



The holidays are about spending quality time with loved ones—and WIC Montana is here to support your family every step of the way! Whether you're planning a big holiday meal or need help finding healthy foods for your kids, we've got resources that make the season brighter. ✨

Download our WIC App or visit your local WIC office to learn more about all the resources available to you this holiday season.

#WIC #HolidayWellness #FamilySupport #WICResources



This holiday season, WIC Montana is offering more than just food assistance—we're offering peace of mind. From nutrition counseling to creative new recipes, our team is ready to support you in making this a joyful, healthy holiday for your family.

Contact your local WIC office today to learn how we can help!

#WIC #HolidayWellness #FamilySupport
#WICResources



🎄✨ The holidays are a time for celebration—and a time when families need support the most. Did you know WIC is here to help with food, nutrition, and more? Whether you need extra support with meal planning, food assistance, or nutrition guidance, we've got you covered!

Take advantage of the resources WIC offers this season to keep your family happy, healthy, and nourished. Download the WIC App, visit our website or reach out to your local WIC office to learn more about the services available to you.

#WIC #HolidayWellness #FamilySupport
#WICResources