



**MONTANA
DIABETES
PROGRAM**



Agenda: DPP In-Person/Virtual Spring Lifestyle Coach Workshop

April 23, 2026

Time	Event
8:30 - 9:00	Dock Talk: Connecting with Fellow Coaches (In-Person Only)
9:00 - 9:30	On the Dock: Introductions & Fishing Report
9:30 - 10:00	Reeling in the Data: The National Diabetes Prevention Program May Benefit People with Diabetes
10:00 - 10:45	Casting the Line: Crafting Your DPP Elevator Pitch
10:45 - 11:00	Take a Breather on the Dock (Break Time!)
11:00 - 12:00	Finding Your Fishing Holes: Identifying and Nurturing Partners
12:00 - 1:00	Lunch on the Dock: Fisher-to-Fisher Networking
1:00 - 2:00	Empathy Mapping: Choosing the Right Bait
2:00 - 2:45	The Participant Journey Map: From First Bite to Reeling Them in
2:45 - 3:00	Take a Breather on the Dock (Break Time!)
3:00 - 4:00	Aquarium Care: Action Planning to Keep Your Fish Swimming Strong
4:00 - 4:30	Catch of the Day: Reflections & Evaluations

In-Person Information

Where: United Way Commons Room (2173 Overland Ave. Billings, MT)
Room Block: Courtyard by Marriot 2225 Overland Ave. Billings, MT Room Rate \$110/night +taxes [Book Online](#) or call (406) 534-2704 and ask for "Diabetes Program - DPHHS" room rate. Last day to book: Tuesday, April 07, 2026

Virtual Information

<https://mt-gov.zoom.us/j/83191062022?pwd=xR6DYYxvvq3zPzpjWO8il00DaFSelX.1>
 Meeting ID: 831 9106 2022
 Password: 184008
 Dial by Telephone
 +1 646 558 8656
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 Password: 184008