



**Santa Fe
Community
College
School of
Fitness
Education**

Online Nutrition Summer 2021 Courses

Registration begins Tuesday, April 13.

Human Nutrition (NUTR 2110 – 3 credits)

CRN 10025 — June 7–July 31

CRN 10026 — June 7–July 31

CRN 10148 — June 7–July 31

Required textbook: Nutrition & You, 5th ed.

ISBN 978-0-13-432484-5

Stress Management (HLED 1160 – 3 credits)

CRN 10024 — June 7–July 31

Required textbook: Stress Management (Tummers)

ISBN 9781450431668

Nutrition in the Life Cycle (NUTR 2130 – 3 credits)

CRN 10131 — June 7–July 31

Required textbook: Life Cycle Nutrition (Edelstein)

ISBN 9781284005349

Weight Management and Exercise

(HLED 1225 – 3 credits)

CRN 10132 — June 7–July 31

No textbook required.

Textbooks may be ordered and shipped through the SFCC online bookstore after hours using a credit card OR through most major online booksellers.

Important: Students should have their textbooks by the first day of class.

ONLINE NUTRITION FALL 2021 COURSES — REGISTRATION BEGINS JUNE

Human Nutrition (NUTR 2110 – 3 credits)

CRN 20064 — Aug. 23–Oct. 16

CRN 20065 — Oct. 18–Dec. 11

CRN 20207 — Sept. 6–Dec. 11

CRN 20208 — Sept. 6–Dec. 11

CRN 20209 — Sept. 6–Dec. 11

Required textbook: Nutrition & You, 5th ed. ISBN 978-0-13-432484-5

Stress Management (HLED 1160 – 3 credits)

CRN 20062 — Aug. 23–Oct. 16

Required textbook: Stress Management (Tummers)

ISBN 9781450431668

Nutrition in the Life Cycle (NUTR 2130 – 3 credits)

CRN 20210 — Sept. 6–Dec. 11

Required textbook: Life Cycle Nutrition (Edelstein)

ISBN 9781284005349

Dietary Guidelines (NUTR 1120 – 1 credit)

CRN 20206 — Oct. 18–Dec. 11

No textbook required

Culinary Nutrition (NUTR 2160 – 3 credits)

CRN 20217 — Oct. 18–Dec. 11

Required textbook: Techniques of Healthy Cooking 4th ed. ISBN 9780470635438

Diabetes Management (NUTR 2170 – 3 credits)

CRN 20066 — Oct. 18–Dec. 11

Required textbook: American Diabetes Association Complete Guide to Diabetes ISBN 13: 9781580403306

IM Lifestyle Change (EXSC 2130 – 3 credits)

CRN 20060 — Oct. 18–Dec. 11

Required textbook: EXSC 202 Instruction in Lifestyle Change ISBN 9781323873854

Nutrition for Fitness and Sport (EXSC 2140 - 3 credits)

CRN 20272 — Oct. 18–Dec. 11

Required textbook: Practical Applications in Sports Nutrition ISBN 9781284101393

Weight Management and Exercise

(HLED 1225 – 3 credits)

CRN 20063 — Oct. 18–Dec. 11

No textbook required

Registration Instructions

- 1** New SFCC students must complete an online application as a credit student before registering for any courses. Select **Future Students** from www.sfcc.edu.
- 2** To register for nutrition classes, email Patty Willms at mary.willms@sfcc.edu with the following information:
 - a) Student name
 - b) Student A# (SFCC student ID# emailed to you after completing online application.)
 - c) CRN of SFCC course(s)
- 3** Individual students enrolling and paying their own tuition may call the Cashier's Office at **505-428-1211** to make a payment over the phone with a Visa, Mastercard or Discover credit card. Students can also set up a payment plan or pay online through their MySFCC account: under the **Registration Tab** click on **Pay Online** and follow the prompts.
- 4** Third party payers must email the following information to linda.pena@sfcc.edu
 - a) Purchase order number or letter of intent to pay
 - b) Student name(s)
 - c) Student A#
 - d) Student phone number
 - e) Course(s) each student is enrolling in

Payment, intent to pay, and/or payment arrangements must be made immediately to avoid being dropped from classes due to nonpayment.

Students can access their courses the first day of class by following the CANVAS link on their MySFCC homepage or www.sfcc.edu.

For specific information:

Welcome and Advising Center **505-428-1270** — to register
OIT Service Desk **505-428-1222** — technical problems logging into MySFCC or Canvas
Cashier's Office **505-428-1211** — tuition, fees and payments
Bookstore **505-428-1218** www.sfcc.edu/offices/bookstore
Nutrition course content information — Patty Willms mary.willms@sfcc.edu

