BRIDGING HEALTH DULUTH

IMPROVING HEALTH IN THE NORTHLAND

NEWS RELEASE

FOR IMMEDIATE RELEASE:

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Bridging Health Duluth to Host Third Annual Shaping a Healthier Community Event

Free virtual event will feature a guest speaker on mindfulness and opportunities to learn and network.

Bridging Health Duluth, a community health collaborative, will hold its third annual Shaping a Healthier Community event virtually on November 16, from 11:30 a.m. to 1 p.m. This virtual event is free and open to the public. Key note speaker, Dr. Nanette Negri, will explore taking a mindful approach to work. The presentation will be followed by an opportunity to hear updates from Bridging Health Duluth and to network with community partners.

At each of the previous Shaping a Healthier Community events held the past two Octobers at Clyde Iron Works, Bridging Health Duluth received input from 40 community organizations and more than 100 community members on the community's most pressing health problems. Based on that input, Bridging Health Duluth completed the 2019 community health assessment and has built on strategies to address community health needs. At this year's event, attendees will learn about accomplishments from the last year, learn about new opportunities, and build connections to strengthen collaboration toward improved community health outcomes.

The event is supported by Bridging Health Duluth's member organizations: National Rural Health Center, Duluth Branch of the NAACP, Essentia Health, St. Louis County Public Health, Generations Health Care Initiatives, Wilderness Health, and Zeitgeist. These organizations have aligned their resources, skills, expertise and interests to collaborate towards a healthier Duluth.

To learn more about Bridging Health Duluth, visit bridginghealthduluth.org.

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