



Volunteers of America®

MINNESOTA AND WISCONSIN

FEBRUARY 2024 - PHONE: 612-812-9149

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Herb Roasted Chicken Scalloped Potatoes Green Beans Dinner Roll/Butter Strawberry Jello/Whipped Topping	Senior Dining is Closed -Check out our large variety of frozen meals to take home
5	6	7	8	9
Beef Tips in Gravy Mashed Potatoes Italian Vegetables Fresh Orange Dinner Roll/Butter Brownie	Cheese Ravioli/ Marinara Sauce Green Peas Fruit Cocktail Garlic Toast/Butter Tapioca Pudding/Whipped Topping	Chicken Chow Mein Soy Sauce Packet White Rice Broccoli Chow Mein Noodles Fresh Banana Sugar Cookie	Meatloaf Mashed Potatoes/Gravy Carrots Dinner Roll/Butter Peach Crisp	Senior Dining is Closed -Check out our large variety of frozen meals to take home
12	13	14- Valentines Meal	15	16
Chicken Fettuccini California Blend Veggies Mandarin Oranges Breadstick/Butter Chocolate Pudding/Whipped Topping	Roasted Pork Loin/ Dijon Sauce Roasted Potatoes Carrots Multigrain Bread/Butter Jello Cake ALT: Dijon Chicken	Chicken Kiev Scalloped Potatoes Italian Blend Veggies Tropical Fruit Garlic Toast/Butter Strawberry Cheesecake Cup ALT: Breaded Pollock	Chicken Fajitas Taco Sauce Packet Sour Cream Packet Cilantro Lime Rice Corn Flour Tortilla Fresh Apple Blonde Brownie	Senior Dining is Closed -Check out our large variety of frozen meals to take home
19 CLOSED	20	21	22	23
Cold Plate Available Asian Pepper Steak Soy Sauce Packet White Rice Carrots Mandarin Oranges Lemon Bar	Chicken Parmesan/ Marinara Sauce over Fettuccini Noodles Italian Blend Veggies Diced Pears Garlic Toast/Butter Chocolate Cream Pie	Cheese Omelet Turkey Sausage Tri- Tators Fresh Banana Blueberry Muffin/Butter	Beef Stew Biscuit Broccoli Fresh Apple Warm Bread Pudding	Senior Dining is Closed -Check out our large variety of frozen meals to take home
26	27	28- Birthday Meal	29	
Chicken Wild Rice Casserole Green Beans Fresh Apple Dinner Roll/Butter Banana Pudding/Whipped Topping	Cheeseburger on Bun Ketchup Packet French Fries Carrots Chef's Choice Cookie	Beef Pot Roast Mashed Potatoes/Gravy Peas & Carrots Dinner Roll/Butter Spice Cupcakes/Cream Cheese Frosting	Chicken Tenders Mashed Potatoes & Country Gravy Corn Biscuit/Butter Brownie	After hours food order line: 952-945-4157 Call 3 working days in advance to reserve a meal. Open Monday-Thursday, 9:00am-1:00pm 612-812-9149

Menu subject to change. 1% milk and margarine are served with each meal. Special Diet needs available on request. Your comments are welcome: call 952-945-4156
 Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with Trellis, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, large print, or audiotape. For TDD, contact Minnesota. Relay Service information about the services provided by Volunteers of America of MN go to www.voamn.org.