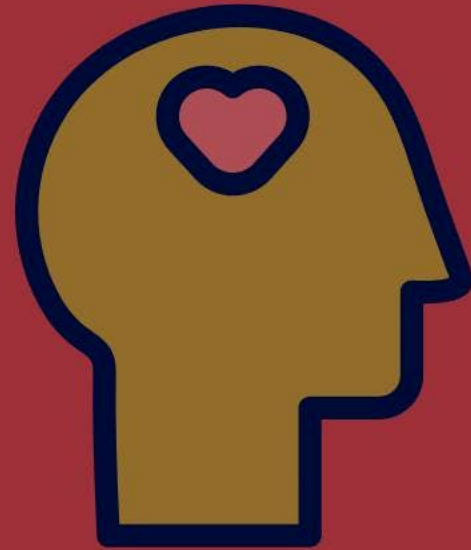


Community Conversation: Mental Health and Well-Being



Agenda

- ▶ Welcome & Tai Chi exercise
- ▶ Presentations from Northeast Youth and Family Services (NYFS), NAMI Ramsey County, Ramsey County Children's Mental Health Collaborative (RCCMHC)
- ▶ What Ramsey County is doing on mental health– *Commissioner Nicole Frethem*
- ▶ Facilitated conversation with panelists



Welcome

Conversation expectations

Goals

Deeper understanding of community safety

Overview of how Ramsey County is promoting public safety

Respectful conversation

Expectations

Listen to understand

Communicate to be understood

Be respectful

Tai Chi Exercise

Organization Presentations

What Mental Health Services and Programs Does Ramsey County Provide?

Commissioner Nicole Frethem

Adult Mental Health

- 24/7 Crisis Services
- Mental Health Center
- Chemical Health Services

Children's Mental Health

- Mobile crisis team and case management
- Project Assist
- All Children Excel
- Partnership for Youth & Family Wellbeing

State Advisory Council on Mental Health and Subcommittee on Children's Mental Health


-
- NYFS
 - Community Action Partnership of Ramsey and Washington Counties
 - State Subcommittee on Children's Mental Health
 - Suburban Ramsey Family Collaborative
 - Youth Justice Transformation

Facilitated Conversation

Please write your comments and questions on notecards provided



Moderator will work to lift up the most common questions/comments for panelist discussion



Full list of submitted question and comments will be shared in follow up to event along with event feedback summary

Facilitated Conversation Panelists



Sarah Lockhart,
MSW, LICSW,
Mental Health Director,
Northeast Youth & Family
Services



Tara Jebens-Singh,
Board Director,
National Alliance on
Mental Illness (NAMI)
Ramsey County



Wendy Goodman,
Executive Director,
Ramsey County Children's
Mental Health Collaborative

Thank you

To be added to the District 1 mailing list to receive follow up information from this event and other updates around the district, please visit RamseyCounty.us/district1 or email us at district1@co.ramsey.mn.us