



About Us

Propel Kitchens creates systemic change that will favorably influence economic and health outcomes for those who live in and around underserved communities. We contribute to the local food security ecosystem as a developer and operator of social impact ventures that address critical social determinants of health through mission-focused and market-based business models.

Our Programs

Supporting Food Entrepreneurs:

a partnership with Cortex Square One to support food entrepreneurs at any stage in their business. Participants learn everything that goes into operating a food business in, from developing a business plan to planning marketing to costing recipes to understanding vendors and licensure.

Workforce Development Program:

a program aimed at supporting the culinary education of members of the St. Louis Promise Zone community.

Feeding the Community:

providing scratch-made meals and snacks to daily to local charters and afterschool programs in the St. Louis region in partnership with Operation Food Search, The Legacy Center, and PepsiCo Food for Good.

Our Mission

Propel Kitchens mission is to utilize nutrition, food industry training and education initiatives as tools to equip and enable St. Louis residents and communities to combat persistent economic and health inequities.

Our Contact

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Support our mission by donating today at
propelkitchens.org.