

CHANGES THERAPEUTIC SERVICES LLC

*presents*

# FOSTERING CHANGE

## 2026 PARENTING CLASSES

Once a month on Wednesdays!

02/25

03/25

04/29

05/27

06/17

6:00p  
-  
7:30p!

### MAIN TOPICS

- ✓ Neuroscience of the Adolescent Brain
- ✓ Establishing Healthy Boundaries and Rules
- ✓ Parenting and The Effects of Social Media
- ✓ Managing Parental Trauma and Stress
- ✓ Understanding My Parenting Style

[Click Registration Link Here](#)

\*Attendees who attend three or more of the classes will earn training credit or CEU credit that may be required for licensing and certifications.

Free to  
Attend!

\*If you have any questions, please contact the Changes office.  
**Email:**  
**changestherapeutics@gmail.com**

cts  
CHANGES  
THERAPEUTIC SERVICES  
ESTD 2014

