CAMP SUPERKIDS

a camp for kids with asthma

August 23rd–27th, 2026

YMCA Camp Ihduhapi – Loretto, MN

IHDUHAPI YMCA Est. 1930 CAMP

ABOUT CAMP SUPERKIDS:

Camp Superkids has been operating at Camp Ihduhapi for over 50 years! It's a life-changing overnight camp that teaches young people and their families about how to better manage their asthma. This experience helps kids with asthma feel more independent and confident.

Superkids is held at YMCA Camp Ihduhapi, where campers enjoy all the activities of summer camp – swimming, canoeing, kayaking, ropes courses, arts & crafts, nature, sports, and more!

WHO CAN ATTEND:

Young people with asthma who are 7–16 years old.

CAMP STAFF:

Campers spend a week living in a cabin with 8–10 other campers their age, and two fun and enthusiastic summer camp counselors!

SAFETY AND MEDICAL SUPPORT:

Safety is our priority. In addition to camp staff, highly skilled doctors, nurses, respiratory therapists, pharmacists and program leaders provide 24-hour medical supervision and education.

REGISTRATION:

Registration is online:
https://www.ymcanorth.org/campsuperkids

The cost of camp is $975 for the week. Financial assistance is available – we encourage you to take advantage of camper scholarship opportunities at any level.

For questions, contact grace.larsen@ymcanorth.org or call 651-395-7211.







I love it, and I'm not alone; other kids deal with the same struggles I do. It's somewhere that kids can be together to learn how to be healthier people. The counselors are all encouraging and so fun to be around.

-Camper