



EMPOWERING HEALTHCARE PROVIDERS

to Educate Patients on
Arthritis Interventions



**FREE, ONLINE CONTINUING
EDUCATION OPPORTUNITY**

What Is It?

The Lifestyle Management Programs for Arthritis: Expand Your Knowledge on Evidence-Based Interventions activity is for healthcare providers to assess their learning needs related to non-pharmacologic interventions for patients with arthritis and to increase knowledge regarding arthritis-appropriate, evidence-based interventions (AAEBIs) and other appropriate physical activity opportunities for patients with arthritis.

What to Expect

- Includes 25 questions using an interactive question, answer, and explanation format
- Provides immediate peer-response data
- Employs case studies to connect to experiences

Who It's For

Primary care physicians, physical therapists, occupational therapists, community health workers, rheumatologists, orthopedic surgeons, sports medicine physicians, nurses, nurse practitioners, physician assistants, and other healthcare practitioners who provide care to patients with arthritis.

**Participants are
awarded up to
0.25 CME/ABIM
MOC/CE credits.**

To learn more about this free, online course, visit
<http://tinyurl.com/MTarthritisCPA>



NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS
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MONTANA
**ARTHRITIS
PROGRAM**





This activity highlights the importance of AAEBIs and physical activity as a way to help patients with arthritis improve physical function, reduce pain, and improve overall wellbeing.

More than 6,000 healthcare providers have completed the activity and can apply learnings to enhance their practice.

Participant Feedback

- 94% of participants agreed the content learned will impact their practice.
- 78% agreed or strongly agreed that their awareness of AAEBIs and the benefits of arthritis management for patients improved.
- 52% plan to make one or more practice changes.

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About NACDD

Since 1988, the National Association of Chronic Disease Directors and its more than 7,000 Members have worked to strengthen state-based leadership and expertise for chronic disease prevention and control in all states, territories, and nationally.

Learn more at chronicdisease.org.

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