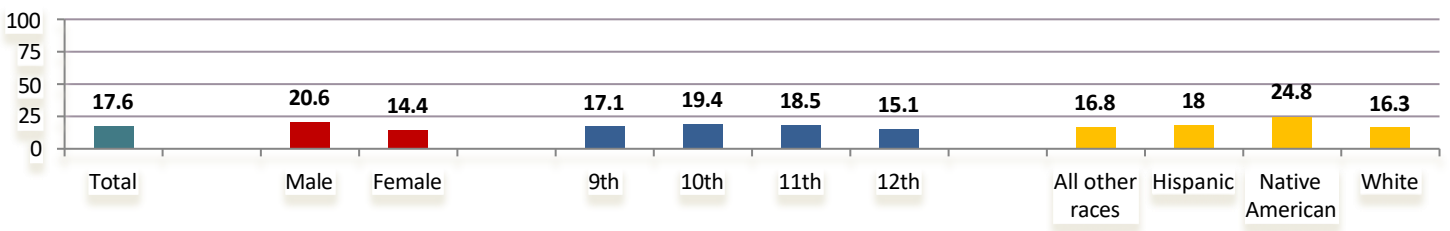
NO SODA OR POP

Statewide, 22.7 percent of students did not drink a can, bottle, or glass of soda or pop during the past seven days.



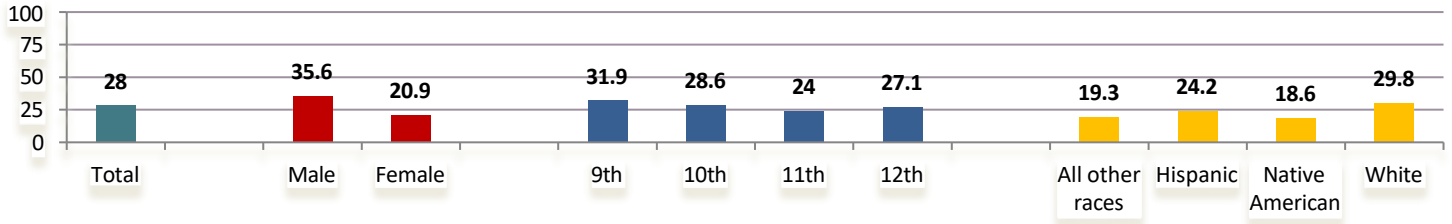
DRANK SODA OR POP DAILY

Statewide, 17.6 percent of students drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days.



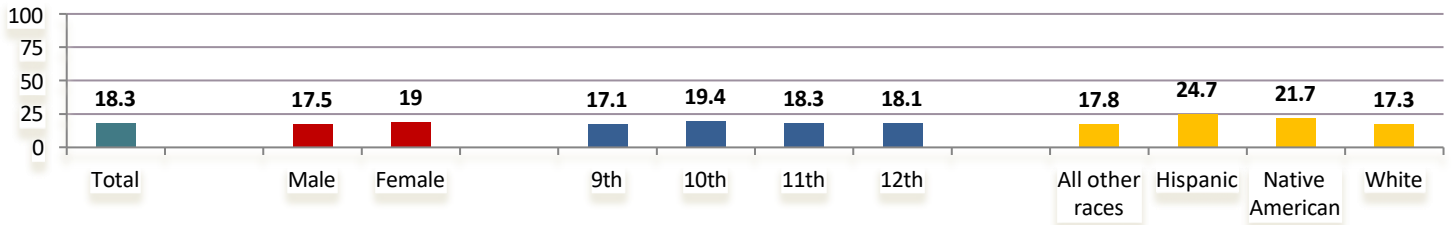
DAILY BREAKFAST

Statewide, 28.0 percent of students ate breakfast for the past seven days.



NO BREAKFAST

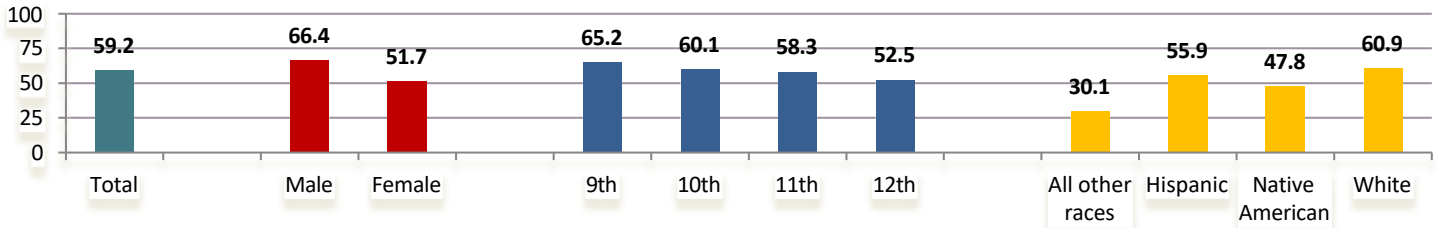
Statewide, 18.3 percent of students did not eat breakfast on any of the past seven days.



Physical Activity

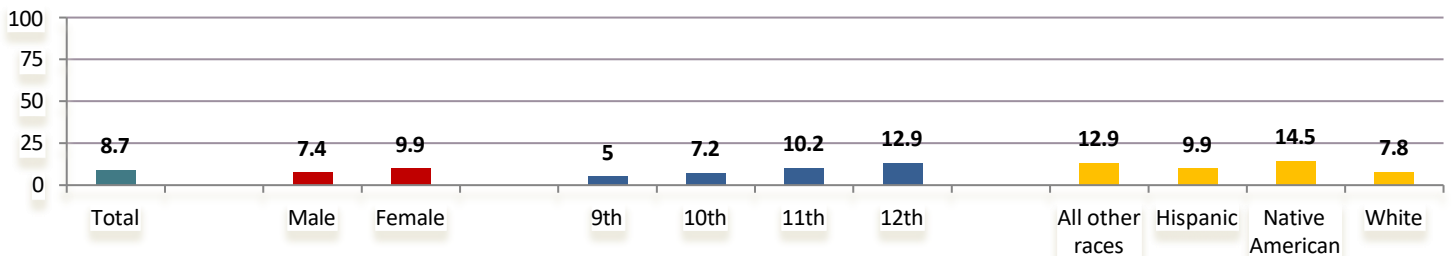
Met Recommended Levels of Physical Activity

Statewide, 59.2 percent of students were physically active for a total of at least 60 minutes per day on five or more of the past seven days.



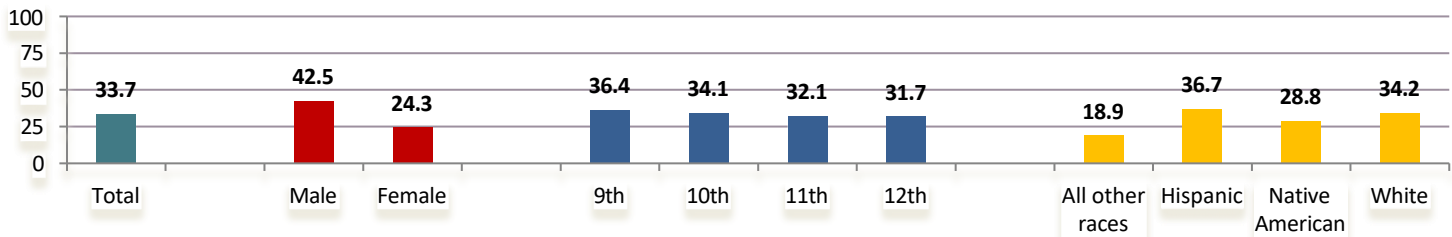
NO PHYSICAL ACTIVITY

Statewide, 8.7 percent of students did not participate in at least 60 minutes of physical activity on any of the past seven days.



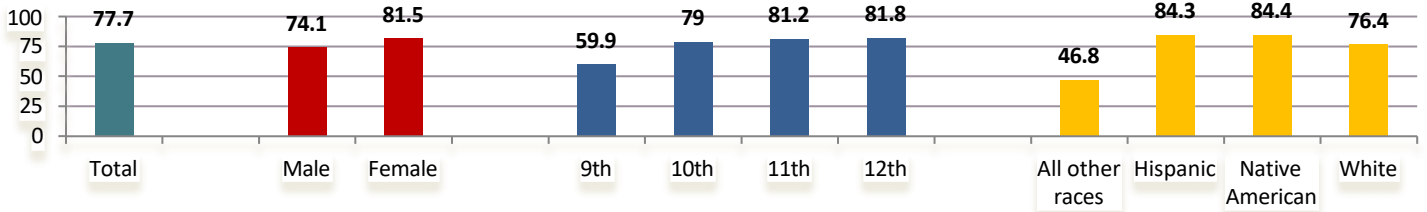
DAILY PHYSICAL ACTIVITY

Statewide, 33.7 percent of students were physically active at least 60 minutes per day on all of the past seven days.



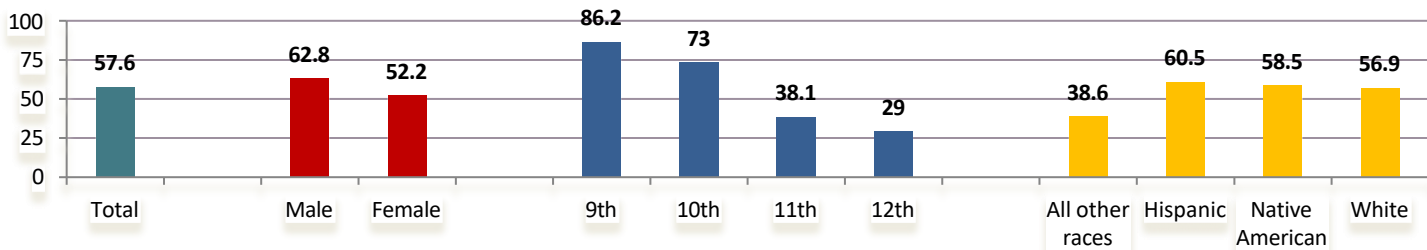
SOCIAL MEDIA USE

Statewide, 77.7 percent of students used social media several times per day on an average school day.



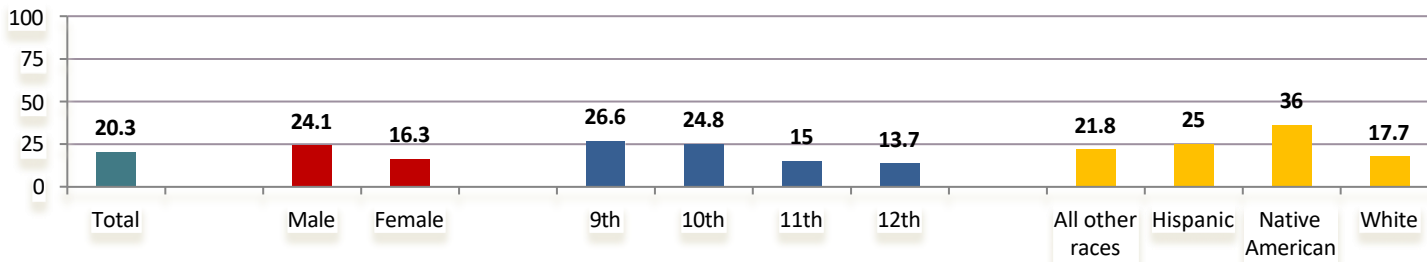
PHYSICAL EDUCATION ATTENDANCE

Statewide, 57.6 percent of students attended physical education (PE) classes on one or more days in an average week when they were in school.



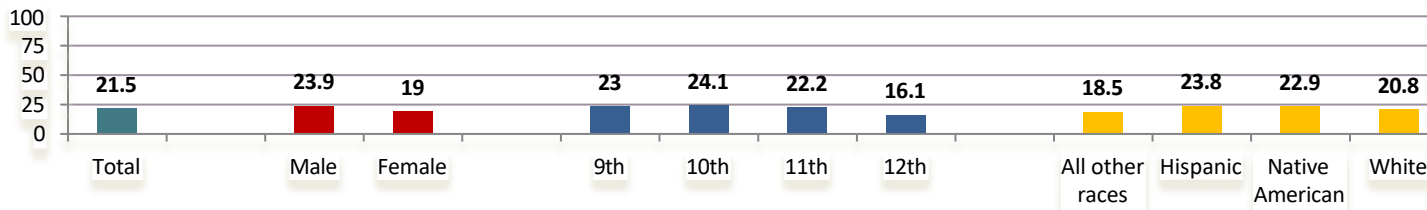
DAILY PHYSICAL EDUCATION ATTENDANCE

Statewide, 20.3 percent of students attended physical education (PE) classes daily in an average week when they were in school.



CONCUSSION

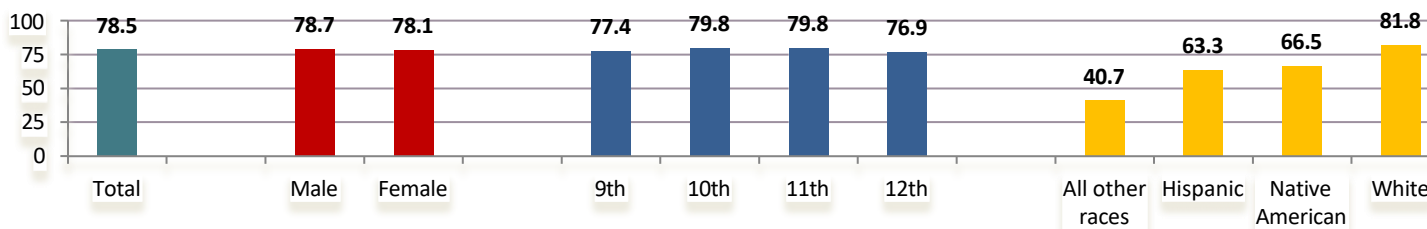
Statewide, 21.5 percent of students had a concussion from playing a sport or being physically active during the past 12 months.



Other Health-Related Behaviors

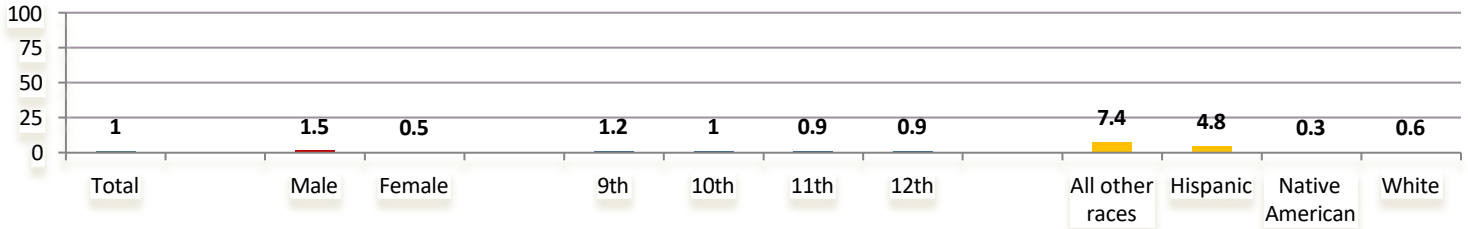
DENTAL CARE

Statewide, 78.5 percent of students saw a dentist during the past 12 months.



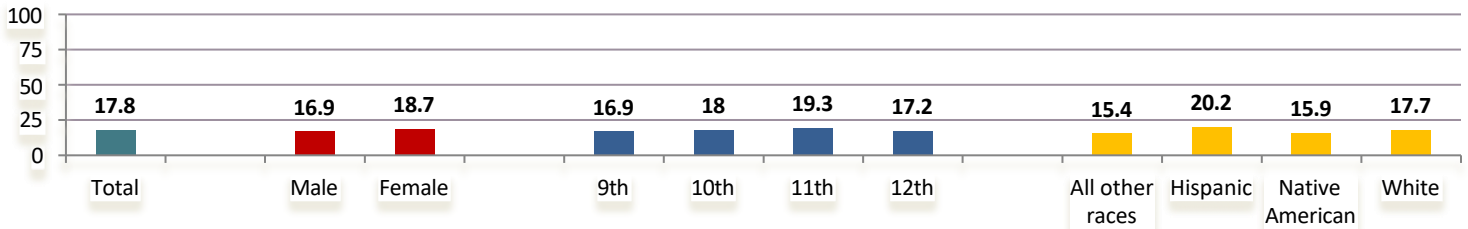
NO DENTAL CARE

Statewide, 1.0 percent of students never saw a dentist for a check-up, exam, teeth cleaning, or other dental work.



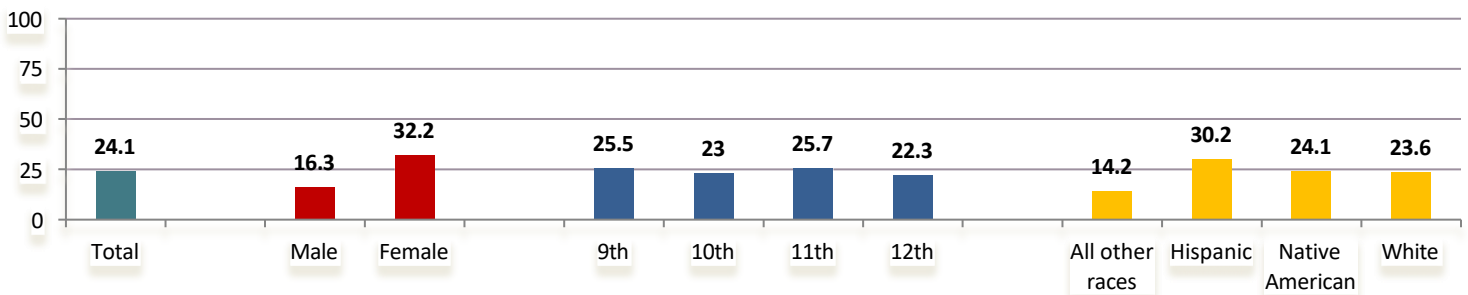
LIFETIME ASTHMA

Statewide, 17.8 percent of students had been told by a doctor or nurse that they had asthma.



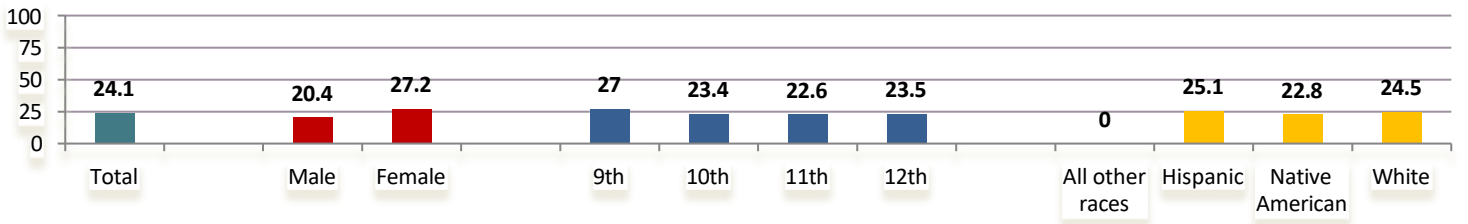
CURRENT MENTAL HEALTH STATUS

Statewide, 24.1 percent of students reported that their mental health was most of the time or always not good during the past 30 days.



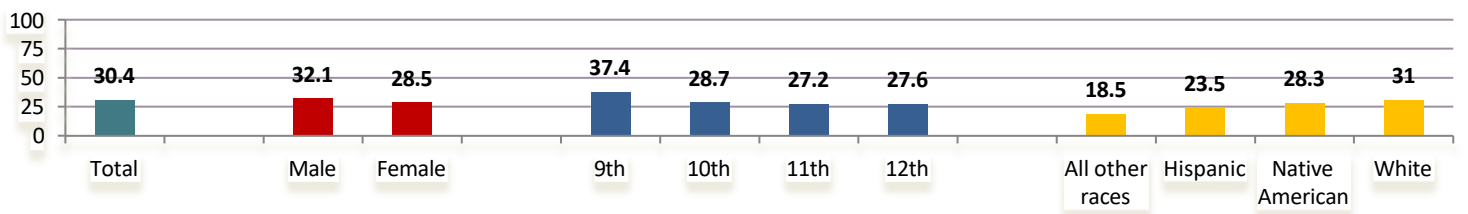
ACCESS TO MENTAL HEALTH ASSISTANCE

Statewide, 24.1 percent of students reported that they most of the time or always got the kind of help they needed when feeling sad, empty, hopeless, angry, or anxious.



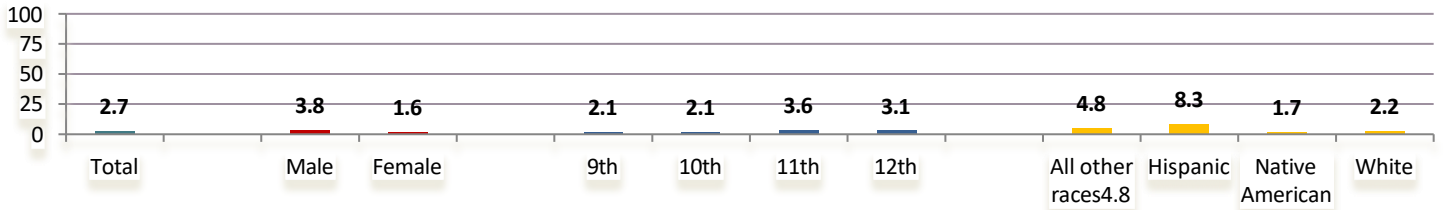
8 HOURS OF SLEEP

Statewide, 30.4 percent of students had eight or more hours of sleep on an average school night.



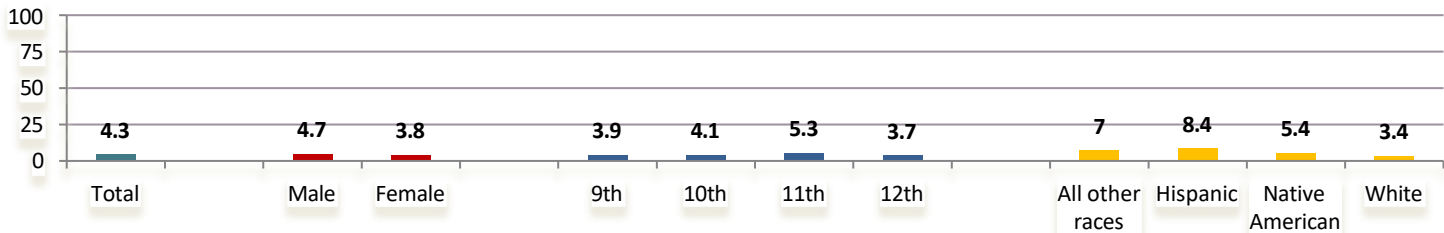
HOMELESSNESS

During the past 12 months, 2.7 percent of students who experienced unstable housing.



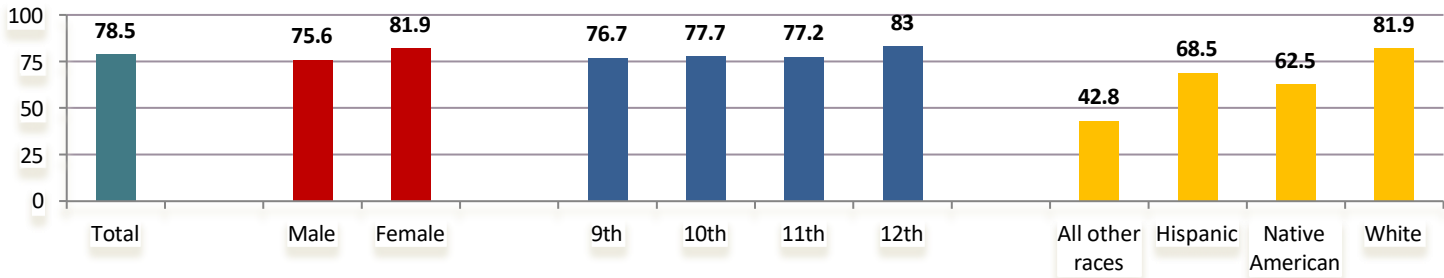
RUNAWAY YOUTH

During the past 30 days, 4.3 percent of students had slept away from their parents or guardians because they were kicked out, ran away, or were abandoned, during the past 30 days.



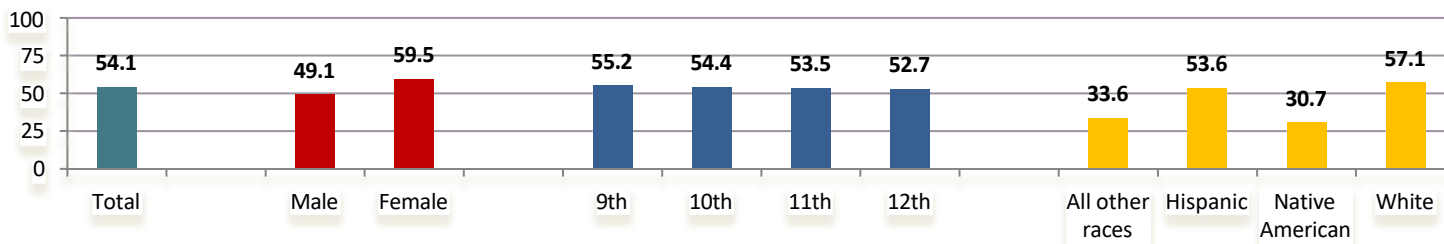
MOSTLY A'S OR B'S

Statewide, 78.5 percent of students made mostly A's or B's in school during the past 12 months.



