

## Celebrating Dr. Marc Steinberg's extraordinary life

Dr. Marc Steinberg passed away recently from advanced Alzheimer's, and while he is gone too soon, he made an incalculable contribution to the world of diabetes care and education in Montana and beyond. We wished to honor Marc's dedication and innovation to people with diabetes and to the health care professionals who care for them.

Marc P. Steinberg, MD, FAAP, moved to Montana in 1993, where he worked for Indian Health Service in Lame Deer, and then became a rural family medicine practitioner in White Sulphur Springs until 2008. Marc believed that health care was a fundamental human right and his career path led him to serve low-income and rural communities. Marc was a singularly compassionate man and physician, and his patients and colleagues genuinely loved him.



Later in his life, Marc worked as a trainer in motivational interviewing for health care professionals through Johnson and Johnson's Diabetes Institute (now called Lifescan Diabetes Institute) and his private consulting practice. The culmination of this work was in the publishing of his book in 2016, in collaboration with William R Miller, "Motivational Interviewing In Diabetes Care."

His impact in the field of diabetes, not just in Montana, but nationally and most certainly internationally, has been far-reaching. Marc also knew intimately what it was like to live with diabetes. He was diagnosed with type 1 diabetes as a college student, and it sparked his interest in the medical field as well as shaped the diabetes care innovator that he became, helping countless health professionals to more fully understand and positively assist those living with this challenging 24/7 condition.

Marc was diagnosed with advanced Alzheimer's dementia in 2020. Although devastating, his diagnosis paved the way in new expressions through art. The Montana Diabetes Program and MT Association of Diabetes Care and Education Specialists (ADCES) are working with Marc's family to display his artwork at the fall Montana Diabetes Professional Conference in Butte, Oct 20-21<sup>st</sup>. To register for the conference, go to:

<https://www.umt.edu/ces/conferences/diabetes/> [\[umt.edu\]](https://www.umt.edu)

Donations in Marc's honor can be made to the Montana Youth Diabetes Alliance (MYDA), which hosts diabetes camp and provides financial support for families who struggle with the high cost of diabetes care. <https://www.mydiabetesalliance.org/> [\[mydiabetesalliance.org\]](https://www.mydiabetesalliance.org/)