

Educational Opportunities for Adoptive, Foster, and Kinship Parents

All in-person classes will be held at FamilyForward's Developmental Trauma Center located at 11358 Van Cleve Ave in St. Louis County. *Light refreshments will be provided.*

Ready, Set, Fly

Thursday, July 11, 18, 2024 | 6:00-8:30 pm

Training for any foster parent interested in providing care for teens and based on the curriculum of the Casey Family Programs. This training is recommended for foster families accepting placements of foster youth aged 14 or older. This is a 2-week course. Attendance for both classes is recommended.

MO Healthy Kids Presentation, Led by Mary Mogg, MSW

Monday, July 22, 2024 | 6:00-8:00 pm

Show Me Healthy Kids offers several benefits that you may not know about, such as earning money for well care doctor visits, transportation services for birth parents to visit their children, and free sensory kits for some children. Get help as you navigate the healthcare system so members can get the treatments and benefits they need.

Developing Social Skills

Wednesday, July 24, 31, 2024 | 6:00-8:30 pm

Lagging social skills put children at risk for bullying and exclusion. In this 5-hour, two-week class, parents will learn how to assist their children in acquiring skills related to social competency. The parent's role as social coach is explored, along with social boundaries, levels of friendship, and concrete skills related to making and keeping friends. This class also looks at how to address challenging social situations like bullying, rumors, and bad reputations. The importance of active, intentional involvement on the part of the parent as coach is stressed.

MO C.A.R.E.

Monday, July 29, August 5, 12, 19, 26, September 9, 16, 23, 30, and October 7, 2024 | 6:00-9:00 pm

Preservice training is required of any individual wishing to be licensed as a foster parent through the state of Missouri. Please contact Tonya.Williams@dss.mo.gov for information and registration.

Sibling Practice - Module 1

Wednesday, August 7, 2024 | 6:00-9:00 pm

Module 1 From the National Resource Center for Foster Care and Permanency Planning Hunter College School of Social Work: Sibling Practice Curriculum Module 1 focuses on enhancing understanding of sibling-related issues in out-of-home care. The importance of siblings in your life and the lives of others will be discussed. Myths and truths about sibling separation and the negative impact of sibling separation will be discussed as well.

Self Compassion (Virtual Lunch and Learn)

Friday, August 9, 2024 | 12:00-1:30 pm

Self-compassion has become a popular term these days. What does that mean? Self-compassion is an essential trait that caregivers must learn to practice to sustain themselves through the long, challenging job of parenting. Understand that being kind to yourself is not selfish but rather a gift you need to give yourself to prevent compassion fatigue. A link to this virtual program will be shared upon registration.

Understanding the Effects of Sexual Abuse

Tuesday, August 20, 27, 2024 | 6:00-8:30 pm

Parenting a child with a history of sexual abuse can be frightening—from responding to the child’s acting out behavior to dealing with emotions. Discussions focus on the best ways to minimize the trauma and help your child heal. Sex trafficking will be explored in the training. This is a two-week class, attendance at both weeks is strongly encouraged.

Family Dynamics: Right Time Trainings (Virtual Lunch and Learn)

Friday, September 13, 2024 | 12:00-1:00 pm

An overview of the impact fostering or adopting can have on family dynamics including the impact on marital relationships, biological children, foster or adoptive children already living in the home, and extended family members. It helps parents who are fostering or adopting gain insight and increased understanding of how their family may need to adjust, as well as strategies that they can use to support healthy family dynamics. A link to this virtual program will be shared upon registration.

Stop Bullying Now!

Tuesday, September 17, 2024 | 6:00-8:30 pm

Parents gain an understanding of why a child bullies, signs of a child being a victim of a bully, and intervention approaches within the community and school setting. Content is based on the national program, Stop Bullying Now!

School Issues

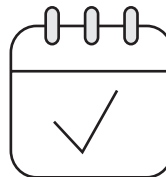
Thursday, September 19, 26, 2024 | 6:00-8:30 pm

Many children with a history of abuse, neglect or other trauma struggle in school. Whether it is a learning disability, a developmental delay, or an emotional issue, children will often find the academic and social demands of the school environment to be a challenge. Parents discuss a variety of challenges, ways to ease the transition for children as they begin a new school year, and ways to communicate effectively with school personnel in this two-week class. Attendance for both weeks is strongly encouraged.



Online resources

Sign up for our LifeLines email newsletter and view training information online by scanning the QR code or by visiting familyforwardmo.org/calendar



Register for training

Call: 314.534.9350 ext. 7234

Email: intake.dept@familyforwardmo.org