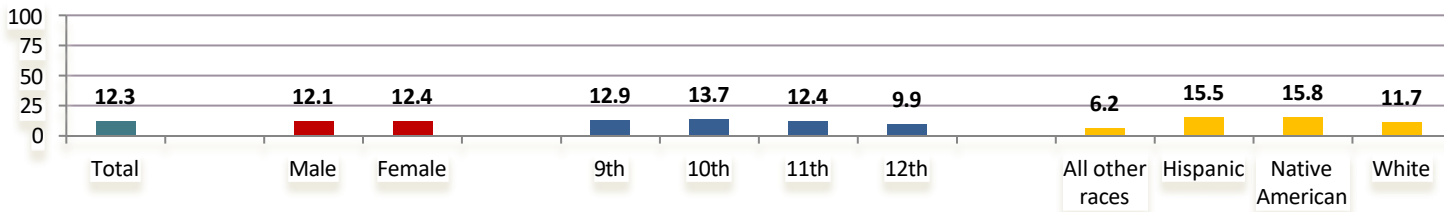
AFTERSCHOOL ACTIVITIES

Statewide, 54.1 percent of students who participate in organized afterschool, evening, or weekend activities on one or more days.



STUDENTS WITH SPECIAL NEEDS

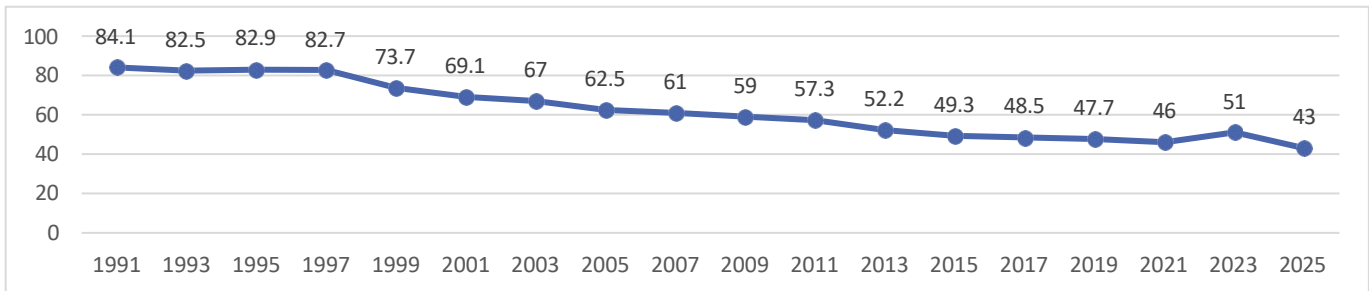
Statewide, 12.3 percent of students received help from a school resource teacher, speech therapist, or other special education teacher during the past 12 months.



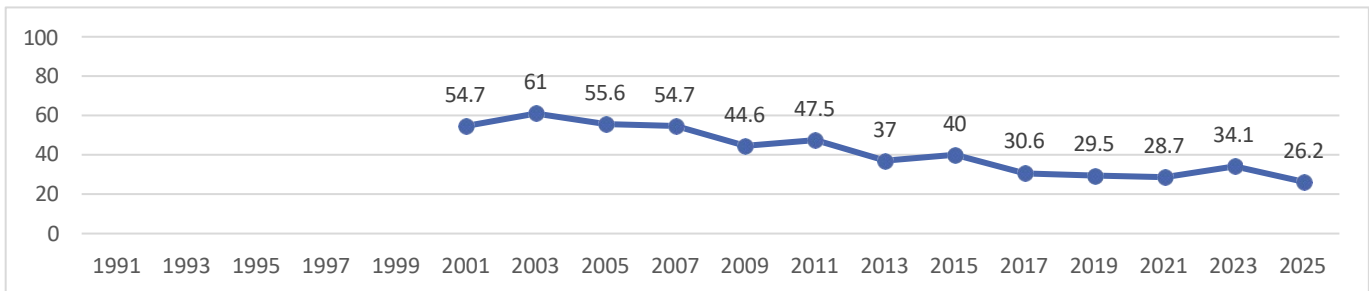
2025 Montana Youth Risk Behavior Survey Results 32-Year Trend Charts (1991-2025)

1. Unintentional Injuries

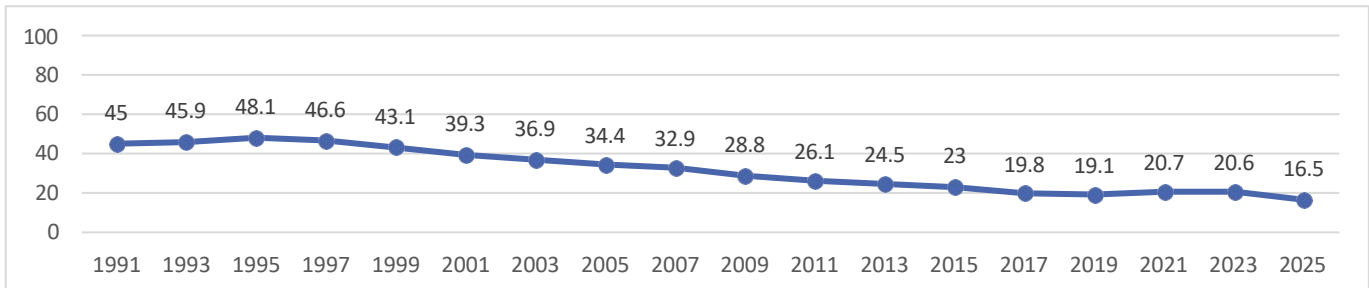
Did not *always* wear a seat belt when riding in a car



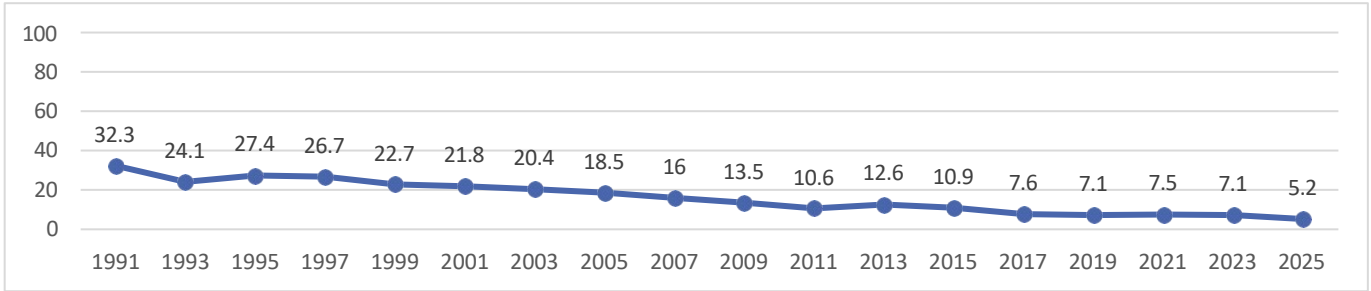
Did not *always* wear a seat belt when driving a car



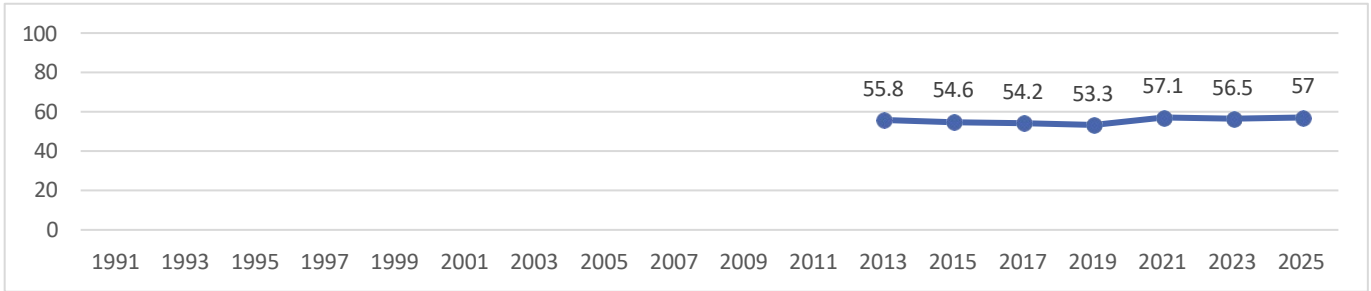
Rode with driver who had been drinking alcohol (past 30 days)



Drove when they had been drinking alcohol (past 30 days)

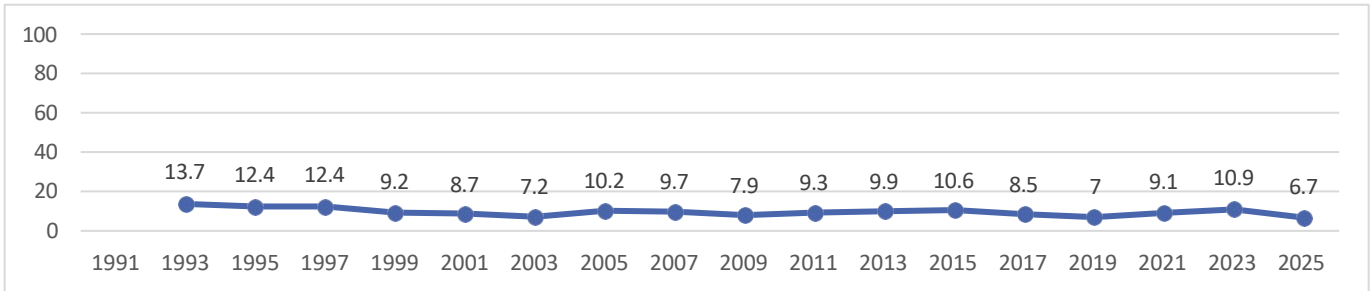


Texted or e-mailed while driving a car or other vehicle (past 30 days)



2. Violence

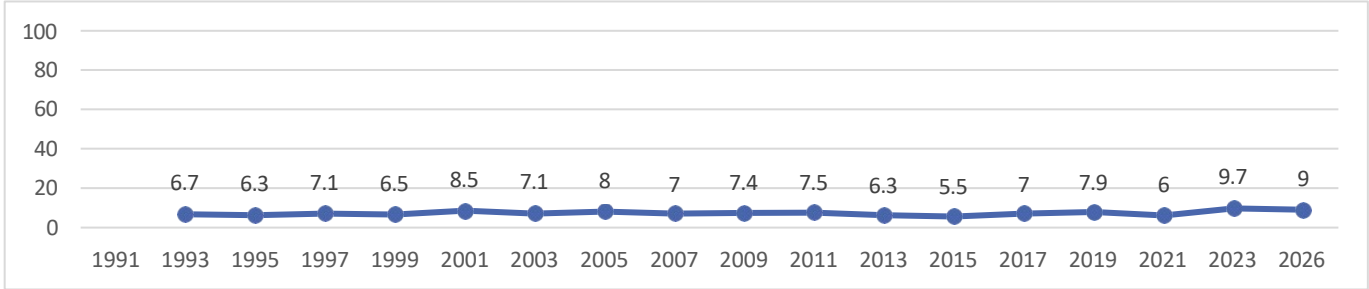
Carried a weapon on school property (past 30 days)



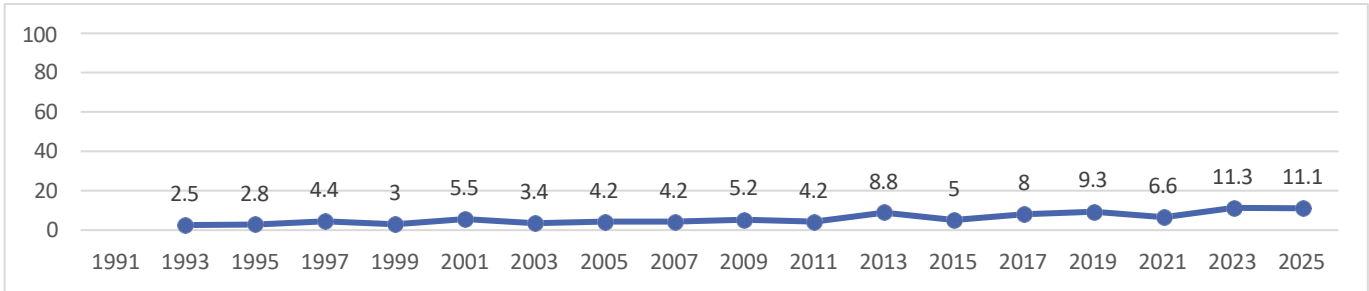
Carried a gun (do not count for hunting or for sport, such as target shooting, past 12 months)



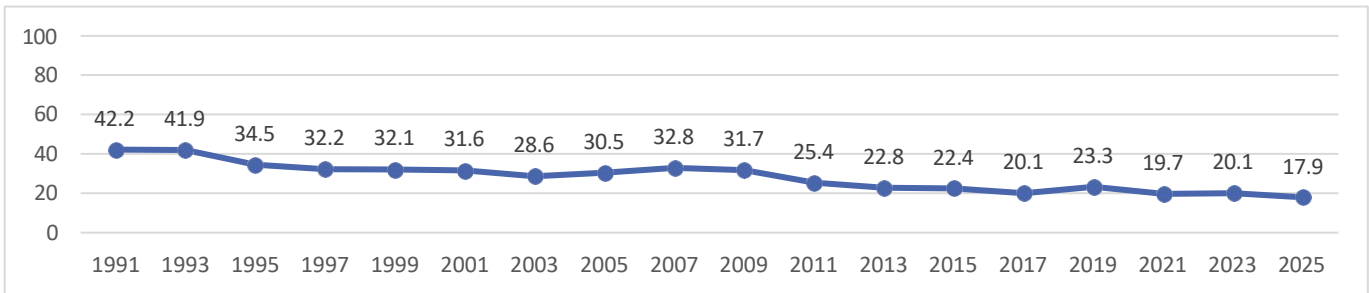
Were threatened or injured with a weapon on school property (past 12 months)



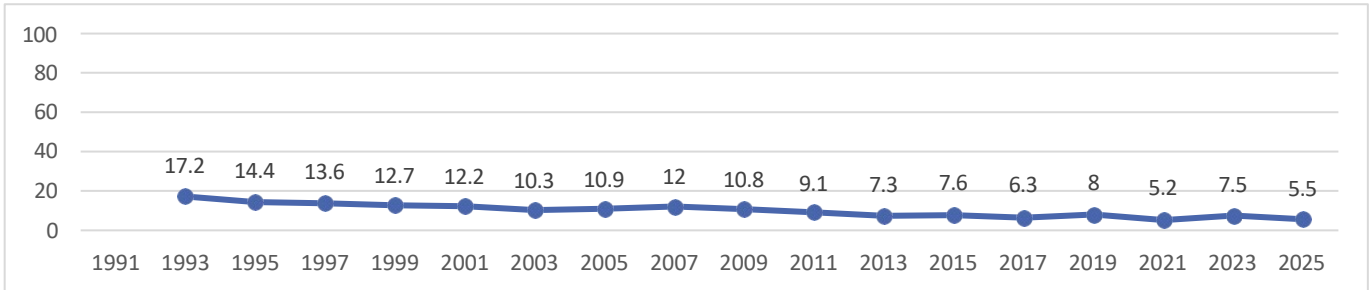
Did not go to school because they felt unsafe at school or on their way to or from school (past 30 days)



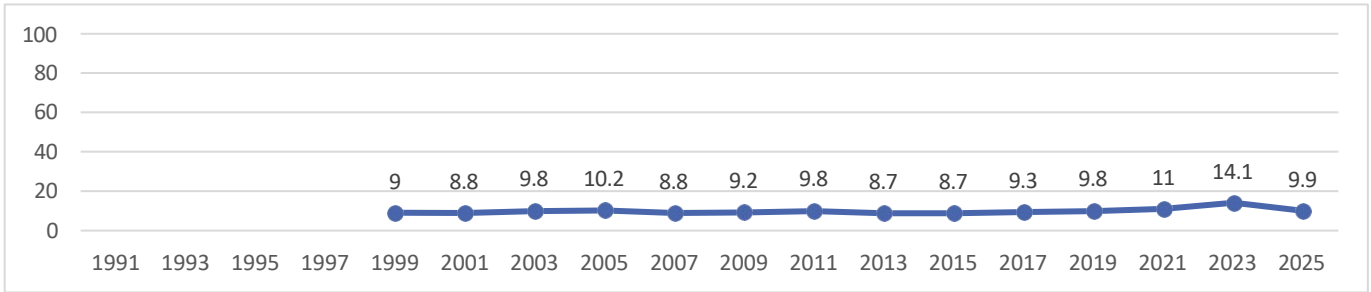
Were in a physical fight (past 12 months)



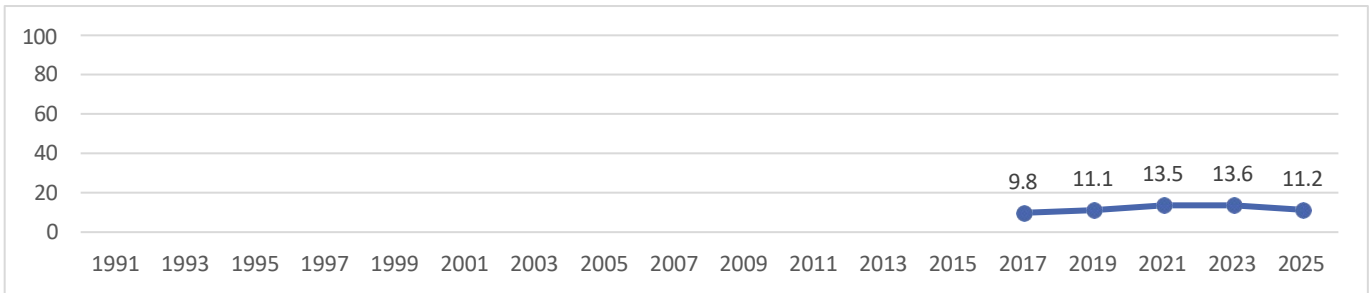
Were in a physical fight on school property (past 12 months)



Were ever forced to have sexual intercourse when they did not want to



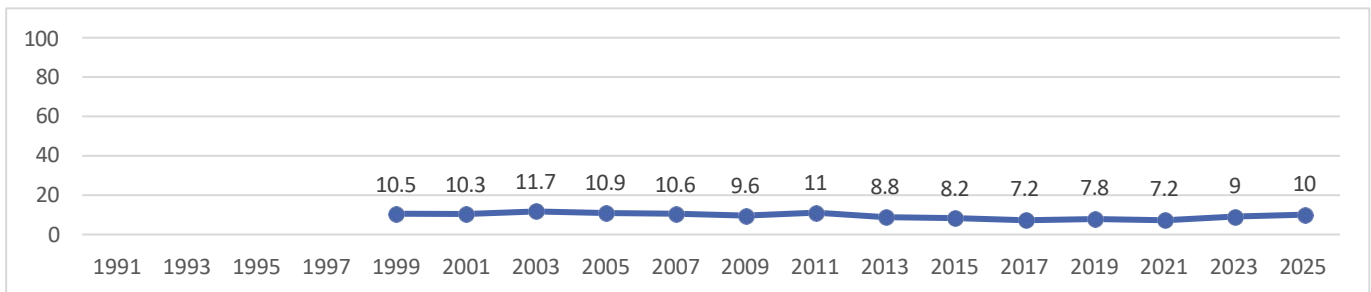
Experienced sexual violence (unwanted kissing, touching, or sexual intercourse, past 12 months)



Experienced sexual dating violence (unwanted kissing, touching, or sexual intercourse by someone they were dating or going out with, past 12 mos)

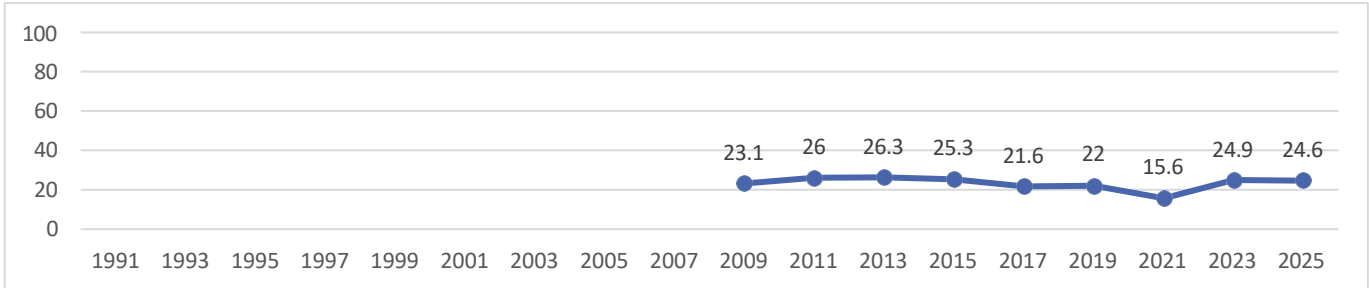


Experienced physical dating violence (being hit, slammed into something, or injured with an object or weapon by someone they were dating or going out with, past 12 months)

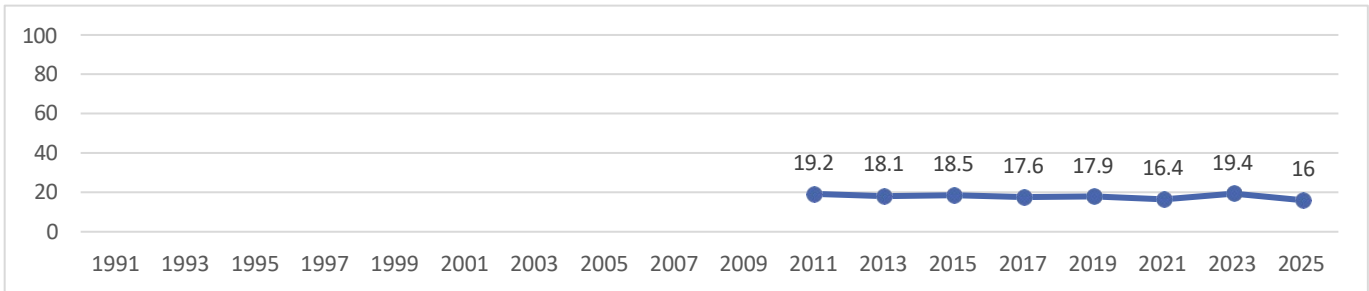


3. Mental Health

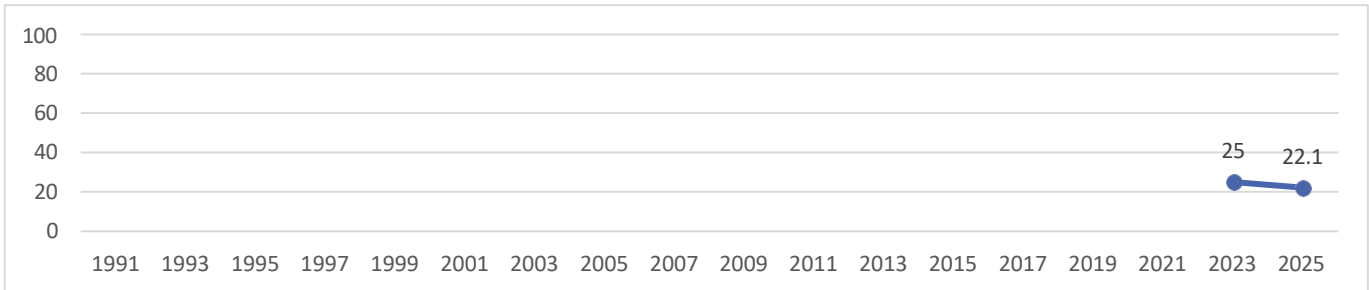
Were bullied on school property (past 12 months)



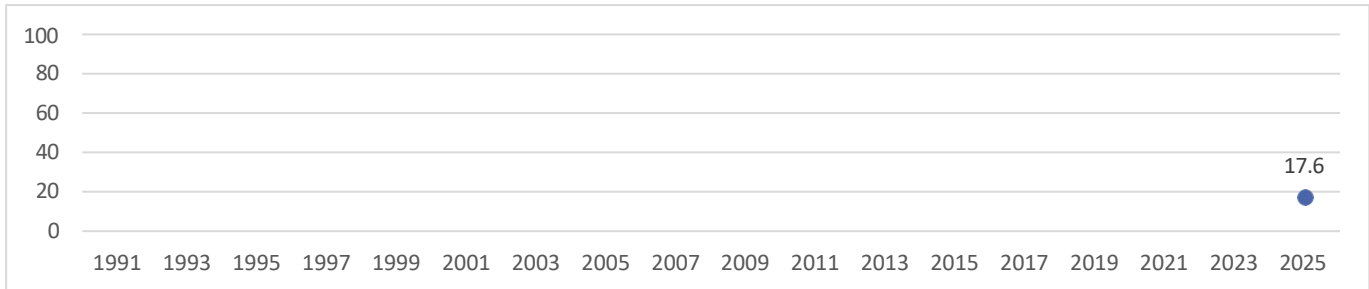
Were electronically bullied (past 12 months)



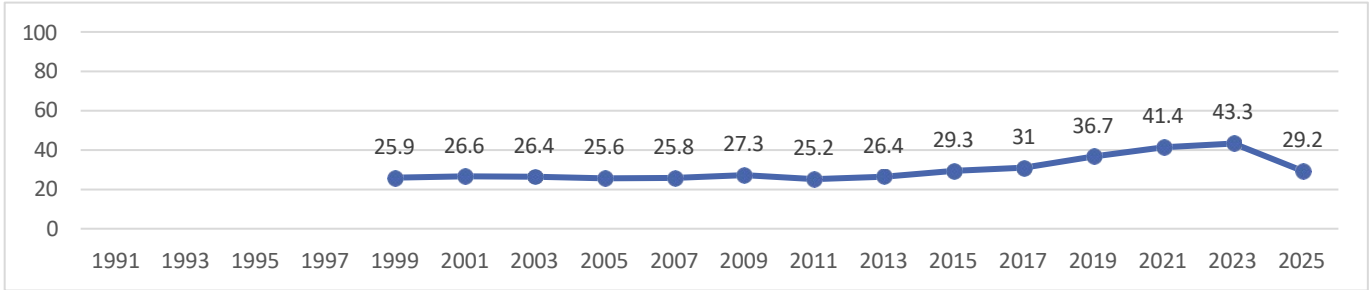
Felt that they were ever treated badly or unfairly in school because of their race or ethnicity (during their life)



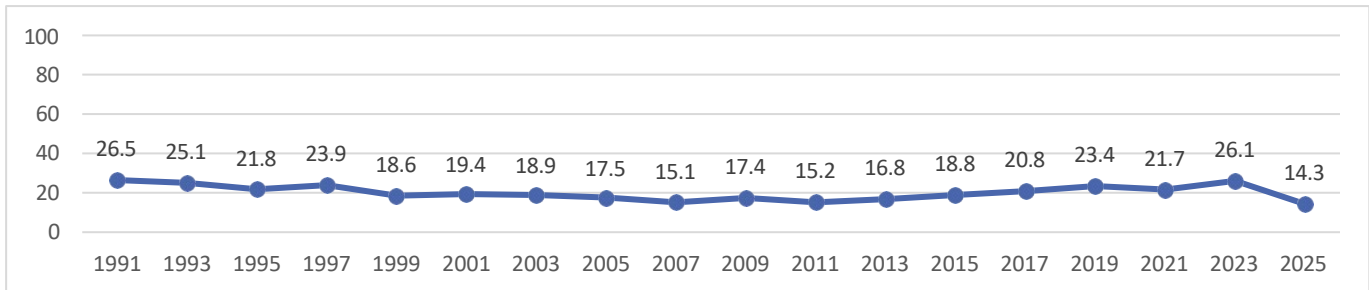
Purposely hurt themselves without wanting to die (cutting or burning self on purpose one or more times, past 12 mos.)



