



# Positive Problem Solving for Diabetes

*DECIDE Problem Solving Support Program*



- Proven Problem-Solving Skills Training
- Designed for Adults with Type 1 and Type 2 Diabetes
- Designed for all levels of understanding
- Proven to improve
  - Management Skills
  - Self-Care
  - Confidence and Wellness
  - Blood Sugar Levels, Blood Pressure, and Cholesterol

**FOR MORE INFORMATION EMAIL THE  
MONTANA DIABETES PROGRAM**

**DIABETES@MT.GOV**



**MONTANA  
DIABETES  
PROGRAM**

**VISIT [DIABETES.MT.GOV](http://DIABETES.MT.GOV)**