



Therapeutic Support for Foster Families and Relative Providers

Our Mission: We are dedicated to empowering foster families and relative providers in the *Kansas City and Northwest Regions* with the resources and therapeutic services needed to create nurturing, stable environments for children in their care.

Services Provided:

1. Individual, Couples, & Family Therapy

- Trauma-informed counseling for caregivers and their biological/adopted children.
- Support for building healthy relationships and improving communication.
- Tools for managing challenging behaviors and fostering resilience.

2. Parenting Support & Education

- Specialized training in trauma-informed caregiving.
- Resources to address specific needs, including attachment disorders, anxiety, and developmental delays.
- Coping strategies for stress and burnout.

3. Group Support

- Support groups for foster parents and relatives, facilitated by skilled clinicians and parent coaches.
- Youth-focused groups to help children connect and heal.

Why Choose these Services?

- **Experienced Professionals:** Licensed therapists with expertise in foster care.
- **Community-Focused:** Deep understanding of the unique challenges faced by families in the Kansas City and Northwest Regions.
- **Flexible Scheduling:** In-home and virtual sessions tailored to your availability.
- **No Cost Services:** No cost to you!!

How to Access Services

Step 1: Reach out to your licensing worker or call us at 844-424-3577 or email us at nwlicensingreferrals@kvc.org to request services.

Step 2: Complete a brief intake to assess your needs.

Step 3: Schedule your first session at a time that works for you.