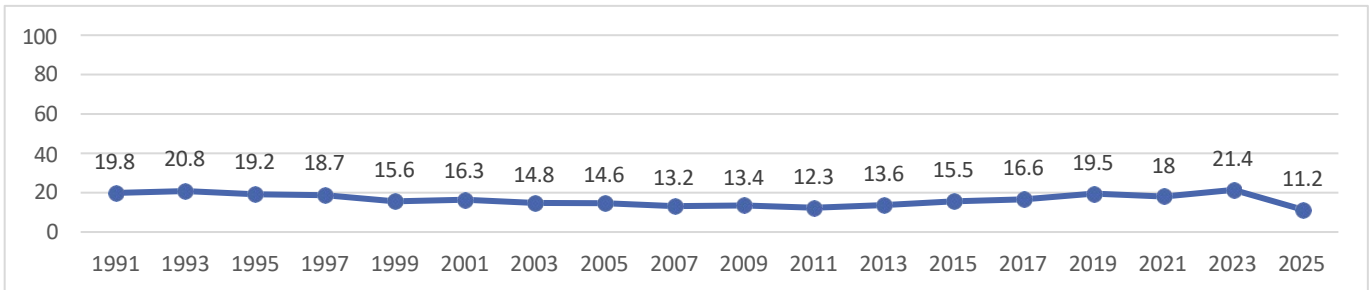
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities (past 12 months)



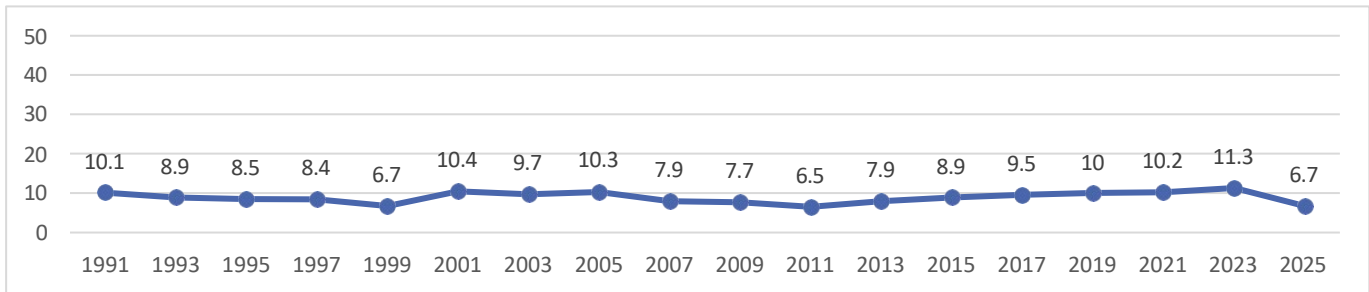
Seriously considered attempting suicide (past 12 months)



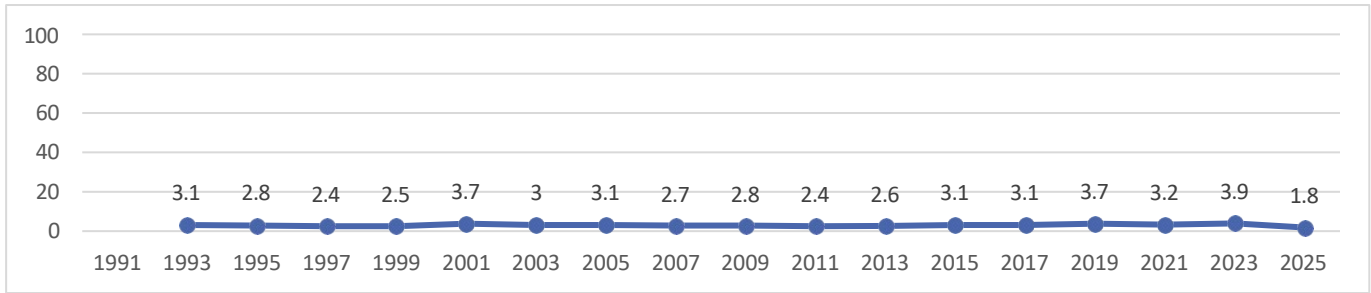
Made a plan about how they would attempt suicide (past 12 months)



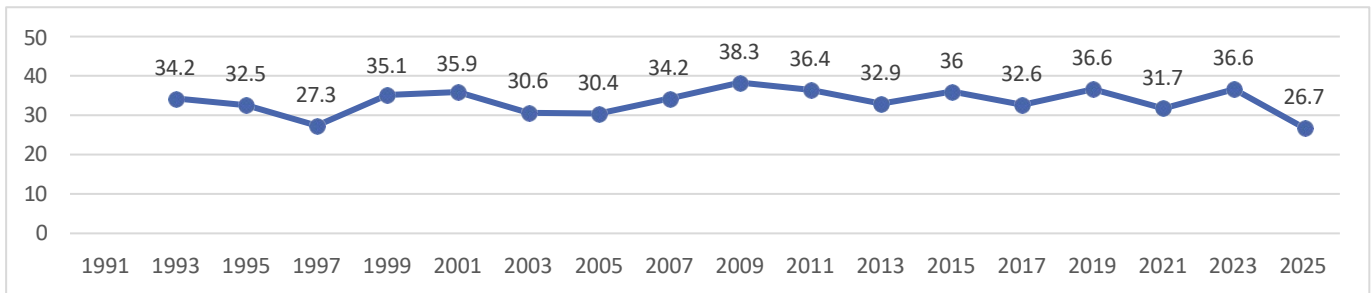
Actually attempted suicide (past 12 months)



Had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (past 12 months)

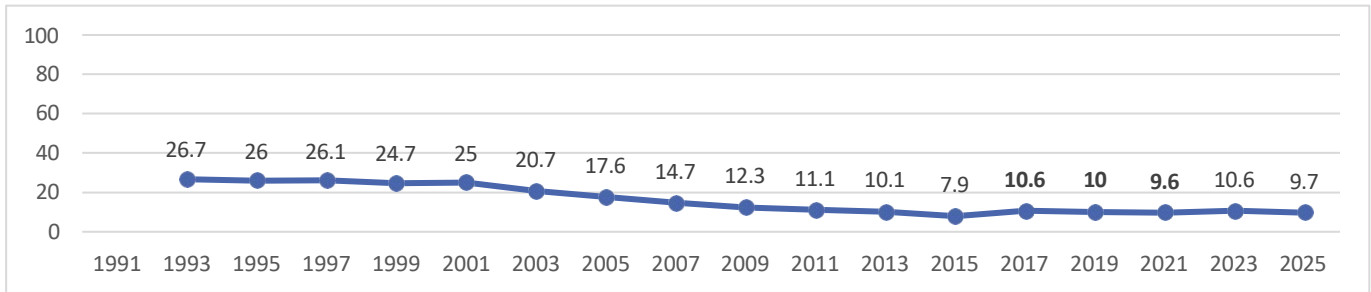


Among students who attempted suicide, had an attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (past 12 months)

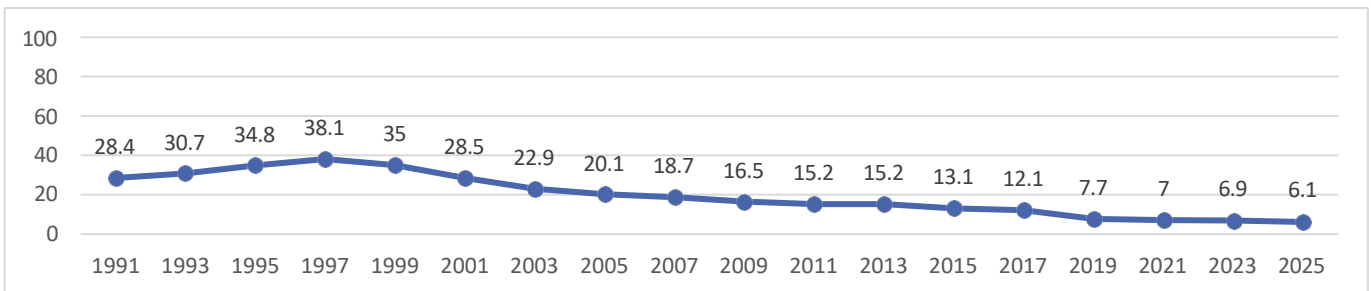


4. Tobacco Use

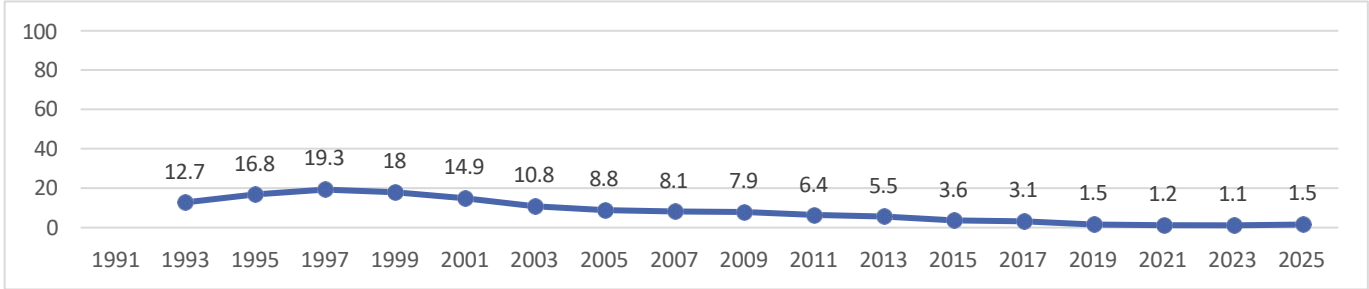
First tried cigarette smoking before age 13 years (whole cigarette 1993-2015), even one or two puffs (2017-current)



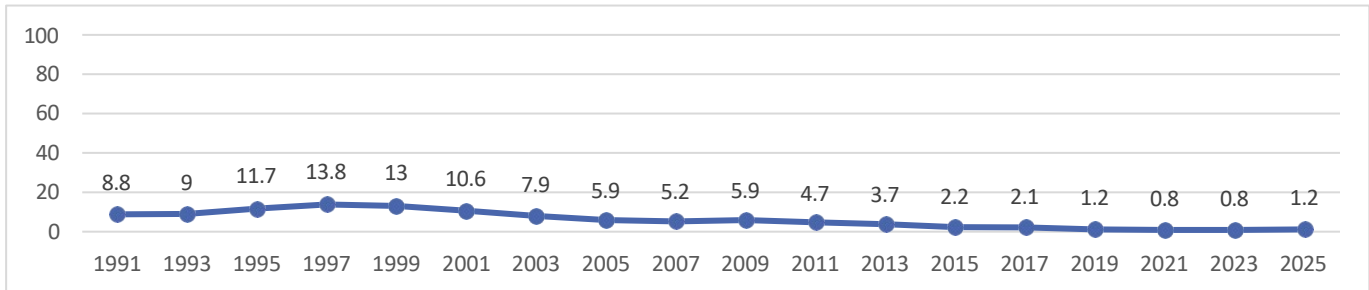
Currently smoked cigarettes (past 30 days)



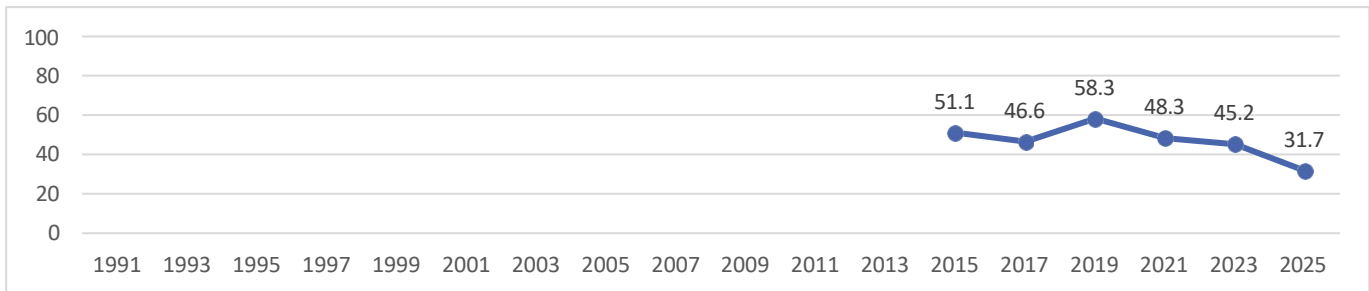
Currently smoked cigarettes frequently (on 20 or more of the past 30 days)



Currently smoked cigarettes daily (on all of the past 30 days)



Ever used electronic vapor products (Including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods[such as JUUL, SMOK, Suorin, Vuse, and blu])



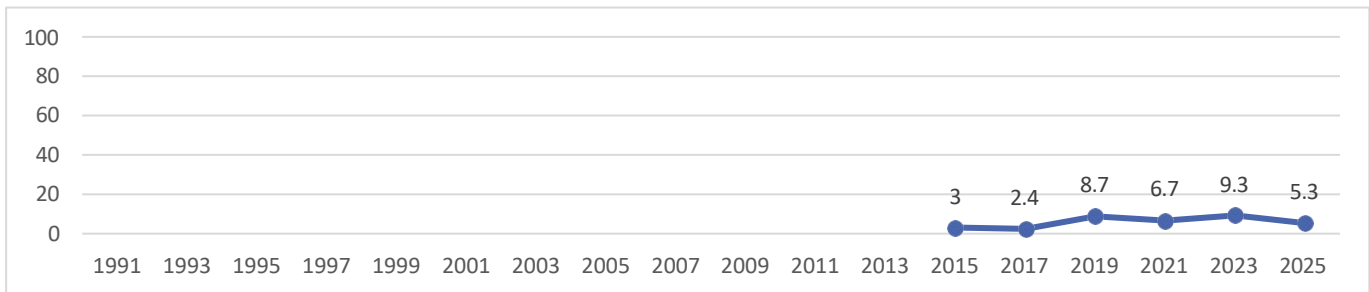
Currently used electronic vapor products (during the past 30 days)



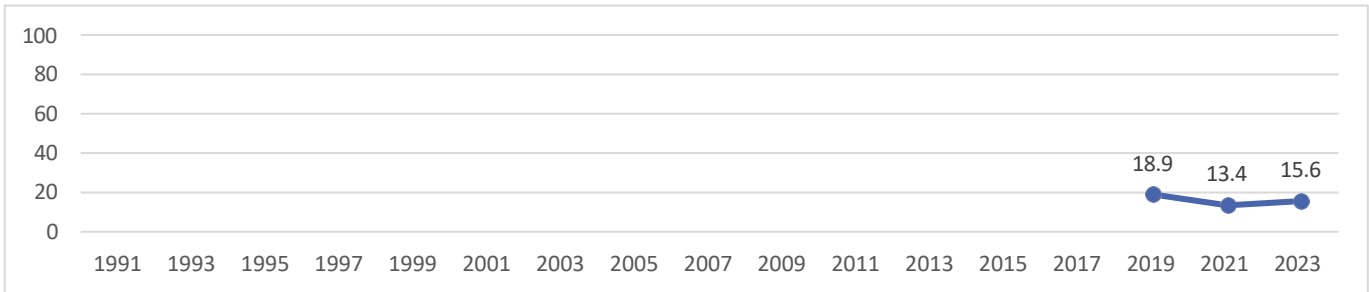
Currently used electronic vapor products frequently (on 20 or more of the past 30 days)



Currently used electronic vapor products daily (on all of the past 30 days)



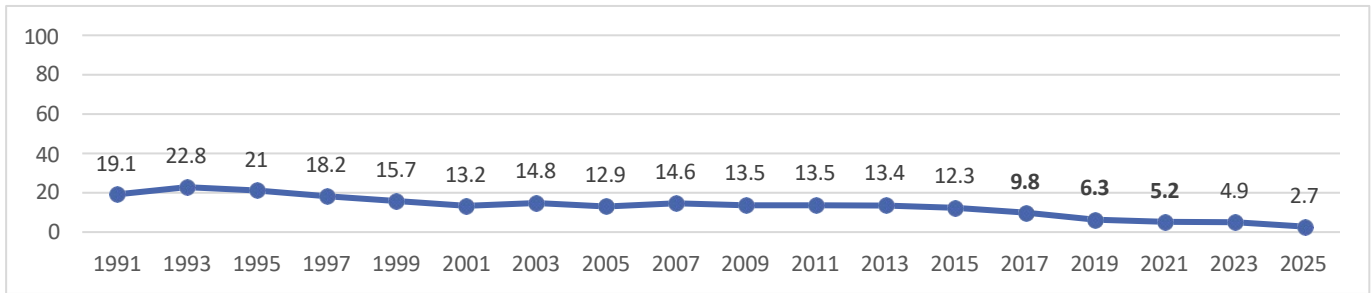
Used an electronic vapor product on school property (past 30 days)



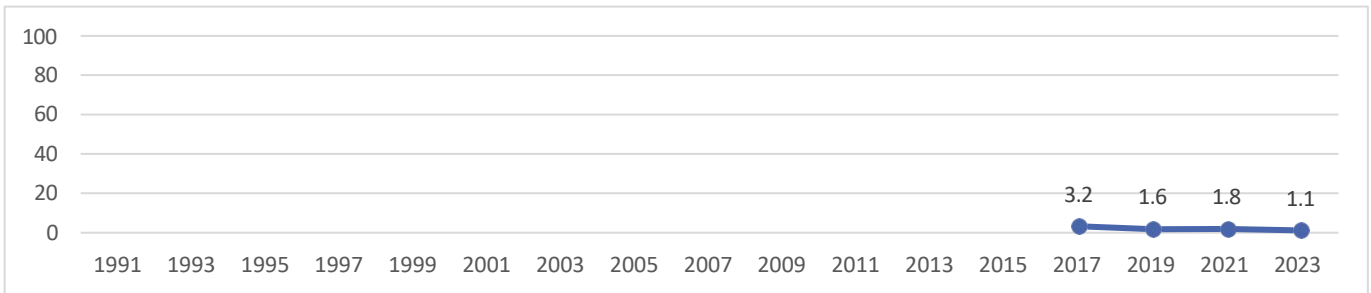
Usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, or gas station)



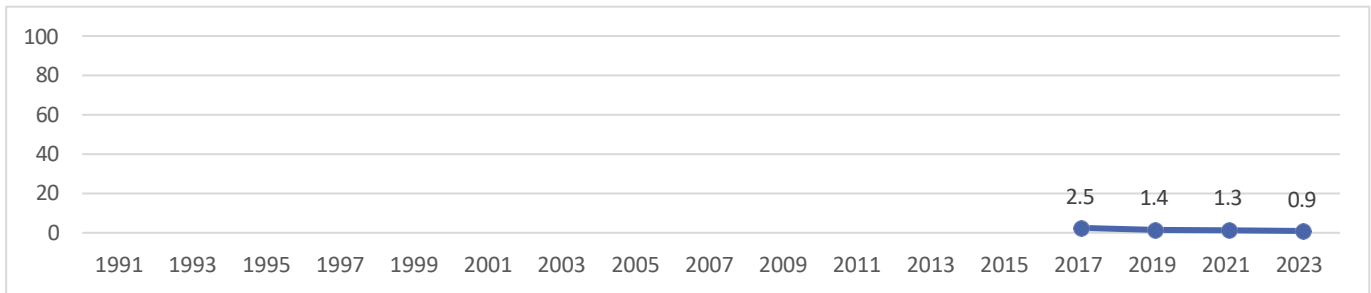
Currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, **Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs**, during the past 30 days)



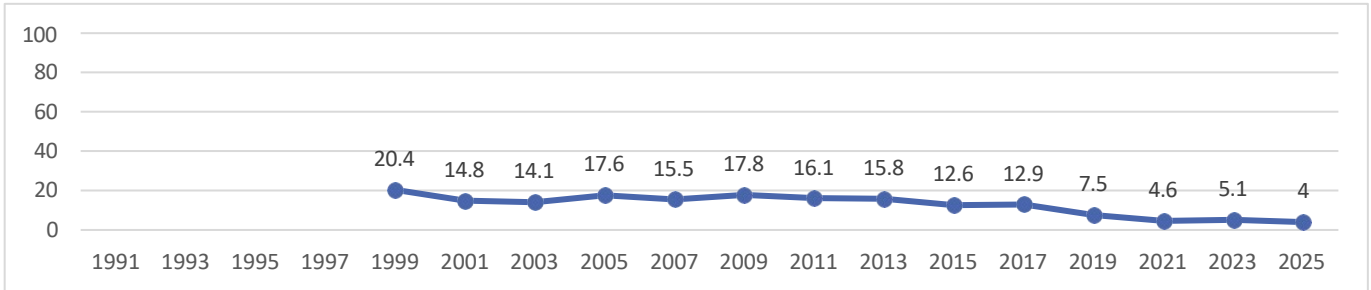
Currently used smokeless tobacco frequently (20 or more of the past 30 days)



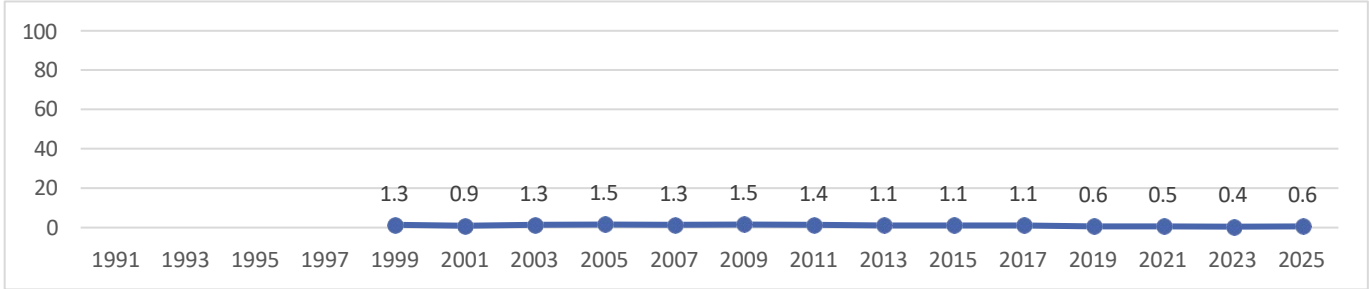
Currently used smokeless tobacco daily (past 30 days)



