



Santa Fe Community College • School of Fitness Education

ONLINE NUTRITION FALL 2024 COURSES — REGISTRATION OPEN

Human Nutrition (NUTR 2110 – 3 credits)

CRN 20028 — Aug 19–Oct 12 (1st 8 weeks)

CRN 20112 — Sept 2–Dec 7 (14 weeks)

CRN 20513 — Sept 2–Dec 7 (14 weeks)

CRN 20029 — Oct 14–Dec 7 (2nd 8 weeks)

Required textbook: Nutrition & You, 5th ed. ISBN 9780135210420

Nutrition in the Life Cycle (NUTR 2130 – 3 credits)

CRN 20113 — Sept 2–Dec 7 (14 weeks)

Required textbook: Life Cycle Nutrition (Edelstein)

ISBN 9781284005349

Dietary Guidelines (NUTR 1120 – 1 credit)

CRN 20111 — Oct 14–Dec 7 (2nd 8 weeks)

No textbook required

Stress Management (HLED 1160 – 3 credits)

CRN 20752 — Aug 19–Oct 12 (1st 8 weeks)

CRN 20026 — Oct 14–Dec 9 (2nd 8 weeks)

Required textbook: Stress Management (Tummers)

ISBN 9781450431668

Culinary Nutrition (NUTR 2160 – 3 credits)

CRN 20116 — Oct 14–Dec 7 (2nd 8 weeks)

Required textbook: Techniques of Healthy Cooking 4th ed. ISBN 9780470635438

Diabetes Management (NUTR 2170 – 3 credits)

CRN 20030 — Oct 14–Dec 7 (2nd 8 weeks)

Required textbook: American Diabetes Association

Complete Guide to Diabetes ISBN 13: 9781580403306

Sports Nutrition (NUTR 1020 – 3 credits)

CRN 20498 — Aug. 19 –Oct. 12 (1st 8 weeks)

Required textbook: Practical Applications in Sports Nutrition

ISBN 9781284284300; 9781284284317 (digital)

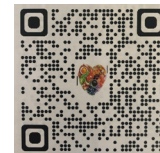
Weight Management and Exercise

(HLED 1225 – 3 credits)

CRN 20027 — Aug 19–Oct 12 (1st 8 weeks)

No textbook required

Textbooks: Students should have their textbooks by the first day of class. Go to www.sfcc.edu/offices/bookstore.



Registration Instructions

- 1** New SFCC students must complete an online application as a credit student before registering for any courses. Select **Future Students** from **www.sfcc.edu**.
 - 2** To register for nutrition courses, select **New and Returning Students** from **www.sfcc.edu/get-started/apply-and-register**
 - 3** Individual students enrolling and paying their own tuition may call the Cashier's Office at **505-428-1211** to make a payment over the phone with a Visa, Mastercard or Discover credit card. Students can also set up a payment plan or pay online through their MySFCC account: under the **Registration Tab** click on **Pay Online** and follow the prompts.
 - 4** Third party payers must email the following information to **linda.pena@sfcc.edu**
 - a) Purchase order number or letter of intent to pay
 - b) Student name(s)
 - c) Student A#
 - d) Student phone number
 - e) Course(s) each student is enrolling in
- Payment, intent to pay, and/or payment arrangements must be made immediately to avoid being dropped from classes due to nonpayment.
- Students can access their courses the first day of class by following the CANVAS link on their MySFCC homepage or **www.sfcc.edu**.

For specific information:

Welcome and Advising Center **505-428-1270** — to register
OIT Service Desk **505-428-1222** — technical problems logging into MySFCC or Canvas
Cashier's Office **505-428-1211** — tuition, fees and payments
Bookstore **505-428-1218** **www.sfcc.edu/offices/bookstore**
Nutrition course content information — Patty Willms **mary.willms@sfcc.edu**

