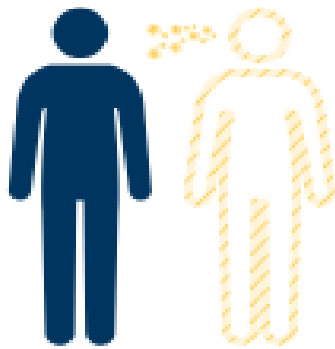


# Vim li cas ho mus txhaj tshuaj?



Koob tshuaj COVID-19 yeej nyab xeeb thiab ua haujlwm zoo. Tab txawm tias tej tug ho mob COVID-19 tom qab txhaj tshuaj tiav lawm los, koob tshuaj no yuav pab kom koj tsis txhob mob hnyav heev lossis tau mus pw tsev kho mob lej yog tias koj kis tus kab mob COVID-19 lawm.

Kev mus txhaj tshuaj yuav txo qhov phooj moo uas koj yuav kis tau mob lossis muab tus kab mob vais lav (virus) kis tau mus rau lwm tus. Qhov no tseem ceeb vim yuav pab tiv thaiv cov tibneeg uas mus txhaj tshuaj tsis tau, xws li tej menyuam yaus.



Kev txhaj tshuaj kuj yuav pab kom tej tsev kho mob lej muaj txaj chaw txaus rau cov tibneeg uas mob hnyav thiab mob xwm ceev.