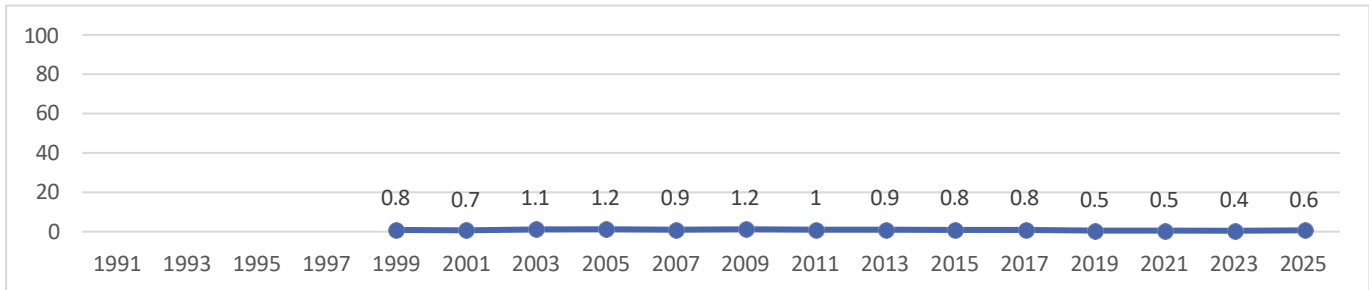
Currently smoked cigars, cigarillos, or little cigars (past 30 days)



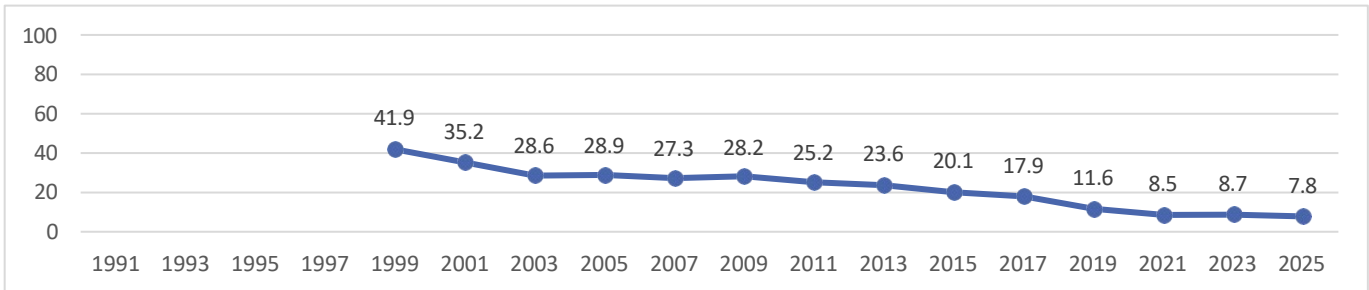
Currently smoked cigars frequently (20 or more of the past 30 days)



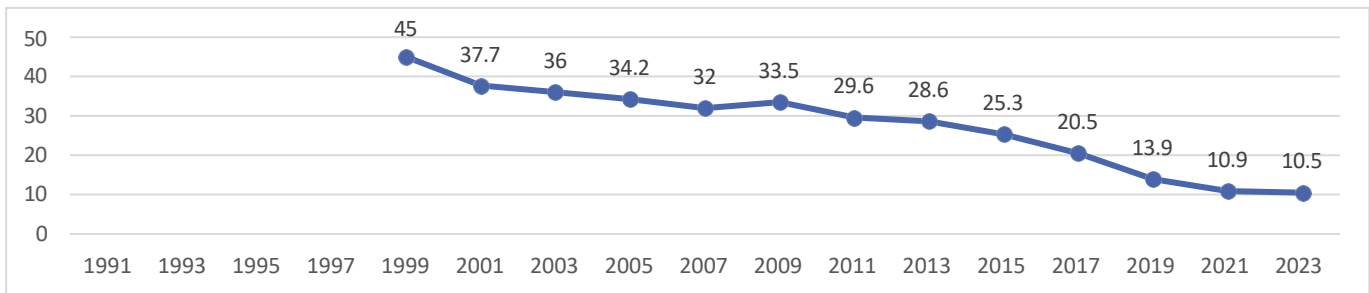
Currently smoked cigars daily (past 30 days)



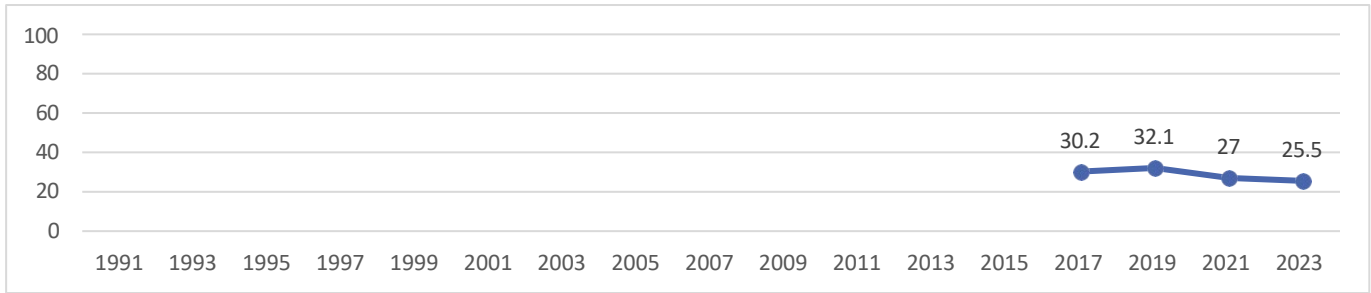
Currently smoked cigarettes or cigars (past 30 days)



Currently smoked cigarettes or cigars or used smokeless tobacco (past 30 days)



Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (past 30 days)



Currently smoked cigarettes or used electronic vapor products (past 30 days)

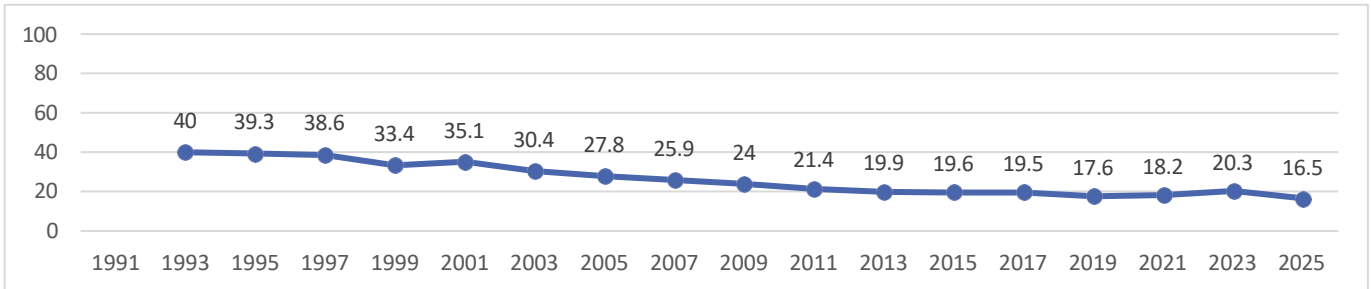


Tried to quit using all tobacco products (cigarettes, cigars, smokeless tobacco or electronic vapor products, past 12 months)

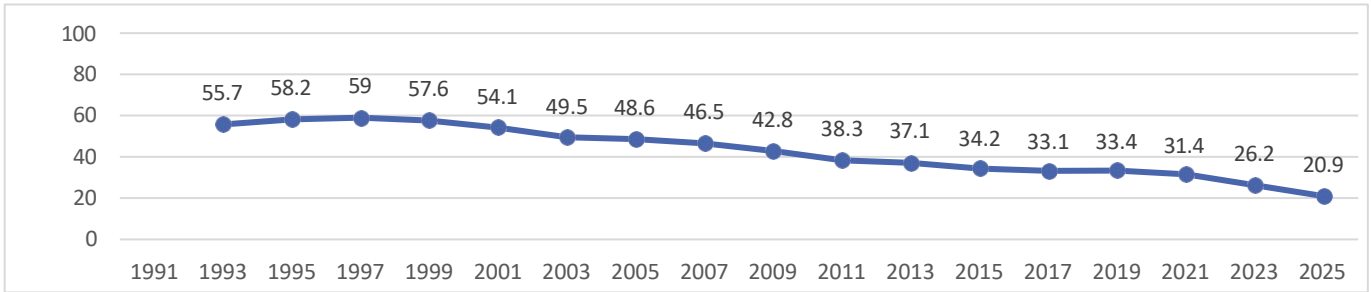


5. Alcohol and Other Drug Use

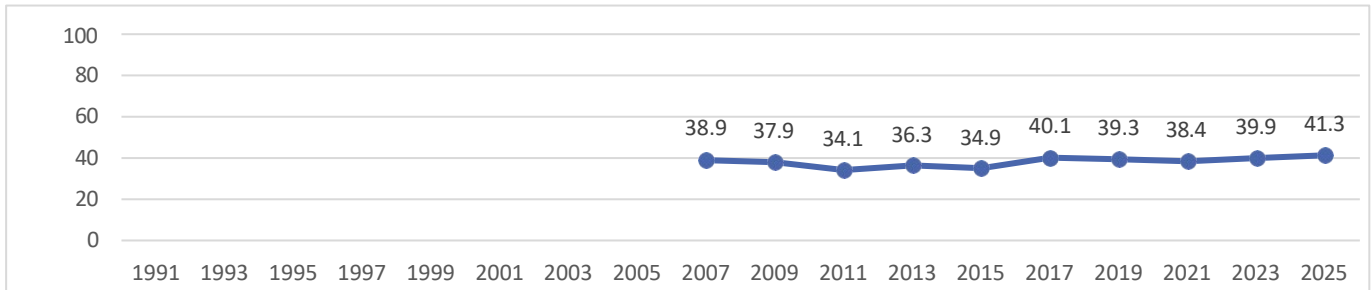
Had their first drink of alcohol before age 13



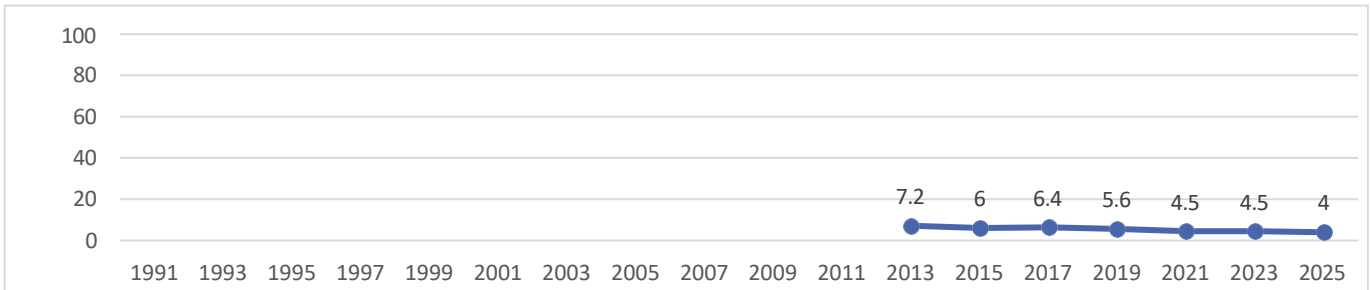
Currently drank alcohol (past 30 days)



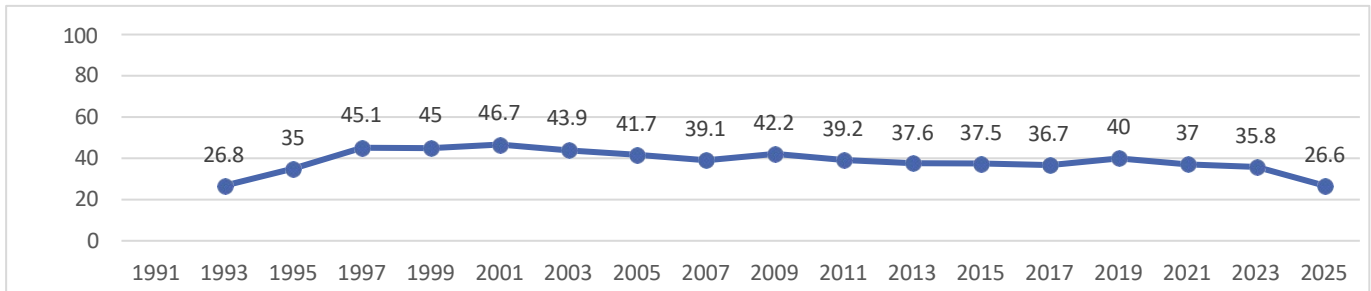
Usually obtained the alcohol they drank by someone giving it to them (past 30 days)



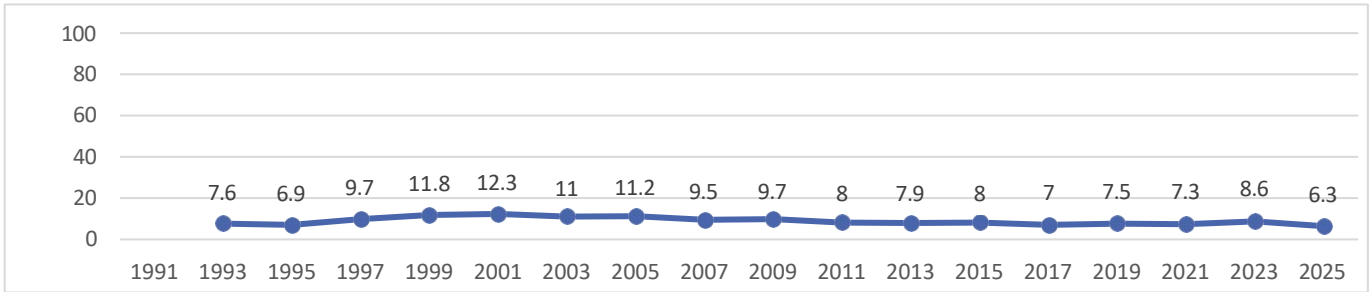
Reported that the largest number of drinks they had in a row was 10 or more (past 30 days)



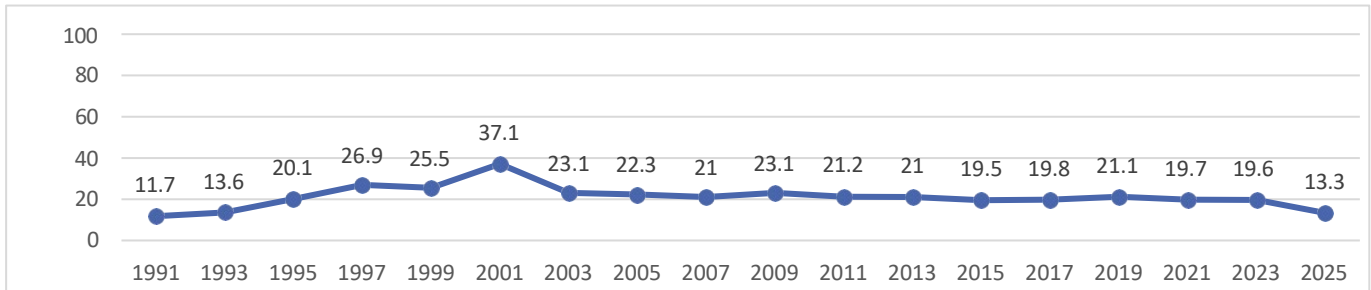
Ever used marijuana (also called pot, weed, or cannabis, during their life)



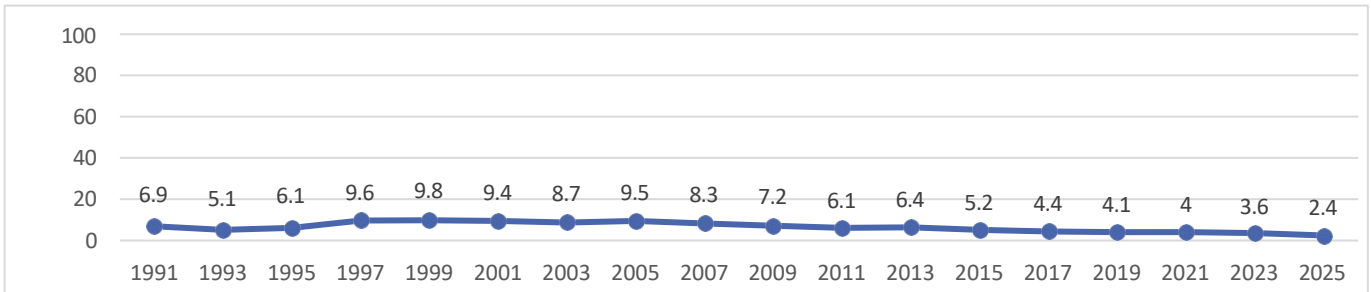
Tried marijuana for the first time before age 13 years



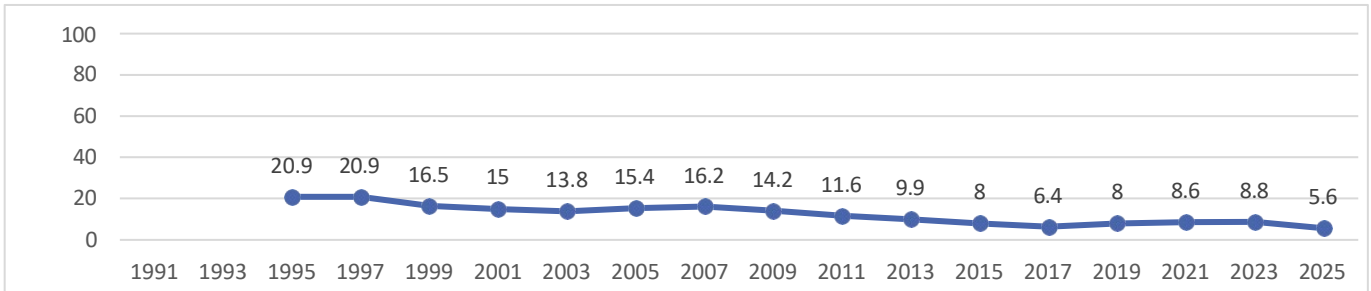
Currently used marijuana (past 30 days)



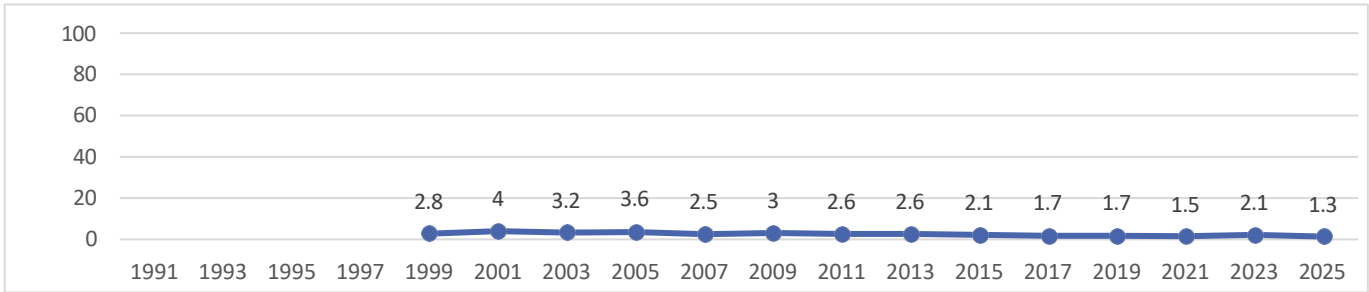
Ever used cocaine (any form of powder, crack, or freebase, during their life)



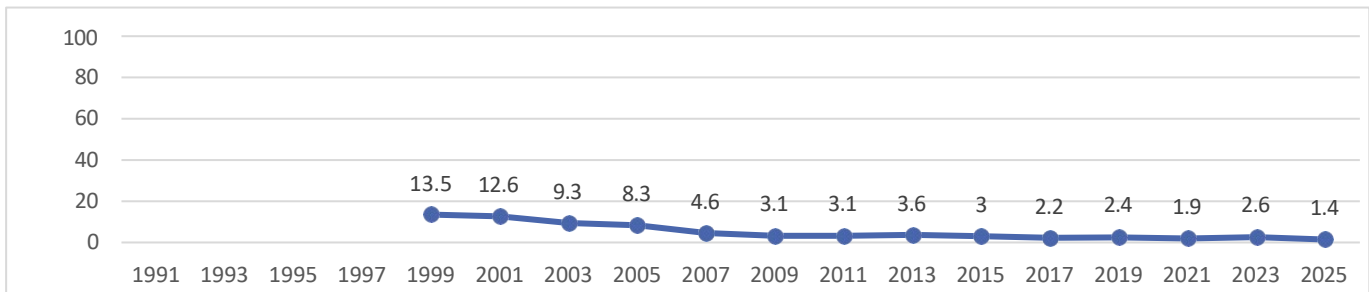
Ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, during their life)



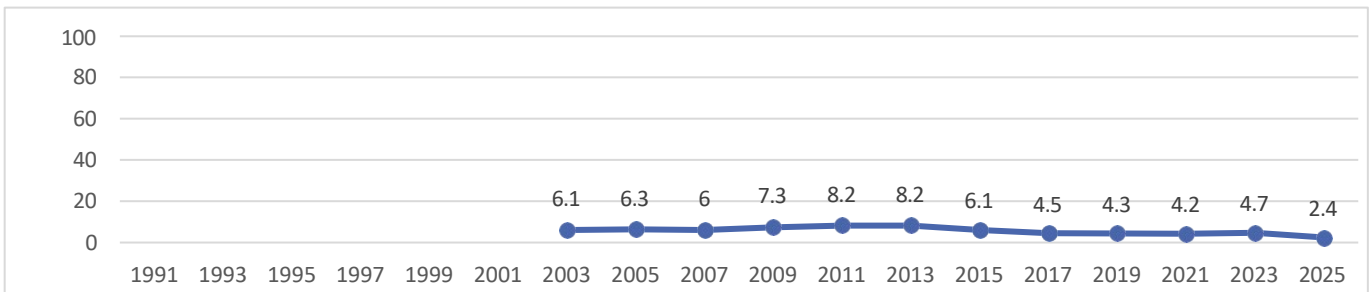
Ever used heroin (also called “smack,” “junk,” or “China White,” during their life)



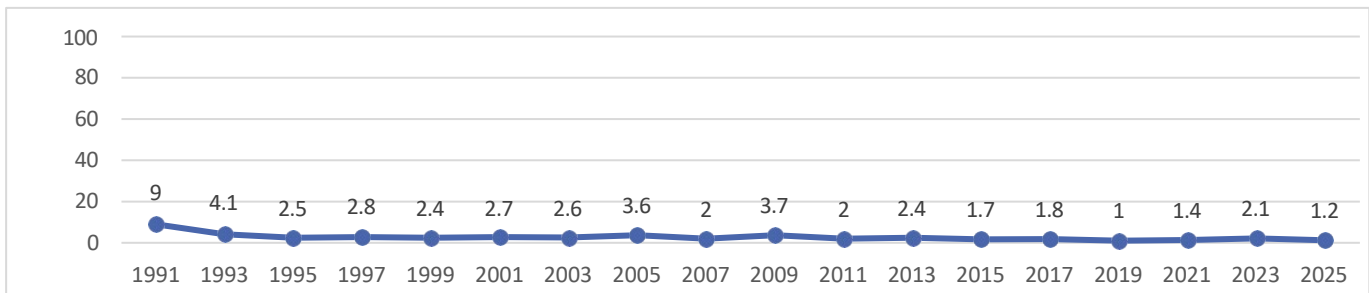
Ever used methamphetamines (also called “speed,” “crystal meth,” “crank,” “ice,” or “meth,” during their life)



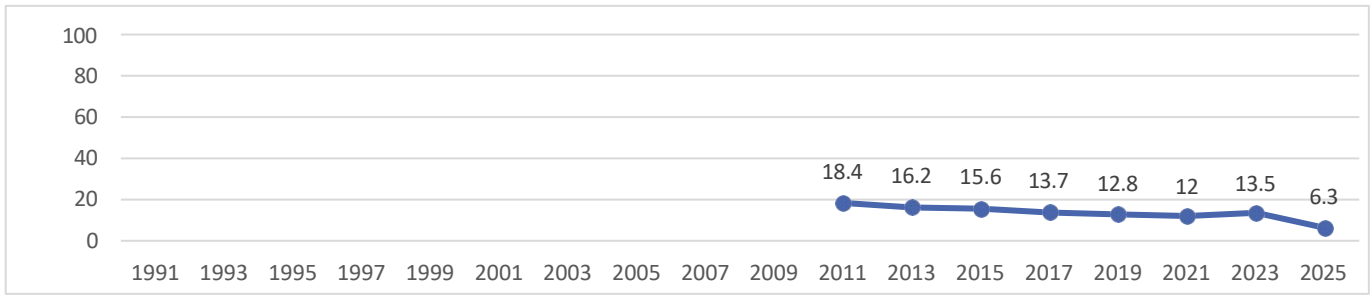
Ever used ecstasy (also called “MDMA,” during their life)



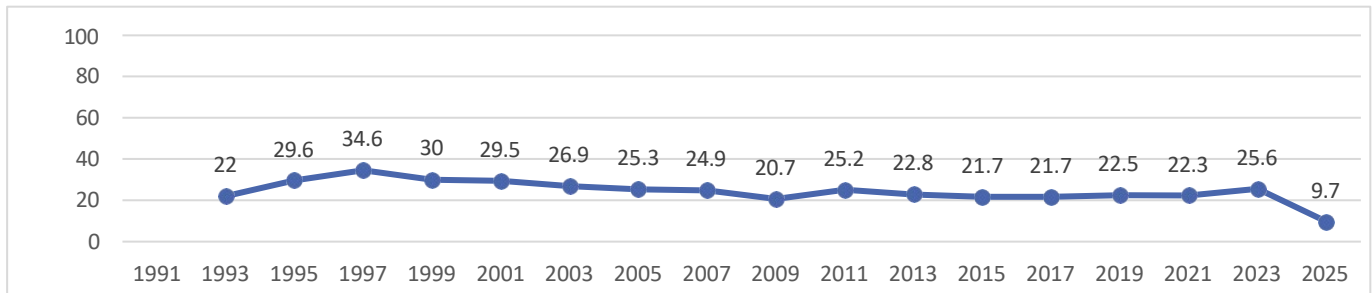
Ever injected any illegal drug (using a needle to inject any illegal drug into their body during their life)



Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, Hydrocodone, and Percocet, during their life)

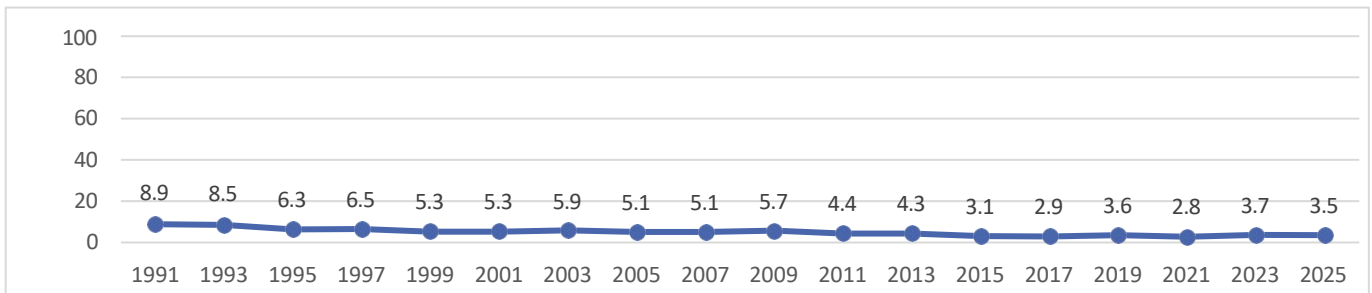


Were offered, sold, or given an illegal drug on school property (past 12 months)

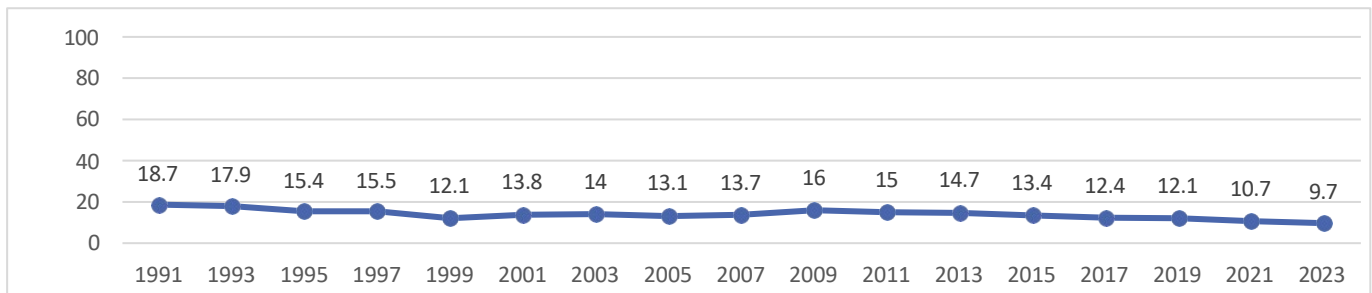


6. Sexual Behaviors

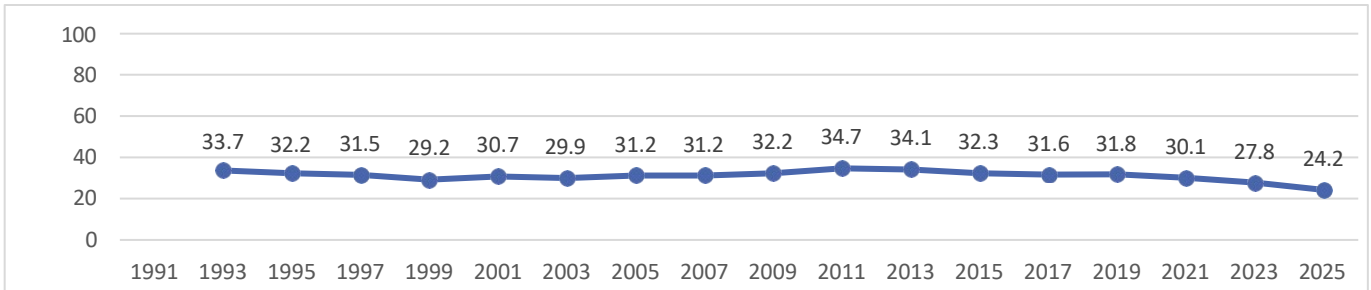
Had sexual intercourse for the first time before age 13 years



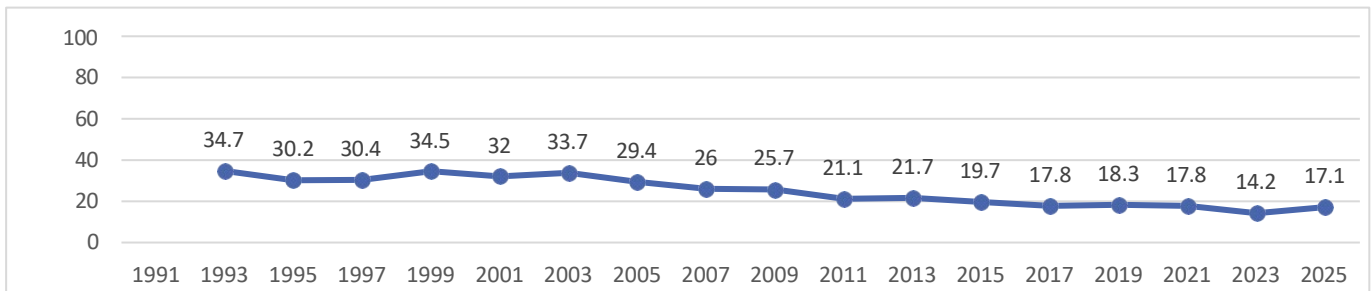
Had sexual intercourse with four or more persons (during their life)



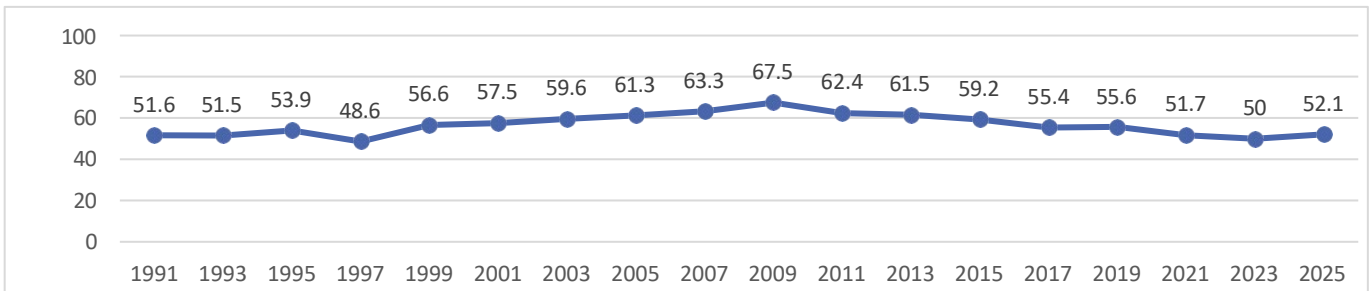
Were currently sexually active (sexual intercourse during the past 3 months)



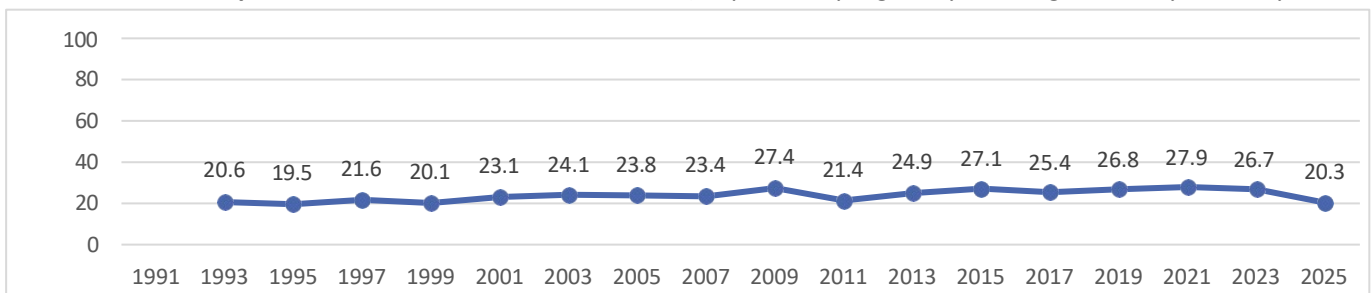
Drank alcohol or used drugs before last sexual intercourse (among currently sexually active)



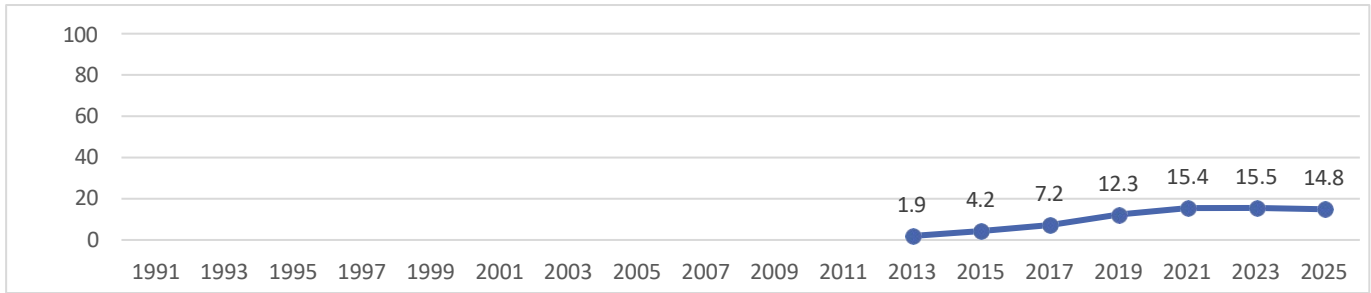
Used a condom during last sexual intercourse (among students who were currently sexually active)



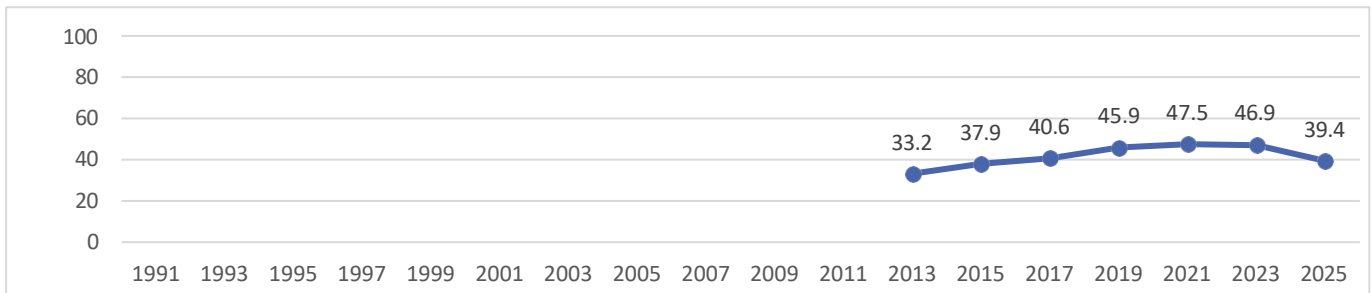
Used birth control pills before last sexual intercourse (to prevent pregnancy, among currently sexually active)



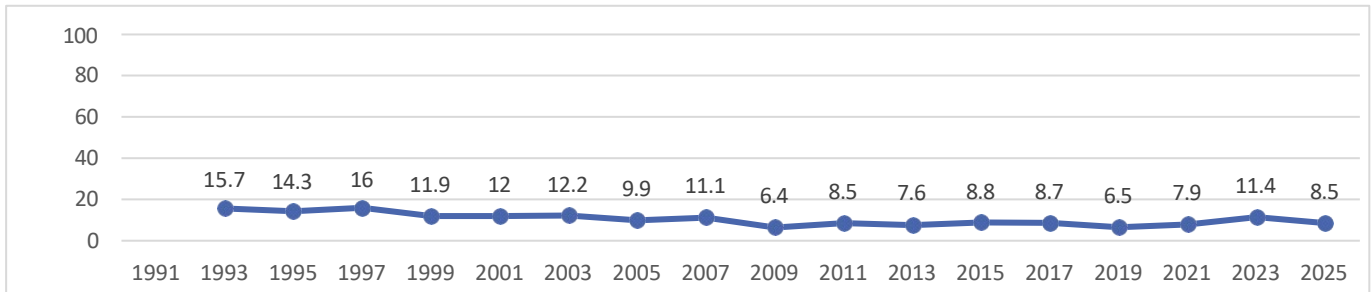
Used an IUD or implant during to prevent pregnancy last sexual intercourse (among students who were currently sexually active)



Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent pregnancy, among currently sexually active)

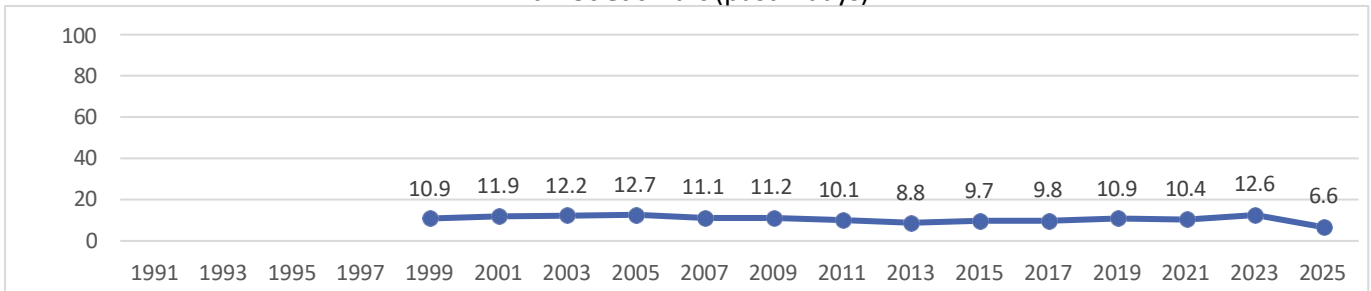


Did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)

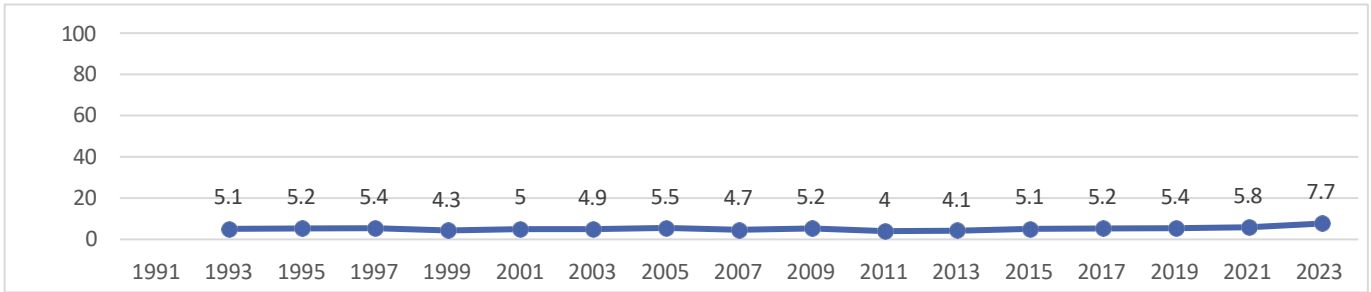


7. Nutrition and Dietary Behaviors

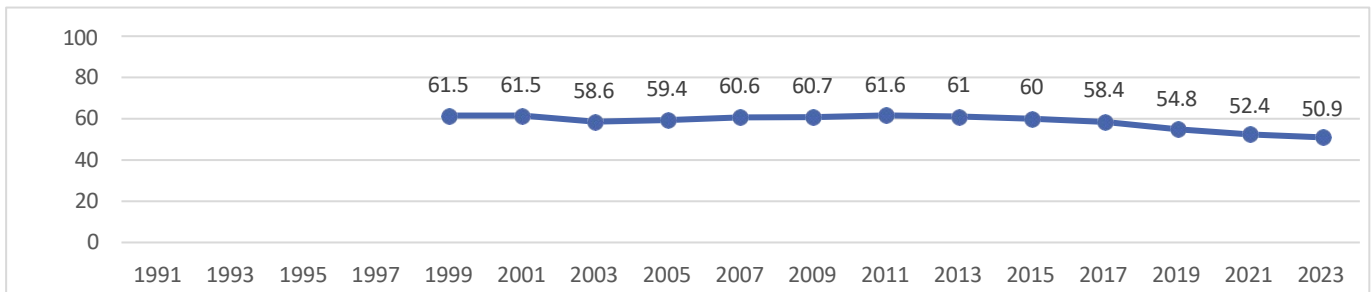
Did not eat fruit (past 7 days)



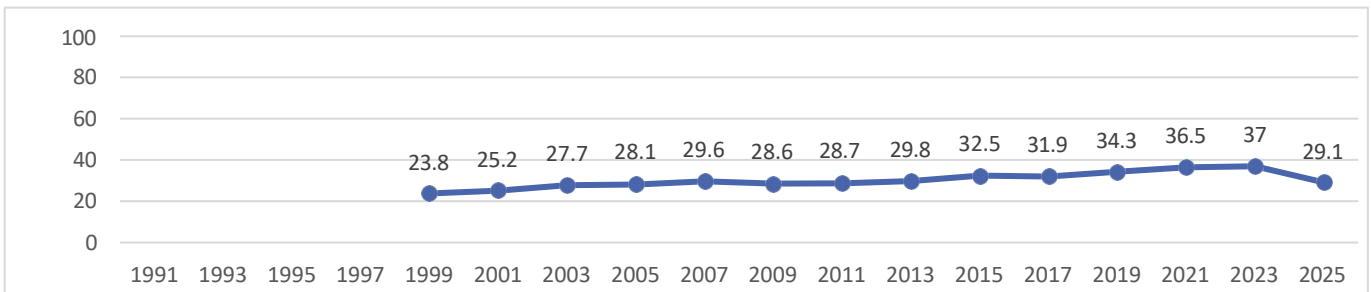
Did not eat fruit or drink 100% fruit juices (past 7 days)



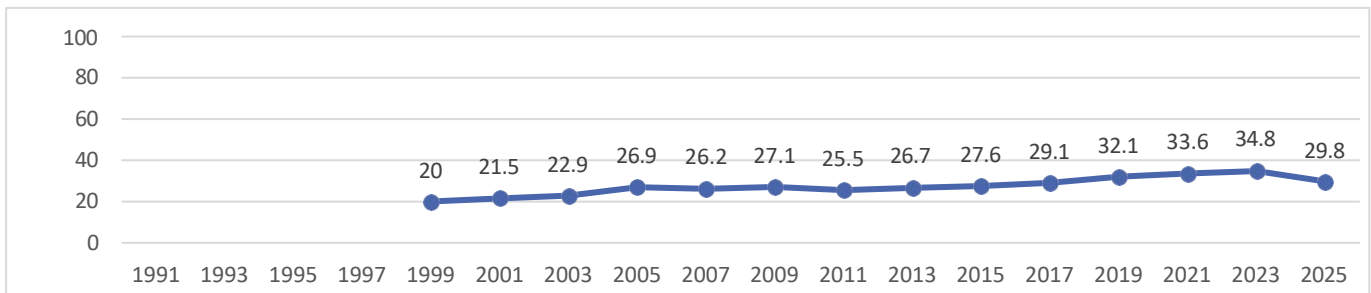
Ate fruit or drank 100% fruit juices one or more times per day (past 7 days)



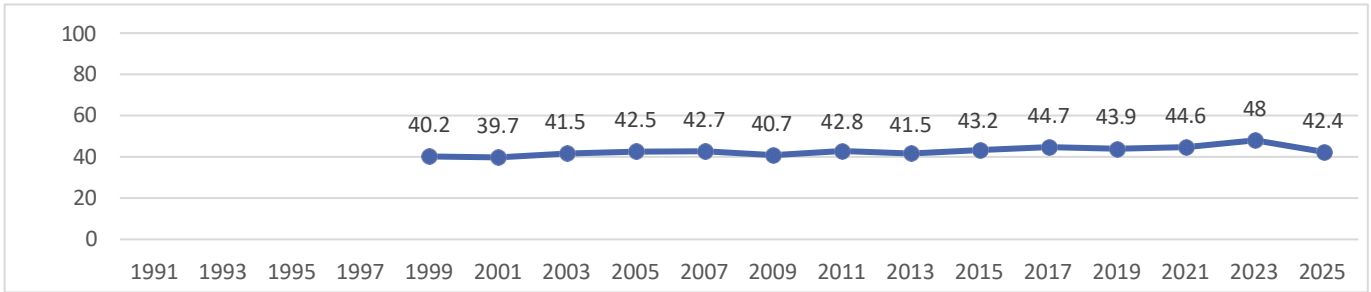
Did not eat a green salad (past 7 days)



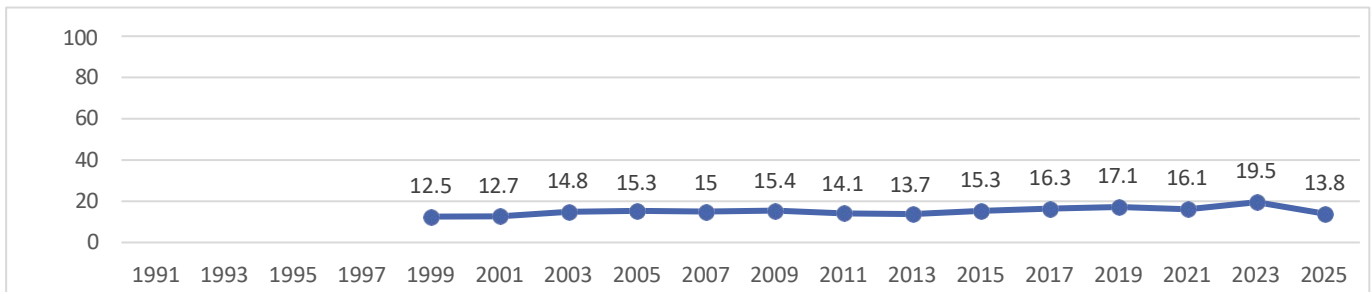
Did not eat potatoes (not counting French fries, fried potatoes, or potato chips, past 7 days)



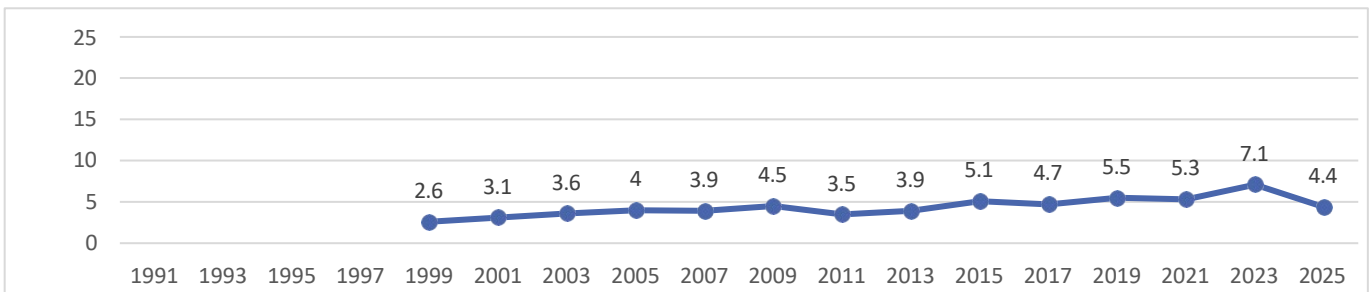
Did not eat carrots (past 7 days)



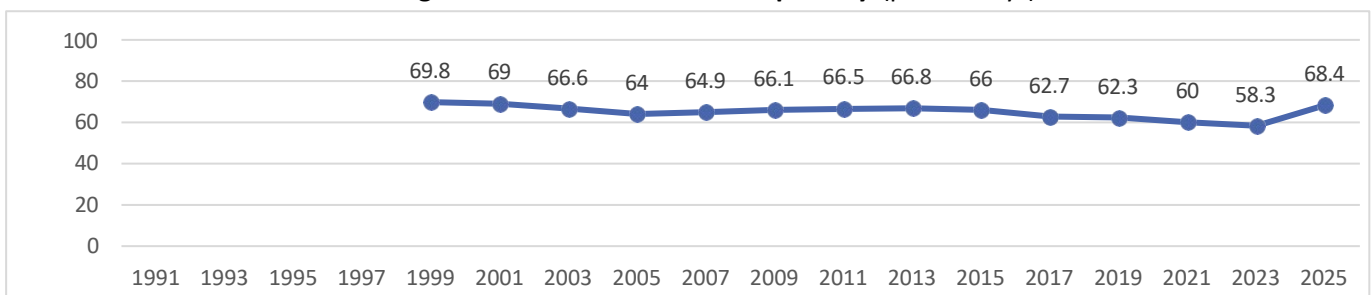
Did not eat other vegetables (past 7 days)



