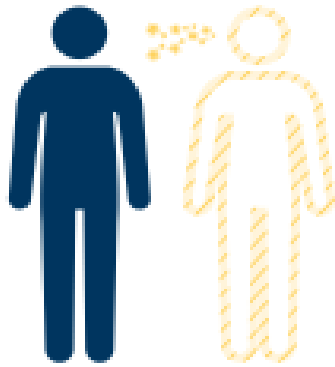


Waa maxay sababta la isku talaalaayo?



Talaalka COVID-19 waa mid badqab iyo waxtar leh. Ayadoo dadka qaar ay wali qaadi karaan COVID-19 kadib talaalka, waxay kaa caawinaysaa inaad aad ugu jiran ama aadan u baahan inaad isbitaal gasho hadduu kugu dhaco COVID-19.

Qaadashada talaalku waxay yaraysaa khatartaada qaadista caabuqa ama ku faafinta fayraska qof kale. Tani waxay muhiim u tahay inaan difaacno dadka aan wali qaadan karin talaalka, sida carruurta yaryar.



Tani waxay sidoo kale ka caawinaysaa xaqiijinta in isbitaalladu helaan sariiro ku filan qof kasta dadka u baahan daryeelka degdega ahna ay helaan daryeel degdeg ah.