



LUNCH LEARN

Move Well, Live Well: Understanding Your Physical Therapy Benefits

July 8

11:30 a.m. to 12:30 p.m.

Whether you're dealing with aches and pains, recovering from an injury, or looking to stay active, physical therapy can be a valuable resource. Join us to learn about direct access to care, the benefits of physical therapy, and how to make the most of this healthcare option.

[Register Here!](#)