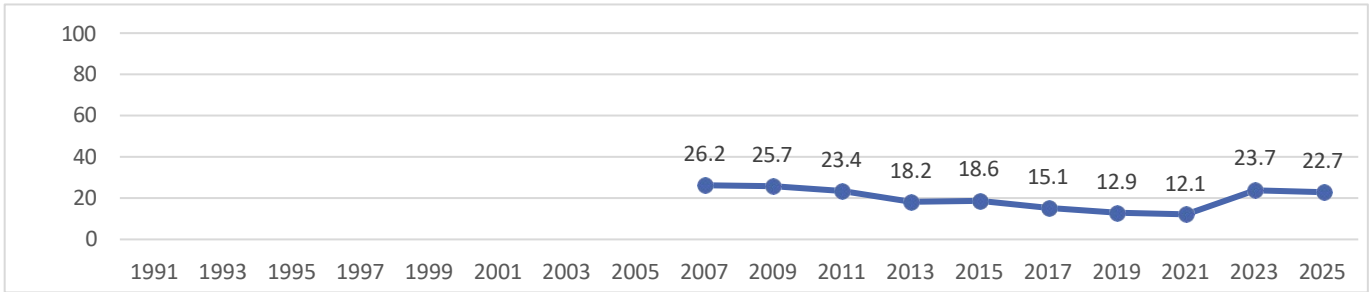
Did not eat vegetables (green salad, potatoes, carrots, or other vegetables, past 7 days)



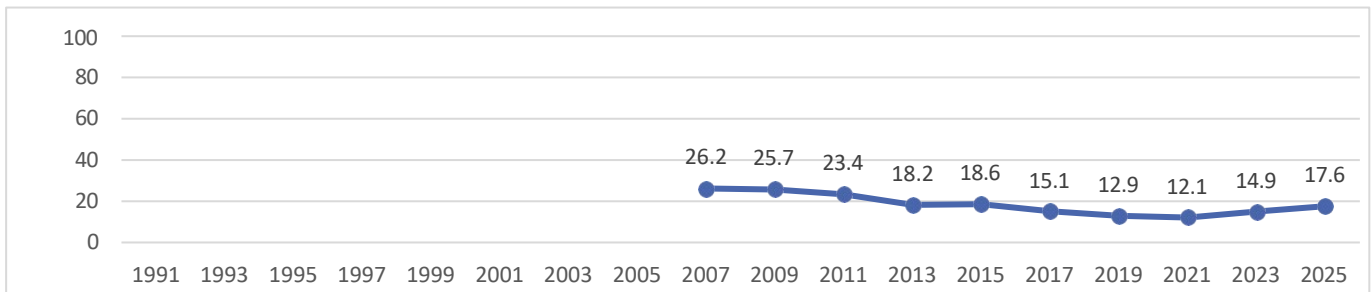
Ate vegetables one or more times per day (past 7 days)



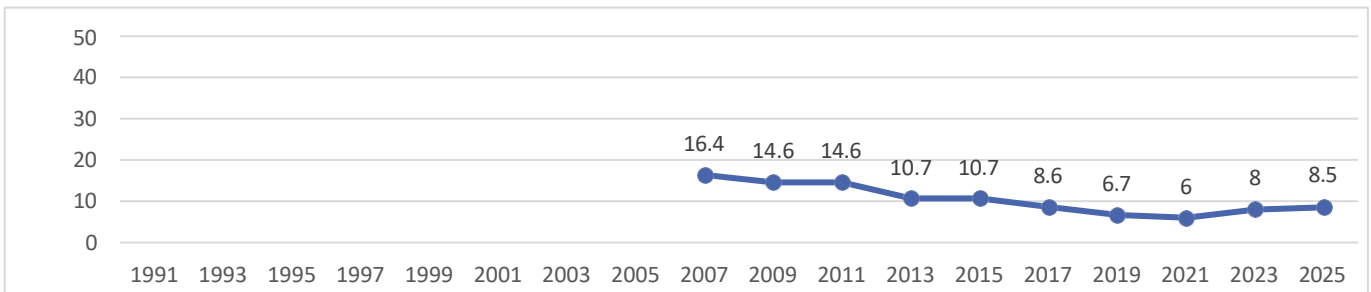
Did not drink a can, bottle, or glass of soda or pop (past 7 days)



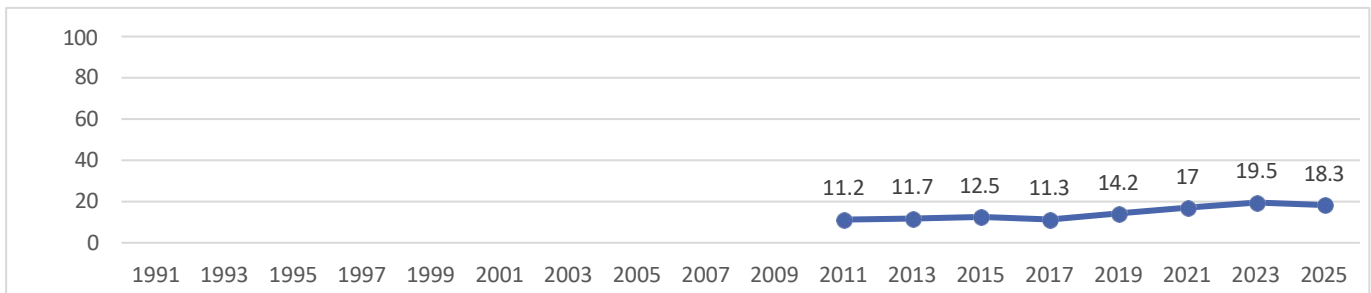
Drank a can, bottle, or glass of soda or pop ONE or more times per day (past 7 days)



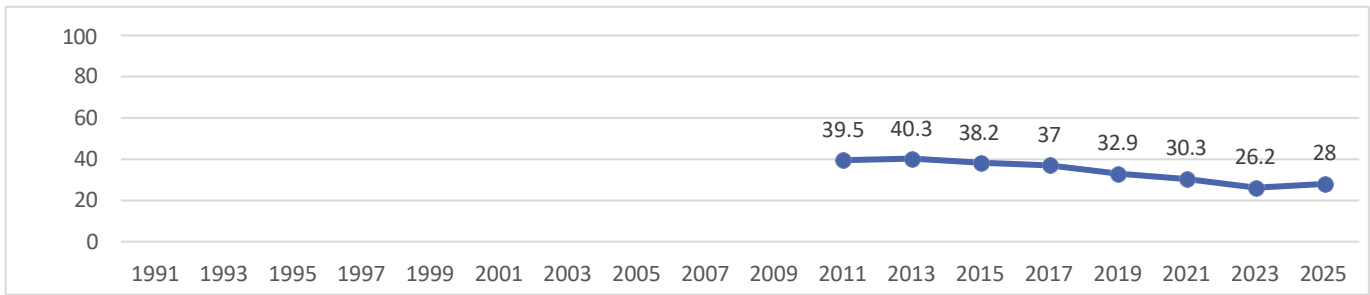
Drank a can, bottle, or glass of soda or pop TWO or more times per day (past 7 days)



Did not eat breakfast (past 7 days)

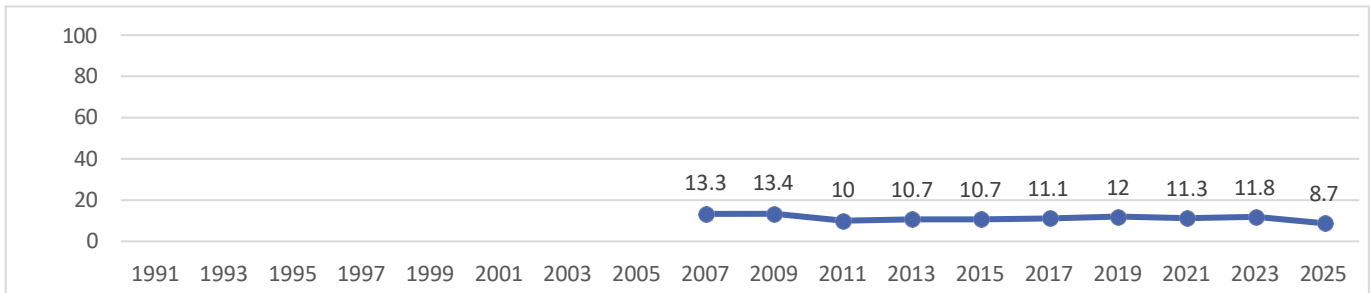


Ate breakfast on all 7 days (past 7 days)

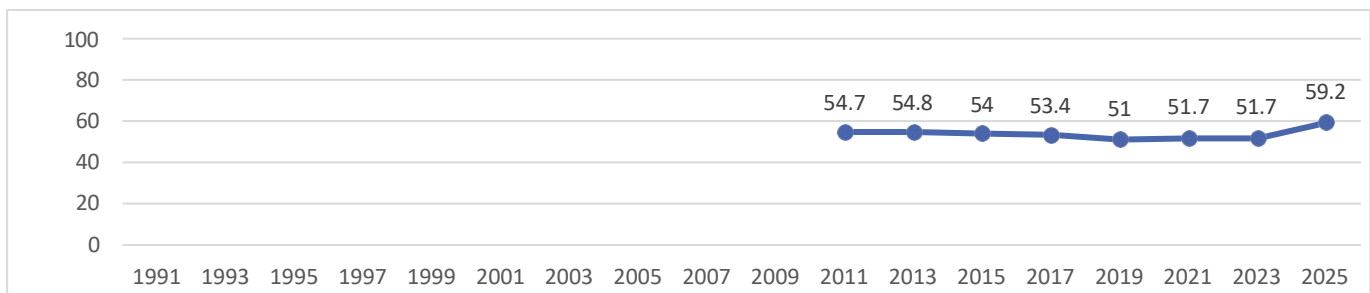


8. Physical Activity

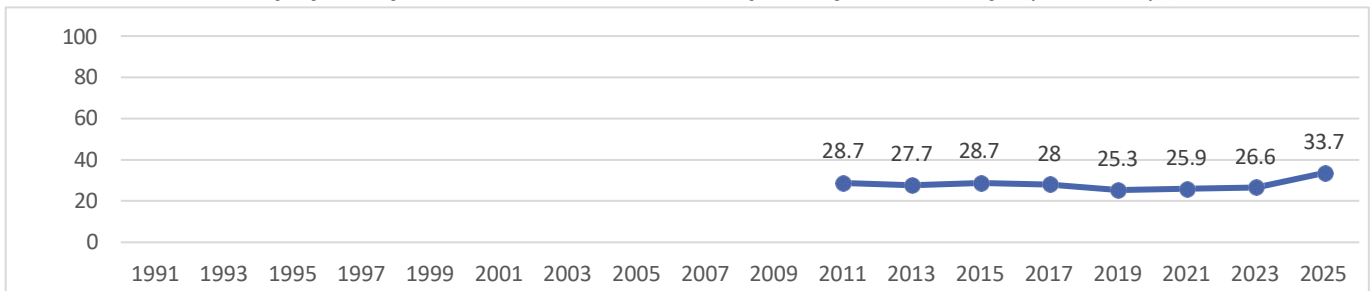
Did not participate in at least 60 minutes of physical activity on at least 1 day (past 7 days)



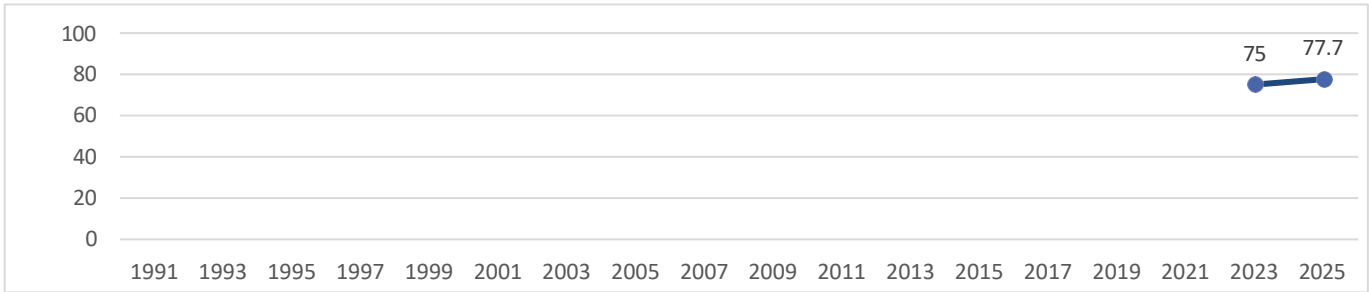
Were physically active at least 60 minutes per day on 5 or more days (physical activity that increased their heart rate and made them breathe hard some of the time, past 7 days)



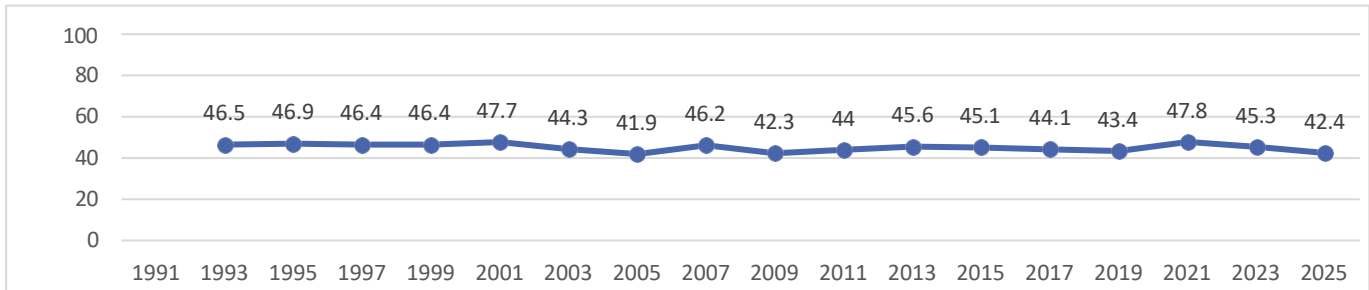
Were physically active at least 60 minutes per day on all 7 days (past 7 days)



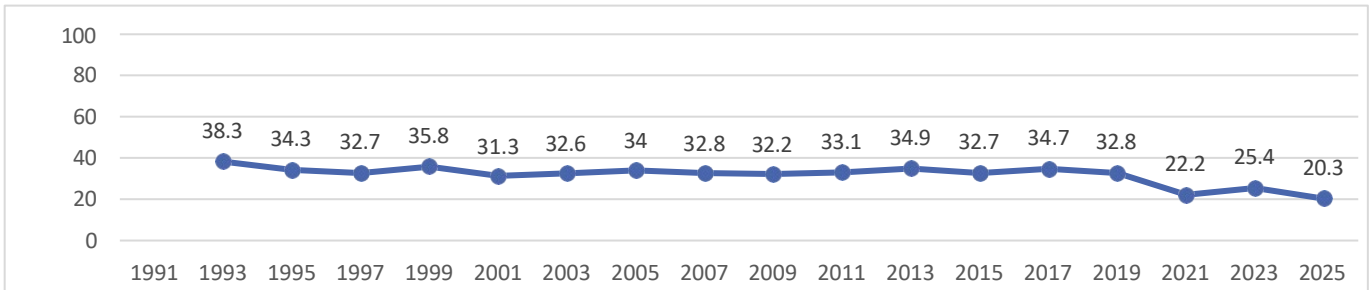
Used social media several times a day



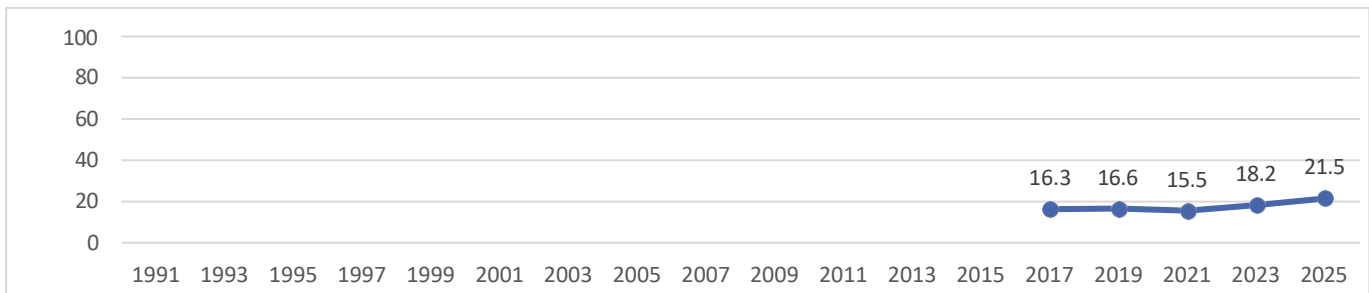
Did not attend physical education (PE) classes (during an average school week)



Attended physical education (PE) classes on all 5 days (during an average school week)



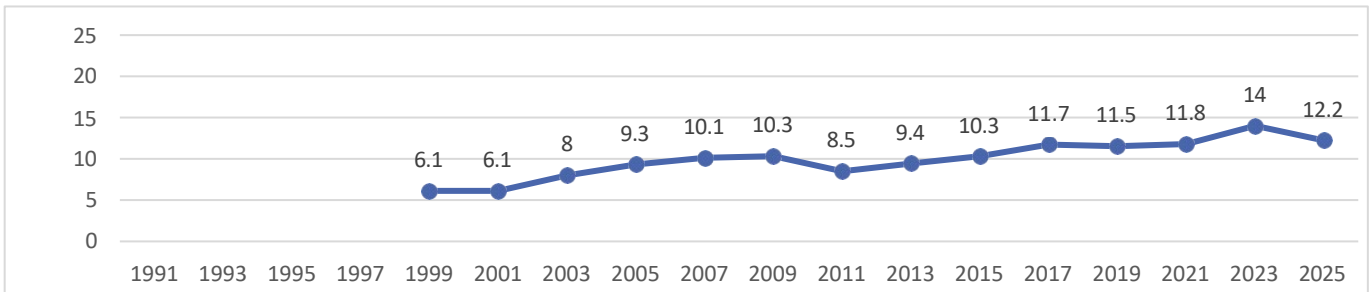
Had a concussion from playing a sport or being physically active (past 12 months)



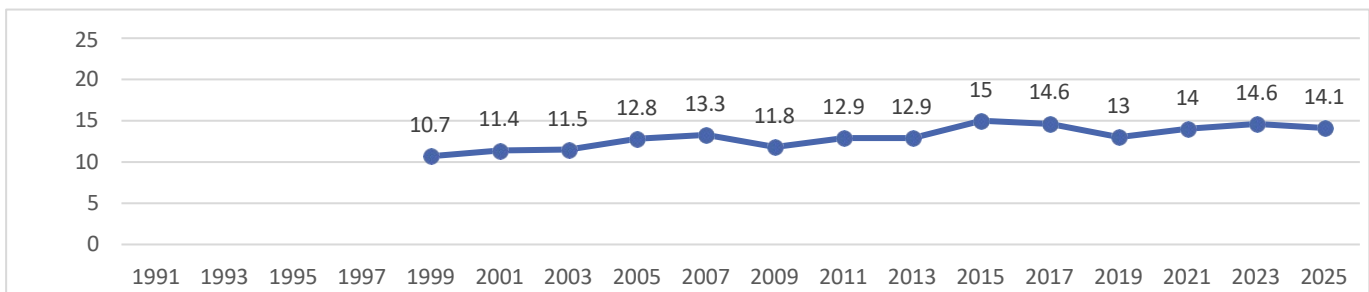
9. Obesity, Overweight, and Weight Control



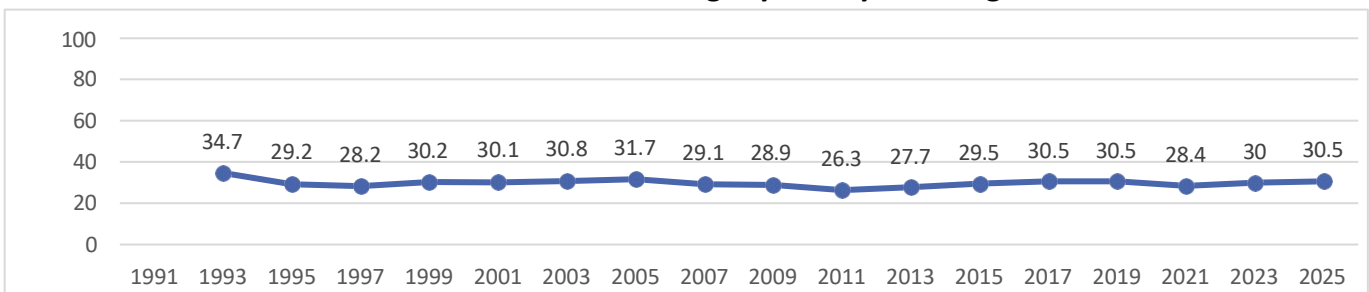
Had obesity (students who were $\geq 95^{\text{th}}$ percentile for body mass index, 2000 CDC growth charts)



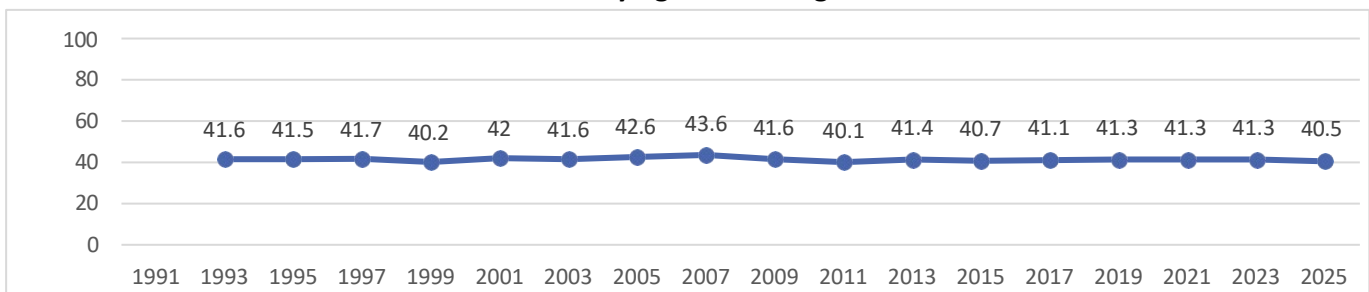
Were overweight (were $\geq 85^{\text{th}}$ percentile but $< 95^{\text{th}}$ percentile for body mass index, 2000 CDC growth charts)



Described themselves as slightly or very overweight



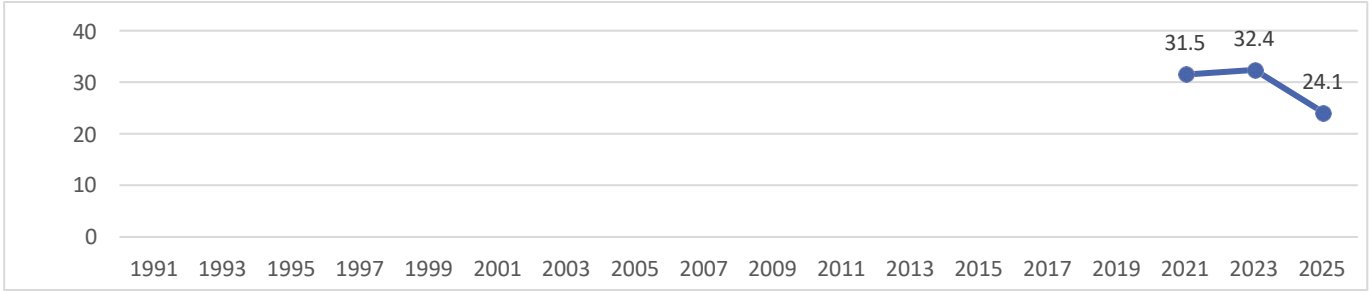
Were trying to lose weight



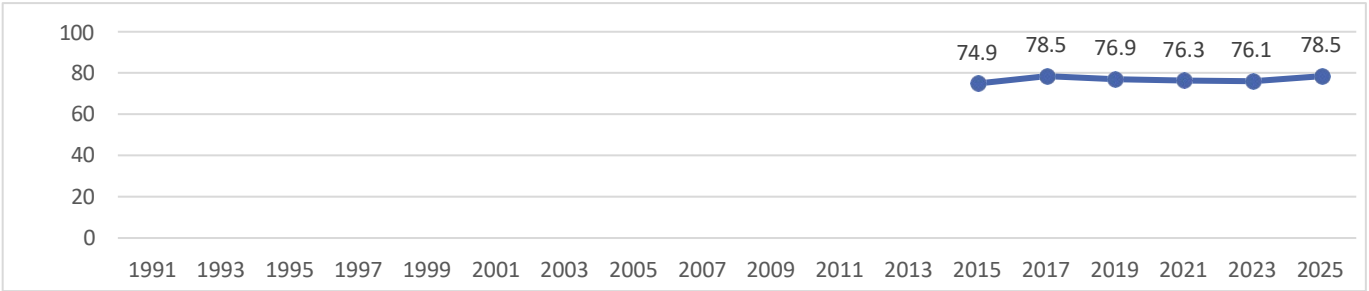
10. Other Health Topics



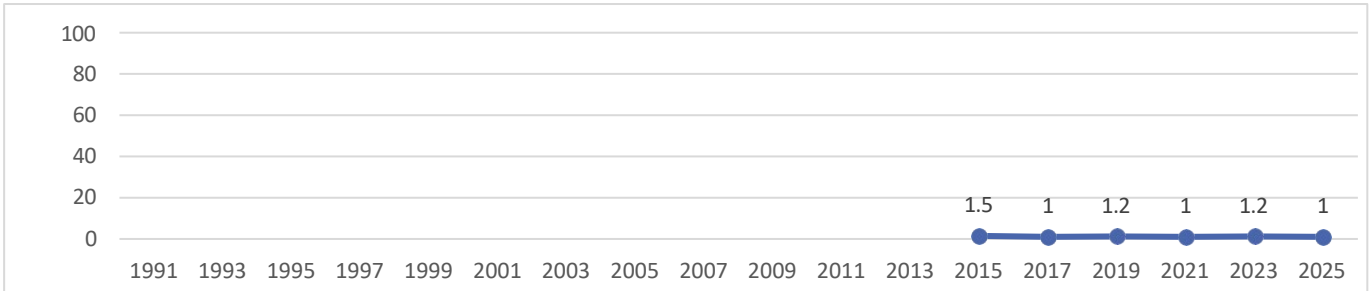
Reported that their mental health was most of the time or always not good (including stress, anxiety, and depression during thirty days before the survey)



