

# Center of Excellence in Newcomer Health Webinar

## Advancing Perinatal Mental Health in Afghan Communities: A Case-Based Learning Webinar

Tuesday, March 4, 2025

2 – 3 p.m. ET | 1 – 2 p.m. CT | 12 – 1 p.m. MT | 11 a.m. – 12 p.m. PT



CENTER OF EXCELLENCE  
IN NEWCOMER HEALTH  
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Microsoft Teams webinar registration:

[Advancing Perinatal Mental Health in Afghan Communities: A Case-Based Learning Webinar](https://events.gcc.teams.microsoft.com/event/739eec55-684f-4efd-888b-9e945083196a@eb14b046-24c4-4519-8f26-b89c2159828c)

(<https://events.gcc.teams.microsoft.com/event/739eec55-684f-4efd-888b-9e945083196a@eb14b046-24c4-4519-8f26-b89c2159828c>)

### LEARNING OBJECTIVES

- Describe the prevalence, risk factors, and sociocultural determinants influencing perinatal mental health among Afghan women, with a focus on the impact of migration, trauma, and systemic barriers to care.
- Identify at least two effective, evidence-based approaches to mental health screening and diagnosis.
- Describe one way your organization could become more trauma-informed in care delivery.

### PRESENTERS



**Maithri Ameresekere, MD, MSc**

Clinical Associate Professor

Director of Women's Mental Health

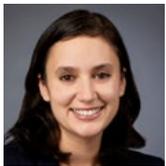
Boston University Chobanian & Avedisian School of Medicine



**Venus Mahmoodi, PhD**

Assistant Professor of Medical Psychology

Columbia University Department of Psychiatry



**Joelle Taos Taknint, PhD, MSc**

Assistant Professor of Psychiatry, Boston University Chobanian & Avedisian School of Medicine

Director of Behavioral Health, Immigrant and Refugee Health Center, Boston Medical Center

### MODERATOR



**Patricia Shannon, PhD, LP**

Associate Professor

University of Minnesota, School of Social Work

### CME/CONTINUING EDUCATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Minnesota Medical Association and Minnesota Department of Health. The Minnesota Medical Association (MMA) is accredited by the ACCME to provide continuing medical education for physicians.

The Minnesota Medical Association designates this live internet activity for a maximum of *1.0 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Other participants will receive a proof of attendance document from MDH following completion of a post-webinar evaluation and are responsible for determining if this training meets CE criteria for their professional organization.

ADVANCING PERINATAL MENTAL HEALTH IN AFGHAN COMMUNITIES:  
A CASE-BASED LEARNING WEBINAR

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For more information or disclosures, please visit [Center of Excellence in Newcomer Health \(www.health.state.mn.us/communities/rih/coe/index.html\)](http://www.health.state.mn.us/communities/rih/coe/index.html). Contact the Minnesota Department of Health Refugee Health Program at [refugeehealth@state.mn.us](mailto:refugeehealth@state.mn.us) or 651-201-5414 for questions.