



Ruby Brown-Herring, MEd, BSW

Ruby is the CEO of RBH Wellness Solutions, where she assists businesses, government agencies and nonprofits with creating employee well-being strategies that support mental health at work while improving belonging, engagement and retention.

Ruby holds a Bachelor of Social Work from UNC Wilmington and a Master of Education in Student Personnel Services from the University of South Carolina. She has over 20 years of experience in program management, adult, continuing and higher education. She is a collaborative leader always looking to connect with organizations that need a subject matter expert on wellness to step in and build the foundation for a healthier workforce. She is also recognized as a state and national leader in corporate wellness and community mental health education.

Ruby lives in Raleigh, NC with her husband and is the mother of college age twin daughters, both of whom have lived experience with mental health challenges. In her free time, she enjoys hanging out with her family and singing.

Clients include

Wolfspeed, Spotify, South Florida PBS, The Diversity Movement, Pfizer, Northrop Grumman African American Task Group - Melbourne, SAS's Work/Life Center and Women's Initiatives Network (WIN) Employee Inclusion Group, UNC Greensboro Center for Youth, Family and Community Partnerships, IBM Black Constituency Group, East Coast Migrant Head Start, Durham County Libraries, Wake Missionary Baptist Association, Youth Thrive, National Farmers Union, NC Agromedicine Institute, Fayetteville State University, Prince William County (VA) Schools, Guilford County Schools, Sampson County Schools, Delta Sigma Theta Sorority, Inc. South Atlantic Region, Hope Reins, and Eastern AHEC