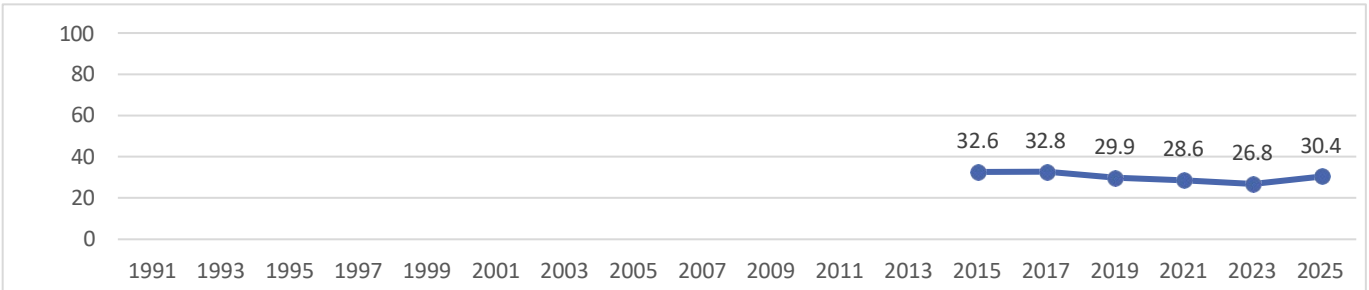
Saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, past 12 months)



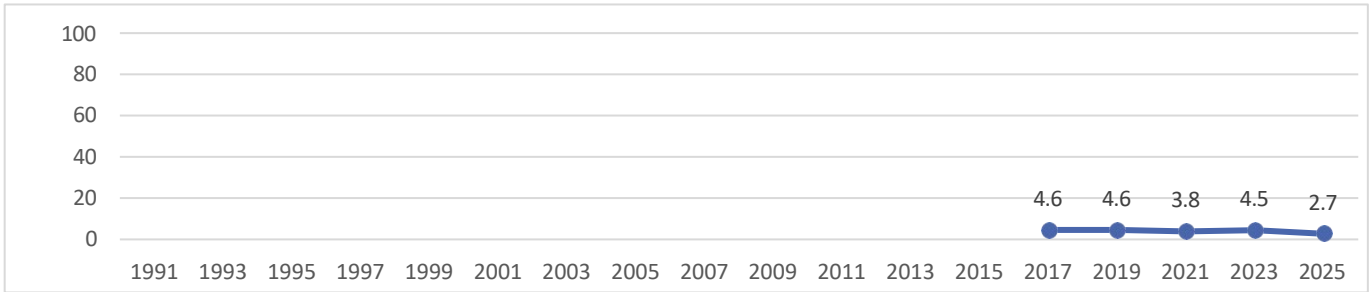
Have never seen a dentist (in their life)



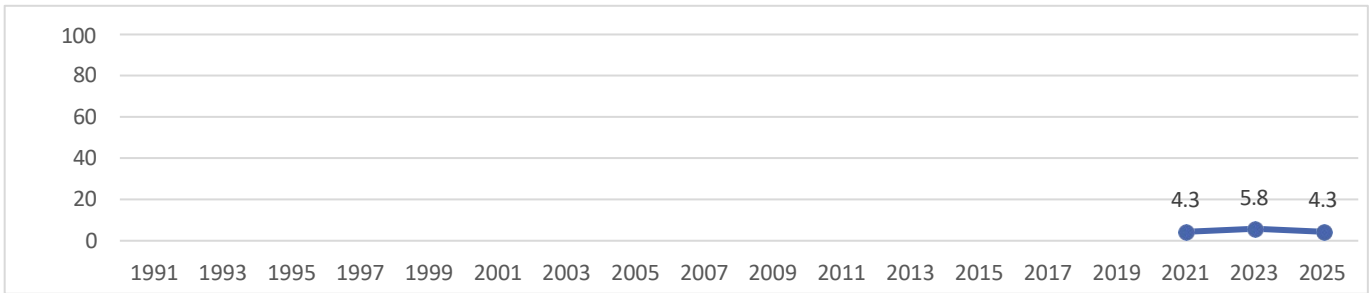
Got 8 or more hours of sleep (on an average school night)



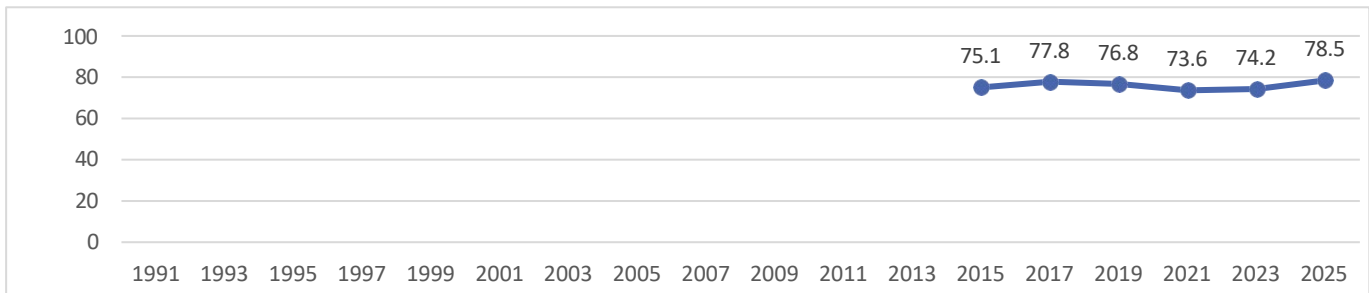
Did not usually sleep in their parent's or guardian's home (past 30 days)



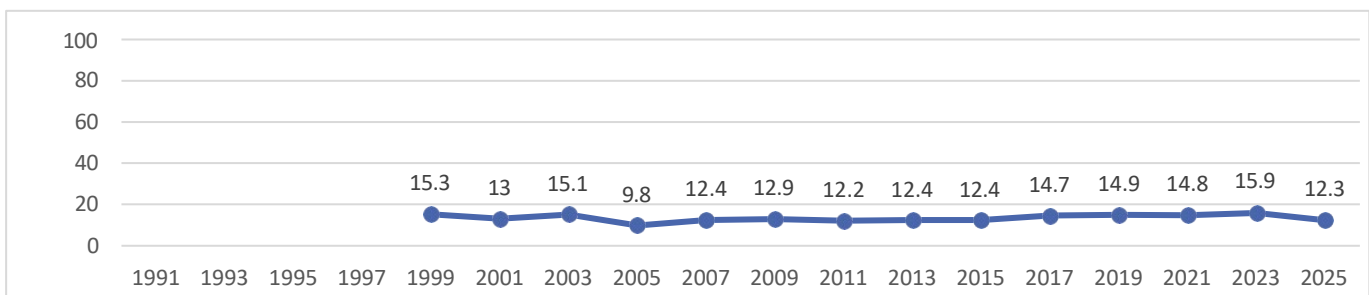
Slept away from parents or guardians because they were kicked out, ran away, or were abandoned (past 12 months)



Described their grades in school as mostly A's or B's (past 12 months)



Received help from a resource teacher, speech therapist, or other special education teacher (past 12 months)



Frequency Distributions

(Percentage of Montana High School Students)

1. How old are you?	
A. 15 years or younger	35.0
B. 16 or 17 years old	50.2
C. 18 years old or older	14.7

2. What is your sex?	
A. Female	48.5
B. Male	51.5

3. In what grade are you?	
A. 9 th grade	25.9
B. 10 th grade	25.9
C. 11 th grade	24.9
D. 12 th grade	23.0
E. Ungraded or other grade	0.3

4. What is your race? (can pick multiple answers)	
A. Native American*	9.7
B. Asian*	0.7
C. Black*	0.9
D. Hispanic/Latino	6.2
E. White*	77.6
F. All other races*+	0.2
G. Multiple races*	4.8

*Non-Hispanic

+Pacific Islander, Native Hawaiian, Middle Eastern, or North African

5. Height Chart

See Figure 1

6. Weight Chart

See Figure 2

The following six questions are about safety.

7. How often do you wear a seat belt when riding in a car driven by someone else?	
A. Never	3.1
B. Rarely	4.0
C. Sometimes	7.9
D. Most of the time	28.5
E. Always	56.6

8. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol ?	
A. 0 times	83.5
B. 1 time	6.6
C. 2 or 3 times	5.7
D. 4 or 5 times	1.2
E. 6 or more times	3.0

9. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana (also called pot or weed) ?	
A. 0 times	82.1
B. 1 time	5.3
C. 2 or 3 times	5.2
D. 4 or 5 times	1.7
E. 6 or more times	5.7

10. How often do you wear a seat belt when driving a car?	
A. I do not drive a car	14.3
B. Never	2.1
C. Rarely	3.1
D. Sometimes	5.0
E. Most of the time	12.3
F. Always	63.2

11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol ?	
A. I did not drive a car or other vehicle during the past 30 days	24.1
B. 0 times	72.0



C. 1 time	1.8
D. 2 or 3 times	1.2
E. 4 or 5 times	0.1
F. 6 or more times	0.9

12. During the past 30 days, how many times did you **drive** a car or other vehicle **when you had been using marijuana (also called pot or weed)?**

A. I did not drive a car or other vehicle during the past 30 days	27.0
B. Drove, not when using pot	67.6
C. 1 time	1.5
D. 2 or 3 times	1.4
E. 4 or 5 times	0.3
F. 6 or more times	2.1

13. During the past 30 days, how often did you **text or e-mail** while **driving** a car or other vehicle?

A. I did not drive a car or other vehicle during the past 30 days	23.9
B. 0 days	32.7
C. 1 or 2 days	11.4
D. 3 to 5 days	7.0
E. 6 to 9 days	3.7
F. 10 to 19 days	5.6
G. 20 to 29 days	4.6
H. All 30 days	11.1

The following ten questions are about violence-related behaviors and experiences.

14. During the past 30 days, how many days did you carry a **weapon** such as a gun, knife, or club **on school property?**

A. 0 days	93.3
B. 1 day	1.7
C. 2 or 3 days	1.2
D. 4 or 5 days	0.4
E. 6 or more days	3.4

15. **During the past 12 months**, how many days did you carry a **gun?** (Do **not** count the days when you carried a gun only for hunting or for a sport, such as target shooting.)

A. 0 days	94.8
B. 1 day	1.2
C. 2 or 3 days	1.8
D. 4 or 5 days	0.3
E. 6 or more days	2.0

16. During the past 30 days, how many days did you **not go to school** because you felt **unsafe on or on your way to or from school?**

A. 0 days	88.9
B. 1 day	4.9
C. 2 or 3 days	3.7
D. 4 or 5 days	0.5
E. 6 or more days	2.0

17. During the past 12 months, how many times has someone threatened or injured you with a **weapon** such as a gun, knife, or club **on school property?**

A. 0 times	91.0
B. 1 time	4.3
C. 2 or 3 times	2.7
D. 4 or 5 times	0.5
E. 6 or 7 times	0.2
F. 8 or 9 times	0.2
G. 10 or 11 times	0.1
H. 12 or more times	1.1

18. During the past 12 months, how many times were you in a **physical fight?**

A. 0 times	82.1
B. 1 time	9.2
C. 2 or 3 times	5.4
D. 4 or 5 times	1.4
E. 6 or 7 times	0.5
F. 8 or 9 times	0.2
G. 10 or 11 times	0.2
H. 12 or more times	1.0

19. During the past 12 months, how many times were you in a **physical fight on school property?**

A. 0 times	94.5
B. 1 time	3.8
C. 2 or 3 times	1.2
D. 4 or 5 times	0.1
E. 6 or 7 times	0.0



F. 8 or 9 times	0.0
G. 10 or 11 times	0.1
H. 12 or more times	0.4

20. Have you ever been physically forced to have sexual intercourse when you did not want to ?	
A. Yes	9.9
B. No	90.1

21. During the past 12 months , how many times did anyone force you to do sexual things that you did not want to do ? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)	
A. 0 times	88.8
B. 1 time	5.3
C. 2 or 3 times	3.2
D. 4 or 5 times	0.9
E. 6 or more times	1.7

22. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)	
A. I did not date or go out with anyone during the past 12 months	36.0
B. 0 times	57.6
C. 1 time	2.8
D. 2 or 3 times	1.9
E. 4 or 5 times	0.6
F. 6 or more times	1.1

23. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)	
A. I did not date or go out with anyone during the past 12 months	34.9
B. 0 times	58.6
C. 1 time	2.9
D. 2 or 3 times	1.7
E. 4 or 5 times	0.6
F. 6 or more times	1.3

The following question asks students about times when they felt they were treated badly or unfairly.

24. During your life, how often have you felt that you were treated badly or unfairly in school because of your race or ethnicity ?	
A. Never	77.9
B. Rarely	11.6
C. Sometimes	6.7
D. Most of the time	1.7
E. Always	2.1

The following three questions ask about bullying. **Bullying is when one or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when two students of about the same strength or power argue, fight, or tease each other in a friendly way.**

25. During the past 12 months, have you ever been bullied on school property ?	
A. Yes	13.0
B. No	87.0

26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)	
A. Yes	16.0
B. No	84.0

Question 27 was removed due to DEI restrictions.

28. During the past 12 months, have you ever bullied someone when you were not on school property, such as on your way to or from school or wherever you spend your free time?	
A. Yes	13.0
B. No	87.0

The next question asks about hurting yourself on purpose.

29: During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?	
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A. 0 times	82.4
B. 1 time	5.0
C. 2 or 3 times	5.2
D. 4 or 5 times	2.4
E. 6 or mor times	5.1

A. I did not attempt suicide during the past 12 months	88.8
B. Yes	2.0
C. No	9.2

The following five questions ask about sad feelings and attempted suicide. Sometimes, people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

30. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?	
A. Yes	29.2
B. No	70.8
31. During the past 12 months, did you ever seriously consider attempting suicide?	
A. Yes	14.3
B. No	85.7

32. During the past 12 months, did you make a plan about how you would attempt suicide?	
A. Yes	11.2
B. No	88.8

33. During the past 12 months, how many times did you attempt suicide?	
A. 0 times	93.3
B. 1 time	3.6
C. 2 or 3 times	2.0
D. 4 or 5 times	0.3
E. 6 or more times	0.7

34. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	
A. I did not attempt suicide during the past 12 months	93.3
B. Yes	1.8
C. No	4.9

35. If you attempted suicide during the past 12 months, did you ask for help from someone such as a doctor, counselor, or hotline before your attempt?	
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The following four questions ask about cigarette smoking.

36. How old were you when you first tried cigarette smoking, even one or two puffs?	
A. I have never tried cigarette smoking, not even one or two puffs	77.1
B. 8 years old or younger	2.8
C. 9 or 10 years old	2.3
D. 11 or 12 years old	4.7
E. 13 or 14 years old	6.0
F. 15 or 16 years old	5.5
G. 17 years old or older	1.6

37. During the past 30 days, how many days did you smoke cigarettes?	
A. 0 days	93.9
B. 1 or 2 days	2.7
C. 3 to 5 days	1.1
D. 6 to 9 days	0.3
E. 10 to 19 days	0.5
F. 20 to 29 days	0.4
G. All 30 days	1.2

The following five questions are about electronic vapor products: JUUL, SMOK, Suorin, Vuse, and Blu. Electronic vapor products include e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods.

38. Have you ever used an electronic vapor product?	
A. Yes	31.7
B. No	68.3

39. During the past 30 days, how many days did you use an electronic vapor product?	
A. 0 days	83.1
B. 1 or 2 days	4.8
C. 3 to 5 days	1.8



D. 6 to 9 days	1.2
E. 10 to 19 days	1.9
F. 20 to 29 days	2.0
G. All 30 days	5.3

40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)	
A. I did not use any electronic vapor products during the past 30 days	83.3
B. I got or bought them from a friend, family member, or someone else	8.7
C. I bought them myself in a vape shop or tobacco shop	1.4
D. I bought them myself in a convenience store, supermarket, discount store, or gas station	0.2
E. I bought them myself at a mall or shopping center kiosk or stand	0.1
F. I bought them myself on the Internet, such as from a product website, vape store website, or other website like eBay, Amazon, Facebook Marketplace, or Craigslist	0.3
G. I took them from a store or another person	0.6
H. I got them some other way	5.5

41. What is the main reason you have used electronic vapor products? (Select only one response.)	
A. I have never used an electronic vapor product	69.4
B. Friend or family member used them	5.2
C. To get a high or buzz from nicotine	4.8
D. I was feeling anxious, stressed, or depressed	5.9
E. I was curious about them	9.8
F. They are less harmful than other forms of tobacco	0.2
G. They are available in flavors such as mint, candy, fruit, or chocolate	1.2
H. I used them for some other reason	3.4

42. During the past 30 days, on how many days did you use an electronic vapor product to vape

marijuana (also called pot or weed), including THC, THC concentrates, hash oil, or waxes?	
A. 0 days	90.9
B. 1 or 2 days	2.9
C. 3 to 5 days	1.1
D. 6 to 9 days	1.3
E. 10 to 19 days	1.3
F. 20 to 29 days	0.7
G. All 30 days	1.9

43. Have you ever used a nicotine pouch, even one or two times?	
A. Yes	19.5
B. No	80.5

44. During the past 30 days, on how many days did you use a nicotine pouch?	
A. 0 days	92.6
B. 1 or 2 days	2.7
C. 3 to 5 days	1.4
D. 6 to 9 days	0.7
E. 10 to 19 days	0.8
F. 20 to 29 days	0.5
G. All 30 days	1.2

The following two questions ask about other tobacco products.

45. During the past 30 days, how often did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)	
A. 0 days	97.3
B. 1 or 2 days	1.2
C. 3 to 5 days	0.5
D. 6 to 9 days	0.3
E. 10 to 19 days	0.1
F. 20 to 29 days	0.2
G. All 30 days	0.6

46. During the past 30 days, how many days did you smoke cigars, cigarillos, or little cigars?	
A. 0 days	96.0
B. 1 or 2 days	2.1
C. 3 to 5 days	0.6



D. 6 to 9 days	0.4
E. 10 to 19 days	0.3
F. 20 to 29 days	0.1
G. All 30 days	0.6

The next question asks about all tobacco products. Please consider cigarettes, electronic vapor products, smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products), cigars (including little cigars or cigarillos), shisha or hookah tobacco, and pipe tobacco when answering this question.

47. During the past 12 months, did you ever try to quit using all tobacco products?	
A. I did not use any tobacco products during the past 12 months	75.9
B. Yes	14.7
C. No	9.4

The following six questions ask about drinking alcohol. This includes drinking beer, wine, flavored alcoholic beverages, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

48. How old were you when you had your first drink of alcohol other than a few sips?	
A. I have never had a drink of alcohol other than a few sips	52.3
B. 8 years old or younger	6.6
C. 9 or 10 years old	4.0
D. 11 or 12 years old	5.9
E. 13 or 14 years old	14.5
F. 15 or 16 years old	13.7
G. 17 years old or older	2.9

49. During the past 30 days, how many days did you have at least one drink of alcohol?	
A. 0 days	79.1
B. 1 or 2 days	10.6
C. 3 to 5 days	5.2
D. 6 to 9 days	2.6
E. 10 to 19 days	1.4
F. 20 to 29 days	0.4
G. All 30 days	0.8

50. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?	
A. I did not drink alcohol during the past 30 days	79.0
B. 1 or 2 drinks	7.1
C. 3 drinks	2.4
D. 4 drinks	2.2
E. 5 drinks	2.0
F. 6 or 7 drinks	2.0
G. 8 or 9 drinks	1.3
H. 10 or more drinks	4.0

51. During the past 30 days, how did you usually get the alcohol you drank?	
A. I did not drink alcohol during the past 30 days	79.2
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0.7
C. I bought it at a restaurant, bar, or club	0.2
D. I bought it at a public event such as a concert or sporting event	0.2
E. I gave someone else money to buy it for me	3.8
F. Someone gave it to me	8.6
G. I took it from a store or family member	2.2
H. I got it some other way	5.2

The following three questions ask about marijuana use. Marijuana is also called pot or weed. For these questions, do not count CBD-only or hemp products, which come from the same plant as marijuana but do not cause a high when used alone.

52. During your life, how many times have you used marijuana?	
A. 0 times	73.4
B. 1 or 2 times	6.2
C. 3 to 9 times	5.4
D. 10 to 19 times	3.1
E. 20 to 39 times	3.0
F. 40 to 99 times	2.3
G. 100 or more times	6.6



53. How old were you when you tried marijuana for the first time?	
A. I have never tried marijuana	73.3
B. 8 years old or younger	1.4
C. 9 or 10 years old	1.4
D. 11 or 12 years old	3.5
E. 13 or 14 years old	8.4
F. 15 or 16 years old	9.5
G. 17 years old or older	2.5

54. During the past 30 days, how many times did you use marijuana?	
A. 0 times	86.7
B. 1 or 2 times	4.8
C. 3 to 9 times	2.8
D. 10 to 19 times	1.4
E. 20 to 39 times	1.5
F. 40 or more times	2.9

The following eight questions ask about other drugs.

55. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?	
A. 0 times	97.6
B. 1 or 2 times	0.8
C. 3 to 9 times	0.5
D. 10 to 19 times	0.1
E. 20 to 39 times	0.2
F. 40 or more times	0.8

56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	
A. 0 times	94.4
B. 1 or 2 times	2.5
C. 3 to 9 times	1.3
D. 10 to 19 times	0.6
E. 20 to 39 times	0.3
F. 40 or more times	1.0

57. During your life, how many times have you used heroin (also called smack, junk, or China White)?	
A. 0 times	98.7
B. 1 or 2 times	0.3

C. 3 to 9 times	0.1
D. 10 to 19 times	0.1
E. 20 to 39 times	0.1
F. 40 or more times	0.7

58. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?	
A. 0 times	98.6
B. 1 or 2 times	0.4
C. 3 to 9 times	0.1
D. 10 to 19 times	0.1
E. 20 to 39 times	0.0
F. 40 or more times	0.8

59. During your life, how many times have you used ecstasy (also called MDMA)?	
A. 0 times	97.6
B. 1 or 2 times	0.7
C. 3 to 9 times	0.5
D. 10 to 19 times	0.2
E. 20 to 39 times	0.2
F. 40 or more times	0.8

60. During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?	
A. 0 times	93.7
B. 1 or 2 times	2.8
C. 3 to 9 times	1.2
D. 10 to 19 times	0.4
E. 20 to 39 times	0.5
F. 40 or more times	1.4

61. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?	
A. Yes	9.7
B. No	90.3

62. During your life, how many times have you used a needle to inject any illegal drug into your body?	
A. 0 times	98.8
B. 1 time	0.3



C. 2 or more times	0.9
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63. During your life, how many times have you used fentanyl without a doctor's prescription?	
A. 0 times	98.6
B. 1 or 2 times	0.4
C. 3 to 9 times	0.1
D. 10 to 19 times	0.1
E. 20 to 39 times	0.1
F. 40 or more times	0.7

The following seven questions ask about sexual behavior.

64. How old were you when you had sexual intercourse for the first time?	
A. I have never had sexual intercourse	65.7
B. 11 years old or younger	2.3
C. 12 years old	1.2
D. 13 years old	2.5
E. 14 years old	7.3
F. 15 years old	9.2
G. 16 years old	7.9
H. 17 years old or older	3.9

65. During the past three months, with how many people did you have sexual intercourse?	
A. I have never had sexual intercourse	65.6
B. I have had sexual intercourse, but not during the past three months	10.2
C. 1 person	19.0
D. 2 people	2.3
E. 3 people	1.3
F. 4 people	0.4
G. 5 people	0.1
H. 6 or more people	1.2

66. Did you drink alcohol or use drugs before you had sexual intercourse the last time?	
A. I have never had sexual intercourse	65.6
B. Yes	5.5
C. No	28.9

67. The last time you had sexual intercourse, did you or your partner use a condom?	
A. I have never had sexual intercourse	65.9
B. Yes	19.2

C. No	15.2
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68. The last time you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use to prevent pregnancy? (Select only one response.)	
A. I have never had sexual intercourse with an opposite-sex partner	67.9
B. No method was used to prevent pregnancy	2.7
C. Birth control pills (Do not count emergency contraception such as Plan B or the "morning after" pill.)	5.9
D. Condoms	13.6
E. An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	4.0
F. A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	1.0
G. Withdrawal or some other method	2.8
H. Not sure	2.0

The following two questions ask about body weight.

