Hajj Travel Checklist

Traveling still increases your chance for getting and spreading COVID-19. **Do not travel if you are sick or have tested positive for COVID-19.** Use this checklist as a guide for safer travel to Mecca, Saudi Arabia.

Before Travel

- Get tested right before you travel. FREE testing is available at Somali Community Resettlement Services, and the Minneapolis/St. Paul Airport.
- Make sure you are up to date on your COVID-19 vaccinations, including boosters, and ask your health care provider about other vaccines you might need before traveling. FREE COVID-19 vaccines are available at the Mall of America community vaccination site.
- Know current COVID-19 guidelines in Saudi Arabia. Find information at COVID-19 Information (https://sa.usembassy. gov/u-s-citizen-services/covid-19-information/).

Make sure to pack:

- ✔ COVID-19 rapid tests. FREE rapid tests are available at Somali Community Resettlement Services.
- ✔ High-quality masks for everyone traveling in your group.
- ✔ Emergency contact information.
- ✔ COVID-19 vaccination card or an electronic record showing proof of your COVID-19 vaccine.
- ✔ Travel-size hand sanitizer.

During Travel

- While it is not a requirement, CDC recommends you wear a mask at the airport, in the plane, and in public transportation like buses and ride-share to help keep yourself safe during travel.
- Wear a mask at mosques and other indoor community spaces when recommended or required.
- If you start to feel sick or have symptoms, use a COVID-19 rapid test.
  ◊ If you test positive, do not travel, wear a mask, and limit the number of people you see.
- Get tested right before traveling back to Minnesota.

After Travel

- Get tested for COVID-19 three to five days after traveling. Get tested right away if you start to have symptoms. If you are not up to date on your COVID-19 vaccines, stay home for five days after travel.
- Note: It is possible to get sick with other diseases while traveling. If you are sick and not improving, go to a health clinic and let the health care provider know you recently traveled to Saudi Arabia. They can help determine if you need to be tested for other diseases that are more common in Saudi Arabia, such as Middle Eastern Respiratory Syndrome (MERS).

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