



# Healing the Hearts of our Nations

MAY 13TH, 2021 1-3PM



Join our panel of experts as we discuss

**COVID 19 Updates**  
**Memory Loss**  
**ABCs of a Healthy Heart**  
**Stress Management**

**Via Zoom**

**Meeting ID: 844 0698 6891**

**Passcode: 517095**



## Healing the Hearts of our Nations

The Northern Satellite Center will host “Healing the Hearts of our Nations” Symposia via Zoom on May 13, 2021 from 1 to 3 pm CST.

Topics will include heart and vascular disease risk reduction, diabetes, high blood pressure, stress reduction, COVID-19, and memory loss.

Our distinguished panel of experts will include:

Nicholas Lehnertz, MD, MPH, MHS, Infectious Disease Epidemiologist,  
Minnesota Department of Health

Neil Henderson, PhD, Executive Director (Retired)  
U of MN Memory Keepers  
Oklahoma Choctaw

Anthony Stately, PhD, Clinical Psychology,  
President & CEO Native American Community Clinic  
Ojibwe/Oneida

Tiffany Beckman, MD, MPH, Endocrinologist, U of MN,  
Leech Lake Band of Ojibwe

Invocation by Chief Arvol Looking Horse  
19th Generation Keeper of the White Buffalo Calf Bundle