69. How do you describe your weight?	
A. Very underweight	2.2
B. Slightly underweight	14.2
C. About the right weight	53.0
D. Slightly overweight	24.6
E. Very overweight	5.9

70. Which of the following are you trying to do about your weight?	
A. Lose weight	40.5
B. Gain weight	23.5
C. Stay the same weight	14.4
D. I am not trying to do anything about my weight	21.5

The following ten questions ask about food you ate or drank during the past seven days. Think about all the meals and snacks you had from when you got up until you went to bed. Be sure to include food you ate at home, school, restaurants, or anywhere else.



71. During the past seven days, how often did you eat fruit ? (Do not count fruit juice.)	
A. I did not eat fruit during the past seven days	6.6
B. 1 to 3 times during the past seven days	28.4
C. 4 to 6 times during the past seven days	23.7
D. 1 time per day	12.7
E. 2 times per day	15.6
F. 3 times per day	6.4
G. 4 or more times per day	6.6

72. How often have you eaten green salad in the past seven days?	
A. I did not eat green salad during the past seven days	29.1
B. 1 to 3 times during the past seven days	42.1
C. 4 to 6 times during the past seven days	13.4
D. 1 time per day	9.4
E. 2 times per day	3.0
F. 3 times per day	0.9
G. 4 or more times per day	2.1

73. During the past seven days, how often did you eat potatoes ? (Do not count French fries, fried potatoes, or potato chips.)	
A. I did not eat potatoes during the past seven days	29.8
B. 1 to 3 times during the past seven days	48.6
C. 4 to 6 times during the past seven days	12.7
D. 1 time per day	4.1
E. 2 times per day	2.0
F. 3 times per day	0.8
G. 4 or more times per day	1.9

74. How often have you eaten carrots in the past seven days?	
A. I did not eat carrots during the past seven days	42.4
B. 1 to 3 times during the past seven days	38.3

C. 4 to 6 times during the past seven days	10.3
D. 1 time per day	4.7
E. 2 times per day	1.7
F. 3 times per day	0.7
G. 4 or more times per day	1.8

75. How often have you eaten other vegetables in the past seven days? (Do not count green salad, potatoes, or carrots.)	
A. I did not eat other vegetables during the past seven days	13.8
B. 1 to 3 times during the past seven days	37.6
C. 4 to 6 times during the past seven days	22.9
D. 1 time per day	12.4
E. 2 times per day	8.3
F. 3 times per day	2.1
G. 4 or more times per day	3.0

76. During the past seven days, how often did you drink a can, bottle, or glass of soda or pop , such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)	
A. I did not drink soda or pop during the past seven days	22.7
B. 1 to 3 times during the past seven days	42.2
C. 4 to 6 times during the past seven days	17.5
D. 1 time per day	9.1
E. 2 times per day	4.4
F. 3 times per day	1.7
G. 4 or more times per day	2.5

77. How many days have you eaten breakfast in the past seven days?	
A. 0 days	18.3
B. 1 day	10.1
C. 2 days	11.0
D. 3 days	10.6
E. 4 days	8.4
F. 5 days	7.4
G. 6 days	6.2
H. 7 days	28.0



The following four questions ask about physical activity.

78. During the past seven days, how many days were you physically active for a total of at least 60 minutes per day ? (Add up all the time you spent in any physical activity that increased your heart rate and made you breathe hard some of the time.)	
A. 0 days	8.7
B. 1 day	5.6
C. 2 days	6.6
D. 3 days	9.6
E. 4 days	10.4
F. 5 days	15.1
G. 6 days	10.4
H. 7 days	33.7

79. In an average week in school, how many days do you go to physical education (PE) classes?	
A. 0 days	42.4
B. 1 day	1.2
C. 2 days	4.8
D. 3 days	12.3
E. 4 days	19.1
F. 5 days	20.3

The next question asks about concussions. A concussion is when a blow or jolt to the head causes problems such as headaches, dizziness, confusion, difficulty remembering or concentrating, vomiting, blurred vision, or being knocked out.

80. During the last 12 months, how often have you had a concussion from playing a sport or being physically active ?	
A. 0 times	78.5
B. 1 time	12.7
C. 2 times	3.6
D. 3 times	1.6
E. 4 or more times	3.6

The next question asks about social media, such as Instagram, TikTok, Snapchat, and Twitter.

81. How often do you use social media?	
A. I do not use social media	8.5
B. A few times a month	1.5
C. About once a month	1.0

D. A few times a week	4.3
E. About once a day	6.9
F. Several times a day	40.5
G. About once an hour	8.8
H. More than once an hour	28.4

The following 10 questions ask about other health-related topics.

82. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?	
A. During the past 12 months	78.5
B. Between 12 and 24 months	9.2
C. More than 24 months ago	3.8
D. Never	1.0
E. Not Sure	7.5

83. During the past 30 days, how often was your mental health unwell? (Poor mental health includes stress, anxiety, and depression.)	
A. Never	23.5
B. Rarely	24.4
C. Sometimes	28.0
D. Most of the time	17.6
E. Always	6.5

84. During the past 12 months, when you have felt sad, empty, hopeless, angry, or anxious, how often did you get the kind of help you needed?	
A. Did not need help	37.8
B. Never	14.4
C. Rarely	16.8
D. Sometimes	16.0
E. Most of the time	10.3
F. Always	4.7

85. Has a doctor or nurse ever told you have asthma?	
A. Yes	17.8
B. No	74.9
C. Not sure	7.2



86. During the past 12 months, did you receive help from a school resource teacher, speech therapist, or other special education teacher?	
A. Yes	12.3
B. No	87.7

D. 3 days	8.0
E. 4 days	5.6
F. 5 days	8.2
G. 6 days	4.0
H. 7 days	6.1

87. how many hours of sleep do you get on an average school night?	
A. 4 or less hours	6.9
B. 5 hours	9.3
C. 6 hours	21.2
D. 7 hours	32.3
E. 8 hours	22.3
F. 9 hours	6.3
G. 10 or more hours	1.7

91. During the past 12 months, how would you describe your grades in school?	
A. Mostly A's	49.8
B. Mostly B's	28.6
C. Mostly C's	12.5
D. Mostly D's	3.0
E. Mostly F's	2.2
F. None of these grades	0.5
G. Not sure	3.3

88. During the past 12 months, where did you usually sleep?	
A. In my parent's or guardian's home	96.6
B. In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	1.4
C. In a shelter or emergency housing	0.2
D. In a motel or hotel	0.3
E. In a car, park, campground, or other public place	0.4
F. I do not have a usual place to sleep	0.3
G. Somewhere else	0.7

89. During the past 30 days, did you ever sleep away from your parents or guardians because you were kicked out, ran away, or were abandoned?	
A. Yes	4.3
B. No	95.7

90. In an average week when you are in school, on how many days do you take part in organized afterschool, evening, or weekend activities (other than sports teams) such as school clubs; community center groups; cultural activities; music, art, or dance lessons; church groups; or other supervised activities?	
A. 0 days	45.9
B. 1 day	11.9
C. 2 days	10.2



Fig. 1 Height distribution

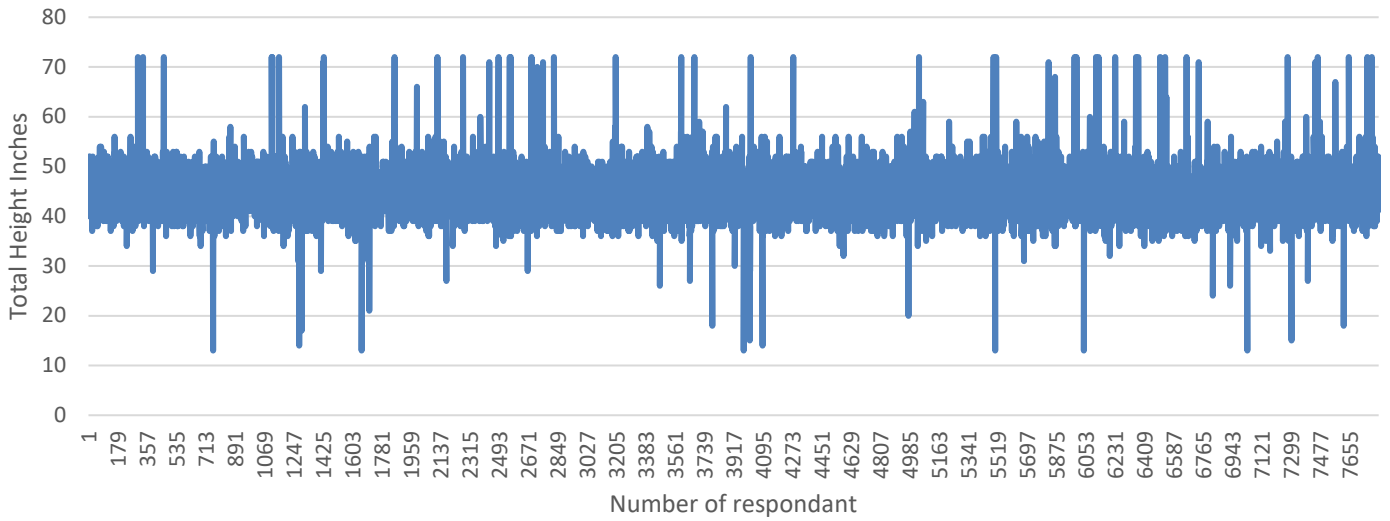
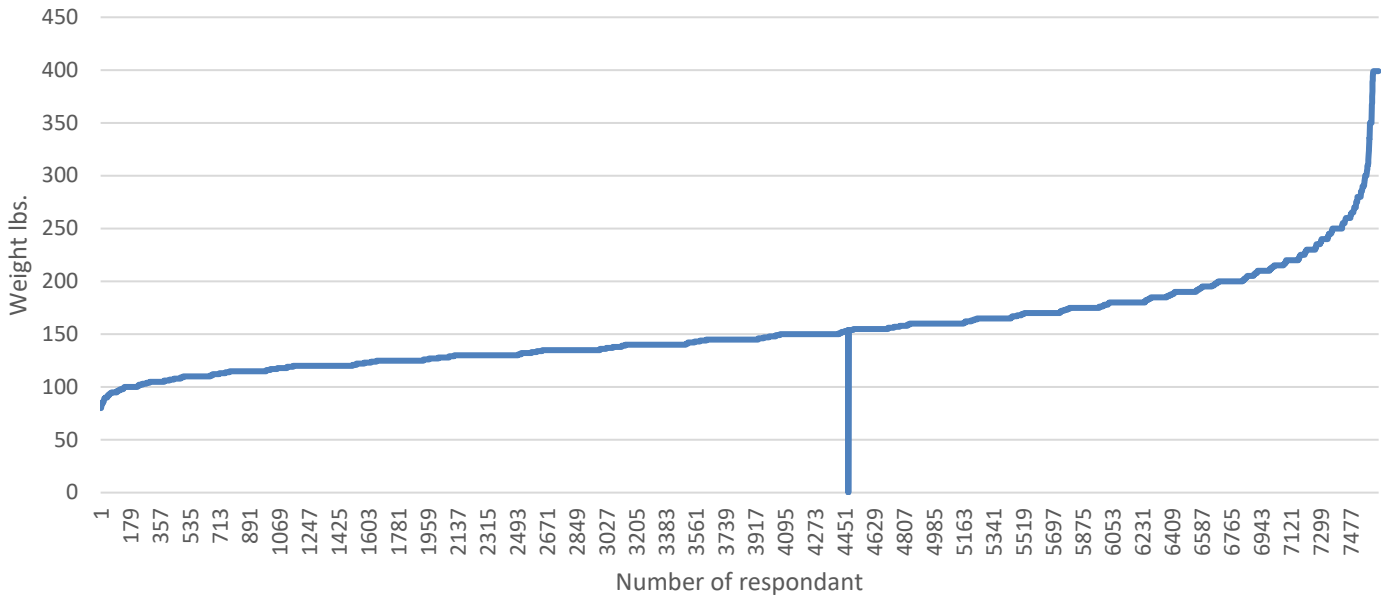


Fig. 2 Students Weight



2025 Montana Youth Risk Behavior Survey Results
Comparative Tables

The Montana High Schools results, with Native American, Black, and Hispanic subgroups, are based on random sampling procedures with a plus-or-minus 3 percent error rate. These weighted data can be used to make inferences about all high school students in Montana. A total of 7,907 students participated in the High School YRBS; 2,929 students from randomly sampled schools (Montana YRBS) and 7,129 high school students from non-sampled Montana high schools.

Data results for all other reports are based on census sampling procedures and are representative of those students who completed the survey. The data for these reports are based on the following number of students:

Grades 7-8 – 5,632

American Indian Students On or Near a Reservation – 689

American Indian Students in Urban Schools – 769

Nonpublic Accredited Schools – 166

Students with Disabilities – 3,746

Table (left to right): Montana YRBS High School ~ Grades 7-8 ~ American Indian Students on Reservations (AI-R)
 American Indian Students in Urban Schools (AI-U) ~ Nonpublic Accredited Schools (NPA)
 ~ Students with Disabilities (SWD)

<i>Injury and Violence</i>	Montana	Grades	AI-R	AI-U	NPA	SWD
Percentage of students who:	YRBS HS	7-8				
Did not <i>always</i> wear a seat belt when riding in a car	43.4	40.3	67.5	52.1	22.3	34.8
Did not <i>always</i> wear a seat belt when driving a car	26.2	NA	37.8	26.5	18.7	30.0
Rode with a driver who had been drinking alcohol during the past 30 days	16.5	26.5	15.7	21.7	10.8	12.8
Drove when drinking alcohol during the past 30 days	5.2	NA	2.3	5.0	2.2	2.8
Texted or e-mailed while driving a car during the past 30 days	57.0	NA	50.2	37.9	55.4	45.6
Rode with a driver who had been using marijuana during the past 30 days	17.9	16.1	28.2	25.1	8.6	10.4
Drove when using marijuana during the past 30 days	7.3	N/A	8.0	34.3	6.5	2.6
Carried a gun during the past 12 months (do not count days when you carried a gun only for hunting or for a sport, such as target shooting)	5.2	4.3	4.2	6.9	6.5	3.8
Carried a weapon such as a gun, knife, or club on school property during the past 30 days	6.7	3.0	3.3	8.3	5.0	5.1
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	11.1	N/A	17.2	17.7	2.9	6.9
Were threatened or injured with a weapon on school property during the past 12 months	9.0	10.2	6.9	11.8	5.0	5.4



<i>Injury and Violence</i>	Montana YRBS HS	Grades 7-8	AI-R	AI-U	NPA	SWD
Percentage of students who:						
Were in a physical fight during the past 12 months	17.9	28.9	19.5	27.9	18.8	10.9
Were in a physical fight on school property during the past 12 months	5.5	13.9	8.2	10.9	5.8	3.5
Were ever physically forced to have sexual intercourse when they did not want to	9.9	N/A	7.7	16.8	8.0	7.1
Experienced sexual violence by force during the past 12 months	11.2	N/A	8.8	16.8	7.2	9.3
Experienced <i>sexual dating violence</i> by someone they dated or went out with during the past 12 months	10.1	0.0	59.0	11.3	8.4	11.8
Experienced <i>physical dating violence</i> by someone they dated or went out with during the past 12 months	10.0	0.0	7.0	11.1	4.7	6.9
Students were treated badly or unfairly in school because of their race or ethnicity	22.1	36.0	34.5	47.9	17.3	17.2
Were bullied on school property during the past 12 months	24.6	51.4	19.2	32.0	21.7	19.4
Were bullied when away from school property during the past 12 months	13.0	13.8	7.3	12.4	N/A	11.7
Were electronically bullied during the past 12 months	16.0	23.4	14.3	22.2	18.7	12.6
Have ever been the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual during the past 12 months **Removed for DEI**	—	—	—	—	—	—
Have ever done something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?	17.6	21.3	90.7	84.6	89.9	91.6
Felt sad or hopeless for 2 or more weeks in a row that they stopped doing some usual activities during the past 12 months	29.2	30.9	83.8	77.6	81.9	86.6
Seriously considered attempting suicide during the past 12 months	14.3	21.9	30.6	37.2	23.7	22.6
Made a plan about how they would attempt suicide during the past 12 months	11.2	16.2	12.2	23.1	12.3	11.2
Attempted suicide during the past 12 months	6.7	9.4	87.1	82.0	87.5	92.3
Among students who attempted suicide, had a suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or a nurse during the past 12 months	26.7	85.8	66.1	42.5	66.7	55.3
Among students who attempted suicide, had ask for help from someone such as a doctor, counselor, or hotline before your attempt?	18.1	N/A	9.3	20.4	14.3	10.5



Tobacco Use	Montana YRBS HS	Grades 7-8	AI-R	AI-U	NPA	SWD
Percentage of students who:						
First tried cigarette smoking before age 13 yrs	9.7	55.8	19.0	17.9	7.2	7.2
Currently smoked cigarettes, past 30 days	6.1	2.1	35.7	28.5	11.5	14.1
Currently smoked cigarettes frequently, 20 or more of the past 30 days	1.5	0.4	8.6	4.9	0.7	5.7
Currently smoked cigarettes daily, all of the past 30 days	1.2	0.2	2.0	1.4	0.0	1.4
Ever used an electronic vapor product	31.7	15.9	91.5	90.1	96.4	97.2
Currently used an electronic vapor product, past 30 days	16.9	7.6	61.2	62.2	88.5	79.4
Currently vape, by buying them themselves in a convenience store, supermarket, discount store, or gas station	1.0	N/A	10.6	5.6	12.5	8.3
Currently vape, got them in some other way	5.5	N/A	0.0	0.0	30.8	0.0
Currently vape, state that they use them mainly because they were curious about them	9.8	N/A	0.0	2.4	0.0	0.3
Ever use the vapor product to vape marijuana in the past 30 days	9.1	N/A	37.7	36.3	11.5	19.7
Ever used a nicotine pouch	19.5	N/A	81.2	84.0	96.4	93.7
Currently use nicotine pouches	7.4	N/A	81.2	78.7	92.8	86.7
Currently use chewing tobacco, snuff, dip, snus, or dissolvable tobacco	2.7	1.5	9.5	11.1	3.6	5.2
Currently smoked cigars, cigarillos, or little cigars, past 30 days	4.0	1.0	3.5	6.4	1.4	1.4
Currently smoked cigars frequently (cigars, Cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.6	0.2	0.4	2.5	1.4	0.4
Tried to quit using all tobacco products, including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha, or hookah tobacco, or pipe tobacco during the past 12 months	61.1	N/A	41.7	32.4	60.0	61.8



<i>Alcohol and Other Drug Use</i>	Montana	Grades	AI-R	AI-U	NPA	SWD
Percentage of students who:	YRBS HS	7-8				
Drank alcohol before age 13 years	16.5	16.6	32.8	13.2	11.5	14.3
Currently drank alcohol, during the past 30 days	20.9	N/A	32.1	49.0	42.5	38.9
Reported that the largest number of drinks they had in a row was 10 or more, past 30 days	4.0	NA	0.0	0.0	0.0	0.0
Usually obtained the alcohol they drank by someone giving it to them	41.3	40.8	10.2	13.0	17.1	9.5
Ever used marijuana in their life	26.6	8.7	11.4	22.7	23.0	16.8
Tried marijuana before age 13 years	6.3	2.1	17.8	17.5	6.5	11.3
Currently used marijuana, past 30 days	13.3	1.8	38.3	34.4	9.4	17.4
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	6.3	6.5	1.2	5.5	2.2	0.7
Ever used cocaine in their life	2.4	0.6	18.9	16.9	5.0	7.0
Ever used inhalants in their life	5.6	N/A	1.2	5.6	1.4	0.9
Ever used heroin in their life	1.3	N/A	2.7	9.9	5.8	3.7
Ever used methamphetamines in their life	1.4	0.4	0.4	4.1	2.2	0.5
Ever used fentanyl without a doctor's prescription	1.4	0.8	0.4	3.2	0.7	0.4
Ever used ecstasy in their life	2.4	N/A	0.4	4.2	2.2	0.5
Ever injected any illegal drug in their life	1.2	N/A	65.0	87.0	95.7	93.2
Were offered, sold, or given an illegal drug on school property during the past 12 months	9.7	N/A	96.4	88.2	92.8	95.7

<i>Sexual Behaviors</i>	Montana	Grades	AI-R	AI-U	NPA	SWD
Percentage of students who:	YRBS HS	7-8				
Had sexual intercourse before age 13 years	3.5	5.9	0.14	0.9	0.7	0.27
Had sexual intercourse with four or more persons in their life	9.7	N/A	21.0	20.3	17.4	18.4
Were currently sexually active, past 3 months	24.2	N/A	36.71	32.3	22.4	25.9
Drank alcohol or used drugs before last sexual intercourse	17.1	N/A	12.3	12.2	29.4	31.3
Used a condom during last sexual intercourse	52.1	3.7	5.3	8.0	9.1	10.9
Used birth control pills before last sexual intercourse	20.3	NA	17.3	20.2	41.9	10.8
Used an IUD before last sexual intercourse	14.8	NA	0.0	0.0	0.0	0.0
Used a shot, patch, or birth control ring during last sexual intercourse	39.4	NA	0.0	0.0	0.0	0.0
Did not use any method to prevent pregnancy during last sexual intercourse	8.5	NA	22.3	19.9	58.1	16.5



<i>Dietary Behaviors</i>	Montana YRBS HS	Grades 7-8	AI-R	AI-U	NPA	SWD
Percentage of students who:						
Described themselves as slightly or very overweight	30.5	29.6	66.4	65.1	78.3	75.0
Were trying to lose weight	40.5	23.2	2.3	3.2	0.7	2.2
Did not eat fruit during the past 7 days	6.6	8.7	60.0	44.4	27.5	37.0
Did not eat a green salad during the past 7 days	29.1	34.9	8.4	8.7	2.9	5.6
Did not eat potatoes during the past 7 days	29.8	N/A	34.8	31.3	12.2	27.1
Did not eat carrots during the past 7 days	42.4	N/A	33.6	27.8	28.8	27.2
Did not eat other vegetables	13.8	16.6	51.0	49.7	31.7	40.2
Did not drink a can, bottle, or glass of soda or pop during the past 7 days	22.7	N/A	25.7	17.5	7.2	11.3
Drank a can, bottle, or glass of soda or pop one or more times per day during the past 7 days	17.6	N/A	18.9	21.0	35.3	25.9
Drank a can, bottle, or glass of soda or pop two or more times per day during the past 7 days	8.5	N/A	12.7	12.4	13.7	12.7
Did not eat breakfast during the past 7 days	18.3	17.9	22.6	20.9	38.1	28.4
Ate breakfast on five or more of the past 7 days	28.0	48.0	6.8	6.9	2.9	2.4
Ate breakfast on all of the past 7 days	28.0	31.9	0.0	0.0	0.0	0.0

<i>Physical Activity</i>	Montana YRBS HS	Grades 7-8	AI-R	AI-U	NPA	SWD
Percentage of students who:						
Were physically active at least 60 minutes per day on 5 or more days during the past 7 days	59.2	60.3	27.9	34.4	54.0	49.7
Did not participate in at least 60 minutes of physical activity on any of the past 7 days	8.7	6.1	22.6	23.5	13.7	14.8
Were physically active at least 60 minutes per day on all of the past 7 days	33.7	35.2	0.0	0.2	0.0	0.03
Used social media several times a day	77.7	60.7	0.0	0.0	0.0	0.0
Attended physical education classes on one or more days in an average week when they were in school	57.6	93.9	83.6	91.0	96.4	92.2
Attended physical education classes on all five days in an average week when they were in school	20.3	23.9	12.8	14.7	14.4	15.5

<i>Other</i>	Montana YRBS HS	Grades 7-8	AI-R	AI-U	NPA	SWD
Percentage of students who:						
Had a concussion from playing a sport or being physically active during the past 12 months	21.5	21.8	59.8	62.0	56.1	55.2
Had ever been told by a doctor or nurse that they had asthma	17.8	N/A	40.6	35.9	41.0	42.2
Saw a dentist during the past 12 months	78.5	N/A	36.6	33.6	7.9	10..5



Always or most of the time had poor mental health (includes stress, anxiety, and depression) during the past 30 days	24.1	21.4	14.2	13.1	5.8	5.5
Among students who have felt sad, empty, hopeless, angry, or anxious, students who got the kind of help they needed?	24.1	15.9	7.7	11.6	5.8	4.8
Got 4 or less hours of sleep on an average school night	6.9	6.9	13.7	18.5	5.0	7.6
Got 8 or more hours of sleep on an average school night	30.4	47.1	0.0	0.0	0.0	0.0
Did not usually sleep in their parent's or guardian's home during the past 30 days	2.7	1.5	91.5	88.9	95.0	96.0
Slept away from their parents or guardians because they were kicked out, ran away, or were abandoned during the past 30 days	4.3	2.8	97.0	92.6	95.7	97.9
Made mostly A's or B's in school during the past 12 months	78.5	74.1	74.8	60.3	55.1	51.2
Received help from a resource teacher, speech therapist, or other special education teacher during the past 12 months	12.3	2.3	16.2	22.0	15.1	100.0
Participate in organized after school, evening, or weekend activities on one or more days	54.1	22.4	92.9	93.3	99.3	97.8

